

Epreuve 5

Dames, 400m Libre

11 ans et plus

2024-12-13 - 18:46

Liste résultats Eliminatoires

Quebec Provincial Senior Records	3:56.78	HARVEY, Mary-Sophie	CAMO	Incheon (KOR)	2024-10-24
Quebec Provincial Age Group Records 17	4:02.23	HARVEY, Mary-Sophie	NN	Toronto	2016-12-17
Quebec Provincial Age Group Records 16	4:10.22	HART, Lydia	PCSC	Toronto	2022-12-17
Quebec Provincial Age Group Records 15	4:15.42	JARDIN, Barbara	PPO	Montreal	2007-02-16
Quebec Provincial Age Group Records 14	4:18.26	HORNER, Stephanie	BBF	Halifax	2004-02-19
Quebec Provincial Age Group Records 13	4:19.44	HARVEY, Mary-Sophie	MEGO	Gatineau	2013-02-23
Quebec Provincial Age Group Records - 124:23.93		SHEWCHUCK, Stephanie	PCSC	???	1987-02-01

Points: AQUA 2024

Rang	Age		Temps		Pts
11 - 12 ans					
1.	TESSIER, Ellyanne		12	Cnq	4:53.94 487 Q
	50m: 33.07	33.07	150m: 1:48.21	37.85	250m: 3:03.84 37.67
	100m: 1:10.36	37.29	200m: 2:26.17	37.96	300m: 3:41.78 37.94
					350m: 4:18.42 36.64
					400m: 4:53.94 35.52
2.	WANG, Emily Zihan		12	Club de Natation SAMAK	4:55.43 479 Q
	50m: 32.67	32.67	150m: 1:46.76	37.40	250m: 3:02.75 38.07
	100m: 1:09.36	36.69	200m: 2:24.68	37.92	300m: 3:40.74 37.99
					350m: 4:19.22 38.48
					400m: 4:55.43 36.21
3.	POIRIER, Adèle		12	Unik	5:06.25 430 Q
	50m: 34.58	34.58	150m: 1:52.18	39.07	250m: 3:10.62 39.25
	100m: 1:13.11	38.53	200m: 2:31.37	39.19	300m: 3:49.10 38.48
					350m: 4:28.79 39.69
					400m: 5:06.25 37.46
4.	TRUDEL, Léanne		12	Unik	5:07.56 425 Q
	50m: 34.81	34.81	150m: 1:52.55	39.25	250m: 3:11.31 39.60
	100m: 1:13.30	38.49	200m: 2:31.71	39.16	300m: 3:50.06 38.75
					350m: 4:29.32 39.26
					400m: 5:07.56 38.24
5.	LONGVAL, Yanka		12	Cnq	5:14.46 397 Q
	50m: 35.55	35.55	150m: 1:55.99	40.53	250m: 3:16.37 39.78
	100m: 1:15.46	39.91	200m: 2:36.59	40.60	300m: 3:57.05 40.68
					350m: 4:37.07 40.02
					400m: 5:14.46 37.39
6.	BLAIS, Élizabeth		12	Riverains	5:20.47 375 Q
	50m: 36.06	36.06	150m: 1:59.50	42.71	250m: 3:21.62 39.85
	100m: 1:16.79	40.73	200m: 2:41.77	42.27	300m: 4:01.36 39.74
					350m: 4:41.79 40.43
					400m: 5:20.47 38.68
7.	STEVENS, Marty		12	Rouge et Or/Université Laval	5:22.08 370 Q
	50m: 35.36	35.36	150m: 1:57.54	41.70	250m: 3:21.33 41.56
	100m: 1:15.84	40.48	200m: 2:39.77	42.23	300m: 4:03.32 41.99
					350m: 4:43.19 39.87
					400m: 5:22.08 38.89
8.	LABBÉ, Mathilde		12	Nsh	5:24.02 363 Q
	50m: 35.53	35.53	150m: 1:55.04		250m: 350m:
	100m: 1:16.79		200m: 2:35.65	40.61	300m: 400m: 5:24.02
9.	JOLY, Charlie		12	Chibougamau	5:24.54 362 Q
	50m: 36.03	36.03	150m: 1:57.80	41.54	250m: 3:20.59 41.22
	100m: 1:16.26	40.23	200m: 2:39.37	41.57	300m: 4:02.65 42.06
					350m: 4:44.40 41.75
					400m: 5:24.54 40.14
10.	ABETTI, Alae		11	Cnq	5:31.62 339 Q
	50m: 35.82	35.82	150m: 1:58.39	41.87	250m: 3:22.84 42.26
	100m: 1:16.52	40.70	200m: 2:40.58	42.19	300m: 4:05.94 43.10
					350m: 4:49.45 43.51
					400m: 5:31.62 42.17
11.	PAQUET, Joanie		12	Unik	5:34.94 329 R
	50m: 38.20	38.20	150m: 2:02.59	43.02	250m: 3:26.40 41.21
	100m: 1:19.57	41.37	200m: 2:45.19	42.60	300m: 4:10.20 43.80
					350m: 4:54.20 44.00
					400m: 5:34.94 40.74
12.	LANOUILLE, Alice		12	Rouge et Or/Université Laval	5:35.25 328 R
	50m: 38.07	38.07	150m: 2:03.58	42.99	250m: 3:29.50 43.45
	100m: 1:20.59	42.52	200m: 2:46.05	42.47	300m: 4:12.50 43.00
					350m: 4:55.51 43.01
					400m: 5:35.25 39.74
13.	GROLEAU, Leslie		12	Unik	5:36.69 324
	50m: 38.36	38.36	150m: 2:04.00	42.91	250m: 3:30.09 42.79
	100m: 1:21.09	42.73	200m: 2:47.30	43.30	300m: 4:12.95 42.86
					350m: 4:55.70 42.75
					400m: 5:36.69 40.99

Epreuve 5, Filles, 400m Libre, Elimatoire, 11 - 12 ans

Rang					Age					Temps	Pts	
14.	VACHON, Julianne				11	Club de Natation Régional de la Beauce				5:36.96	323	
	50m:	36.79	36.79	150m:	2:02.08	43.35	250m:	3:28.51	42.91	350m:	4:55.76	42.85
	100m:	1:18.73	41.94	200m:	2:45.60	43.52	300m:	4:12.91	44.40	400m:	5:36.96	41.20
15.	PASTUSAC, Adela				11	Riverains				5:39.66	315	
	50m:	37.56	37.56	150m:	2:04.47	43.39	250m:	3:32.41	44.55	350m:	5:00.03	43.67
	100m:	1:21.08	43.52	200m:	2:47.86	43.39	300m:	4:16.36	43.95	400m:	5:39.66	39.63
16.	MECTEAU, Abygaëlle				11	Riverains				5:40.40	313	
	50m:	37.84	37.84	150m:	2:04.63	44.10	250m:	3:32.33	44.76	350m:	4:59.47	43.02
	100m:	1:20.53	42.69	200m:	2:47.57	42.94	300m:	4:16.45	44.12	400m:	5:40.40	40.93
17.	DUHAMEL, Norah				11	Nataqui				5:43.51	305	
	50m:	38.92	38.92	150m:	2:06.73	43.79	250m:	3:35.03	44.13	350m:	5:03.50	43.15
	100m:	1:22.94	44.02	200m:	2:50.90	44.17	300m:	4:20.35	45.32	400m:	5:43.51	40.01
18.	DORVAL, Selma				12	Club de Natation des Equinoxes				5:51.08	285	
	50m:	37.34	37.34	150m:	2:04.44	44.35	250m:	3:35.12	45.24	350m:	5:06.70	45.65
	100m:	1:20.09	42.75	200m:	2:49.88	45.44	300m:	4:21.05	45.93	400m:	5:51.08	44.38
19.	BERNARD, Flavie				11	Sher				6:02.33	260	
	50m:	39.72	39.72	150m:	2:11.80	45.92	250m:	3:44.84	46.79	350m:	5:19.05	47.23
	100m:	1:25.88	46.16	200m:	2:58.05	46.25	300m:	4:31.82	46.98	400m:	6:02.33	43.28
20.	GIRARD, Élodie				12	Cnq				6:09.35	245	
	50m:	41.88	41.88	150m:	2:17.62	47.81	250m:	3:52.64	47.66	350m:	5:25.36	45.84
	100m:	1:29.81	47.93	200m:	3:04.98	47.36	300m:	4:39.52	46.88	400m:	6:09.35	43.99

13 - 14 ans

1.	LEMELIN, Émie				14	Cnq				4:34.72	596	Q
	50m:	31.60	31.60	150m:	1:40.14	34.45	250m:	2:49.73	34.98	350m:	4:00.41	35.34
	100m:	1:05.69	34.09	200m:	2:14.75	34.61	300m:	3:25.07	35.34	400m:	4:34.72	34.31
2.	FORTIER, Charlie-Rose				13	Sher				4:34.79	596	Q
	50m:	31.16	31.16	150m:	1:40.51	34.90	250m:	2:50.70	35.20	350m:	4:00.56	34.88
	100m:	1:05.61	34.45	200m:	2:15.50	34.99	300m:	3:25.68	34.98	400m:	4:34.79	34.23
3.	PICHETTE, Alexandra				14	Cnq				4:35.01	594	Q
	50m:	31.07	31.07	150m:	1:40.49	35.02	250m:	2:50.65	34.99	350m:	4:00.68	34.82
	100m:	1:05.47	34.40	200m:	2:15.66	35.17	300m:	3:25.86	35.21	400m:	4:35.01	34.33
4.	LEMELIN DUCHARME, Michaëlle				14	Cnq				4:35.61	591	Q
	50m:	31.28	31.28	150m:	1:40.91	35.21	250m:	2:51.16	34.99	350m:	4:01.36	34.86
	100m:	1:05.70	34.42	200m:	2:16.17	35.26	300m:	3:26.50	35.34	400m:	4:35.61	34.25
5.	CORNEAU, Élyza				14	Cnq				4:38.47	573	Q
	50m:	31.05	31.05	150m:	1:40.67	35.14	250m:	2:51.07	35.03	350m:	4:02.51	35.95
	100m:	1:05.53	34.48	200m:	2:16.04	35.37	300m:	3:26.56	35.49	400m:	4:38.47	35.96
6.	GOSELIN, Méliã				14	Rouge et Or/Université Laval				4:40.64	559	Q
	50m:	31.29	31.29	150m:	1:41.13	35.21	250m:	2:52.64	35.78	350m:	4:04.97	35.94
	100m:	1:05.92	34.63	200m:	2:16.86	35.73	300m:	3:29.03	36.39	400m:	4:40.64	35.67
7.	CÔTÉ, Aurélie				14	Bg				4:44.66	536	Q
	50m:	31.72	31.72	150m:	1:41.04	34.87	250m:	2:54.40	36.99	350m:	4:09.55	37.19
	100m:	1:06.17	34.45	200m:	2:17.41	36.37	300m:	3:32.36	37.96	400m:	4:44.66	35.11
8.	CANTIN, Élisabeth				14	Rouge et Or/Université Laval				4:47.22	522	Q
	50m:	31.84	31.84	150m:	1:43.78	36.29	250m:	2:57.37	36.48	350m:	4:12.54	37.52
	100m:	1:07.49	35.65	200m:	2:20.89	37.11	300m:	3:35.02	37.65	400m:	4:47.22	34.68

Epreuve 5, Filles, 400m Libre, Elimatoire, 13 - 14 ans

Rang				Age					Temps	Pts		
9.	BELISLE, Viviane			14	Cnq				4:47.50	520	Q	
	50m:	33.46	33.46	150m:	1:45.49	36.11	250m:	2:58.10	36.57	350m:	4:11.14	36.25
	100m:	1:09.38	35.92	200m:	2:21.53	36.04	300m:	3:34.89	36.79	400m:	4:47.50	36.36
10.	FORTIN, Flavie			13	Rouge et Or/Université Laval				4:49.34	510	Q	
	50m:	32.83	32.83	150m:	1:46.29	37.08	250m:	3:00.51	36.83	350m:	4:14.28	36.76
	100m:	1:09.21	36.38	200m:	2:23.68	37.39	300m:	3:37.52	37.01	400m:	4:49.34	35.06
11.	HARVEY, Élie			13	Cnq				4:49.70	508	R	
	50m:	32.72	32.72	150m:	1:45.02	36.81	250m:	2:59.91	37.44	350m:	4:14.42	37.04
	100m:	1:08.21	35.49	200m:	2:22.47	37.45	300m:	3:37.38	37.47	400m:	4:49.70	35.28
12.	LACHANCE, Emma			14	Cnq				4:50.19	506	R	
	50m:	33.20	33.20	150m:	1:46.46	37.24	250m:	3:00.36	36.76	350m:	4:14.03	36.81
	100m:	1:09.22	36.02	200m:	2:23.60	37.14	300m:	3:37.22	36.86	400m:	4:50.19	36.16
13.	CHAMBERLAND, Zoé			14	Cnq				4:50.39	505		
	50m:	33.04	33.04	150m:	1:46.43	37.01	250m:	3:00.96	37.27	350m:	4:14.92	36.45
	100m:	1:09.42	36.38	200m:	2:23.69	37.26	300m:	3:38.47	37.51	400m:	4:50.39	35.47
14.	PATINO ROSERO, Zarita			13	Rouge et Or/Université Laval				4:50.53	504		
	50m:	31.94	31.94	150m:	1:44.62	36.65	250m:	2:59.08	37.19	350m:	4:14.50	37.92
	100m:	1:07.97	36.03	200m:	2:21.89	37.27	300m:	3:36.58	37.50	400m:	4:50.53	36.03
15.	TANGUAY, Lily-Rose			14	Riverains				4:51.20	501		
	50m:	31.86	31.86	150m:	1:43.99	36.56	250m:	2:59.22	37.95	350m:	4:14.51	37.54
	100m:	1:07.43	35.57	200m:	2:21.27	37.28	300m:	3:36.97	37.75	400m:	4:51.20	36.69
16.	GAGNON, Héloïse			14	Cnq				4:52.94	492		
	50m:	32.21	32.21	150m:	1:46.90	38.01	250m:	3:02.70	37.85	350m:	4:18.06	37.63
	100m:	1:08.89	36.68	200m:	2:24.85	37.95	300m:	3:40.43	37.73	400m:	4:52.94	34.88
17.	ROMDHANE, Yasmine			14	Nsh				4:57.65	469		
	50m:	34.32	34.32	150m:	1:50.05	38.01	250m:	3:05.97	37.85	350m:	4:20.79	36.89
	100m:	1:12.04	37.72	200m:	2:28.12	38.07	300m:	3:43.90	37.93	400m:	4:57.65	36.86
18.	MARCOTTE, Rosalie			13	Cnq				4:57.77	468		
	50m:	31.85	31.85	150m:	1:46.60	37.96	250m:	3:02.88	37.55	350m:	4:21.75	39.70
	100m:	1:08.64	36.79	200m:	2:25.33	38.73	300m:	3:42.05	39.17	400m:	4:57.77	36.02
19.	SAMSON, Amélia			13	Riverains				5:01.10	453		
	50m:	33.91	33.91	150m:	1:48.83	38.14	250m:	3:06.36	38.60	350m:	4:23.99	38.60
	100m:	1:10.69	36.78	200m:	2:27.76	38.93	300m:	3:45.39	39.03	400m:	5:01.10	37.11
20.	BELLE-ISLE, Emilie			14	Cac				5:01.26	452		
	50m:	33.51	33.51	150m:	1:48.65	37.87	250m:	3:05.99	38.74	350m:	4:23.78	38.97
	100m:	1:10.78	37.27	200m:	2:27.25	38.60	300m:	3:44.81	38.82	400m:	5:01.26	37.48
21.	LAVOIE, Florence			14	C. N. de Chicoutimi				5:02.25	448		
	50m:	35.19	35.19	150m:	1:50.30	37.86	250m:	3:06.19	37.62	350m:	4:24.14	38.97
	100m:	1:12.44	37.25	200m:	2:28.57	38.27	300m:	3:45.17	38.98	400m:	5:02.25	38.11
22.	BEN AISSIA, Acil			13	Cnq				5:04.82	436		
	50m:	34.79	34.79	150m:	1:51.29	38.33	250m:	3:09.29	38.74	350m:	4:27.27	38.89
	100m:	1:12.96	38.17	200m:	2:30.55	39.26	300m:	3:48.38	39.09	400m:	5:04.82	37.55
23.	LESSARD, Rachel			13	Cnq				5:06.59	429		
	50m:	33.40	33.40	150m:	1:50.99	39.43	250m:	3:09.79	39.40	350m:	4:28.76	39.41
	100m:	1:11.56	38.16	200m:	2:30.39	39.40	300m:	3:49.35	39.56	400m:	5:06.59	37.83
24.	LAVOIE, Anabelle			13	Club de Natation Juvaqua Alma				5:10.58	413		
	50m:	33.30	33.30	150m:	1:50.21	39.32	250m:	3:10.49	40.26	350m:	4:31.96	40.43
	100m:	1:10.89	37.59	200m:	2:30.23	40.02	300m:	3:51.53	41.04	400m:	5:10.58	38.62

Epreuve 5, Filles, 400m Libre, Elimatoire, 13 - 14 ans

Rang			Age						Temps	Pts
25.	TREMBLAY, Elisabeth		14	Riverains					5:11.05	411
	50m:	33.41 33.41	150m:	1:53.07	40.64	250m:	3:14.65	40.34	350m:	4:34.24 39.18
	100m:	1:12.43 39.02	200m:	2:34.31	41.24	300m:	3:55.06	40.41	400m:	5:11.05 36.81
26.	SIMARD, Mariane		13	Cnq					5:11.10	410
	50m:	34.45 34.45	150m:	1:54.35	40.72	250m:	3:14.46	39.82	350m:	4:33.45 39.28
	100m:	1:13.63 39.18	200m:	2:34.64	40.29	300m:	3:54.17	39.71	400m:	5:11.10 37.65
27.	MICHAUD, Aurelie		13	LMRL Rivière-du-Loup					5:11.79	408
	50m:	36.30 36.30	150m:	1:54.87	39.44	250m:	3:14.87	39.81	350m:	4:33.44 39.32
	100m:	1:15.43 39.13	200m:	2:35.06	40.19	300m:	3:54.12	39.25	400m:	5:11.79 38.35
28.	GAGNON, Chloé		13	Rouge et Or/Université Laval					5:12.57	405
	50m:	35.66 35.66	150m:	1:55.57	40.27	250m:	3:15.42	39.56	350m:	4:34.95 39.68
	100m:	1:15.30 39.64	200m:	2:35.86	40.29	300m:	3:55.27	39.85	400m:	5:12.57 37.62
29.	CHEVALIER, Eva		13	Cac					5:12.79	404
	50m:	36.07 36.07	150m:	1:54.74	39.35	250m:	3:14.67	39.87	350m:	4:34.66 39.39
	100m:	1:15.39 39.32	200m:	2:34.80	40.06	300m:	3:55.27	40.60	400m:	5:12.79 38.13
30.	LAPRISE, Beatrice		13	LMRL Rivière-du-Loup					5:13.55	401
	50m:	34.63 34.63	150m:	1:53.21	39.48	250m:	3:13.38	40.76	350m:	4:34.86 41.25
	100m:	1:13.73 39.10	200m:	2:32.62	39.41	300m:	3:53.61	40.23	400m:	5:13.55 38.69
31.	JUTRAS, Naomie		14	Riverains					5:13.80	400
	50m:	35.94 35.94	150m:	1:56.95	41.14	250m:	3:16.77	40.27	350m:	4:37.41 40.21
	100m:	1:15.81 39.87	200m:	2:36.50	39.55	300m:	3:57.20	40.43	400m:	5:13.80 36.39
32.	GRÉGOIRE, Juliette		14	Cnq					5:14.53	397
	50m:	34.61 34.61	150m:	1:53.15	39.96	250m:	3:13.99	40.54	350m:	4:35.75 40.70
	100m:	1:13.19 38.58	200m:	2:33.45	40.30	300m:	3:55.05	41.06	400m:	5:14.53 38.78
33.	FOURNIER, Émy		13	Cnq					5:14.88	396
	50m:	32.93 32.93	150m:	1:52.75	40.75	250m:	3:13.80	40.30	350m:	4:36.04 40.91
	100m:	1:12.00 39.07	200m:	2:33.50	40.75	300m:	3:55.13	41.33	400m:	5:14.88 38.84
34.	LEPAGE, Ann-Frédérique		13	Espadons					5:15.96	392
	50m:	35.97 35.97	150m:	1:56.33	40.81	250m:	3:17.01	40.60	350m:	4:38.35 40.51
	100m:	1:15.52 39.55	200m:	2:36.41	40.08	300m:	3:57.84	40.83	400m:	5:15.96 37.61
35.	NOLET, Charlie		13	Riverains					5:18.67	382
	50m:	34.79 34.79	150m:	1:55.73	40.32	250m:	3:18.69	41.51	350m:	4:40.06 40.45
	100m:	1:15.41 40.62	200m:	2:37.18	41.45	300m:	3:59.61	40.92	400m:	5:18.67 38.61
36.	POULIOT, Héloïse		13	Cac					5:19.28	380
	50m:	37.20 37.20	150m:	1:58.98	41.34	250m:	3:20.26	40.45	350m:	4:40.86 39.96
	100m:	1:17.64 40.44	200m:	2:39.81	40.83	300m:	4:00.90	40.64	400m:	5:19.28 38.42
37.	VIGNEAULT DUBOIS, Ellana		13	Les Dauphins de Rimouski					5:21.12	373
	50m:	37.09 37.09	150m:	1:57.59	40.48	250m:	3:20.88	40.96	350m:	4:43.17 40.68
	100m:	1:17.11 40.02	200m:	2:39.92	42.33	300m:	4:02.49	41.61	400m:	5:21.12 37.95
38.	MELOATAM, Jade		14	LMRL Rivière-du-Loup					5:22.11	370
	50m:	34.83 34.83	150m:	1:55.71	41.19	250m:	3:19.71	42.14	350m:	4:43.90 42.61
	100m:	1:14.52 39.69	200m:	2:37.57	41.86	300m:	4:01.29	41.58	400m:	5:22.11 38.21
39.	BÉDARD, Juliette		14	Rouge et Or/Université Laval					5:22.27	369
	50m:	35.25 35.25	150m:	1:57.09	41.49	250m:	3:20.30	41.74	350m:	4:41.46 40.12
	100m:	1:15.60 40.35	200m:	2:38.56	41.47	300m:	4:01.34	41.04	400m:	5:22.27 40.81
40.	CHOUINARD, Maélie		13	Riverains					5:23.83	364
	50m:	35.88 35.88	150m:	1:58.60	41.62	250m:	3:21.04	41.45	350m:	4:44.07 41.16
	100m:	1:16.98 41.10	200m:	2:39.59	40.99	300m:	4:02.91	41.87	400m:	5:23.83 39.76

Epreuve 5, Filles, 400m Libre, Elimatoire, 13 - 14 ans

Rang				Age					Temps	Pts		
41.	FOISY, Élisabeth			13	Rouge et Or/Université Laval				5:24.18	363		
	50m:	35.47	35.47	150m:	1:56.90	41.47	250m:	3:20.27	42.05	350m:	4:44.15	41.76
	100m:	1:15.43	39.96	200m:	2:38.22	41.32	300m:	4:02.39	42.12	400m:	5:24.18	40.03
42.	LABBÉ, Camille			14	Nsh				5:25.51	358		
	50m:	36.45	36.45	150m:		250m:	3:22.98	350m:		400m:	5:25.51	
	100m:			200m:		300m:	4:05.11	42.13				
43.	SAYEGH, Jasmine			14	Rouge et Or/Université Laval				5:26.01	357		
	50m:	35.72	35.72	150m:	1:57.06	41.38	250m:	3:21.35	42.04	350m:	4:46.17	42.03
	100m:	1:15.68	39.96	200m:	2:39.31	42.25	300m:	4:04.14	42.79	400m:	5:26.01	39.84
44.	BLAIS, Florence			14	Riverains				5:26.10	356		
	50m:	35.03	35.03	150m:	1:55.72	41.27	250m:	3:20.15	42.39	350m:	4:45.04	41.68
	100m:	1:14.45	39.42	200m:	2:37.76	42.04	300m:	4:03.36	43.21	400m:	5:26.10	41.06
45.	LALIBERTE, Sofia			14	Club de Natation SAMAK				5:28.30	349		
	50m:	35.06	35.06	150m:	1:58.73	42.83	250m:	3:23.67	42.81	350m:	4:48.77	41.89
	100m:	1:15.90	40.84	200m:	2:40.86	42.13	300m:	4:06.88	43.21	400m:	5:28.30	39.53
46.	TREMBLAY, Maëlys			14	Cac				5:33.90	332		
	50m:	38.31	38.31	150m:	2:03.62	42.38	250m:	3:28.94	41.90	350m:	4:54.64	42.57
	100m:	1:21.24	42.93	200m:	2:47.04	43.42	300m:	4:12.07	43.13	400m:	5:33.90	39.26
47.	BOLDUC, Maïla			13	Club de Natation des Equinoxes				5:35.01	329		
	50m:	35.72	35.72	150m:	1:59.26	42.43	250m:	3:25.13	42.95	350m:	4:52.81	44.00
	100m:	1:16.83	41.11	200m:	2:42.18	42.92	300m:	4:08.81	43.68	400m:	5:35.01	42.20
48.	PARENT, Florence			14	Cac				5:35.28	328		
	50m:	36.59	36.59	150m:	2:00.47	42.34	250m:	3:27.35	43.77	350m:	4:53.95	42.70
	100m:	1:18.13	41.54	200m:	2:43.58	43.11	300m:	4:11.25	43.90	400m:	5:35.28	41.33
49.	BOUCHARD, Victoria			14	Rouge et Or/Université Laval				5:38.19	319		
	50m:	37.93	37.93	150m:	2:02.87	43.47	250m:	3:30.25	43.17	350m:	4:56.45	42.96
	100m:	1:19.40	41.47	200m:	2:47.08	44.21	300m:	4:13.49	43.24	400m:	5:38.19	41.74
50.	CARON, Léonie			14	Sher				5:39.51	316		
	50m:	37.91	37.91	150m:	2:01.83	42.77	250m:	3:28.19	43.63	350m:	4:56.10	43.60
	100m:	1:19.06	41.15	200m:	2:44.56	42.73	300m:	4:12.50	44.31	400m:	5:39.51	43.41
51.	FUGÈRE, Anne			13	Club de Natation des Equinoxes				5:41.17	311		
	50m:	37.22	37.22	150m:	2:04.36	44.42	250m:	3:33.08	43.41	350m:	4:59.04	42.11
	100m:	1:19.94	42.72	200m:	2:49.67	45.31	300m:	4:16.93	43.85	400m:	5:41.17	42.13
52.	PELLETIER_S10SB9SM10, Florence			13	Sher				5:41.59	310		
	50m:	38.76	38.76	150m:	2:04.46	43.18	250m:	3:32.07	43.63	350m:	4:59.69	43.75
	100m:	1:21.28	42.52	200m:	2:48.44	43.98	300m:	4:15.94	43.87	400m:	5:41.59	41.90
53.	LAFORREST, Jeanne			13	LMRL Rivière-du-Loup				5:42.62	307		
	50m:	37.37	37.37	150m:	2:03.46	43.64	250m:	3:29.34	43.12	350m:	4:58.47	44.56
	100m:	1:19.82	42.45	200m:	2:46.22	42.76	300m:	4:13.91	44.57	400m:	5:42.62	44.15
54.	TREMBLAY, Rosalie			13	Cpc				5:43.64	304		
	50m:	38.29	38.29	150m:	2:04.87	43.32	250m:	3:34.44	45.22	350m:	5:02.53	43.07
	100m:	1:21.55	43.26	200m:	2:49.22	44.35	300m:	4:19.46	45.02	400m:	5:43.64	41.11
55.	LAGHDIR, Salma			13	LMRL Rivière-du-Loup				5:49.15	290		
	50m:	39.44	39.44	150m:	2:07.80	44.99	250m:			350m:	5:06.71	43.82
	100m:	1:22.81	43.37	200m:	2:53.64	45.84	300m:	4:22.89		400m:	5:49.15	42.44
56.	DUBÉ, Anna			14	Les Dauphins de Rimouski				5:52.64	282		
	50m:	37.00	37.00	150m:	2:03.81	44.65	250m:	3:36.05	47.17	350m:	5:07.42	43.56
	100m:	1:19.16	42.16	200m:	2:48.88	45.07	300m:	4:23.86	47.81	400m:	5:52.64	45.22

Epreuve 5, Filles, 400m Libre, Elimatoire, 13 - 14 ans

Rang			Age						Temps	Pts
57.	GIGUÈRE, Eva		13	Riverains				5:55.76	274	
	50m:	38.74 38.74	150m:	2:07.84 45.03	250m:	3:40.37 46.11	350m:	5:11.08 45.09		
	100m:	1:22.81 44.07	200m:	2:54.26 46.42	300m:	4:25.99 45.62	400m:	5:55.76 44.68		
58.	FLEURY, Marie-Claude		14	Club de natation Jonquière				6:04.02	256	
	50m:	42.06 42.06	150m:	2:14.72 46.97	250m:	3:48.82 46.61	350m:	5:20.53 44.36		
	100m:	1:27.75 45.69	200m:	3:02.21 47.49	300m:	4:36.17 47.35	400m:	6:04.02 43.49		
59.	ROULEAU-STE-CROIX, Anaïs		14	Club de natation Jonquière				6:06.22	251	
	50m:	39.03 39.03	150m:	2:12.03 47.09	250m:	3:47.86 47.91	350m:	5:23.65 47.67		
	100m:	1:24.94 45.91	200m:	2:59.95 47.92	300m:	4:35.98 48.12	400m:	6:06.22 42.57		
60.	BOISVERT, Karlee-Rose		14	Rouge et Or/Université Laval				6:07.15	250	
	50m:	41.46 41.46	150m:	2:10.18 46.11	250m:	3:44.94 48.11	350m:	5:21.28 48.65		
	100m:	1:24.07 42.61	200m:	2:56.83 46.65	300m:	4:32.63 47.69	400m:	6:07.15 45.87		
61.	CÔTÉ, Jade		13	Les Dauphins de Rimouski				6:10.55	243	
	50m:	40.76 40.76	150m:	2:14.95 47.79	250m:	3:51.09 48.43	350m:	5:26.12 46.75		
	100m:	1:27.16 46.40	200m:	3:02.66 47.71	300m:	4:39.37 48.28	400m:	6:10.55 44.43		
62.	BOUDREAULT, Eva		13	C. N. de Chicoutimi				6:33.15	203	
	50m:	42.51 42.51	150m:	2:22.39 49.98	250m:	4:02.85 49.94	350m:	5:44.65 50.64		
	100m:	1:32.41 49.90	200m:	3:12.91 50.52	300m:	4:54.01 51.16	400m:	6:33.15 48.50		
disq.	BOUFFARD, Jenny		14	Club de Natation des Equinoxes						

15 - 16 ans

1.	TALBOT, Alice		16	Sher				4:37.97	576	Q
	50m:	31.23 31.23	150m:	1:40.09 34.98	250m:	2:50.74 35.37	350m:	4:02.54 35.99		
	100m:	1:05.11 33.88	200m:	2:15.37 35.28	300m:	3:26.55 35.81	400m:	4:37.97 35.43		
2.	JUTRAS, Annalie		16	Riverains				4:42.71	547	Q
	50m:	31.60 31.60	150m:	1:42.23 35.76	250m:	2:54.70 36.56	350m:	4:07.47 36.37		
	100m:	1:06.47 34.87	200m:	2:18.14 35.91	300m:	3:31.10 36.40	400m:	4:42.71 35.24		
3.	LABERGE, Élise		15	Rouge et Or/Université Laval				4:45.94	529	Q
	50m:	32.46 32.46	150m:	1:45.18 36.34	250m:	2:58.13 36.30	350m:	4:10.68 36.24		
	100m:	1:08.84 36.38	200m:	2:21.83 36.65	300m:	3:34.44 36.31	400m:	4:45.94 35.26		
4.	BEAUDOIN, Marie-Laurence		15	Rouge et Or/Université Laval				4:46.99	523	Q
	50m:	32.18 32.18	150m:	1:44.45 36.69	250m:	2:58.01 36.90	350m:	4:11.51 36.57		
	100m:	1:07.76 35.58	200m:	2:21.11 36.66	300m:	3:34.94 36.93	400m:	4:46.99 35.48		
5.	BERNARD, Mayia		16	Cac				4:48.49	515	Q
	50m:	32.85 32.85	150m:	1:45.83 36.62	250m:	2:59.21 36.62	350m:	4:13.31 36.63		
	100m:	1:09.21 36.36	200m:	2:22.59 36.76	300m:	3:36.68 37.47	400m:	4:48.49 35.18		
6.	COLLIN, Camille		16	Les Dauphins de Rimouski				4:50.09	506	Q
	50m:	32.10 32.10	150m:	1:43.54 36.17	250m:	2:57.95 37.36	350m:	4:13.36 37.71		
	100m:	1:07.37 35.27	200m:	2:20.59 37.05	300m:	3:35.65 37.70	400m:	4:50.09 36.73		
7.	LAVOIE, Alyson		16	Club de Natation Juvaqua Alma				4:52.51	494	Q
	50m:	32.21 32.21	150m:	1:44.52 36.67	250m:	2:59.93 37.99	350m:	4:16.16 37.98		
	100m:	1:07.85 35.64	200m:	2:21.94 37.42	300m:	3:38.18 38.25	400m:	4:52.51 36.35		
8.	TROTIER, Alycia		15	Cnq				4:53.79	487	Q
	50m:	32.22 32.22	150m:	1:45.66 37.29	250m:	3:01.89 38.25	350m:	4:17.89 37.95		
	100m:	1:08.37 36.15	200m:	2:23.64 37.98	300m:	3:39.94 38.05	400m:	4:53.79 35.90		
9.	MICHAUD, Justine		15	Club de natation Jonquière				4:55.56	479	Q
	50m:	33.14 33.14	150m:	1:47.52 37.79	250m:	3:02.62 37.17	350m:	4:19.55 38.52		
	100m:	1:09.73 36.59	200m:	2:25.45 37.93	300m:	3:41.03 38.41	400m:	4:55.56 36.01		

Epreuve 5, Filles, 400m Libre, Elimatoire, 15 - 16 ans

Rang				Age					Temps	Pts		
10.	TURBIDE, Florence			15	C.Natation. Sept-Iles				4:56.48	474 Q		
	50m:	32.59	32.59	150m:	1:45.07	36.98	250m:	3:01.00	37.94	350m:	4:18.66	39.28
	100m:	1:08.09	35.50	200m:	2:23.06	37.99	300m:	3:39.38	38.38	400m:	4:56.48	37.82
11.	FERNET, Sarah			15	Requins de Drummondville				4:57.98	467 R		
	50m:	32.89	32.89	150m:	1:47.17	37.61	250m:	3:03.63	38.28	350m:	4:21.06	38.49
	100m:	1:09.56	36.67	200m:	2:25.35	38.18	300m:	3:42.57	38.94	400m:	4:57.98	36.92
12.	HARVEY, Léa			15	Cnq				4:58.98	463 R		
	50m:	32.16	32.16	150m:	1:47.05	38.21	250m:	3:03.97	38.29	350m:	4:21.05	38.33
	100m:	1:08.84	36.68	200m:	2:25.68	38.63	300m:	3:42.72	38.75	400m:	4:58.98	37.93
13.	GAGNON-BOULAY, Emma			15	Rouge et Or/Université Laval				4:59.56	460		
	50m:	35.15	35.15	150m:	1:52.27	38.71	250m:	3:08.64	38.06	350m:	4:23.93	37.52
	100m:	1:13.56	38.41	200m:	2:30.58	38.31	300m:	3:46.41	37.77	400m:	4:59.56	35.63
14.	BEAUDOIN, Charlotte			16	Cnq				5:00.29	456		
	50m:	34.54	34.54	150m:	1:50.68	38.30	250m:	3:06.97	37.97	350m:	4:23.34	37.81
	100m:	1:12.38	37.84	200m:	2:29.00	38.32	300m:	3:45.53	38.56	400m:	5:00.29	36.95
15.	COULOMBE, Gabrielle			16	Riverains				5:01.91	449		
	50m:	33.48	33.48	150m:	1:48.60	38.41	250m:	3:06.53	39.14	350m:	4:24.00	39.19
	100m:	1:10.19	36.71	200m:	2:27.39	38.79	300m:	3:44.81	38.28	400m:	5:01.91	37.91
16.	RACHEDI, Ranya			15	Riverains				5:01.96	449		
	50m:	33.59	33.59	150m:	1:48.66	38.09	250m:	3:06.51	38.98	350m:	4:24.19	38.76
	100m:	1:10.57	36.98	200m:	2:27.53	38.87	300m:	3:45.43	38.92	400m:	5:01.96	37.77
17.	FORTIN, Héroïse			15	Riverains				5:02.09	448		
	50m:	33.91	33.91	150m:	1:49.29	37.65	250m:	3:06.56	39.27	350m:	4:24.75	38.57
	100m:	1:11.64	37.73	200m:	2:27.29	38.00	300m:	3:46.18	39.62	400m:	5:02.09	37.34
18.	GUHA, Anjali			16	C. N. de Chicoutimi				5:02.23	448		
	50m:	33.81	33.81	150m:	1:47.43	37.21	250m:	3:03.64	38.44	350m:	4:22.73	40.18
	100m:	1:10.22	36.41	200m:	2:25.20	37.77	300m:	3:42.55	38.91	400m:	5:02.23	39.50
19.	ESSIEMBRE, Léanne			15	Cpc				5:03.55	442		
	50m:	33.77	33.77	150m:	1:48.94	38.24	250m:	3:07.26	39.20	350m:	4:26.64	38.94
	100m:	1:10.70	36.93	200m:	2:28.06	39.12	300m:	3:47.70	40.44	400m:	5:03.55	36.91
20.	LAVOIE, Anais			16	C. N. de Chicoutimi				5:03.78	441		
	50m:	33.42	33.42	150m:	1:49.48	39.14	250m:	3:07.78	38.79	350m:	4:25.42	39.05
	100m:	1:10.34	36.92	200m:	2:28.99	39.51	300m:	3:46.37	38.59	400m:	5:03.78	38.36
21.	BOUCHARD, Marie			15	Rouge et Or/Université Laval				5:04.62	437		
	50m:	33.21	33.21	150m:	1:48.00	38.00	250m:	3:06.39	39.38	350m:	4:25.64	39.90
	100m:	1:10.00	36.79	200m:	2:27.01	39.01	300m:	3:45.74	39.35	400m:	5:04.62	38.98
22.	CADARIO, Émilie			15	Nsh				5:04.96	436		
	50m:	35.56	35.56	150m:	1:53.76	39.54	250m:	3:13.12	39.29	350m:	4:29.93	37.52
	100m:	1:14.22	38.66	200m:	2:33.83	40.07	300m:	3:52.41	39.29	400m:	5:04.96	35.03
23.	MARCOUX, Laurie			15	C.Natation. Sept-Iles				5:05.64	433		
	50m:	32.31	32.31	150m:	1:45.57	37.64	250m:	3:05.57	39.68	350m:	4:26.82	40.66
	100m:	1:07.93	35.62	200m:	2:25.89	40.32	300m:	3:46.16	40.59	400m:	5:05.64	38.82
24.	COLLIN, Florence			16	Les Dauphins de Rimouski				5:05.98	431		
	50m:	34.13	34.13	150m:	1:51.90	39.39	250m:	3:10.42	39.10	350m:	4:28.49	38.69
	100m:	1:12.51	38.38	200m:	2:31.32	39.42	300m:	3:49.80	39.38	400m:	5:05.98	37.49
25.	HAMEL, Rosalie			16	Riverains				5:06.30	430		
	50m:	35.06	35.06	150m:	1:52.71	39.54	250m:	3:11.36	39.26	350m:	4:29.22	38.72
	100m:	1:13.17	38.11	200m:	2:32.10	39.39	300m:	3:50.50	39.14	400m:	5:06.30	37.08

Epreuve 5, Filles, 400m Libre, Elimatoire, 15 - 16 ans

Rang			Age							Temps	Pts	
26.	LEBLANC, Gabrielle		15	Riverains						5:06.32	430	
	50m:	34.56	34.56	150m:	1:51.40	38.78	250m:	3:09.45	38.76	350m:	4:28.90	39.65
	100m:	1:12.62	38.06	200m:	2:30.69	39.29	300m:	3:49.25	39.80	400m:	5:06.32	37.42
27.	FALARDEAU_S10SB9SM10, Mathilde		16	Cnq						5:07.40	426	
	50m:	35.74	35.74	150m:	1:53.36	39.12	250m:	3:11.99	39.30	350m:	4:30.08	39.13
	100m:	1:14.24	38.50	200m:	2:32.69	39.33	300m:	3:50.95	38.96	400m:	5:07.40	37.32
28.	BOUCHARD, Lydia-Maude		15	Chibougamau						5:11.11	410	
	50m:	34.15	34.15	150m:	1:52.83	40.08	250m:	3:12.47	39.48	350m:	4:32.97	39.95
	100m:	1:12.75	38.60	200m:	2:32.99	40.16	300m:	3:53.02	40.55	400m:	5:11.11	38.14
29.	MORIN, Raphaelle		15	Rouge et Or/Université Laval						5:12.91	403	
	50m:	34.15	34.15	150m:	1:54.52	40.68	250m:	3:15.64	40.61	350m:	4:35.30	39.74
	100m:	1:13.84	39.69	200m:	2:35.03	40.51	300m:	3:55.56	39.92	400m:	5:12.91	37.61
30.	CÔTÉ, Maxime		15	Cac						5:13.24	402	
	50m:	34.03	34.03	150m:	1:52.06	39.50	250m:	3:12.75	40.33	350m:	4:33.72	40.21
	100m:	1:12.56	38.53	200m:	2:32.42	40.36	300m:	3:53.51	40.76	400m:	5:13.24	39.52
31.	DESSUREAULT, Laurie		16	Cnq						5:13.38	402	
	50m:	33.89	33.89	150m:	1:51.63	39.41	250m:	3:12.38	40.03	350m:	4:33.66	40.65
	100m:	1:12.22	38.33	200m:	2:32.35	40.72	300m:	3:53.01	40.63	400m:	5:13.38	39.72
32.	GAGNÉ, Marie		16	Espadons						5:13.72	400	
	50m:	36.15	36.15	150m:	1:56.00	40.10	250m:	3:16.93	39.87	350m:	4:36.39	39.21
	100m:	1:15.90	39.75	200m:	2:37.06	41.06	300m:	3:57.18	40.25	400m:	5:13.72	37.33
33.	DULAC, Julia		15	Club de Natation Régional de la Beauce						5:14.56	397	
	50m:	34.52	34.52	150m:	1:53.61	40.59	250m:	3:15.10	40.30	350m:	4:36.14	40.51
	100m:	1:13.02	38.50	200m:	2:34.80	41.19	300m:	3:55.63	40.53	400m:	5:14.56	38.42
34.	POULIOT, Ariane		15	Club de Natation Régional de la Beauce						5:14.82	396	
	50m:	33.73	33.73	150m:	1:50.47	39.21	250m:	3:11.36	40.90	350m:	4:34.30	41.54
	100m:	1:11.26	37.53	200m:	2:30.46	39.99	300m:	3:52.76	41.40	400m:	5:14.82	40.52
35.	DICKNER, Brittany		15	LMRL Rivière-du-Loup						5:15.33	394	
	50m:	35.76	35.76	150m:	1:55.32	39.92	250m:	3:14.91	39.88	350m:	4:36.33	41.16
	100m:	1:15.40	39.64	200m:	2:35.03	39.71	300m:	3:55.17	40.26	400m:	5:15.33	39.00
36.	THÉRIAULT, Marie-Pier		16	Unik						5:17.93	385	
	50m:	35.35	35.35	150m:	1:53.96	40.10	250m:	3:15.48	40.72	350m:	4:38.09	41.54
	100m:	1:13.86	38.51	200m:	2:34.76	40.80	300m:	3:56.55	41.07	400m:	5:17.93	39.84
37.	BELLEMARE, Alexia		15	Aquanautes						5:18.46	383	
	50m:	34.44	34.44	150m:	1:51.96	39.88	250m:	3:14.31	41.68	350m:	4:37.53	41.25
	100m:	1:12.08	37.64	200m:	2:32.63	40.67	300m:	3:56.28	41.97	400m:	5:18.46	40.93
38.	GAGNÉ, Déa		15	Cnq						5:20.01	377	
	50m:	33.63	33.63	150m:	1:49.99	39.13	250m:	3:12.40	41.56	350m:	4:37.86	43.09
	100m:	1:10.86	37.23	200m:	2:30.84	40.85	300m:	3:54.77	42.37	400m:	5:20.01	42.15
39.	ROBERTSON, Elodie		15	Club de Natation Juvaqua Alma						5:20.07	377	
	50m:	35.12	35.12	150m:	1:52.88	39.28	250m:	3:13.79	40.61	350m:	4:39.14	42.74
	100m:	1:13.60	38.48	200m:	2:33.18	40.30	300m:	3:56.40	42.61	400m:	5:20.07	40.93
40.	CAMPAGNA, Anne-Zoé		16	Riverains						5:20.18	377	
	50m:	34.33	34.33	150m:	1:53.46	40.28	250m:	3:16.10	41.86	350m:	4:39.60	41.44
	100m:	1:13.18	38.85	200m:	2:34.24	40.78	300m:	3:58.16	42.06	400m:	5:20.18	40.58
41.	BARRIAULT, Rosalie		16	Bg						5:22.44	369	
	50m:	35.60	35.60	150m:	1:56.88	40.59	250m:	3:20.58	42.11	350m:	4:43.09	41.33
	100m:	1:16.29	40.69	200m:	2:38.47	41.59	300m:	4:01.76	41.18	400m:	5:22.44	39.35

Epreuve 5, Filles, 400m Libre, Elimatoire, 15 - 16 ans

Rang					Age					Temps	Pts	
42.	BRODEUR, Olive				15	Chibougamau				5:27.71	351	
	50m:	34.50	34.50	150m:	1:56.92	41.99	250m:	3:23.74	43.99	350m:	4:49.25	42.07
	100m:	1:14.93	40.43	200m:	2:39.75	42.83	300m:	4:07.18	43.44	400m:	5:27.71	38.46
43.	AUDET, Eve-Marie				15	C. N. de Chicoutimi				5:28.84	347	
	50m:	36.65	36.65	150m:	1:59.78	42.21	250m:	3:24.76	43.30	350m:	4:49.29	41.99
	100m:	1:17.57	40.92	200m:	2:41.46	41.68	300m:	4:07.30	42.54	400m:	5:28.84	39.55
44.	ST LAURENT, Emy				15	Espadons				5:32.54	336	
	50m:	36.66	36.66	150m:	1:57.91	41.05	250m:	3:22.35	41.85	350m:	4:50.07	44.62
	100m:	1:16.86	40.20	200m:	2:40.50	42.59	300m:	4:05.45	43.10	400m:	5:32.54	42.47
45.	JOBIN, Eve				16	Unik				5:34.58	330	
	50m:	35.92	35.92	150m:	1:58.17	41.61	250m:	3:24.87	43.42	350m:	4:51.14	43.44
	100m:	1:16.56	40.64	200m:	2:41.45	43.28	300m:	4:07.70	42.83	400m:	5:34.58	43.44
46.	VANIER, Malya				15	Unik				5:40.39	313	
	50m:	37.86	37.86	150m:	2:03.93	43.63	250m:	3:31.39	43.45	350m:	4:58.86	43.72
	100m:	1:20.30	42.44	200m:	2:47.94	44.01	300m:	4:15.14	43.75	400m:	5:40.39	41.53
47.	FRANCOEUR, Abigaëlle				15	Bg				5:43.41	305	
	50m:	36.93	36.93	150m:	2:03.28	43.60	250m:	3:31.11	44.02	350m:	4:59.68	44.18
	100m:	1:19.68	42.75	200m:	2:47.09	43.81	300m:	4:15.50	44.39	400m:	5:43.41	43.73
48.	MALENFANT, Julia				16	LMRL Rivière-du-Loup				5:54.85	276	
	50m:	40.02	40.02	150m:	2:08.72	44.73	250m:	3:39.17	45.57	350m:	5:10.48	45.10
	100m:	1:23.99	43.97	200m:	2:53.60	44.88	300m:	4:25.38	46.21	400m:	5:54.85	44.37

17 ans et plus

1.	GAGNON, Isabelle				21	Rouge et Or universitaire				4:30.97	621	Q
	50m:	32.50	32.50	150m:	1:41.50	34.44	250m:	2:49.08	33.53	350m:	3:57.48	34.27
	100m:	1:07.06	34.56	200m:	2:15.55	34.05	300m:	3:23.21	34.13	400m:	4:30.97	33.49
2.	GUY, Roxane				17	Cnq				4:33.80	602	Q
	50m:	31.88	31.88	150m:	1:40.07	34.22	250m:	2:49.08	34.52	350m:	3:58.85	34.92
	100m:	1:05.85	33.97	200m:	2:14.56	34.49	300m:	3:23.93	34.85	400m:	4:33.80	34.95
3.	MALENFANT, Viviane				17	Cnq				4:34.44	598	Q
	50m:	31.22	31.22	150m:	1:40.42	34.72	250m:	2:49.81	34.21	350m:	4:00.16	35.08
	100m:	1:05.70	34.48	200m:	2:15.60	35.18	300m:	3:25.08	35.27	400m:	4:34.44	34.28
4.	CHALIFOUR, Mathilde				19	Rouge et Or/Université Laval				4:38.83	570	Q
	50m:	31.83	31.83	150m:	1:41.70	35.06	250m:	2:52.42	35.43	350m:	4:03.65	35.77
	100m:	1:06.64	34.81	200m:	2:16.99	35.29	300m:	3:27.88	35.46	400m:	4:38.83	35.18
5.	GINGRAS, Aurélie				17	Riverains				4:44.63	536	Q
	50m:	32.59	32.59	150m:	1:44.26	36.24	250m:	2:57.06	36.09	350m:	4:09.40	36.39
	100m:	1:08.02	35.43	200m:	2:20.97	36.71	300m:	3:33.01	35.95	400m:	4:44.63	35.23
6.	GAGNON, Amélie				17	Nsh				4:53.66	488	Q
	50m:	33.61	33.61	150m:	1:47.80	37.59	250m:	3:02.77	37.34	350m:	4:17.27	37.17
	100m:	1:10.21	36.60	200m:	2:25.43	37.63	300m:	3:40.10	37.33	400m:	4:53.66	36.39
7.	RITCHOT, Mya				18	Club de natation Jonquière				4:54.49	484	Q
	50m:	33.63	33.63	150m:	1:49.11	37.62	250m:	3:04.04	37.34	350m:	4:18.70	37.34
	100m:	1:11.49	37.86	200m:	2:26.70	37.59	300m:	3:41.36	37.32	400m:	4:54.49	35.79
8.	GAUDREAU, Raphaëlle				17	Sher				4:55.70	478	Q
	50m:	33.77	33.77	150m:	1:48.23	37.35	250m:	3:03.30	37.47	350m:	4:19.04	37.74
	100m:	1:10.88	37.11	200m:	2:25.83	37.60	300m:	3:41.30	38.00	400m:	4:55.70	36.66

Epreuve 5, Dames, 400m Libre, Elimatoire, 17 ans et plus

Rang	Age								Temps	Pts		
9.	GAUDREAULT, Léa								5:01.08	453 Q		
	50m:	32.79	32.79	150m:	1:46.56	37.58	250m:	3:04.61	39.42	350m:	4:24.40	39.11
	100m:	1:08.98	36.19	200m:	2:25.19	38.63	300m:	3:45.29	40.68	400m:	5:01.08	36.68
10.	LECLERC, Méliane								5:01.13	453 Q		
	50m:	32.51	32.51	150m:	1:47.52	38.17	250m:	3:05.31	39.05	350m:	4:23.38	38.98
	100m:	1:09.35	36.84	200m:	2:26.26	38.74	300m:	3:44.40	39.09	400m:	5:01.13	37.75
11.	BEAULIEU, Daphnée								5:03.51	442 R		
	50m:	33.34	33.34	150m:	1:48.63	38.33	250m:	3:07.04	39.69	350m:	4:25.96	39.56
	100m:	1:10.30	36.96	200m:	2:27.35	38.72	300m:	3:46.40	39.36	400m:	5:03.51	37.55
12.	BOSSE, Marie-Laurence								5:10.42	413 R		
	50m:	35.64	35.64	150m:	1:53.64	39.24	250m:	3:12.06	38.96	350m:	4:31.88	39.77
	100m:	1:14.40	38.76	200m:	2:33.10	39.46	300m:	3:52.11	40.05	400m:	5:10.42	38.54
13.	VERREAULT, Melory								5:18.73	382		
	50m:	35.55	35.55	150m:	1:54.44	40.08	250m:	3:15.71	40.83	350m:	4:38.65	41.19
	100m:	1:14.36	38.81	200m:	2:34.88	40.44	300m:	3:57.46	41.75	400m:	5:18.73	40.08
14.	SERGERIE, Evangélyne								5:45.23	300		
	50m:	39.84	39.84	150m:	2:07.58	44.49	250m:	3:36.52	43.68	350m:	5:03.26	42.94
	100m:	1:23.09	43.25	200m:	2:52.84	45.26	300m:	4:20.32	43.80	400m:	5:45.23	41.97
disq.	GRIFFITHS, Maxim											
				18	C.Natation. Sept-Iles							