



Prova de Preparação de Categorias 2025  
Benedita, 26/1/2025

Prova 10  
26/01/2025 - 11:05

Femin., 200m Bruços

Infantil Fem  
Resultados

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Beatriz Julio, CORREIA	12 CNLeiria - VOID	3:21.59	297
50m: 47.45 47.45 100m: 1:38.50 51.05 150m: 2:30.33 51.83 200m: 3:21.59 51.26			
2. Maria Leonor, FERREIRA	12 Óbidos	3:32.31	254
50m: 48.06 48.06 100m: 1:42.53 54.47 150m: 2:37.46 54.93 200m: 3:32.31 54.85			
3. Carminho Jose, LOPES	13 Benedita	3:36.81	239
50m: 49.53 49.53 100m: 1:44.89 55.36 150m: 2:41.21 56.32 200m: 3:36.81 55.60			
4. Mariana Santos, VALENTIM	13 Pimpoes/Cimai	3:40.40	227
50m: 50.09 50.09 100m: 1:46.33 56.24 150m: 2:43.90 57.57 200m: 3:40.40 56.50			
5. Constanca Santos, COUTINHO	12 Naval da Nazaré	3:43.32	218
50m: 50.40 50.40 100m: 1:46.09 55.69 150m: 2:45.04 58.95 200m: 3:43.32 58.28			
6. Alicia Ferreira, OLIVEIRA	13 Ba-Leiria	3:46.22	210
50m: 53.47 53.47 100m: 1:32.12 38.65 150m: 2:50.83 1:18.71 200m: 3:46.22 55.39			
7. Victoria Cerqueira, SOBREIRO	13 Pimpoes/Cimai	3:55.12	187
50m: 53.28 53.28 100m: 1:52.64 59.36 150m: 2:54.50 1:01.86 200m: 3:55.12 1:00.62			
8. Eduarda Antunes, BUGALHAO	13 Ba-Leiria	3:58.63	179
50m: 58.03 58.03 100m: 1:58.88 1:00.85 150m: 2:58.78 59.90 200m: 3:58.63 59.85			
9. Ana Sofia, SILVA	13 Naval de Peniche	4:00.09	176
50m: 54.39 54.39 100m: 1:56.07 1:01.68 150m: 2:58.39 1:02.32 200m: 4:00.09 1:01.70			
10. Laura Silva, MARTINS	13 Ba-Leiria	4:03.75	168
50m: 55.56 55.56 100m: 1:58.11 1:02.55 150m: 3:01.14 1:03.03 200m: 4:03.75 1:02.61			
DSQ Barbara Serrano, LOMBA	12 Ba-Leiria		
<i>A atleta efetuou várias braçadas, durante o primeiro percurso subaquático.</i>			

Prova 10  
26/01/2025 - 11:05

Femin., 200m Bruços

Juvenil Fem  
Resultados

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Leonor Pereira, SILVA	10 Óbidos	3:03.47	394
50m: 43.05 43.05 100m: 1:30.84 47.79 150m: 2:18.44 47.60 200m: 3:03.47 45.03			
2. Maria Santos, FONSECA	11 CNLeiria - VOID	3:04.38	388
50m: 41.71 41.71 100m: 1:28.31 46.60 150m: 2:16.64 48.33 200m: 3:04.38 47.74			
3. Vida Sofia, VELEZ	10 Ba-Leiria	3:04.87	385
50m: 43.09 43.09 100m: 1:30.59 47.50 150m: 2:18.27 47.68 200m: 3:04.87 46.60			
4. Rafaela Santos, AFONSO	10 Naval de Peniche	3:04.92	385
50m: 41.84 41.84 100m: 1:29.08 47.24 150m: 2:17.37 48.29 200m: 3:04.92 47.55			
5. Cristiana Henriques, ALMEIDA	11 Benedita	3:07.47	369
50m: 43.11 43.11 100m: 1:32.03 48.92 150m: 2:20.69 48.66 200m: 3:07.47 46.78			
6. Mariana Santos, AFONSO	10 Naval de Peniche	3:07.92	367
50m: 42.49 42.49 100m: 1:30.74 48.25 150m: 2:19.92 49.18 200m: 3:07.92 48.00			
7. Maria Carolina, ALVES	10 Ba-Leiria	3:08.28	365
50m: 43.34 43.34 100m: 1:31.59 48.25 150m: 2:20.09 48.50 200m: 3:08.28 48.19			



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Prova 10, Femin., 200m Bruços, Juvenil Fem

Lugar	Ano	Tempo final	Pts
8. Diana Isabel, ALVES	10 Pimpoes/Cimai	3:09.59	357
50m: 42.19 42.19	100m: 1:30.51 48.32	150m: 2:20.09 49.58	200m: 3:09.59 49.50
9. Anastasiya, PRYMACHENKO	11 Nucleo de Pombal	3:13.44	336
50m: 43.66 43.66	100m: 1:32.84 49.18	150m: 2:23.26 50.42	200m: 3:13.44 50.18
10. Constanca Rolim, PEDRO	10 Ba-Leiria	3:22.59	293
50m: 49.34 49.34	100m: 1:41.91 52.57	150m: 2:32.59 50.68	200m: 3:22.59 50.00
11. Kelly Simao, COSTA	11 Óbidos	3:28.14	270
50m: 47.74 47.74	100m: 1:40.24 52.50	150m: 2:34.21 53.97	200m: 3:28.14 53.93
12. Beatriz Morgado, SILVA	11 Benedita	3:44.02	216
50m: 53.33 53.33	100m: 1:51.34 58.01	150m: 2:48.54 57.20	200m: 3:44.02 55.48
DNS Isabela Lourenco, COSTA	11 Benedita		

Prova 10  
26/01/2025 - 11:05

Femin., 200m Bruços

Junior Fem  
Resultados

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Zofie, PACHECO	09 Naval de Peniche	3:09.53	357
50m: 41.31 41.31	100m: 1:28.55 47.24	150m: 2:18.63 50.08	200m: 3:09.53 50.90
2. Catarina Tagarroso, LOBO	07 Uniao Juncalense	3:18.59	311
50m: 45.87 45.87	100m: 1:36.68 50.81	150m: 2:27.30 50.62	200m: 3:18.59 51.29
3. Ana Margarida, MARQUES	09 Ba-Leiria	3:21.20	299
50m: 47.60 47.60	100m: 1:40.77 53.17	150m: 2:33.31 52.54	200m: 3:21.20 47.89
4. Bruna Matos, FIALHO	08 Uniao Juncalense	3:22.09	295
50m: 44.19 44.19	100m: 1:35.56 51.37	150m: 2:28.66 53.10	200m: 3:22.09 53.43