

Torneio de Inverno
Ponte da Barca, 11 - 12/1/2025

Prova 1 Open
11/01/2025 - 15:30 Resultados

Masc., 400m Estilos

Rec. Reg. ANMinho Open	4:09.05	Jose Paulo Lopes	SCB	Glasgow (IRL)	05/12/2019
Rec. Reg. ANMinho Sen	4:09.05	Jose Paulo Lopes	SCB	Glasgow (IRL)	05/12/2019
Rec. Reg. ANMinho Jun 2	4:24.17	Jose Paulo Lopes	SCB	Águas Santas	13/01/2018
Rec. Reg. ANMinho Jun 1	4:29.42	Jose Paulo Lopes	SCB	Maia	14/01/2017
Rec. Reg. ANMinho Juv A	4:32.72	Jose Paulo Lopes	SCB	Ponte da Barca	01/07/2016
Rec. Reg. ANMinho Juv B	4:40.84	Jose Paulo Lopes	SCB	Ponte da Barca	03/07/2015
Rec. Reg. ANMinho Inf A	4:42.24	Hugo Miguel Neves	SCB	Ponte da Barca	01/07/2016
Rec. Reg. ANMinho Inf B	5:00.74	Hugo Miguel Neves	SCB	Ponte da Barca	03/07/2015

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
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Infantis B

1.	Joao Oliveira Silva	12	Braga		5:35.42	343
	50m: 33.43 33.43	150m:	250m:	350m:		
	100m: 1:12.60 39.17	200m: 2:38.23	300m: 4:19.95	400m: 5:35.42		

Infantis A

1.	Afonso Silva Cerqueira	11	Braga		5:37.14	337
	50m: 33.87 33.87	150m:	250m:	350m:		
	100m: 1:13.15 39.28	200m: 2:43.15	300m: 4:18.62	400m: 5:37.14		

Juvenis B

1.	Arseniy Vedkal	10	Braga		5:05.76	452
	50m: 33.66 33.66	150m:	250m:	350m:		
	100m: 1:50.64 1:16.98	200m: 2:30.04	300m: 3:57.26	400m: 5:05.76		
2.	Santiago Duarte Gouveia	10	Braga		5:26.50	371
	50m: 33.78 33.78	150m:	250m:	350m:		
	100m: 1:12.28 38.50	200m: 2:38.21	300m: 4:12.36	400m: 5:26.50		

Juvenis A

1.	Raul Ventura Barros	09	Braga		5:10.30	433
	50m: 33.19 33.19	150m:	250m:	350m:		
	100m: 1:10.82 37.63	200m: 2:29.82	300m: 4:05.78	400m: 5:10.30		

Juniores

1.	Afonso Miguel Nogueira	07	Braga		5:01.74	471
	50m: 32.27 32.27	150m:	250m:	350m:		
	100m: 1:09.90 37.63	200m: 2:28.30	300m: 4:29.28	400m: 5:01.74		
2.	Martim Goncalves Jesus	08	Sporting Caminha		5:10.17	433
	50m: 32.87 32.87	150m:	250m:	350m:		
	100m: 1:10.40 37.53	200m: 2:28.48	300m: 4:01.56	400m: 5:10.17		

Seniores

1.	Diogo Alexandre Oliveira	05	Braga		4:43.67	567
	50m: 29.82 29.82	150m:	250m:	350m:		
	100m: 1:04.87 35.05	200m: 2:19.03	300m: 3:39.73	400m: 4:43.67		

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Prova 1, Masc., 400m Estilos

Open

1.	Diogo Alexandre Oliveira	05	Braga		4:43.67	567
	50m: 29.82 29.82	150m:	250m:	350m:		
	100m: 1:04.87 35.05	200m: 2:19.03	300m: 3:39.73	400m: 4:43.67		
2.	Afonso Miguel Nogueira	07	Braga		5:01.74	471
	50m: 32.27 32.27	150m:	250m:	350m:		
	100m: 1:09.90 37.63	200m: 2:28.30	300m: 4:29.28	400m: 5:01.74		
3.	Arseniy Vedkal	10	Braga		5:05.76	452
	50m: 33.66 33.66	150m:	250m:	350m:		
	100m: 1:50.64 1:16.98	200m: 2:30.04	300m: 3:57.26	400m: 5:05.76		
4.	Martim Goncalves Jesus	08	Sporting Caminha		5:10.17	433
	50m: 32.87 32.87	150m:	250m:	350m:		
	100m: 1:10.40 37.53	200m: 2:28.48	300m: 4:01.56	400m: 5:10.17		
5.	Raul Ventura Barros	09	Braga		5:10.30	433
	50m: 33.19 33.19	150m:	250m:	350m:		
	100m: 1:10.82 37.63	200m: 2:29.82	300m: 4:05.78	400m: 5:10.30		
6.	Santiago Duarte Gouveia	10	Braga		5:26.50	371
	50m: 33.78 33.78	150m:	250m:	350m:		
	100m: 1:12.28 38.50	200m: 2:38.21	300m: 4:12.36	400m: 5:26.50		
7.	Joao Oliveira Silva	12	Braga		5:35.42	343
	50m: 33.43 33.43	150m:	250m:	350m:		
	100m: 1:12.60 39.17	200m: 2:38.23	300m: 4:19.95	400m: 5:35.42		
8.	Afonso Silva Cerqueira	11	Braga		5:37.14	337
	50m: 33.87 33.87	150m:	250m:	350m:		
	100m: 1:13.15 39.28	200m: 2:43.15	300m: 4:18.62	400m: 5:37.14		