

Prova de Preparação de Categorias 2025
Benedita, 26/1/2025

Prova 33

26/01/2025 - 18:03

Femin., 200m Estilos

Infantil Fem
Resultados

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts	Cód Excepção
1. Emiliana Arruda, SARAIVA 50m: 36.97 36.97	12 Vieirense 100m: 1:25.50 48.53	2:57.28 200m: 2:57.28	324 37.53	
2. Beatriz Julio, CORREIA 50m: 39.76 39.76	12 CNLeiria - VOID 100m: 1:25.49 45.73	2:58.41 200m: 2:58.41	318 41.24	
3. Maria Luisa, CASTILLO 50m: 41.26 41.26	13 Nautico Marinha Grande 100m: 1:30.06 48.80	3:04.20 200m: 3:04.20	289 40.84	
4. Safira Pedro, FONSECA 50m: 41.54 41.54	12 Vieirense 100m: 1:28.47 46.93	3:10.03 200m: 3:10.03	263 41.56	
5. Leonor Pinto, ROSARIO 50m: 43.06 43.06	13 Nautico Marinha Grande 100m: 1:35.00 51.94	3:15.71 200m: 3:15.71	241 45.26	
6. Rita Alexandra, JORDAO 50m: 46.89 46.89	12 Uniao Juncalense 100m: 1:39.00 52.11	3:18.28 200m: 3:18.28	232 43.22	
7. Valeria, MORITS 50m: 40.68 40.68	12 Nautico Marinha Grande 100m: 1:31.74 51.06	3:19.42 200m: 3:19.42	228 44.97	
8. Lara Sofia, MARCELINO 50m: 45.85 45.85	13 Vieirense 100m: 1:35.48 49.63	3:19.49 200m: 3:19.49	227 43.62	
9. Rita Francisco, SIMOES 50m: 45.97 45.97	12 Vieirense 100m: 1:39.40 53.43	3:22.00 200m: 3:22.00	219 42.13	
10. Emma Henriques, SOUTO 50m: 48.09 48.09	13 Óbidos 100m: 1:36.96 48.87	3:24.81 200m: 3:24.81	210 47.03	
11. Sofia Guilherme, CABREIRA 50m: 50.81 50.81	13 Óbidos 100m: 1:43.84 53.03	3:28.31 200m: 3:28.31	200 45.92	
12. Maria Leonor, FERREIRA 50m: 50.69 50.69	12 Óbidos 100m: 1:43.08 52.39	3:28.75 200m: 3:28.75	198 49.00	
13. Avron Dawn, SANTOS 50m: 52.00 52.00	13 Vieirense 100m: 1:43.46 51.46	3:28.81 200m: 3:28.81	198 44.53	
14. Jessica Garcia, FERREIRA 50m: 49.25 49.25	12 Óbidos 200m: 3:32.09 2:42.84	3:32.09	189	
15. Ana Francisca, QUERIDO 50m: 46.46 46.46	12 Pimpoes/Cimai 100m: 1:40.56 54.10	3:34.23 200m: 3:34.23	184 49.95	
16. Ines Barreto, CALDEIREIRO 50m: 55.67 55.67	13 Vieirense 100m: 1:52.21 56.54	3:45.53 200m: 3:45.53	157 47.54	
17. Nuria Rocha, BOTAS 50m: 56.72 56.72	13 Vieirense 100m: 1:53.99 57.27	3:45.92 200m: 3:45.92	156 48.30	



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Juvenil Fem
Resultados

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts	Cód Excepção
1. Matilde Santos, VIEIRA 50m: 34.60 34.60	10 Nautico Marinha Grande 100m: 1:16.35 41.75 150m: 2:04.10 47.75	2:39.52	445	35.42
2. Leonor Mota, ALVES 50m: 34.88 34.88	11 Nautico Marinha Grande 100m: 1:17.45 42.57 150m: 2:05.63 48.18	2:43.36	415	37.73
3. Laura Helena, AMORIM 50m: 36.78 36.78	10 Nautico Marinha Grande 100m: 1:19.08 42.30 150m: 2:07.11 48.03	2:43.43	414	36.32
4. Barbara Balbino, MENDES 50m: 35.89 35.89	10 Naval de Peniche 100m: 1:14.45 38.56 150m: 2:11.81 57.36	2:47.74	383	35.93
5. Beatriz Marques, GASPAR 50m: 37.25 37.25	11 Nautico Marinha Grande 100m: 1:25.78 48.53 150m: 2:11.64 45.86	2:52.70	351	41.06
6. Leonor Silva, MARTINS 50m: 39.73 39.73	10 Óbidos 100m: 1:30.13 50.40 150m: 2:27.98 57.85	3:09.20	267	41.22
7. Carlota Maria, CATARINO 50m: 45.81 45.81	11 Benedita 100m: 1:37.60 51.79 150m: 2:37.31 59.71	3:23.96	213	46.65
8. Beatriz Morgado, SILVA 50m: 53.56 53.56	11 Benedita 100m: 1:43.64 50.08 150m: 2:42.23 58.59	3:25.47	208	43.24
9. Anastasia, STURZA 50m: 42.63 42.63	10 Uniao Juncalense 100m: 1:37.56 54.93 150m: 2:38.70 1:01.14	3:30.09	195	51.39
DNS Matilde Filipa, AMADO	10 Nautico Marinha Grande			

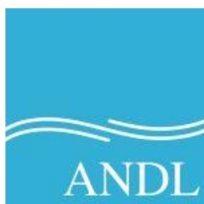
Prova 33
26/01/2025 - 18:03

Femin., 200m Estilos

Junior Fem
Resultados

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts	Cód Excepção
1. Luana Ferreira, CRAVEIRO 50m: 33.91 33.91	09 Nautico Marinha Grande 100m: 1:14.87 40.96 150m: 1:58.41 43.54	2:34.31	492	35.90
2. Francisca Ramos, NUNES 50m: 36.19 36.19	09 Naval de Peniche 100m: 1:19.91 43.72 150m: 2:07.76 47.85	2:43.26	415	35.50
3. Teresa Maria, LOPES 50m: 35.96 35.96	09 Benedita 100m: 1:19.91 43.95 150m: 2:08.80 48.89	2:46.94	388	38.14
4. Diana Rita, FONSECA 50m: 36.28 36.28	08 Vieiraense 100m: 1:19.81 43.53 150m: 2:11.96 52.15	2:52.07	355	40.11
5. Catarina Tagaroso, LOBO 50m: 37.75 37.75	07 Uniao Juncalense 100m: 1:23.78 46.03 150m: 2:15.43 51.65	2:56.56	328	41.13



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Senior Fem
Resultados

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts	Cód Excepção
1. Margarida Correia, MADEIRA	06 Nautico Marinha Grande	2:39.25	448	
50m: 35.50 35.50	100m: 1:19.15 43.65	150m: 2:02.15 43.00	200m: 2:39.25	37.10