

Torneio de Inverno
Ponte da Barca, 11 - 12/1/2025

Prova 20	Masc., 400m Livres				Open
12/01/2025 - 10:00					Resultados
Rec. Reg. ANMinho Open	3:42.57	Jose Paulo Lopes	SCB	Abu Dhabi (UAE)	16/12/2021
Rec. Reg. ANMinho Sen	3:42.57	Jose Paulo Lopes	SCB	Abu Dhabi (UAE)	16/12/2021
Rec. Reg. ANMinho Jun 2	3:52.06	Jose Paulo Lopes	SCB	Porto	09/12/2017
Rec. Reg. ANMinho Jun 1	3:57.56	Filipe Manso Laranjo	EDV	Porto	21/07/2024
Rec. Reg. ANMinho Juv A	4:02.24	Jose Paulo Lopes	SCB	Ponte da Barca	30/06/2016
Rec. Reg. ANMinho Juv B	4:05.48	Jose Paulo Lopes	SCB	Braga	14/06/2015
Rec. Reg. ANMinho Inf A	4:17.89	Hugo Miguel Neves	SCB	Bragança	19/04/2016
Rec. Reg. ANMinho Inf B	4:26.63	Hugo Miguel Neves	SCB	Ponte da Barca	02/07/2015

Pontos: FINA 2023

Lugar	Ano		Tempo final		Pts
Infantis B					
1.	Santino Hernan Schaab	12	Braga	5:27.46	272
	50m: 36.72 36.72	150m:	250m:	350m:	
	100m: 1:18.08 41.36	200m: 2:41.15	300m: 4:05.33	400m: 5:27.46	
2.	Ivan Kuzuk	12	Braga	5:35.65	252
	50m: 36.61 36.61	150m:	250m:	350m:	
	100m: 1:18.40 41.79	200m: 2:45.73	300m: 4:10.96	400m: 5:35.65	
3.	Tomas Carneiro Quintas	12	Braga	6:11.01	187
	50m: 39.68 39.68	150m:	250m:	350m:	
	100m: 1:25.69 46.01	200m: 3:01.24	300m: 4:38.63	400m: 6:11.01	
Infantis A					
1.	Afonso Silva Cerqueira	11	Braga	4:57.16	364
	50m: 32.85 32.85	150m:	250m:	350m:	
	100m: 1:08.94 36.09	200m: 2:24.57	300m: 3:40.65	400m: 4:57.16	
2.	Antonio Barbosa Nogueira	11	Braga	5:11.20	317
	50m: 35.39 35.39	150m:	250m:	350m:	
	100m: 1:13.20 37.81	200m: 2:31.98	300m: 3:51.54	400m: 5:11.20	
Juvenis B					
1.	Rafael Almeida Machado	10	Braga	4:40.31	434
	50m: 32.55 32.55	150m:	250m:	350m:	
	100m: 1:07.40 34.85	200m: 2:18.88	300m: 3:29.68	400m: 4:40.31	
Juvenis A					
1.	Raul Ventura Barros	09	Braga	4:27.45	499
	50m: 31.26 31.26	150m:	250m:	350m:	
	100m: 1:05.12 33.86	200m: 2:12.65	300m: 3:20.68	400m: 4:27.45	
Juniores					
1.	Afonso Miguel Nogueira	07	Braga	4:28.18	495
	50m: 30.47 30.47	150m:	250m:	350m:	
	100m: 1:03.56 33.09	200m: 2:11.06	300m: 3:19.25	400m: 4:28.18	
2.	Joao Pedro Tinoco	07	Braga	4:35.87	455
	50m: 31.85 31.85	150m:	250m:	350m:	
	100m: 1:06.11 34.26	200m: 2:16.43	300m: 3:25.37	400m: 4:35.87	
3.	Martim Goncalves Jesus	08	Sporting Caminha	4:43.43	419
	50m: 31.31 31.31	150m:	250m:	350m:	
	100m: 1:05.63 34.32	200m: 2:16.47	300m: 3:28.96	400m: 4:43.43	

Torneio de Inverno
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Prova 20, Masc., 400m Livres

Seniores

1.	Marcio Fernandes Gomes	04	Braga		4:20.30	542
	50m: 30.40 30.40	150m:	250m:	350m:		
	100m: 1:02.80 32.40	200m: 2:08.75	300m: 3:15.28	400m: 4:20.30		
2.	Eduardo Nuno Faria	06	Braga		4:44.65	414
	50m: 31.62 31.62	150m:	250m:	350m:		
	100m: 1:06.07 34.45	200m: 2:17.81	300m: 3:30.97	400m: 4:44.65		
3.	Pedro Morim Frasco	01	Braga		5:27.27	272
	50m: 35.56 35.56	150m:	250m:	350m:		
	100m: 1:16.32 40.76	200m: 2:40.85	300m: 4:03.67	400m: 5:27.27		

Open

1.	Marcio Fernandes Gomes	04	Braga		4:20.30	542
	50m: 30.40 30.40	150m:	250m:	350m:		
	100m: 1:02.80 32.40	200m: 2:08.75	300m: 3:15.28	400m: 4:20.30		
2.	Raul Ventura Barros	09	Braga		4:27.45	499
	50m: 31.26 31.26	150m:	250m:	350m:		
	100m: 1:05.12 33.86	200m: 2:12.65	300m: 3:20.68	400m: 4:27.45		
3.	Afonso Miguel Nogueira	07	Braga		4:28.18	495
	50m: 30.47 30.47	150m:	250m:	350m:		
	100m: 1:03.56 33.09	200m: 2:11.06	300m: 3:19.25	400m: 4:28.18		
4.	Joao Pedro Tinoco	07	Braga		4:35.87	455
	50m: 31.85 31.85	150m:	250m:	350m:		
	100m: 1:06.11 34.26	200m: 2:16.43	300m: 3:25.37	400m: 4:35.87		
5.	Rafael Almeida Machado	10	Braga		4:40.31	434
	50m: 32.55 32.55	150m:	250m:	350m:		
	100m: 1:07.40 34.85	200m: 2:18.88	300m: 3:29.68	400m: 4:40.31		
6.	Martim Goncalves Jesus	08	Sporting Caminha		4:43.43	419
	50m: 31.31 31.31	150m:	250m:	350m:		
	100m: 1:05.63 34.32	200m: 2:16.47	300m: 3:28.96	400m: 4:43.43		
7.	Eduardo Nuno Faria	06	Braga		4:44.65	414
	50m: 31.62 31.62	150m:	250m:	350m:		
	100m: 1:06.07 34.45	200m: 2:17.81	300m: 3:30.97	400m: 4:44.65		
8.	Afonso Silva Cerqueira	11	Braga		4:57.16	364
	50m: 32.85 32.85	150m:	250m:	350m:		
	100m: 1:08.94 36.09	200m: 2:24.57	300m: 3:40.65	400m: 4:57.16		
9.	Antonio Barbosa Nogueira	11	Braga		5:11.20	317
	50m: 35.39 35.39	150m:	250m:	350m:		
	100m: 1:13.20 37.81	200m: 2:31.98	300m: 3:51.54	400m: 5:11.20		
10.	Pedro Morim Frasco	01	Braga		5:27.27	272
	50m: 35.56 35.56	150m:	250m:	350m:		
	100m: 1:16.32 40.76	200m: 2:40.85	300m: 4:03.67	400m: 5:27.27		
11.	Santino Hernan Schaab	12	Braga		5:27.46	272
	50m: 36.72 36.72	150m:	250m:	350m:		
	100m: 1:18.08 41.36	200m: 2:41.15	300m: 4:05.33	400m: 5:27.46		
12.	Ivan Kuzuk	12	Braga		5:35.65	252
	50m: 36.61 36.61	150m:	250m:	350m:		
	100m: 1:18.40 41.79	200m: 2:45.73	300m: 4:10.96	400m: 5:35.65		
13.	Tomas Carneiro Quintas	12	Braga		6:11.01	187
	50m: 39.68 39.68	150m:	250m:	350m:		
	100m: 1:25.69 46.01	200m: 3:01.24	300m: 4:38.63	400m: 6:11.01		