

XIII Màster Natació Llarga Distància P-25 3000m
Sant Feliu de Llobregat, 14/12/2024

Prova 201
14/12/2024 - 11:10

3000m Lliure
Sèrie 1 (M) Le=Esq / Sèrie 2 (X) Ri=Dreta

Open
Resultats

| | | | | | |
|----|----------|-------------------------------|-------|-------------------------|------------|
| CR | 36:14.82 | REMESAR AGUILAR, Nemo Antonio | CNAB | Sant Feliu de Llobregat | 18/12/2021 |
| CR | 42:30.07 | PUJOL ULIED, Minerva | GEIEG | Sant Feliu de Llobregat | 16/12/2023 |

Class. Nom i Cognoms Any Club Temps Dif temps Pts.CAT Pts.TROF Obs

Open, Masc.

| | | | | | | |
|----|----------------------------------|-----------------------|----------------------------|-----------------------|-----------|---|
| 1. | CALDERON RAMIREZ, Marc | 88 | C.N. Aquamàsters | 36:25.53 | - | - |
| | 50m: 34.39 34.39 | 800m: 9:42.78 36.47 | 1550m: 18:45.74 36.21 | 2300m: 27:53.03 36.77 | | |
| | 100m: 1:09.60 35.21 | 850m: 10:19.18 36.40 | 1600m: 19:21.97 36.23 | 2350m: 28:29.88 36.85 | | |
| | 150m: 1:45.87 36.27 | 900m: 10:55.68 36.50 | 1650m: 19:58.09 36.12 | 2400m: 29:06.43 36.55 | | |
| | 200m: 2:22.80 36.93 | 950m: 11:31.94 36.26 | 1700m: 20:34.63 36.54 | 2450m: 29:43.25 36.82 | | |
| | 250m: 2:59.25 36.45 | 1000m: 12:08.13 36.19 | 1750m: 21:10.88 36.25 | 2500m: 30:20.03 36.78 | | |
| | 300m: 3:35.80 36.55 | 1050m: 12:43.80 35.67 | 1800m: 21:47.12 36.24 | 2550m: 30:57.08 37.05 | | |
| | 350m: 4:12.77 36.97 | 1100m: 13:19.66 35.86 | 1850m: 22:23.64 36.52 | 2600m: 31:34.05 36.97 | | |
| | 400m: 4:49.64 36.87 | 1150m: 13:55.63 35.97 | 1900m: 23:00.06 36.42 | 2650m: 32:11.09 37.04 | | |
| | 450m: 5:26.65 37.01 | 1200m: 14:31.75 36.12 | 1950m: 23:36.54 36.48 | 2700m: 32:49.71 36.62 | | |
| | 500m: 6:03.06 36.41 | 1250m: 15:08.13 36.38 | 2000m: 24:12.85 36.31 | 2750m: 33:24.32 36.61 | | |
| | 550m: 6:39.67 36.61 | 1300m: 15:44.25 36.12 | 2050m: 24:49.12 36.27 | 2800m: 34:01.07 36.75 | | |
| | 600m: 7:16.34 36.67 | 1350m: 16:20.62 36.37 | 2100m: 25:25.73 36.61 | 2850m: 34:37.80 36.73 | | |
| | 650m: 7:53.04 36.70 | 1400m: 16:57.00 36.38 | 2150m: 26:02.94 37.21 | 2900m: 35:14.46 36.66 | | |
| | 700m: 8:29.60 36.56 | 1450m: 17:33.45 36.45 | 2200m: 26:39.44 36.50 | 2950m: 35:50.93 36.47 | | |
| | 750m: 9:06.31 36.71 | 1500m: 18:09.53 36.08 | 2250m: 27:16.26 36.82 | 3000m: 36:25.53 34.60 | | |
| 2. | NAVARRO GUILLÉN, Javier | 87 | C.N. Aquamàsters | 37:32.22 | + 1:06.69 | - |
| | 50m: 34.61 34.61 | 800m: 9:51.58 37.54 | 1550m: 19:10.64 37.65 | 2300m: 28:39.70 38.44 | | |
| | 100m: 1:09.95 35.34 | 850m: 10:28.90 37.32 | 1600m: 19:48.12 37.48 | 2350m: 29:17.92 38.22 | | |
| | 150m: 1:46.42 36.47 | 900m: 11:05.94 37.04 | 1650m: 20:25.71 37.59 | 2400m: 29:56.62 38.70 | | |
| | 200m: 2:23.58 37.16 | 950m: 11:42.87 36.93 | 1700m: 21:03.33 37.62 | 2450m: 30:34.93 38.31 | | |
| | 250m: 3:00.67 37.09 | 1000m: 12:19.94 37.07 | 1750m: 21:40.95 37.62 | 2500m: 31:13.09 38.16 | | |
| | 300m: 3:37.69 37.02 | 1050m: 12:56.92 36.98 | 1800m: 22:18.86 37.91 | 2550m: 31:51.36 38.27 | | |
| | 350m: 4:15.06 37.37 | 1100m: 13:34.23 37.31 | 1850m: 22:56.90 38.04 | 2600m: 32:29.73 38.37 | | |
| | 400m: 4:52.65 37.59 | 1150m: 14:11.12 36.89 | 1900m: 23:34.63 37.73 | 2650m: 33:07.79 38.06 | | |
| | 450m: 5:30.02 37.37 | 1200m: 14:48.40 37.28 | 1950m: 24:12.41 37.78 | 2700m: 33:45.85 38.06 | | |
| | 500m: 6:07.17 37.15 | 1250m: 15:25.77 37.37 | 2000m: 24:50.24 37.83 | 2750m: 34:23.46 37.61 | | |
| | 550m: 6:44.64 37.47 | 1300m: 16:03.04 37.27 | 2050m: 25:28.48 38.24 | 2800m: 35:01.36 37.90 | | |
| | 600m: 7:22.21 37.57 | 1350m: 16:40.80 37.76 | 2100m: 26:06.63 38.15 | 2850m: 35:39.29 37.93 | | |
| | 650m: 7:59.40 37.19 | 1400m: 17:18.38 37.58 | 2150m: 26:44.67 38.04 | 2900m: 36:17.42 38.13 | | |
| | 700m: 8:36.68 37.28 | 1450m: 17:55.57 37.19 | 2200m: 27:23.23 38.56 | 2950m: 36:54.54 37.12 | | |
| | 750m: 9:14.04 37.36 | 1500m: 18:32.99 37.42 | 2250m: 28:01.26 38.03 | 3000m: 37:32.22 37.68 | | |
| 3. | SAVESCU, George | 75 | C.D. Jerez Natacion Master | 38:39.52 | + 2:13.99 | - |
| | 50m: 35.00 35.00 | 800m: 10:04.21 38.16 | 1550m: 19:43.67 39.24 | 2300m: 29:33.10 39.70 | | |
| | 100m: 1:11.73 36.73 | 850m: 10:43.10 38.89 | 1600m: 20:22.92 39.25 | 2350m: 30:12.62 39.52 | | |
| | 150m: 1:49.03 37.30 | 900m: 11:21.63 38.53 | 1650m: 21:02.17 39.25 | 2400m: 30:52.54 39.92 | | |
| | 200m: 2:26.85 37.82 | 950m: 12:00.40 38.77 | 1700m: 21:40.91 38.74 | 2450m: 31:31.72 39.18 | | |
| | 250m: 3:04.75 37.90 | 1000m: 12:38.77 38.37 | 1750m: 22:19.77 38.86 | 2500m: 32:11.09 39.37 | | |
| | 300m: 3:42.25 37.50 | 1050m: 13:17.49 38.72 | 1800m: 22:59.08 39.31 | 2550m: 32:51.13 40.04 | | |
| | 350m: 4:20.21 37.96 | 1100m: 13:55.64 38.15 | 1850m: 23:38.15 39.07 | 2600m: 33:30.81 39.68 | | |
| | 400m: 4:58.50 38.29 | 1150m: 14:34.59 38.95 | 1900m: 24:18.71 40.56 | 2650m: 34:09.97 39.16 | | |
| | 450m: 5:36.84 38.34 | 1200m: 15:13.40 38.81 | 1950m: 24:57.49 38.78 | 2700m: 34:49.70 39.73 | | |
| | 500m: 6:14.89 38.05 | 1250m: 15:52.16 38.76 | 2000m: 25:35.87 38.38 | 2750m: 35:29.06 39.36 | | |
| | 550m: 6:53.40 38.51 | 1300m: 16:30.92 38.76 | 2050m: 26:15.47 39.60 | 2800m: 36:08.13 39.07 | | |
| | 600m: 7:31.80 38.40 | 1350m: 17:09.59 38.67 | 2100m: 26:54.69 39.22 | 2850m: 36:47.21 39.08 | | |
| | 650m: 8:10.09 38.29 | 1400m: 17:48.05 38.46 | 2150m: 27:34.21 39.52 | 2900m: 37:25.89 38.68 | | |
| | 700m: 8:48.36 38.27 | 1450m: 18:26.41 38.36 | 2200m: 28:13.75 39.54 | 2950m: 38:04.13 38.24 | | |
| | 750m: 9:26.05 37.69 | 1500m: 19:04.43 38.02 | 2250m: 28:53.40 39.65 | 3000m: 38:39.52 35.39 | | |
| 4. | HERRERA MARTINEZ, Francisco Jose | 82 | C.D. Jerez Natacion Master | 40:30.21 | + 4:04.68 | - |
| | 50m: 39.39 39.39 | 700m: 9:25.79 41.07 | 1350m: 18:10.92 39.83 | 2000m: 26:56.90 40.19 | | |
| | 100m: 1:17.62 38.23 | 750m: 10:06.24 40.45 | 1400m: 18:51.44 40.52 | 2050m: 27:37.77 40.87 | | |
| | 150m: 1:57.63 40.01 | 800m: 10:46.81 40.57 | 1450m: 19:32.38 40.94 | 2100m: 28:18.31 40.54 | | |
| | 200m: 2:37.97 40.34 | 850m: 11:27.54 40.73 | 1500m: 20:12.76 40.38 | 2150m: 28:58.90 40.59 | | |
| | 250m: 3:18.75 40.78 | 900m: 12:07.76 40.22 | 1550m: 20:53.69 40.93 | 2200m: 29:39.89 40.99 | | |
| | 300m: 3:59.49 40.74 | 950m: 12:48.15 40.39 | 1600m: 21:33.96 40.27 | 2250m: 30:19.69 39.80 | | |
| | 350m: 4:39.94 40.45 | 1000m: 13:28.37 40.22 | 1650m: 22:14.58 40.62 | 2300m: 31:00.46 40.77 | | |
| | 400m: 5:20.26 40.32 | 1050m: 14:08.95 40.58 | 1700m: 22:54.67 40.09 | 2350m: 31:41.13 40.67 | | |
| | 450m: 6:00.87 40.61 | 1100m: 14:49.47 40.52 | 1750m: 23:34.32 39.65 | 2400m: 32:21.81 40.68 | | |
| | 500m: 6:41.56 40.69 | 1150m: 15:30.03 40.56 | 1800m: 24:14.83 40.51 | 2450m: 33:02.69 40.88 | | |
| | 550m: 7:22.46 40.90 | 1200m: 16:10.25 40.22 | 1850m: 24:55.21 40.38 | 2500m: 33:44.72 42.03 | | |
| | 600m: 8:03.49 41.03 | 1250m: 16:50.86 40.61 | 1900m: 25:35.79 40.58 | 2550m: 34:26.57 41.85 | | |
| | 650m: 8:44.72 41.23 | 1300m: 17:31.09 40.23 | 1950m: 26:16.71 40.92 | 2600m: 35:06.81 40.24 | | |
| | 2650m: 35:46.86 40.05 | 2750m: 37:08.18 40.71 | 2850m: 38:29.67 40.93 | 2950m: 39:50.52 40.43 | | |
| | 2700m: 36:27.47 40.61 | 2800m: 37:48.74 40.56 | 2900m: 39:10.09 40.42 | 3000m: 40:30.21 39.69 | | |

XIII Màster Natació Llarga Distància P-25 3000m
Sant Feliu de Llobregat, 14/12/2024

Prova 201, Masc., 3000m Lliure, Open

| Class. | Nom i Cognoms | Any | Club | Temps | Dif temps | Pts.CAT | Pts.TROF | Obs |
|--------|---------------------------------|-------|-----------------|-----------------|-----------------|---------|-----------------|---------|
| 5. | GALIANA ROCA, Xavier | 73 | C.N. Sant Feliu | 42:49.14 | + 6:23.61 | - | - | |
| | 50m: 42.41 | 42.41 | 800m: 11:22.89 | 42.42 | 1550m: 21:58.61 | 41.58 | 2300m: 32:38.31 | 42.82 |
| | 100m: 1:25.62 | 43.21 | 850m: 12:05.70 | 42.81 | 1600m: 22:40.50 | 41.89 | 2350m: 33:21.44 | 43.13 |
| | 150m: 2:08.60 | 42.98 | 900m: 12:48.12 | 42.42 | 1650m: 23:23.14 | 42.64 | 2400m: 34:04.78 | 43.34 |
| | 200m: 2:50.14 | 41.54 | 950m: 13:30.99 | 42.87 | 1700m: 24:05.07 | 41.93 | 2450m: 34:47.65 | 42.87 |
| | 250m: 3:32.49 | 42.35 | 1000m: 14:12.97 | 41.98 | 1750m: 24:47.84 | 42.77 | 2500m: 35:31.07 | 43.42 |
| | 300m: 4:14.83 | 42.34 | 1050m: 14:55.74 | 42.77 | 1800m: 25:29.93 | 42.09 | 2550m: 36:14.64 | 43.57 |
| | 350m: 4:57.53 | 42.70 | 1100m: 15:38.19 | 42.45 | 1850m: 26:11.96 | 42.03 | 2600m: 36:57.82 | 43.18 |
| | 400m: 5:40.32 | 42.79 | 1150m: 16:20.68 | 42.49 | 1900m: 26:54.35 | 42.39 | 2650m: 37:40.93 | 43.11 |
| | 450m: 6:23.82 | 43.50 | 1200m: 17:02.58 | 41.90 | 1950m: 27:38.35 | 44.00 | 2700m: 38:24.20 | 43.27 |
| | 500m: 7:06.64 | 42.82 | 1250m: 17:44.94 | 42.36 | 2000m: 28:20.85 | 42.50 | 2750m: 39:07.85 | 43.65 |
| | 550m: 7:49.83 | 43.19 | 1300m: 18:27.47 | 42.53 | 2050m: 29:03.87 | 43.02 | 2800m: 39:51.27 | 43.42 |
| | 600m: 8:33.25 | 43.42 | 1350m: 19:09.68 | 42.21 | 2100m: 29:47.09 | 43.22 | 2850m: 40:34.63 | 43.36 |
| | 650m: 9:15.62 | 42.37 | 1400m: 19:51.64 | 41.96 | 2150m: 30:29.97 | 42.88 | 2900m: 41:18.17 | 43.54 |
| | 700m: 9:57.55 | 41.93 | 1450m: 20:34.72 | 43.08 | 2200m: 31:12.86 | 42.89 | 2950m: 42:01.06 | 42.89 |
| | 750m: 10:40.47 | 42.92 | 1500m: 21:17.03 | 42.31 | 2250m: 31:55.49 | 42.63 | 3000m: 42:49.14 | 48.08 |
| 6. | MONTEFUSCO DEL PINO, Bruno | 99 | C.N. Granollers | 43:14.93 | + 6:49.40 | - | - | |
| | 50m: 41.63 | 41.63 | 800m: 11:36.59 | 42.94 | 1550m: 22:17.71 | 43.00 | 2300m: 33:03.81 | 43.31 |
| | 100m: 1:25.89 | 44.26 | 850m: 12:19.91 | 43.32 | 1600m: 23:00.65 | 42.94 | 2350m: 33:47.49 | 43.68 |
| | 150m: 2:09.60 | 43.71 | 900m: 13:02.91 | 43.00 | 1650m: 23:43.85 | 43.20 | 2400m: 34:31.31 | 43.82 |
| | 200m: 2:53.46 | 43.86 | 950m: 13:45.78 | 42.87 | 1700m: 24:26.60 | 42.75 | 2450m: 35:15.34 | 44.03 |
| | 250m: 3:37.69 | 44.23 | 1000m: 14:27.84 | 42.06 | 1750m: 25:09.45 | 42.85 | 2500m: 35:59.16 | 43.82 |
| | 300m: 4:22.34 | 44.65 | 1050m: 15:09.88 | 42.04 | 1800m: 25:52.20 | 42.75 | 2550m: 36:43.11 | 43.95 |
| | 350m: 5:07.12 | 44.78 | 1100m: 15:52.30 | 42.42 | 1850m: 26:34.90 | 42.70 | 2600m: 37:27.13 | 44.02 |
| | 400m: 5:51.52 | 44.40 | 1150m: 16:34.68 | 42.38 | 1900m: 27:17.84 | 42.94 | 2650m: 38:11.08 | 43.95 |
| | 450m: 6:34.34 | 42.82 | 1200m: 17:16.85 | 42.17 | 1950m: 28:00.77 | 42.93 | 2700m: 38:54.97 | 43.89 |
| | 500m: 7:18.84 | 44.50 | 1250m: 17:59.90 | 43.05 | 2000m: 28:43.89 | 43.12 | 2750m: 39:38.92 | 43.95 |
| | 550m: 8:01.96 | 43.12 | 1300m: 18:42.91 | 43.01 | 2050m: 29:26.84 | 42.95 | 2800m: 40:22.57 | 43.65 |
| | 600m: 8:45.09 | 43.13 | 1350m: 19:25.72 | 42.81 | 2100m: 30:10.21 | 43.37 | 2850m: 41:05.99 | 43.42 |
| | 650m: 9:27.66 | 42.57 | 1400m: 20:08.53 | 42.81 | 2150m: 30:53.79 | 43.58 | 2900m: 41:49.71 | 43.72 |
| | 700m: 10:10.59 | 42.93 | 1450m: 20:51.66 | 43.13 | 2200m: 31:37.15 | 43.36 | 2950m: 42:33.39 | 43.68 |
| | 750m: 10:53.65 | 43.06 | 1500m: 21:34.71 | 43.05 | 2250m: 32:20.50 | 43.35 | 3000m: 43:14.93 | 41.54 |
| 7. | MONTEFUSCO DEL PINO, Enzo | 99 | C.N. Granollers | 44:26.36 | + 8:00.83 | - | - | |
| | 50m: 42.69 | 42.69 | 800m: 11:57.23 | 44.71 | 1550m: 23:06.43 | 44.57 | 2300m: 34:11.37 | 44.20 |
| | 100m: 1:26.40 | 43.71 | 850m: 12:41.85 | 44.62 | 1600m: 23:50.98 | 44.55 | 2350m: 34:55.84 | 44.47 |
| | 150m: 2:11.17 | 44.77 | 900m: 13:26.15 | 44.30 | 1650m: 24:35.56 | 44.58 | 2400m: 35:39.99 | 44.15 |
| | 200m: 2:56.12 | 44.95 | 950m: 14:10.76 | 44.61 | 1700m: 25:19.68 | 44.12 | 2450m: 36:24.35 | 44.36 |
| | 250m: 3:41.21 | 45.09 | 1000m: 14:55.40 | 44.64 | 1750m: 26:04.05 | 44.37 | 2500m: 37:09.07 | 44.72 |
| | 300m: 4:26.09 | 44.88 | 1050m: 15:39.53 | 44.13 | 1800m: 26:48.12 | 44.07 | 2550m: 37:53.63 | 44.56 |
| | 350m: 5:11.29 | 45.20 | 1100m: 16:24.38 | 44.85 | 1850m: 27:32.64 | 44.52 | 2600m: 38:38.03 | 44.40 |
| | 400m: 5:56.80 | 45.51 | 1150m: 17:09.27 | 44.89 | 1900m: 28:17.04 | 44.40 | 2650m: 39:22.06 | 44.03 |
| | 450m: 6:41.99 | 45.19 | 1200m: 17:54.17 | 44.90 | 1950m: 29:01.06 | 44.02 | 2700m: 40:06.57 | 44.51 |
| | 500m: 7:27.14 | 45.15 | 1250m: 18:38.89 | 44.72 | 2000m: 29:45.42 | 44.36 | 2750m: 40:50.74 | 44.17 |
| | 550m: 8:12.46 | 45.32 | 1300m: 19:23.33 | 44.44 | 2050m: 30:29.86 | 44.44 | 2800m: 41:35.80 | 45.06 |
| | 600m: 8:57.69 | 45.23 | 1350m: 20:08.20 | 44.87 | 2100m: 31:14.04 | 44.18 | 2850m: 42:19.45 | 43.65 |
| | 650m: 9:42.75 | 45.06 | 1400m: 20:52.90 | 44.70 | 2150m: 31:58.47 | 44.43 | 2900m: 43:02.46 | 43.01 |
| | 700m: 10:27.62 | 44.87 | 1450m: 21:37.46 | 44.56 | 2200m: 32:42.96 | 44.49 | 2950m: 43:46.28 | 43.82 |
| | 750m: 11:12.52 | 44.90 | 1500m: 22:21.86 | 44.40 | 2250m: 33:27.17 | 44.21 | 3000m: 44:26.36 | 40.08 |
| 8. | CERVANTES BLAZQUEZ, Julio Cesar | 65 | Club Naji | 46:21.12 | + 9:55.59 | - | - | |
| | 50m: 43.32 | 43.32 | 800m: 12:16.22 | 46.78 | 1550m: 23:55.89 | 45.96 | 2300m: 33:38.56 | |
| | 100m: 1:27.72 | 44.40 | 850m: 13:03.01 | 46.79 | 1600m: 24:42.22 | 46.33 | 2350m: 36:24.95 | 2:46.39 |
| | 150m: 2:12.79 | 45.07 | 900m: 13:49.12 | 46.11 | 1650m: 25:28.67 | 46.45 | 2400m: 37:11.19 | 46.24 |
| | 200m: 2:58.42 | 45.63 | 950m: 14:35.84 | 46.72 | 1700m: 26:15.97 | 47.30 | 2450m: 37:57.56 | 46.37 |
| | 250m: 3:44.61 | 46.19 | 1000m: 15:22.87 | 47.03 | 1750m: 27:03.45 | 47.48 | 2500m: 38:43.86 | 46.30 |
| | 300m: 4:30.30 | 45.69 | 1050m: 16:09.11 | 46.24 | 1800m: 27:49.90 | 46.45 | 2550m: 39:29.33 | 45.47 |
| | 350m: 5:16.56 | 46.26 | 1100m: 16:56.13 | 47.02 | 1850m: 28:37.11 | 47.21 | 2600m: 40:15.39 | 46.06 |
| | 400m: 6:02.76 | 46.20 | 1150m: 17:43.16 | 47.03 | 1900m: 29:24.04 | 46.93 | 2650m: 41:01.79 | 46.40 |
| | 450m: 6:49.08 | 46.32 | 1200m: 18:30.24 | 47.08 | 1950m: 30:11.30 | 47.26 | 2700m: 41:48.22 | 46.43 |
| | 500m: 7:35.79 | 46.71 | 1250m: 19:16.90 | 46.66 | 2000m: 30:58.51 | 47.21 | 2750m: 42:33.76 | 45.54 |
| | 550m: 8:22.24 | 46.45 | 1300m: 20:04.06 | 47.16 | 2050m: 31:44.81 | 46.30 | 2800m: 43:19.65 | 45.89 |
| | 600m: 9:08.72 | 46.48 | 1350m: 20:50.33 | 46.27 | 2100m: 32:31.42 | 46.61 | 2850m: 44:05.79 | 46.14 |
| | 650m: 9:55.74 | 47.02 | 1400m: 21:36.87 | 46.54 | 2150m: 33:18.06 | 46.64 | 2900m: 44:51.24 | 45.45 |
| | 700m: 10:42.69 | 46.95 | 1450m: 22:23.34 | 46.47 | 2200m: 34:04.99 | 46.93 | 2950m: 45:36.83 | 45.59 |
| | 750m: 11:29.44 | 46.75 | 1500m: 23:09.93 | 46.59 | 2250m: 34:51.98 | 46.99 | 3000m: 46:21.12 | 44.29 |

25+, Masc.

XIII Màster Natació Llarga Distància P-25 3000m
Sant Feliu de Llobregat, 14/12/2024

Prova 201, Masc., 3000m Lliure, 25+

| Class. | Nom i Cognoms | Any | Club | Temps | Dif temps | Pts.CAT | Pts.TROF | Obs |
|--------|----------------------------|-------|-----------------|-----------------|-----------------|---------|-----------------|-------|
| 1. | MONTEFUSCO DEL PINO, Bruno | 99 | C.N. Granollers | 43:14.93 | | - | - | |
| | 50m: 41.63 | 41.63 | 800m: 11:36.59 | 42.94 | 1550m: 22:17.71 | 43.00 | 2300m: 33:03.81 | 43.31 |
| | 100m: 1:25.89 | 44.26 | 850m: 12:19.91 | 43.32 | 1600m: 23:00.65 | 42.94 | 2350m: 33:47.49 | 43.68 |
| | 150m: 2:09.60 | 43.71 | 900m: 13:02.91 | 43.00 | 1650m: 23:43.85 | 43.20 | 2400m: 34:31.31 | 43.82 |
| | 200m: 2:53.46 | 43.86 | 950m: 13:45.78 | 42.87 | 1700m: 24:26.60 | 42.75 | 2450m: 35:15.34 | 44.03 |
| | 250m: 3:37.69 | 44.23 | 1000m: 14:27.84 | 42.06 | 1750m: 25:09.45 | 42.85 | 2500m: 35:59.16 | 43.82 |
| | 300m: 4:22.34 | 44.65 | 1050m: 15:09.88 | 42.04 | 1800m: 25:52.20 | 42.75 | 2550m: 36:43.11 | 43.95 |
| | 350m: 5:07.12 | 44.78 | 1100m: 15:52.30 | 42.42 | 1850m: 26:34.90 | 42.70 | 2600m: 37:27.13 | 44.02 |
| | 400m: 5:51.52 | 44.40 | 1150m: 16:34.68 | 42.38 | 1900m: 27:17.84 | 42.94 | 2650m: 38:11.08 | 43.95 |
| | 450m: 6:34.34 | 42.82 | 1200m: 17:16.85 | 42.17 | 1950m: 28:00.77 | 42.93 | 2700m: 38:54.97 | 43.89 |
| | 500m: 7:18.84 | 44.50 | 1250m: 17:59.90 | 43.05 | 2000m: 28:43.89 | 43.12 | 2750m: 39:38.92 | 43.95 |
| | 550m: 8:01.96 | 43.12 | 1300m: 18:42.91 | 43.01 | 2050m: 29:26.84 | 42.95 | 2800m: 40:22.57 | 43.65 |
| | 600m: 8:45.09 | 43.13 | 1350m: 19:25.72 | 42.81 | 2100m: 30:10.21 | 43.37 | 2850m: 41:05.99 | 43.42 |
| | 650m: 9:27.66 | 42.57 | 1400m: 20:08.53 | 42.81 | 2150m: 30:53.79 | 43.58 | 2900m: 41:49.71 | 43.72 |
| | 700m: 10:10.59 | 42.93 | 1450m: 20:51.66 | 43.13 | 2200m: 31:37.15 | 43.36 | 2950m: 42:33.39 | 43.68 |
| | 750m: 10:53.65 | 43.06 | 1500m: 21:34.71 | 43.05 | 2250m: 32:20.50 | 43.35 | 3000m: 43:14.93 | 41.54 |
| 2. | MONTEFUSCO DEL PINO, Enzo | 99 | C.N. Granollers | 44:26.36 | + 1:11.43 | - | - | |
| | 50m: 42.69 | 42.69 | 800m: 11:57.23 | 44.71 | 1550m: 23:06.43 | 44.57 | 2300m: 34:11.37 | 44.20 |
| | 100m: 1:26.40 | 43.71 | 850m: 12:41.85 | 44.62 | 1600m: 23:50.98 | 44.55 | 2350m: 34:55.84 | 44.47 |
| | 150m: 2:11.17 | 44.77 | 900m: 13:26.15 | 44.30 | 1650m: 24:35.56 | 44.58 | 2400m: 35:39.99 | 44.15 |
| | 200m: 2:56.12 | 44.95 | 950m: 14:10.76 | 44.61 | 1700m: 25:19.68 | 44.12 | 2450m: 36:24.35 | 44.36 |
| | 250m: 3:41.21 | 45.09 | 1000m: 14:55.40 | 44.64 | 1750m: 26:04.05 | 44.37 | 2500m: 37:09.07 | 44.72 |
| | 300m: 4:26.09 | 44.88 | 1050m: 15:39.53 | 44.13 | 1800m: 26:48.12 | 44.07 | 2550m: 37:53.63 | 44.56 |
| | 350m: 5:11.29 | 45.20 | 1100m: 16:24.38 | 44.85 | 1850m: 27:32.64 | 44.52 | 2600m: 38:38.03 | 44.40 |
| | 400m: 5:56.80 | 45.51 | 1150m: 17:09.27 | 44.89 | 1900m: 28:17.04 | 44.40 | 2650m: 39:22.06 | 44.03 |
| | 450m: 6:41.99 | 45.19 | 1200m: 17:54.17 | 44.90 | 1950m: 29:01.06 | 44.02 | 2700m: 40:06.57 | 44.51 |
| | 500m: 7:27.14 | 45.15 | 1250m: 18:38.89 | 44.72 | 2000m: 29:45.42 | 44.36 | 2750m: 40:50.74 | 44.17 |
| | 550m: 8:12.46 | 45.32 | 1300m: 19:23.33 | 44.44 | 2050m: 30:29.86 | 44.44 | 2800m: 41:35.80 | 45.06 |
| | 600m: 8:57.69 | 45.23 | 1350m: 20:08.20 | 44.87 | 2100m: 31:14.04 | 44.18 | 2850m: 42:19.45 | 43.65 |
| | 650m: 9:42.75 | 45.06 | 1400m: 20:52.90 | 44.70 | 2150m: 31:58.47 | 44.43 | 2900m: 43:02.46 | 43.01 |
| | 700m: 10:27.62 | 44.87 | 1450m: 21:37.46 | 44.56 | 2200m: 32:42.96 | 44.49 | 2950m: 43:46.28 | 43.82 |
| | 750m: 11:12.52 | 44.90 | 1500m: 22:21.86 | 44.40 | 2250m: 33:27.17 | 44.21 | 3000m: 44:26.36 | 40.08 |

35+, Masc.

| | | | | | | | | |
|----|-------------------------|-------|------------------|-----------------|-----------------|-------|-----------------|-------|
| 1. | CALDERON RAMIREZ, Marc | 88 | C.N. Aquamàsters | 36:25.53 | | - | - | |
| | 50m: 34.39 | 34.39 | 800m: 9:42.78 | 36.47 | 1550m: 18:45.74 | 36.21 | 2300m: 27:53.03 | 36.77 |
| | 100m: 1:09.60 | 35.21 | 850m: 10:19.18 | 36.40 | 1600m: 19:21.97 | 36.23 | 2350m: 28:29.88 | 36.85 |
| | 150m: 1:45.87 | 36.27 | 900m: 10:55.68 | 36.50 | 1650m: 19:58.09 | 36.12 | 2400m: 29:06.43 | 36.55 |
| | 200m: 2:22.80 | 36.93 | 950m: 11:31.94 | 36.26 | 1700m: 20:34.63 | 36.54 | 2450m: 29:43.25 | 36.82 |
| | 250m: 2:59.25 | 36.45 | 1000m: 12:08.13 | 36.19 | 1750m: 21:10.88 | 36.25 | 2500m: 30:20.03 | 36.78 |
| | 300m: 3:35.80 | 36.55 | 1050m: 12:43.80 | 35.67 | 1800m: 21:47.12 | 36.24 | 2550m: 30:57.08 | 37.05 |
| | 350m: 4:12.77 | 36.97 | 1100m: 13:19.66 | 35.86 | 1850m: 22:23.64 | 36.52 | 2600m: 31:34.05 | 36.97 |
| | 400m: 4:49.64 | 36.87 | 1150m: 13:55.63 | 35.97 | 1900m: 23:00.06 | 36.42 | 2650m: 32:11.09 | 37.04 |
| | 450m: 5:26.65 | 37.01 | 1200m: 14:31.75 | 36.12 | 1950m: 23:36.54 | 36.48 | 2700m: 32:47.71 | 36.62 |
| | 500m: 6:03.06 | 36.41 | 1250m: 15:08.13 | 36.38 | 2000m: 24:12.85 | 36.31 | 2750m: 33:24.32 | 36.61 |
| | 550m: 6:39.67 | 36.61 | 1300m: 15:44.25 | 36.12 | 2050m: 24:49.12 | 36.27 | 2800m: 34:01.07 | 36.75 |
| | 600m: 7:16.34 | 36.67 | 1350m: 16:20.62 | 36.37 | 2100m: 25:25.73 | 36.61 | 2850m: 34:37.80 | 36.73 |
| | 650m: 7:53.04 | 36.70 | 1400m: 16:57.00 | 36.38 | 2150m: 26:02.94 | 37.21 | 2900m: 35:14.46 | 36.66 |
| | 700m: 8:29.60 | 36.56 | 1450m: 17:33.45 | 36.45 | 2200m: 26:39.44 | 36.50 | 2950m: 35:50.93 | 36.47 |
| | 750m: 9:06.31 | 36.71 | 1500m: 18:09.53 | 36.08 | 2250m: 27:16.26 | 36.82 | 3000m: 36:25.53 | 34.60 |
| 2. | NAVARRO GUILLÉN, Javier | 87 | C.N. Aquamàsters | 37:32.22 | + 1:06.69 | - | - | |
| | 50m: 34.61 | 34.61 | 800m: 9:51.58 | 37.54 | 1550m: 19:10.64 | 37.65 | 2300m: 28:39.70 | 38.44 |
| | 100m: 1:09.95 | 35.34 | 850m: 10:28.90 | 37.32 | 1600m: 19:48.12 | 37.48 | 2350m: 29:17.92 | 38.22 |
| | 150m: 1:46.42 | 36.47 | 900m: 11:05.94 | 37.04 | 1650m: 20:25.71 | 37.59 | 2400m: 29:56.62 | 38.70 |
| | 200m: 2:23.58 | 37.16 | 950m: 11:42.87 | 36.93 | 1700m: 21:03.33 | 37.62 | 2450m: 30:34.93 | 38.31 |
| | 250m: 3:00.67 | 37.09 | 1000m: 12:19.94 | 37.07 | 1750m: 21:40.95 | 37.62 | 2500m: 31:13.09 | 38.16 |
| | 300m: 3:37.69 | 37.02 | 1050m: 12:56.92 | 36.98 | 1800m: 22:18.86 | 37.91 | 2550m: 31:51.36 | 38.27 |
| | 350m: 4:15.06 | 37.37 | 1100m: 13:34.23 | 37.31 | 1850m: 22:56.90 | 38.04 | 2600m: 32:29.73 | 38.37 |
| | 400m: 4:52.65 | 37.59 | 1150m: 14:11.12 | 36.89 | 1900m: 23:34.63 | 37.73 | 2650m: 33:07.79 | 38.06 |
| | 450m: 5:30.02 | 37.37 | 1200m: 14:48.40 | 37.28 | 1950m: 24:12.41 | 37.78 | 2700m: 33:45.85 | 38.06 |
| | 500m: 6:07.17 | 37.15 | 1250m: 15:25.77 | 37.37 | 2000m: 24:50.24 | 37.83 | 2750m: 34:23.46 | 37.61 |
| | 550m: 6:44.64 | 37.47 | 1300m: 16:03.04 | 37.27 | 2050m: 25:28.48 | 38.24 | 2800m: 35:01.36 | 37.90 |
| | 600m: 7:22.21 | 37.57 | 1350m: 16:40.80 | 37.76 | 2100m: 26:06.63 | 38.15 | 2850m: 35:39.29 | 37.93 |
| | 650m: 7:59.40 | 37.19 | 1400m: 17:18.38 | 37.58 | 2150m: 26:44.67 | 38.04 | 2900m: 36:17.42 | 38.13 |
| | 700m: 8:36.68 | 37.28 | 1450m: 17:55.57 | 37.19 | 2200m: 27:23.23 | 38.56 | 2950m: 36:54.54 | 37.12 |
| | 750m: 9:14.04 | 37.36 | 1500m: 18:32.99 | 37.42 | 2250m: 28:01.26 | 38.03 | 3000m: 37:32.22 | 37.68 |

XIII Màster Natació Llarga Distància P-25 3000m
Sant Feliu de Llobregat, 14/12/2024

Prova 201, 3000m Lliure

40+, Masc.

| | | | | | |
|-------------------------------------|-------|----------------------------|-----------------|-----------------|-------|
| 1. HERRERA MARTINEZ, Francisco Jose | 82 | C.D. Jerez Natacion Master | 40:30.21 | - | - |
| 50m: 39.39 | 39.39 | 800m: 10:46.81 | 40.57 | 1550m: 20:53.69 | 40.93 |
| 100m: 1:17.62 | 38.23 | 850m: 11:27.54 | 40.73 | 1600m: 21:33.96 | 40.27 |
| 150m: 1:57.63 | 40.01 | 900m: 12:07.76 | 40.22 | 1650m: 22:14.58 | 40.62 |
| 200m: 2:37.97 | 40.34 | 950m: 12:48.15 | 40.39 | 1700m: 22:54.67 | 40.09 |
| 250m: 3:18.75 | 40.78 | 1000m: 13:28.37 | 40.22 | 1750m: 23:34.32 | 39.65 |
| 300m: 3:59.49 | 40.74 | 1050m: 14:08.95 | 40.58 | 1800m: 24:14.83 | 40.51 |
| 350m: 4:39.94 | 40.45 | 1100m: 14:49.47 | 40.52 | 1850m: 24:55.21 | 40.38 |
| 400m: 5:20.26 | 40.32 | 1150m: 15:30.03 | 40.56 | 1900m: 25:35.79 | 40.58 |
| 450m: 6:00.87 | 40.61 | 1200m: 16:10.25 | 40.22 | 1950m: 26:16.71 | 40.92 |
| 500m: 6:41.56 | 40.69 | 1250m: 16:50.86 | 40.61 | 2000m: 26:56.90 | 40.19 |
| 550m: 7:22.46 | 40.90 | 1300m: 17:31.09 | 40.23 | 2050m: 27:37.77 | 40.87 |
| 600m: 8:03.49 | 41.03 | 1350m: 18:10.92 | 39.83 | 2100m: 28:18.31 | 40.54 |
| 650m: 8:44.72 | 41.23 | 1400m: 18:51.44 | 40.52 | 2150m: 28:58.90 | 40.59 |
| 700m: 9:25.79 | 41.07 | 1450m: 19:32.38 | 40.94 | 2200m: 29:39.89 | 40.99 |
| 750m: 10:06.24 | 40.45 | 1500m: 20:12.76 | 40.38 | 2250m: 30:19.69 | 39.80 |
| | | | | 2300m: 31:00.46 | 40.77 |
| | | | | 2350m: 31:41.13 | 40.67 |
| | | | | 2400m: 32:21.81 | 40.68 |
| | | | | 2450m: 33:02.69 | 40.88 |
| | | | | 2500m: 33:44.72 | 42.03 |
| | | | | 2550m: 34:26.57 | 41.85 |
| | | | | 2600m: 35:06.81 | 40.24 |
| | | | | 2650m: 35:46.86 | 40.05 |
| | | | | 2700m: 36:27.47 | 40.61 |
| | | | | 2750m: 37:08.18 | 40.71 |
| | | | | 2800m: 37:48.74 | 40.56 |
| | | | | 2850m: 38:29.67 | 40.93 |
| | | | | 2900m: 39:10.09 | 40.42 |
| | | | | 2950m: 39:50.52 | 40.43 |
| | | | | 3000m: 40:30.21 | 39.69 |

45+, Masc.

| | | | | | |
|--------------------|-------|----------------------------|-----------------|-----------------|-------|
| 1. SAVESCU, George | 75 | C.D. Jerez Natacion Master | 38:39.52 | - | - |
| 50m: 35.00 | 35.00 | 800m: 10:04.21 | 38.16 | 1550m: 19:43.67 | 39.24 |
| 100m: 1:11.73 | 36.73 | 850m: 10:43.10 | 38.89 | 1600m: 20:22.92 | 39.25 |
| 150m: 1:49.03 | 37.30 | 900m: 11:21.63 | 38.53 | 1650m: 21:02.17 | 39.25 |
| 200m: 2:26.85 | 37.82 | 950m: 12:00.40 | 38.77 | 1700m: 21:40.91 | 38.74 |
| 250m: 3:04.75 | 37.90 | 1000m: 12:38.77 | 38.37 | 1750m: 22:19.77 | 38.86 |
| 300m: 3:42.25 | 37.50 | 1050m: 13:17.49 | 38.72 | 1800m: 22:59.08 | 39.31 |
| 350m: 4:20.21 | 37.96 | 1100m: 13:55.64 | 38.15 | 1850m: 23:38.15 | 39.07 |
| 400m: 4:58.50 | 38.29 | 1150m: 14:34.59 | 38.95 | 1900m: 24:18.71 | 40.56 |
| 450m: 5:36.84 | 38.34 | 1200m: 15:13.40 | 38.81 | 1950m: 24:57.49 | 38.78 |
| 500m: 6:14.89 | 38.05 | 1250m: 15:52.16 | 38.76 | 2000m: 25:35.87 | 38.38 |
| 550m: 6:53.40 | 38.51 | 1300m: 16:30.92 | 38.76 | 2050m: 26:15.47 | 39.60 |
| 600m: 7:31.80 | 38.40 | 1350m: 17:09.59 | 38.67 | 2100m: 26:54.69 | 39.22 |
| 650m: 8:10.09 | 38.29 | 1400m: 17:48.05 | 38.46 | 2150m: 27:34.21 | 39.52 |
| 700m: 8:48.36 | 38.27 | 1450m: 18:26.41 | 38.36 | 2200m: 28:13.75 | 39.54 |
| 750m: 9:26.05 | 37.69 | 1500m: 19:04.43 | 38.02 | 2250m: 28:53.40 | 39.65 |
| | | | | 2300m: 29:33.10 | 39.70 |
| | | | | 2350m: 30:12.62 | 39.52 |
| | | | | 2400m: 30:52.54 | 39.92 |
| | | | | 2450m: 31:31.72 | 39.18 |
| | | | | 2500m: 32:11.09 | 39.37 |
| | | | | 2550m: 32:51.13 | 40.04 |
| | | | | 2600m: 33:30.81 | 39.68 |
| | | | | 2650m: 34:09.97 | 39.16 |
| | | | | 2700m: 34:49.70 | 39.73 |
| | | | | 2750m: 35:29.06 | 39.36 |
| | | | | 2800m: 36:08.13 | 39.07 |
| | | | | 2850m: 36:47.21 | 39.08 |
| | | | | 2900m: 37:25.89 | 38.68 |
| | | | | 2950m: 38:04.13 | 38.24 |
| | | | | 3000m: 38:39.52 | 35.39 |

50+, Masc.

| | | | | | |
|-------------------------|-------|-----------------|-----------------|-----------------|-------|
| 1. GALIANA ROCA, Xavier | 73 | C.N. Sant Feliu | 42:49.14 | - | - |
| 50m: 42.41 | 42.41 | 800m: 11:22.89 | 42.42 | 1550m: 21:58.61 | 41.58 |
| 100m: 1:25.62 | 43.21 | 850m: 12:05.70 | 42.81 | 1600m: 22:40.50 | 41.89 |
| 150m: 2:08.60 | 42.98 | 900m: 12:48.12 | 42.42 | 1650m: 23:23.14 | 42.64 |
| 200m: 2:50.14 | 41.54 | 950m: 13:30.99 | 42.87 | 1700m: 24:05.07 | 41.93 |
| 250m: 3:32.49 | 42.35 | 1000m: 14:12.97 | 41.98 | 1750m: 24:47.84 | 42.77 |
| 300m: 4:14.83 | 42.34 | 1050m: 14:55.74 | 42.77 | 1800m: 25:29.93 | 42.09 |
| 350m: 4:57.53 | 42.70 | 1100m: 15:38.19 | 42.45 | 1850m: 26:11.96 | 42.03 |
| 400m: 5:40.32 | 42.79 | 1150m: 16:20.68 | 42.49 | 1900m: 26:54.35 | 42.39 |
| 450m: 6:23.82 | 43.50 | 1200m: 17:02.58 | 41.90 | 1950m: 27:38.35 | 44.00 |
| 500m: 7:06.64 | 42.82 | 1250m: 17:44.94 | 42.36 | 2000m: 28:20.85 | 42.50 |
| 550m: 7:49.83 | 43.19 | 1300m: 18:27.47 | 42.53 | 2050m: 29:03.87 | 43.02 |
| 600m: 8:33.25 | 43.42 | 1350m: 19:09.68 | 42.21 | 2100m: 29:47.09 | 43.22 |
| 650m: 9:15.62 | 42.37 | 1400m: 19:51.64 | 41.96 | 2150m: 30:29.97 | 42.88 |
| 700m: 9:57.55 | 41.93 | 1450m: 20:34.72 | 43.08 | 2200m: 31:12.86 | 42.89 |
| 750m: 10:40.47 | 42.92 | 1500m: 21:17.03 | 42.31 | 2250m: 31:55.49 | 42.63 |
| | | | | 2300m: 32:38.31 | 42.82 |
| | | | | 2350m: 33:21.44 | 43.13 |
| | | | | 2400m: 34:04.78 | 43.34 |
| | | | | 2450m: 34:47.65 | 42.87 |
| | | | | 2500m: 35:31.07 | 43.42 |
| | | | | 2550m: 36:14.64 | 43.57 |
| | | | | 2600m: 36:57.82 | 43.18 |
| | | | | 2650m: 37:40.93 | 43.11 |
| | | | | 2700m: 38:24.20 | 43.27 |
| | | | | 2750m: 39:07.85 | 43.65 |
| | | | | 2800m: 39:51.27 | 43.42 |
| | | | | 2850m: 40:34.63 | 43.36 |
| | | | | 2900m: 41:18.17 | 43.54 |
| | | | | 2950m: 42:01.06 | 42.89 |
| | | | | 3000m: 42:49.14 | 48.08 |

55+, Masc.

XIII Màster Natació Llarga Distància P-25 3000m
Sant Feliu de Llobregat, 14/12/2024

Prova 201, Masc., 3000m Lliure, 55+

| Class. | Nom i Cognoms | Any | Club | Temps | Dif temps | Pts.CAT | Pts.TROF | Obs |
|--------|---------------------------------|-------|-----------------|-----------------|-----------------|---------|-----------------|---------|
| 1. | CERVANTES BLAZQUEZ, Julio Cesar | 65 | Club Nagi | 46:21.12 | | - | - | |
| | 50m: 43.32 | 43.32 | 800m: 12:16.22 | 46.78 | 1550m: 23:55.89 | 45.96 | 2300m: 33:38.56 | |
| | 100m: 1:27.72 | 44.40 | 850m: 13:03.01 | 46.79 | 1600m: 24:42.22 | 46.33 | 2350m: 36:24.95 | 2:46.39 |
| | 150m: 2:12.79 | 45.07 | 900m: 13:49.12 | 46.11 | 1650m: 25:28.67 | 46.45 | 2400m: 37:11.19 | 46.24 |
| | 200m: 2:58.42 | 45.63 | 950m: 14:35.84 | 46.72 | 1700m: 26:15.97 | 47.30 | 2450m: 37:57.56 | 46.37 |
| | 250m: 3:44.61 | 46.19 | 1000m: 15:22.87 | 47.03 | 1750m: 27:03.45 | 47.48 | 2500m: 38:43.86 | 46.30 |
| | 300m: 4:30.30 | 45.69 | 1050m: 16:09.11 | 46.24 | 1800m: 27:49.90 | 46.45 | 2550m: 39:29.33 | 45.47 |
| | 350m: 5:16.56 | 46.26 | 1100m: 16:56.13 | 47.02 | 1850m: 28:37.11 | 47.21 | 2600m: 40:15.39 | 46.06 |
| | 400m: 6:02.76 | 46.20 | 1150m: 17:43.16 | 47.03 | 1900m: 29:24.04 | 46.93 | 2650m: 41:01.79 | 46.40 |
| | 450m: 6:49.08 | 46.32 | 1200m: 18:30.24 | 47.08 | 1950m: 30:11.30 | 47.26 | 2700m: 41:48.22 | 46.43 |
| | 500m: 7:35.79 | 46.71 | 1250m: 19:16.90 | 46.66 | 2000m: 30:58.51 | 47.21 | 2750m: 42:33.76 | 45.54 |
| | 550m: 8:22.24 | 46.45 | 1300m: 20:04.06 | 47.16 | 2050m: 31:44.81 | 46.30 | 2800m: 43:19.65 | 45.89 |
| | 600m: 9:08.72 | 46.48 | 1350m: 20:50.33 | 46.27 | 2100m: 32:31.42 | 46.61 | 2850m: 44:05.79 | 46.14 |
| | 650m: 9:55.74 | 47.02 | 1400m: 21:36.87 | 46.54 | 2150m: 33:18.06 | 46.64 | 2900m: 44:51.24 | 45.45 |
| | 700m: 10:42.69 | 46.95 | 1450m: 22:23.34 | 46.47 | 2200m: 34:04.99 | 46.93 | 2950m: 45:36.83 | 45.59 |
| | 750m: 11:29.44 | 46.75 | 1500m: 23:09.93 | 46.59 | 2250m: 34:51.98 | 46.99 | 3000m: 46:21.12 | 44.29 |

Open, Fem.

| | | | | | | | | |
|----|--------------------------------|-------|-----------------|-----------------|-----------------|-------|-----------------|-------|
| 1. | RAVÉS OLIVÉ, Maria Del Mar | 67 | C.N. Tarraco | 42:14.97 | | - | - | |
| | <i>Rècord Nacional Màsters</i> | | | | | | | |
| | 50m: 39.27 | 39.27 | 800m: 11:12.73 | 42.22 | 1550m: 21:49.03 | 42.24 | 2300m: 32:27.45 | 42.73 |
| | 100m: 1:20.50 | 41.23 | 850m: 11:55.34 | 42.61 | 1600m: 22:31.69 | 42.66 | 2350m: 33:09.49 | 42.04 |
| | 150m: 2:02.32 | 41.82 | 900m: 12:38.14 | 42.80 | 1650m: 23:14.21 | 42.52 | 2400m: 33:52.25 | 42.76 |
| | 200m: 2:44.33 | 42.01 | 950m: 13:20.65 | 42.51 | 1700m: 23:56.76 | 42.55 | 2450m: 34:34.67 | 42.42 |
| | 250m: 3:26.61 | 42.28 | 1000m: 14:02.95 | 42.30 | 1750m: 24:39.01 | 42.25 | 2500m: 35:16.71 | 42.04 |
| | 300m: 4:09.06 | 42.45 | 1050m: 14:45.20 | 42.25 | 1800m: 25:21.65 | 42.64 | 2550m: 35:58.75 | 42.04 |
| | 350m: 4:51.39 | 42.33 | 1100m: 15:27.35 | 42.15 | 1850m: 26:04.20 | 42.55 | 2600m: 36:41.21 | 42.46 |
| | 400m: 5:33.74 | 42.35 | 1150m: 16:09.49 | 42.14 | 1900m: 26:46.65 | 42.45 | 2650m: 37:24.11 | 42.90 |
| | 450m: 6:16.12 | 42.38 | 1200m: 16:51.50 | 42.01 | 1950m: 27:28.78 | 42.13 | 2700m: 38:06.38 | 42.27 |
| | 500m: 6:58.45 | 42.33 | 1250m: 17:34.13 | 42.63 | 2000m: 28:11.15 | 42.37 | 2750m: 38:48.87 | 42.49 |
| | 550m: 7:41.03 | 42.58 | 1300m: 18:16.71 | 42.58 | 2050m: 28:53.66 | 42.51 | 2800m: 39:30.85 | 41.98 |
| | 600m: 8:23.50 | 42.47 | 1350m: 18:59.22 | 42.51 | 2100m: 29:36.47 | 42.81 | 2850m: 40:12.72 | 41.87 |
| | 650m: 9:05.68 | 42.18 | 1400m: 19:41.76 | 42.54 | 2150m: 30:19.23 | 42.76 | 2900m: 40:54.58 | 41.86 |
| | 700m: 9:47.89 | 42.21 | 1450m: 20:24.39 | 42.63 | 2200m: 31:02.91 | 43.68 | 2950m: 41:35.96 | 41.38 |
| | 750m: 10:30.51 | 42.62 | 1500m: 21:06.79 | 42.40 | 2250m: 31:44.72 | 41.81 | 3000m: 42:14.97 | 39.01 |

55+, Fem.

| | | | | | | | | |
|----|--------------------------------|-------|-----------------|-----------------|-----------------|-------|-----------------|-------|
| 1. | RAVÉS OLIVÉ, Maria Del Mar | 67 | C.N. Tarraco | 42:14.97 | | - | - | |
| | <i>Rècord Nacional Màsters</i> | | | | | | | |
| | 50m: 39.27 | 39.27 | 800m: 11:12.73 | 42.22 | 1550m: 21:49.03 | 42.24 | 2300m: 32:27.45 | 42.73 |
| | 100m: 1:20.50 | 41.23 | 850m: 11:55.34 | 42.61 | 1600m: 22:31.69 | 42.66 | 2350m: 33:09.49 | 42.04 |
| | 150m: 2:02.32 | 41.82 | 900m: 12:38.14 | 42.80 | 1650m: 23:14.21 | 42.52 | 2400m: 33:52.25 | 42.76 |
| | 200m: 2:44.33 | 42.01 | 950m: 13:20.65 | 42.51 | 1700m: 23:56.76 | 42.55 | 2450m: 34:34.67 | 42.42 |
| | 250m: 3:26.61 | 42.28 | 1000m: 14:02.95 | 42.30 | 1750m: 24:39.01 | 42.25 | 2500m: 35:16.71 | 42.04 |
| | 300m: 4:09.06 | 42.45 | 1050m: 14:45.20 | 42.25 | 1800m: 25:21.65 | 42.64 | 2550m: 35:58.75 | 42.04 |
| | 350m: 4:51.39 | 42.33 | 1100m: 15:27.35 | 42.15 | 1850m: 26:04.20 | 42.55 | 2600m: 36:41.21 | 42.46 |
| | 400m: 5:33.74 | 42.35 | 1150m: 16:09.49 | 42.14 | 1900m: 26:46.65 | 42.45 | 2650m: 37:24.11 | 42.90 |
| | 450m: 6:16.12 | 42.38 | 1200m: 16:51.50 | 42.01 | 1950m: 27:28.78 | 42.13 | 2700m: 38:06.38 | 42.27 |
| | 500m: 6:58.45 | 42.33 | 1250m: 17:34.13 | 42.63 | 2000m: 28:11.15 | 42.37 | 2750m: 38:48.87 | 42.49 |
| | 550m: 7:41.03 | 42.58 | 1300m: 18:16.71 | 42.58 | 2050m: 28:53.66 | 42.51 | 2800m: 39:30.85 | 41.98 |
| | 600m: 8:23.50 | 42.47 | 1350m: 18:59.22 | 42.51 | 2100m: 29:36.47 | 42.81 | 2850m: 40:12.72 | 41.87 |
| | 650m: 9:05.68 | 42.18 | 1400m: 19:41.76 | 42.54 | 2150m: 30:19.23 | 42.76 | 2900m: 40:54.58 | 41.86 |
| | 700m: 9:47.89 | 42.21 | 1450m: 20:24.39 | 42.63 | 2200m: 31:02.91 | 43.68 | 2950m: 41:35.96 | 41.38 |
| | 750m: 10:30.51 | 42.62 | 1500m: 21:06.79 | 42.40 | 2250m: 31:44.72 | 41.81 | 3000m: 42:14.97 | 39.01 |