XIII Màster Natació Llarga Distància P-25 3000m
Sant Feliu de LLobregat, 14/12/2024

Prueba 201 — 3000m Libre — Abs.
14/12/2024 - 11:10 — Sèrie 1 (M) Le=Esq / Sèrie 2 (X) Ri=Dreta — Resultados

CR	36:14.82	REMESAR AGUILAR, Nemo Antonio	CNAB	Sant Feliu de Llobregat	18/12/2021
CR	42:30.07	PUJOL ULIED, Minerva	GEIEG	Sant Feliu de Llobregat	16/12/2023

Class.	Nom i Cognons	Any	Club	Temps	Dif temps	Pts.CAT	Pts.TROF	Obs
Abs., Masc.								
1.	CALDERON RAMIREZ, Marc	88	C.N. Aquamàsters	**36:25.53**		-	-	

50m:	34.39	34.39	800m:	9:42.78	36.47	1550m:	18:45.74	36.21	2300m:	27:53.03	36.77
100m:	1:09.60	35.21	850m:	10:19.18	36.40	1600m:	19:21.97	36.23	2350m:	28:29.88	36.85
150m:	1:45.87	36.27	900m:	10:55.68	36.50	1650m:	19:58.09	36.12	2400m:	29:06.43	36.55
200m:	2:22.80	36.93	950m:	11:31.94	36.26	1700m:	20:34.63	36.54	2450m:	29:43.25	36.82
250m:	2:59.25	36.45	1000m:	12:08.13	36.19	1750m:	21:10.88	36.25	2500m:	30:20.03	36.78
300m:	3:35.80	36.55	1050m:	12:43.80	35.67	1800m:	21:47.12	36.24	2550m:	30:57.08	37.05
350m:	4:12.77	36.97	1100m:	13:19.66	35.86	1850m:	22:23.64	36.52	2600m:	31:34.05	36.97
400m:	4:49.64	36.87	1150m:	13:55.63	35.97	1900m:	23:00.06	36.42	2650m:	32:11.09	37.04
450m:	5:26.65	37.01	1200m:	14:31.75	36.12	1950m:	23:36.54	36.48	2700m:	32:47.71	36.62
500m:	6:03.06	36.41	1250m:	15:08.13	36.38	2000m:	24:12.85	36.31	2750m:	33:24.32	36.61
550m:	6:39.67	36.61	1300m:	15:44.25	36.12	2050m:	24:49.12	36.27	2800m:	34:01.07	36.75
600m:	7:16.34	36.67	1350m:	16:20.62	36.37	2100m:	25:25.73	36.61	2850m:	34:37.80	36.73
650m:	7:53.04	36.70	1400m:	16:57.00	36.38	2150m:	26:02.94	37.21	2900m:	35:14.46	36.66
700m:	8:29.60	36.56	1450m:	17:33.45	36.45	2200m:	26:39.44	36.50	2950m:	35:50.93	36.47
750m:	9:06.31	36.71	1500m:	18:09.53	36.08	2250m:	27:16.26	36.82	3000m:	36:25.53	34.60

2.	NAVARRO GUILLÉN, Javier	87	C.N. Aquamàsters	**37:32.22**	+ 1:06.69	-	-				
50m:	34.61	34.61	800m:	9:51.58	37.54	1550m:	19:10.64	37.65	2300m:	28:39.70	38.44
100m:	1:09.95	35.34	850m:	10:28.90	37.32	1600m:	19:48.12	37.48	2350m:	29:17.92	38.22
150m:	1:46.42	36.47	900m:	11:05.94	37.04	1650m:	20:25.71	37.59	2400m:	29:56.62	38.70
200m:	2:23.58	37.16	950m:	11:42.87	36.93	1700m:	21:03.33	37.62	2450m:	30:34.93	38.31
250m:	3:00.67	37.09	1000m:	12:19.94	37.07	1750m:	21:40.95	37.62	2500m:	31:13.09	38.16
300m:	3:37.69	37.02	1050m:	12:56.92	36.98	1800m:	22:18.86	37.91	2550m:	31:51.36	38.27
350m:	4:15.06	37.37	1100m:	13:34.23	37.31	1850m:	22:56.90	38.04	2600m:	32:29.73	38.37
400m:	4:52.65	37.59	1150m:	14:11.12	36.89	1900m:	23:34.63	37.73	2650m:	33:07.79	38.06
450m:	5:30.02	37.37	1200m:	14:48.40	37.28	1950m:	24:12.41	37.78	2700m:	33:45.85	38.06
500m:	6:07.17	37.15	1250m:	15:25.77	37.37	2000m:	24:50.24	37.83	2750m:	34:23.46	37.61
550m:	6:44.64	37.47	1300m:	16:03.04	37.27	2050m:	25:28.48	38.24	2800m:	35:01.36	37.90
600m:	7:22.21	37.57	1350m:	16:40.80	37.76	2100m:	26:06.63	38.15	2850m:	35:39.29	37.93
650m:	7:59.40	37.19	1400m:	17:18.38	37.58	2150m:	26:44.67	38.04	2900m:	36:17.42	38.13
700m:	8:36.68	37.28	1450m:	17:55.57	37.19	2200m:	27:23.23	38.56	2950m:	36:54.54	37.12
750m:	9:14.04	37.36	1500m:	18:32.99	37.42	2250m:	28:01.26	38.03	3000m:	37:32.22	37.68

3.	SAVESCU, George	75	C.D. Jerez Natacion Master	**38:39.52**	+ 2:13.99	-	-				
50m:	35.00	35.00	800m:	10:04.21	38.16	1550m:	19:43.67	39.24	2300m:	29:33.10	39.70
100m:	1:11.73	36.73	850m:	10:43.10	38.89	1600m:	20:22.92	39.25	2350m:	30:12.62	39.52
150m:	1:49.03	37.30	900m:	11:21.63	38.53	1650m:	21:02.17	39.25	2400m:	30:52.54	39.92
200m:	2:26.85	37.82	950m:	12:00.40	38.77	1700m:	21:40.91	38.74	2450m:	31:31.72	39.18
250m:	3:04.75	37.90	1000m:	12:38.77	38.37	1750m:	22:19.77	38.86	2500m:	32:11.09	39.37
300m:	3:42.25	37.50	1050m:	13:17.49	38.72	1800m:	22:59.08	39.31	2550m:	32:51.13	40.04
350m:	4:20.21	37.96	1100m:	13:55.64	38.15	1850m:	23:38.15	39.07	2600m:	33:30.81	39.68
400m:	4:58.50	38.29	1150m:	14:34.59	38.95	1900m:	24:18.71	40.56	2650m:	34:09.97	39.16
450m:	5:36.84	38.34	1200m:	15:13.40	38.81	1950m:	24:57.49	38.78	2700m:	34:49.70	39.73
500m:	6:14.89	38.05	1250m:	15:52.16	38.76	2000m:	25:35.87	38.38	2750m:	35:29.06	39.36
550m:	6:53.40	38.51	1300m:	16:30.92	38.76	2050m:	26:15.47	39.60	2800m:	36:08.13	39.07
600m:	7:31.80	38.40	1350m:	17:09.59	38.67	2100m:	26:54.69	39.22	2850m:	36:47.21	39.08
650m:	8:10.09	38.29	1400m:	17:48.05	38.46	2150m:	27:34.21	39.52	2900m:	37:25.89	38.68
700m:	8:48.36	38.27	1450m:	18:26.41	38.36	2200m:	28:13.75	39.54	2950m:	38:04.13	38.24
750m:	9:26.05	37.69	1500m:	19:04.43	38.02	2250m:	28:53.40	39.65	3000m:	38:39.52	35.39

4.	HERRERA MARTINEZ, Francisco Jose	82	C.D. Jerez Natacion Master	**40:30.21**	+ 4:04.68	-	-				
50m:	39.39	39.39	700m:	9:25.79	41.07	1350m:	18:10.92	39.83	2000m:	26:56.90	40.19
100m:	1:17.62	38.23	750m:	10:06.24	40.45	1400m:	18:51.44	40.52	2050m:	27:37.77	40.87
150m:	1:57.63	40.01	800m:	10:46.81	40.57	1450m:	19:32.38	40.94	2100m:	28:18.31	40.54
200m:	2:37.97	40.34	850m:	11:27.54	40.73	1500m:	20:12.76	40.38	2150m:	28:58.90	40.59
250m:	3:18.75	40.78	900m:	12:07.76	40.22	1550m:	20:53.69	40.93	2200m:	29:39.89	40.99
300m:	3:59.49	40.74	950m:	12:48.15	40.39	1600m:	21:33.96	40.27	2250m:	30:19.69	39.80
350m:	4:39.94	40.45	1000m:	13:28.37	40.22	1650m:	22:14.58	40.62	2300m:	31:00.46	40.77
400m:	5:20.26	40.32	1050m:	14:08.95	40.58	1700m:	22:54.67	40.09	2350m:	31:41.13	40.67
450m:	6:00.87	40.61	1100m:	14:49.47	40.52	1750m:	23:34.32	39.65	2400m:	32:21.81	40.68
500m:	6:41.56	40.69	1150m:	15:30.03	40.56	1800m:	24:14.83	40.51	2450m:	33:02.69	40.88
550m:	7:22.46	40.90	1200m:	16:10.25	40.22	1850m:	24:55.21	40.38	2500m:	33:44.72	42.03
600m:	8:03.49	41.03	1250m:	16:50.86	40.61	1900m:	25:35.79	40.58	2550m:	34:26.57	41.85
650m:	8:44.72	41.23	1300m:	17:31.09	40.23	1950m:	26:16.71	40.92	2600m:	35:06.81	40.24
2650m:	35:46.86	40.05	2750m:	37:08.18	40.71	2850m:	38:29.67	40.93	2950m:	39:50.52	40.43
2700m:	36:27.47	40.61	2800m:	37:48.74	40.56	2900m:	39:10.09	40.42	3000m:	40:30.21	39.69

DIRECCIÓ
C/ Verge de Montserrat 2
Complex Municipal de Piscines
08980, Sant Feliu de Llobregat
Barcelona
VITALDENT
BH
Occident Assegurances
agenciaparera.com
TURBO
Construccions Bernal
Pugibet fisioteràpia
FCN FEDERACIÓ CATALANA DE NATACIÓ
esportcat
Ajuntament de Sant Feliu de Llobregat

XIII Màster Natació Llarga Distància P-25 3000m
Sant Feliu de LLobregat, 14/12/2024

Prueba 201, Masc., 3000m Libre, Abs.

Class.	Nom i Cognons	Any	Club	Temps	Dif temps	Pts.CAT	Pts.TROF	Obs
5.	GALIANA ROCA, Xavier	73	C.N. Sant Feliu	**42:49.14**	+ 6:23.61	-	-	

50m:	42.41	42.41	800m:	11:22.89	42.42	1550m:	21:58.61	41.58	2300m:	32:38.31	42.82
100m:	1:25.62	43.21	850m:	12:05.70	42.81	1600m:	22:40.50	41.89	2350m:	33:21.44	43.13
150m:	2:08.60	42.98	900m:	12:48.12	42.42	1650m:	23:23.14	42.64	2400m:	34:04.78	43.34
200m:	2:50.14	41.54	950m:	13:30.99	42.87	1700m:	24:05.07	41.93	2450m:	34:47.65	42.87
250m:	3:32.49	42.35	1000m:	14:12.97	41.98	1750m:	24:47.84	42.77	2500m:	35:31.07	43.42
300m:	4:14.83	42.34	1050m:	14:55.74	42.77	1800m:	25:29.93	42.09	2550m:	36:14.64	43.57
350m:	4:57.53	42.70	1100m:	15:38.19	42.45	1850m:	26:11.96	42.03	2600m:	36:57.82	43.18
400m:	5:40.32	42.79	1150m:	16:20.68	42.49	1900m:	26:54.35	42.39	2650m:	37:40.93	43.11
450m:	6:23.82	43.50	1200m:	17:02.58	41.90	1950m:	27:38.35	44.00	2700m:	38:24.20	43.27
500m:	7:06.64	42.82	1250m:	17:44.94	42.36	2000m:	28:20.85	42.50	2750m:	39:07.85	43.65
550m:	7:49.83	43.19	1300m:	18:27.47	42.53	2050m:	29:03.87	43.02	2800m:	39:51.27	43.42
600m:	8:33.25	43.42	1350m:	19:09.68	42.21	2100m:	29:47.09	43.22	2850m:	40:34.63	43.36
650m:	9:15.62	42.37	1400m:	19:51.64	41.96	2150m:	30:29.97	42.88	2900m:	41:18.17	43.54
700m:	9:57.55	41.93	1450m:	20:34.72	43.08	2200m:	31:12.86	42.89	2950m:	42:01.06	42.89
750m:	10:40.47	42.92	1500m:	21:17.03	42.31	2250m:	31:55.49	42.63	3000m:	42:49.14	48.08

6.	MONTEFUSCO DEL PINO, Bruno	99	C.N. Granollers	**43:14.93**	+ 6:49.40	-	-	

50m:	41.63	41.63	800m:	11:36.59	42.94	1550m:	22:17.71	43.00	2300m:	33:03.81	43.31
100m:	1:25.89	44.26	850m:	12:19.91	43.32	1600m:	23:00.65	42.94	2350m:	33:47.49	43.68
150m:	2:09.60	43.71	900m:	13:02.91	43.00	1650m:	23:43.85	43.20	2400m:	34:31.31	43.82
200m:	2:53.46	43.86	950m:	13:45.78	42.87	1700m:	24:26.60	42.75	2450m:	35:15.34	44.03
250m:	3:37.69	44.23	1000m:	14:27.84	42.06	1750m:	25:09.45	42.85	2500m:	35:59.16	43.82
300m:	4:22.34	44.65	1050m:	15:09.88	42.04	1800m:	25:52.20	42.75	2550m:	36:43.11	43.95
350m:	5:07.12	44.78	1100m:	15:52.30	42.42	1850m:	26:34.90	42.70	2600m:	37:27.13	44.02
400m:	5:51.52	44.40	1150m:	16:34.68	42.38	1900m:	27:17.84	42.94	2650m:	38:11.08	43.95
450m:	6:34.34	42.82	1200m:	17:16.85	42.17	1950m:	28:00.77	42.93	2700m:	38:54.97	43.89
500m:	7:18.84	44.50	1250m:	17:59.90	43.05	2000m:	28:43.89	43.12	2750m:	39:38.92	43.95
550m:	8:01.96	43.12	1300m:	18:42.91	43.01	2050m:	29:26.84	42.95	2800m:	40:22.57	43.65
600m:	8:45.09	43.13	1350m:	19:25.72	42.81	2100m:	30:10.21	43.37	2850m:	41:05.99	43.42
650m:	9:27.66	42.57	1400m:	20:08.53	42.81	2150m:	30:53.79	43.58	2900m:	41:49.71	43.72
700m:	10:10.59	42.93	1450m:	20:51.66	43.13	2200m:	31:37.15	43.36	2950m:	42:33.39	43.68
750m:	10:53.65	43.06	1500m:	21:34.71	43.05	2250m:	32:20.50	43.35	3000m:	43:14.93	41.54

7.	MONTEFUSCO DEL PINO, Enzo	99	C.N. Granollers	**44:26.36**	+ 8:00.83	-	-	

50m:	42.69	42.69	800m:	11:57.23	44.71	1550m:	23:06.43	44.57	2300m:	34:11.37	44.20
100m:	1:26.40	43.71	850m:	12:41.85	44.62	1600m:	23:50.98	44.55	2350m:	34:55.84	44.47
150m:	2:11.17	44.77	900m:	13:26.15	44.30	1650m:	24:35.56	44.58	2400m:	35:39.99	44.15
200m:	2:56.12	44.95	950m:	14:10.76	44.61	1700m:	25:19.68	44.12	2450m:	36:24.35	44.36
250m:	3:41.21	45.09	1000m:	14:55.40	44.64	1750m:	26:04.05	44.37	2500m:	37:09.07	44.72
300m:	4:26.09	44.88	1050m:	15:39.53	44.13	1800m:	26:48.12	44.07	2550m:	37:53.63	44.56
350m:	5:11.29	45.20	1100m:	16:24.38	44.85	1850m:	27:32.64	44.52	2600m:	38:38.03	44.40
400m:	5:56.80	45.51	1150m:	17:09.27	44.89	1900m:	28:17.04	44.40	2650m:	39:22.06	44.03
450m:	6:41.99	45.19	1200m:	17:54.17	44.90	1950m:	29:01.06	44.02	2700m:	40:06.57	44.51
500m:	7:27.14	45.15	1250m:	18:38.89	44.72	2000m:	29:45.42	44.36	2750m:	40:50.74	44.17
550m:	8:12.46	45.32	1300m:	19:23.33	44.44	2050m:	30:29.86	44.44	2800m:	41:35.80	45.06
600m:	8:57.69	45.23	1350m:	20:08.20	44.87	2100m:	31:14.04	44.18	2850m:	42:19.45	43.65
650m:	9:42.75	45.06	1400m:	20:52.90	44.70	2150m:	31:58.47	44.43	2900m:	43:02.46	43.01
700m:	10:27.62	44.87	1450m:	21:37.46	44.56	2200m:	32:42.96	44.49	2950m:	43:46.28	43.82
750m:	11:12.52	44.90	1500m:	22:21.86	44.40	2250m:	33:27.17	44.21	3000m:	44:26.36	40.08

8.	CERVANTES BLAZQUEZ, Julio Cesar	65	Club Nagi	**46:21.12**	+ 9:55.59	-	-	

50m:	43.32	43.32	800m:	12:16.22	46.78	1550m:	23:55.89	45.96	2300m:	33:38.56	
100m:	1:27.72	44.40	850m:	13:03.01	46.79	1600m:	24:42.22	46.33	2350m:	36:24.95	2:46.39
150m:	2:12.79	45.07	900m:	13:49.12	46.11	1650m:	25:28.67	46.45	2400m:	37:11.19	46.24
200m:	2:58.42	45.63	950m:	14:35.84	46.72	1700m:	26:15.97	47.30	2450m:	37:57.56	46.37
250m:	3:44.61	46.19	1000m:	15:22.87	47.03	1750m:	27:03.45	47.48	2500m:	38:43.86	46.30
300m:	4:30.30	45.69	1050m:	16:09.11	46.24	1800m:	27:49.90	46.45	2550m:	39:29.33	45.47
350m:	5:16.56	46.26	1100m:	16:56.13	47.02	1850m:	28:37.11	47.21	2600m:	40:15.39	46.06
400m:	6:02.76	46.20	1150m:	17:43.16	47.03	1900m:	29:24.04	46.93	2650m:	41:01.79	46.40
450m:	6:49.08	46.32	1200m:	18:30.24	47.08	1950m:	30:11.30	47.26	2700m:	41:48.22	46.43
500m:	7:35.79	46.71	1250m:	19:16.90	46.66	2000m:	30:58.51	47.21	2750m:	42:33.76	45.54
550m:	8:22.24	46.45	1300m:	20:04.06	47.16	2050m:	31:44.81	46.30	2800m:	43:19.65	45.89
600m:	9:08.72	46.48	1350m:	20:50.33	46.27	2100m:	32:31.42	46.61	2850m:	44:05.79	46.14
650m:	9:55.74	47.02	1400m:	21:36.87	46.54	2150m:	33:18.06	46.64	2900m:	44:51.24	45.45
700m:	10:42.69	46.95	1450m:	22:23.34	46.47	2200m:	34:04.99	46.93	2950m:	45:36.83	45.59
750m:	11:29.44	46.75	1500m:	23:09.93	46.59	2250m:	34:51.98	46.99	3000m:	46:21.12	44.29

25+, Masc.

DIRECCIÓ
C/ Verge de Montserrat 2
Complex Municipal de Piscines
08980, Sant Feliu de Llobregat
Barcelona
VITALDENT
BH
Occident Assegurances
agenciaparera.com
TURBO
Construccions Bernal
Pugibet fisioteràpia
FCN FEDERACIÓ CATALANA DE NATACIÓ
esportcat
Ajuntament de Sant Feliu de Llobregat

XIII Màster Natació Llarga Distància P-25 3000m
Sant Feliu de LLobregat, 14/12/2024

Prueba 201, Masc., 3000m Libre, 25+

Class.	Nom i Cognons	Any	Club	Temps	Dif temps	Pts.CAT	Pts.TROF	Obs
1.	MONTEFUSCO DEL PINO, Bruno	99	C.N. Granollers	**43:14.93**		-	-	

50m:	41.63	41.63	800m:	11:36.59	42.94	1550m:	22:17.71	43.00	2300m:	33:03.81	43.31
100m:	1:25.89	44.26	850m:	12:19.91	43.32	1600m:	23:00.65	42.94	2350m:	33:47.49	43.68
150m:	2:09.60	43.71	900m:	13:02.91	43.00	1650m:	23:43.85	43.20	2400m:	34:31.31	43.82
200m:	2:53.46	43.86	950m:	13:45.78	42.87	1700m:	24:26.60	42.75	2450m:	35:15.34	44.03
250m:	3:37.69	44.23	1000m:	14:27.84	42.06	1750m:	25:09.45	42.85	2500m:	35:59.16	43.82
300m:	4:22.34	44.65	1050m:	15:09.88	42.04	1800m:	25:52.20	42.75	2550m:	36:43.11	43.95
350m:	5:07.12	44.78	1100m:	15:52.30	42.42	1850m:	26:34.90	42.70	2600m:	37:27.13	44.02
400m:	5:51.52	44.40	1150m:	16:34.68	42.38	1900m:	27:17.84	42.94	2650m:	38:11.08	43.95
450m:	6:34.34	42.82	1200m:	17:16.85	42.17	1950m:	28:00.77	42.93	2700m:	38:54.97	43.89
500m:	7:18.84	44.50	1250m:	17:59.90	43.05	2000m:	28:43.89	43.12	2750m:	39:38.92	43.95
550m:	8:01.96	43.12	1300m:	18:42.91	43.01	2050m:	29:26.84	42.95	2800m:	40:22.57	43.65
600m:	8:45.09	43.13	1350m:	19:25.72	42.81	2100m:	30:10.21	43.37	2850m:	41:05.99	43.42
650m:	9:27.66	42.57	1400m:	20:08.53	42.81	2150m:	30:53.79	43.58	2900m:	41:49.71	43.72
700m:	10:10.59	42.93	1450m:	20:51.66	43.13	2200m:	31:37.15	43.36	2950m:	42:33.39	43.68
750m:	10:53.65	43.06	1500m:	21:34.71	43.05	2250m:	32:20.50	43.35	3000m:	43:14.93	41.54

2.	MONTEFUSCO DEL PINO, Enzo	99	C.N. Granollers	**44:26.36**	+ 1:11.43	-	-	

50m:	42.69	42.69	800m:	11:57.23	44.71	1550m:	23:06.43	44.57	2300m:	34:11.37	44.20
100m:	1:26.40	43.71	850m:	12:41.85	44.62	1600m:	23:50.98	44.55	2350m:	34:55.84	44.47
150m:	2:11.17	44.77	900m:	13:26.15	44.30	1650m:	24:35.56	44.58	2400m:	35:39.99	44.15
200m:	2:56.12	44.95	950m:	14:10.76	44.61	1700m:	25:19.68	44.12	2450m:	36:24.35	44.36
250m:	3:41.21	45.09	1000m:	14:55.40	44.64	1750m:	26:04.05	44.37	2500m:	37:09.07	44.72
300m:	4:26.09	44.88	1050m:	15:39.53	44.13	1800m:	26:48.12	44.07	2550m:	37:53.63	44.56
350m:	5:11.29	45.20	1100m:	16:24.38	44.85	1850m:	27:32.64	44.52	2600m:	38:38.03	44.40
400m:	5:56.80	45.51	1150m:	17:09.27	44.89	1900m:	28:17.04	44.40	2650m:	39:22.06	44.03
450m:	6:41.99	45.19	1200m:	17:54.17	44.90	1950m:	29:01.06	44.02	2700m:	40:06.57	44.51
500m:	7:27.14	45.15	1250m:	18:38.89	44.72	2000m:	29:45.42	44.36	2750m:	40:50.74	44.17
550m:	8:12.46	45.32	1300m:	19:23.33	44.44	2050m:	30:29.86	44.44	2800m:	41:35.80	45.06
600m:	8:57.69	45.23	1350m:	20:08.20	44.87	2100m:	31:14.04	44.18	2850m:	42:19.45	43.65
650m:	9:42.75	45.06	1400m:	20:52.90	44.70	2150m:	31:58.47	44.43	2900m:	43:02.46	43.01
700m:	10:27.62	44.87	1450m:	21:37.46	44.56	2200m:	32:42.96	44.49	2950m:	43:46.28	43.82
750m:	11:12.52	44.90	1500m:	22:21.86	44.40	2250m:	33:27.17	44.21	3000m:	44:26.36	40.08

35+, Masc.

1.	CALDERON RAMIREZ, Marc	88	C.N. Aquamàsters	**36:25.53**	-	-	

50m:	34.39	34.39	800m:	9:42.78	36.47	1550m:	18:45.74	36.21	2300m:	27:53.03	36.77
100m:	1:09.60	35.21	850m:	10:19.18	36.40	1600m:	19:21.97	36.23	2350m:	28:29.88	36.85
150m:	1:45.87	36.27	900m:	10:55.68	36.50	1650m:	19:58.09	36.12	2400m:	29:06.43	36.55
200m:	2:22.80	36.93	950m:	11:31.94	36.26	1700m:	20:34.63	36.54	2450m:	29:43.25	36.82
250m:	2:59.25	36.45	1000m:	12:08.13	36.19	1750m:	21:10.88	36.25	2500m:	30:20.03	36.78
300m:	3:35.80	36.55	1050m:	12:43.80	35.67	1800m:	21:47.12	36.24	2550m:	30:57.08	37.05
350m:	4:12.77	36.97	1100m:	13:19.66	35.86	1850m:	22:23.64	36.52	2600m:	31:34.05	36.97
400m:	4:49.64	36.87	1150m:	13:55.63	35.97	1900m:	23:00.06	36.42	2650m:	32:11.09	37.04
450m:	5:26.65	37.01	1200m:	14:31.75	36.12	1950m:	23:36.54	36.48	2700m:	32:47.71	36.62
500m:	6:03.06	36.41	1250m:	15:08.13	36.38	2000m:	24:12.85	36.31	2750m:	33:24.32	36.61
550m:	6:39.67	36.61	1300m:	15:44.25	36.12	2050m:	24:49.12	36.27	2800m:	34:01.07	36.75
600m:	7:16.34	36.67	1350m:	16:20.62	36.37	2100m:	25:25.73	36.61	2850m:	34:37.80	36.73
650m:	7:53.04	36.70	1400m:	16:57.00	36.38	2150m:	26:02.94	37.21	2900m:	35:14.46	36.66
700m:	8:29.60	36.56	1450m:	17:33.45	36.45	2200m:	26:39.44	36.50	2950m:	35:50.93	36.47
750m:	9:06.31	36.71	1500m:	18:09.53	36.08	2250m:	27:16.26	36.82	3000m:	36:25.53	34.60

2.	NAVARRO GUILLÉN, Javier	87	C.N. Aquamàsters	**37:32.22**	+ 1:06.69	-	-	

50m:	34.61	34.61	800m:	9:51.58	37.54	1550m:	19:10.64	37.65	2300m:	28:39.70	38.44
100m:	1:09.95	35.34	850m:	10:28.90	37.32	1600m:	19:48.12	37.48	2350m:	29:17.92	38.22
150m:	1:46.42	36.47	900m:	11:05.94	37.04	1650m:	20:25.71	37.59	2400m:	29:56.62	38.70
200m:	2:23.58	37.16	950m:	11:42.87	36.93	1700m:	21:03.33	37.62	2450m:	30:34.93	38.31
250m:	3:00.67	37.09	1000m:	12:19.94	37.07	1750m:	21:40.95	37.62	2500m:	31:13.09	38.16
300m:	3:37.69	37.02	1050m:	12:56.92	36.98	1800m:	22:18.86	37.91	2550m:	31:51.36	38.27
350m:	4:15.06	37.37	1100m:	13:34.23	37.31	1850m:	22:56.90	38.04	2600m:	32:29.73	38.37
400m:	4:52.65	37.59	1150m:	14:11.12	36.89	1900m:	23:34.63	37.73	2650m:	33:07.79	38.06
450m:	5:30.02	37.37	1200m:	14:48.40	37.28	1950m:	24:12.41	37.78	2700m:	33:45.85	38.06
500m:	6:07.17	37.15	1250m:	15:25.77	37.37	2000m:	24:50.24	37.83	2750m:	34:23.46	37.61
550m:	6:44.64	37.47	1300m:	16:03.04	37.27	2050m:	25:28.48	38.24	2800m:	35:01.36	37.90
600m:	7:22.21	37.57	1350m:	16:40.80	37.76	2100m:	26:06.63	38.15	2850m:	35:39.29	37.93
650m:	7:59.40	37.19	1400m:	17:18.38	37.58	2150m:	26:44.67	38.04	2900m:	36:17.42	38.13
700m:	8:36.68	37.28	1450m:	17:55.57	37.19	2200m:	27:23.23	38.56	2950m:	36:54.54	37.12
750m:	9:14.04	37.36	1500m:	18:32.99	37.42	2250m:	28:01.26	38.03	3000m:	37:32.22	37.68

DIRECCIÓ
C/ Verge de Montserrat 2
Complex Municipal de Piscines
08980, Sant Feliu de Llobregat
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VITALDENT
BH
Occident Assegurances
agenciaparera.com
TURBO
Construccions Bernal
Pugibet fisioteràpia
FCN FEDERACIÓ CATALANA DE NATACIÓ
esportcat
Ajuntament de Sant Feliu de Llobregat

XIII Màster Natació Llarga Distància P-25 3000m
Sant Feliu de LLobregat, 14/12/2024

Prueba 201, 3000m Libre

40+, Masc.

1. HERRERA MARTINEZ, Francisco Jose 82 C.D. Jerez Natacion Master **40:30.21** - -

50m:	39.39	39.39	800m:	10:46.81	40.57	1550m:	20:53.69	40.93	2300m:	31:00.46	40.77
100m:	1:17.62	38.23	850m:	11:27.54	40.73	1600m:	21:33.96	40.27	2350m:	31:41.13	40.67
150m:	1:57.63	40.01	900m:	12:07.76	40.22	1650m:	22:14.58	40.62	2400m:	32:21.81	40.68
200m:	2:37.97	40.34	950m:	12:48.15	40.39	1700m:	22:54.67	40.09	2450m:	33:02.69	40.88
250m:	3:18.75	40.78	1000m:	13:28.37	40.22	1750m:	23:34.32	39.65	2500m:	33:44.72	42.03
300m:	3:59.49	40.74	1050m:	14:08.95	40.58	1800m:	24:14.83	40.51	2550m:	34:26.57	41.85
350m:	4:39.94	40.45	1100m:	14:49.47	40.52	1850m:	24:55.21	40.38	2600m:	35:06.81	40.24
400m:	5:20.26	40.32	1150m:	15:30.03	40.56	1900m:	25:35.79	40.58	2650m:	35:46.86	40.05
450m:	6:00.87	40.61	1200m:	16:10.25	40.22	1950m:	26:16.71	40.92	2700m:	36:27.47	40.61
500m:	6:41.56	40.69	1250m:	16:50.86	40.61	2000m:	26:56.90	40.19	2750m:	37:08.18	40.71
550m:	7:22.46	40.90	1300m:	17:31.09	40.23	2050m:	27:37.77	40.87	2800m:	37:48.74	40.56
600m:	8:03.49	41.03	1350m:	18:10.92	39.83	2100m:	28:18.31	40.54	2850m:	38:29.67	40.93
650m:	8:44.72	41.23	1400m:	18:51.44	40.52	2150m:	28:58.90	40.59	2900m:	39:10.09	40.42
700m:	9:25.79	41.07	1450m:	19:32.38	40.94	2200m:	29:39.89	40.99	2950m:	39:50.52	40.43
750m:	10:06.24	40.45	1500m:	20:12.76	40.38	2250m:	30:19.69	39.80	3000m:	40:30.21	39.69

45+, Masc.

1. SAVESCU, George 75 C.D. Jerez Natacion Master **38:39.52** - -

50m:	35.00	35.00	800m:	10:04.21	38.16	1550m:	19:43.67	39.24	2300m:	29:33.10	39.70
100m:	1:11.73	36.73	850m:	10:43.10	38.89	1600m:	20:22.92	39.25	2350m:	30:12.62	39.52
150m:	1:49.03	37.30	900m:	11:21.63	38.53	1650m:	21:02.17	39.25	2400m:	30:52.54	39.92
200m:	2:26.85	37.82	950m:	12:00.40	38.77	1700m:	21:40.91	38.74	2450m:	31:31.72	39.18
250m:	3:04.75	37.90	1000m:	12:38.77	38.37	1750m:	22:19.77	38.86	2500m:	32:11.09	39.37
300m:	3:42.25	37.50	1050m:	13:17.49	38.72	1800m:	22:59.08	39.31	2550m:	32:51.13	40.04
350m:	4:20.21	37.96	1100m:	13:55.64	38.15	1850m:	23:38.15	39.07	2600m:	33:30.81	39.68
400m:	4:58.50	38.29	1150m:	14:34.59	38.95	1900m:	24:18.71	40.56	2650m:	34:09.97	39.16
450m:	5:36.84	38.34	1200m:	15:13.40	38.81	1950m:	24:57.49	38.78	2700m:	34:49.70	39.73
500m:	6:14.89	38.05	1250m:	15:52.16	38.76	2000m:	25:35.87	38.38	2750m:	35:29.06	39.36
550m:	6:53.40	38.51	1300m:	16:30.92	38.76	2050m:	26:15.47	39.60	2800m:	36:08.13	39.07
600m:	7:31.80	38.40	1350m:	17:09.59	38.67	2100m:	26:54.69	39.22	2850m:	36:47.21	39.08
650m:	8:10.09	38.29	1400m:	17:48.05	38.46	2150m:	27:34.21	39.52	2900m:	37:25.89	38.68
700m:	8:48.36	38.27	1450m:	18:26.41	38.36	2200m:	28:13.75	39.54	2950m:	38:04.13	38.24
750m:	9:26.05	37.69	1500m:	19:04.43	38.02	2250m:	28:53.40	39.65	3000m:	38:39.52	35.39

50+, Masc.

1. GALIANA ROCA, Xavier 73 C.N. Sant Feliu **42:49.14** - -

50m:	42.41	42.41	800m:	11:22.89	42.42	1550m:	21:58.61	41.58	2300m:	32:38.31	42.82
100m:	1:25.62	43.21	850m:	12:05.70	42.81	1600m:	22:40.50	41.89	2350m:	33:21.44	43.13
150m:	2:08.60	42.98	900m:	12:48.12	42.42	1650m:	23:23.14	42.64	2400m:	34:04.78	43.34
200m:	2:50.14	41.54	950m:	13:30.99	42.87	1700m:	24:05.07	41.93	2450m:	34:47.65	42.87
250m:	3:32.49	42.35	1000m:	14:12.97	41.98	1750m:	24:47.84	42.77	2500m:	35:31.07	43.42
300m:	4:14.83	42.34	1050m:	14:55.74	42.77	1800m:	25:29.93	42.09	2550m:	36:14.64	43.57
350m:	4:57.53	42.70	1100m:	15:38.19	42.45	1850m:	26:11.96	42.03	2600m:	36:57.82	43.18
400m:	5:40.32	42.79	1150m:	16:20.68	42.49	1900m:	26:54.35	42.39	2650m:	37:40.93	43.11
450m:	6:23.82	43.50	1200m:	17:02.58	41.90	1950m:	27:38.35	44.00	2700m:	38:24.20	43.27
500m:	7:06.64	42.82	1250m:	17:44.94	42.36	2000m:	28:20.85	42.50	2750m:	39:07.85	43.65
550m:	7:49.83	43.19	1300m:	18:27.47	42.53	2050m:	29:03.87	43.02	2800m:	39:51.27	43.42
600m:	8:33.25	43.42	1350m:	19:09.68	42.21	2100m:	29:47.09	43.22	2850m:	40:34.63	43.36
650m:	9:15.62	42.37	1400m:	19:51.64	41.96	2150m:	30:29.97	42.88	2900m:	41:18.17	43.54
700m:	9:57.55	41.93	1450m:	20:34.72	43.08	2200m:	31:12.86	42.89	2950m:	42:01.06	42.89
750m:	10:40.47	42.92	1500m:	21:17.03	42.31	2250m:	31:55.49	42.63	3000m:	42:49.14	48.08

55+, Masc.

DIRECCIÓ
C/ Verge de Montserrat 2
Complex Municipal de Piscines
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Barcelona
VITALDENT
BH
Occident Assegurances
agenciaparera.com
TURBO
Construccions Bernal
Pugibet fisioteràpia
FCN FEDERACIÓ CATALANA DE NATACIÓ
esportcat
Ajuntament de Sant Feliu de Llobregat

XIII Màster Natació Llarga Distància P-25 3000m
Sant Feliu de LLobregat, 14/12/2024

Prueba 201, Masc., 3000m Libre, 55+

Class.	Nom i Cognons	Any	Club	Temps	Dif temps	Pts.CAT	Pts.TROF	Obs
1.	CERVANTES BLAZQUEZ, Julio Cesar	65	Club Nagi	**46:21.12**		-	-	

50m:	43.32	43.32	800m:	12:16.22	46.78	1550m:	23:55.89	45.96	2300m:	33:38.56	
100m:	1:27.72	44.40	850m:	13:03.01	46.79	1600m:	24:42.22	46.33	2350m:	36:24.95	2:46.39
150m:	2:12.79	45.07	900m:	13:49.12	46.11	1650m:	25:28.67	46.45	2400m:	37:11.19	46.24
200m:	2:58.42	45.63	950m:	14:35.84	46.72	1700m:	26:15.97	47.30	2450m:	37:57.56	46.37
250m:	3:44.61	46.19	1000m:	15:22.87	47.03	1750m:	27:03.45	47.48	2500m:	38:43.86	46.30
300m:	4:30.30	45.69	1050m:	16:09.11	46.24	1800m:	27:49.90	46.45	2550m:	39:29.33	45.47
350m:	5:16.56	46.26	1100m:	16:56.13	47.02	1850m:	28:37.11	47.21	2600m:	40:15.39	46.06
400m:	6:02.76	46.20	1150m:	17:43.16	47.03	1900m:	29:24.04	46.93	2650m:	41:01.79	46.40
450m:	6:49.08	46.32	1200m:	18:30.24	47.08	1950m:	30:11.30	47.26	2700m:	41:48.22	46.43
500m:	7:35.79	46.71	1250m:	19:16.90	46.66	2000m:	30:58.51	47.21	2750m:	42:33.76	45.54
550m:	8:22.24	46.45	1300m:	20:04.06	47.16	2050m:	31:44.81	46.30	2800m:	43:19.65	45.89
600m:	9:08.72	46.48	1350m:	20:50.33	46.27	2100m:	32:31.42	46.61	2850m:	44:05.79	46.14
650m:	9:55.74	47.02	1400m:	21:36.87	46.54	2150m:	33:18.06	46.64	2900m:	44:51.24	45.45
700m:	10:42.69	46.95	1450m:	22:23.34	46.47	2200m:	34:04.99	46.93	2950m:	45:36.83	45.59
750m:	11:29.44	46.75	1500m:	23:09.93	46.59	2250m:	34:51.98	46.99	3000m:	46:21.12	44.29

Abs., Fem.

1.	RAVÉS OLIVÉ, Maria Del Mar	67	C.N. Tarraco	**42:14.97**		-	-
	Rècord Nacional Màsters						

50m:	39.27	39.27	800m:	11:12.73	42.22	1550m:	21:49.03	42.24	2300m:	32:27.45	42.73
100m:	1:20.50	41.23	850m:	11:55.34	42.61	1600m:	22:31.69	42.66	2350m:	33:09.49	42.04
150m:	2:02.32	41.82	900m:	12:38.14	42.80	1650m:	23:14.21	42.52	2400m:	33:52.25	42.76
200m:	2:44.33	42.01	950m:	13:20.65	42.51	1700m:	23:56.76	42.55	2450m:	34:34.67	42.42
250m:	3:26.61	42.28	1000m:	14:02.95	42.30	1750m:	24:39.01	42.25	2500m:	35:16.71	42.04
300m:	4:09.06	42.45	1050m:	14:45.20	42.25	1800m:	25:21.65	42.64	2550m:	35:58.75	42.04
350m:	4:51.39	42.33	1100m:	15:27.35	42.15	1850m:	26:04.20	42.55	2600m:	36:41.21	42.46
400m:	5:33.74	42.35	1150m:	16:09.49	42.14	1900m:	26:46.65	42.45	2650m:	37:24.11	42.90
450m:	6:16.12	42.38	1200m:	16:51.50	42.01	1950m:	27:28.78	42.13	2700m:	38:06.38	42.27
500m:	6:58.45	42.33	1250m:	17:34.13	42.63	2000m:	28:11.15	42.37	2750m:	38:48.87	42.49
550m:	7:41.03	42.58	1300m:	18:16.71	42.58	2050m:	28:53.66	42.51	2800m:	39:30.85	41.98
600m:	8:23.50	42.47	1350m:	18:59.22	42.51	2100m:	29:36.47	42.81	2850m:	40:12.72	41.87
650m:	9:05.68	42.18	1400m:	19:41.76	42.54	2150m:	30:19.23	42.76	2900m:	40:54.58	41.86
700m:	9:47.89	42.21	1450m:	20:24.39	42.63	2200m:	31:02.91	43.68	2950m:	41:35.96	41.38
750m:	10:30.51	42.62	1500m:	21:06.79	42.40	2250m:	31:44.72	41.81	3000m:	42:14.97	39.01

55+, Fem.

1.	RAVÉS OLIVÉ, Maria Del Mar	67	C.N. Tarraco	**42:14.97**		-	-
	Rècord Nacional Màsters						

50m:	39.27	39.27	800m:	11:12.73	42.22	1550m:	21:49.03	42.24	2300m:	32:27.45	42.73
100m:	1:20.50	41.23	850m:	11:55.34	42.61	1600m:	22:31.69	42.66	2350m:	33:09.49	42.04
150m:	2:02.32	41.82	900m:	12:38.14	42.80	1650m:	23:14.21	42.52	2400m:	33:52.25	42.76
200m:	2:44.33	42.01	950m:	13:20.65	42.51	1700m:	23:56.76	42.55	2450m:	34:34.67	42.42
250m:	3:26.61	42.28	1000m:	14:02.95	42.30	1750m:	24:39.01	42.25	2500m:	35:16.71	42.04
300m:	4:09.06	42.45	1050m:	14:45.20	42.25	1800m:	25:21.65	42.64	2550m:	35:58.75	42.04
350m:	4:51.39	42.33	1100m:	15:27.35	42.15	1850m:	26:04.20	42.55	2600m:	36:41.21	42.46
400m:	5:33.74	42.35	1150m:	16:09.49	42.14	1900m:	26:46.65	42.45	2650m:	37:24.11	42.90
450m:	6:16.12	42.38	1200m:	16:51.50	42.01	1950m:	27:28.78	42.13	2700m:	38:06.38	42.27
500m:	6:58.45	42.33	1250m:	17:34.13	42.63	2000m:	28:11.15	42.37	2750m:	38:48.87	42.49
550m:	7:41.03	42.58	1300m:	18:16.71	42.58	2050m:	28:53.66	42.51	2800m:	39:30.85	41.98
600m:	8:23.50	42.47	1350m:	18:59.22	42.51	2100m:	29:36.47	42.81	2850m:	40:12.72	41.87
650m:	9:05.68	42.18	1400m:	19:41.76	42.54	2150m:	30:19.23	42.76	2900m:	40:54.58	41.86
700m:	9:47.89	42.21	1450m:	20:24.39	42.63	2200m:	31:02.91	43.68	2950m:	41:35.96	41.38
750m:	10:30.51	42.62	1500m:	21:06.79	42.40	2250m:	31:44.72	41.81	3000m:	42:14.97	39.01

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