

Prova 13
22/12/2024 - 15:30

Masc., 400m Livres

13 - 14 anos
Resultados

Pontos: FINA 2023

Lugar	Nome	Licena	Clube	Tempo Final	AQUA
Infantis B					
1.	Manuel Gomes, ALMEIDA	216982	Colegio Efanor	5:01.57	348
	50m: 34.61 34.61	150m: 1:51.25 39.05	250m: 3:08.16 38.69	350m: 4:25.10	38.00
	100m: 1:12.20 37.59	200m: 2:29.47 38.22	300m: 3:47.10 38.94	400m: 5:01.57	36.47
2.	Francisco Duarte, COSTA	212460	Leix�es Sport Clube	5:05.30	336
	50m: 35.03 35.03	150m: 1:53.66 39.89	250m: 3:12.51 39.23	350m: 4:30.33	38.38
	100m: 1:13.77 38.74	200m: 2:33.28 39.62	300m: 3:51.95 39.44	400m: 5:05.30	34.97
3.	Tiago Carvalho, PINTO	215412	Porto	5:06.09	333
	50m: 35.04 35.04	150m: 1:53.56 39.54	250m: 3:11.90 39.15	350m: 4:28.80	37.55
	100m: 1:14.02 38.98	200m: 2:32.75 39.19	300m: 3:51.25 39.35	400m: 5:06.09	37.29
4.	Rodrigo Moreira, ENCARNACAO	215411	Porto	5:06.67	331
	50m: 35.28 35.28	150m: 1:53.94 39.25	250m: 3:12.47 39.22	350m: 4:30.09	38.59
	100m: 1:14.69 39.41	200m: 2:33.25 39.31	300m: 3:51.50 39.03	400m: 5:06.67	36.58
5.	Bernardo Pereira, PACHECO	213940	Foca Quinta da Lixa CNF	5:10.46	319
	50m: 35.18 35.18	150m: 1:54.05 40.45	250m: 3:13.53 39.73	350m: 4:32.66	39.59
	100m: 1:13.60 38.42	200m: 2:33.80 39.75	300m: 3:53.07 39.54	400m: 5:10.46	37.80
6.	Olavo Tomas, ROCHA	215276	Colegio Efanor	5:11.61	316
	50m: 35.41 35.41	150m: 1:53.55 38.96	250m: 3:13.65 40.40	350m: 4:30.82	37.91
	100m: 1:14.59 39.18	200m: 2:33.25 39.70	300m: 3:52.91 39.26	400m: 5:11.61	40.79
7.	Jose Maria, DORES	212467	Colegio Efanor	5:12.72	312
	50m: 34.75 34.75	150m: 1:54.97 40.42	250m: 3:15.97 40.12	350m: 4:35.55	39.55
	100m: 1:14.55 39.80	200m: 2:35.85 40.88	300m: 3:56.00 40.03	400m: 5:12.72	37.17
8.	Tiago Daniel, GONCALVES	211683	Aquatico Pacense	5:15.45	304
	50m: 35.74 35.74	150m: 1:56.53 41.11	250m: 3:17.29 40.29	350m: 4:36.72	40.12
	100m: 1:15.42 39.68	200m: 2:37.00 40.47	300m: 3:56.60 39.31	400m: 5:15.45	38.73
9.	Tomas Macedo, EUSEBIO	214368	Vilacondense	5:20.60	290
	50m: 36.32 36.32	150m: 1:57.77 41.10	250m: 3:21.49 41.62	350m: 4:44.31	40.96
	100m: 1:16.67 40.35	200m: 2:39.87 42.10	300m: 4:03.35 41.86	400m: 5:20.60	36.29
10.	Lucas Rafael, SA	213807	Famalio	5:21.37	288
	50m: 34.74 34.74	150m: 1:55.54 41.37	250m: 3:19.58 41.89	350m: 4:42.60	41.44
	100m: 1:14.17 39.43	200m: 2:37.69 42.15	300m: 4:01.16 41.58	400m: 5:21.37	38.77
11.	Joao Santiago, NEVES	216172	Porto	5:22.19	285
	50m: 35.66 35.66	150m: 1:57.31 41.20	250m: 3:20.16 41.69	350m: 4:43.83	41.97
	100m: 1:16.11 40.45	200m: 2:38.47 41.16	300m: 4:01.86 41.70	400m: 5:22.19	38.36
12.	Tomas Correia, FREITAS	216444	Natao Clube de Fafe	5:24.66	279
	50m: 35.99 35.99	150m: 1:58.30 41.72	250m: 3:22.64 42.49	350m: 4:45.21	41.18
	100m: 1:16.58 40.59	200m: 2:40.15 41.85	300m: 4:04.03 41.39	400m: 5:24.66	39.45
13.	Afonso Novais, MOTA	216438	Natao Clube de Fafe	5:27.25	272
	50m: 37.12 37.12	150m: 2:00.24 41.72	250m: 3:24.03 41.21	350m: 4:47.73	42.66
	100m: 1:18.52 41.40	200m: 2:42.82 42.58	300m: 4:05.07 41.04	400m: 5:27.25	39.52
14.	Lourenco Silva, MACHADO	215789	Leix�es Sport Clube	5:27.88	271
	50m: 37.26 37.26	150m: 2:02.19 42.92	250m: 3:24.95 40.28	350m: 4:49.05	41.39
	100m: 1:19.27 42.01	200m: 2:44.67 42.48	300m: 4:07.66 42.71	400m: 5:27.88	38.83
15.	Simao Carneiro, AGUIAR	218760	Porto	5:30.33	265
	50m: 38.40 38.40	150m: 2:02.40 42.38	250m: 3:26.76 42.04	350m: 4:49.75	41.52
	100m: 1:20.02 41.62	200m: 2:44.72 42.32	300m: 4:08.23 41.47	400m: 5:30.33	40.58
16.	Francisco Magalhaes, LIMA	214764	Colegio Efanor	5:30.62	264
	50m: 37.07 37.07	150m: 1:59.49 42.09	250m: 3:24.03 42.31	350m: 4:49.07	42.64
	100m: 1:17.40 40.33	200m: 2:41.72 42.23	300m: 4:06.43 42.40	400m: 5:30.62	41.55
17.	Tiago Magalhaes, SANTOS	215413	Porto	5:32.83	259
	50m: 37.58 37.58	150m: 2:02.42 42.29	250m: 3:27.36 42.40	350m: 4:52.31	42.29
	100m: 1:20.13 42.55	200m: 2:44.96 42.54	300m: 4:10.02 42.66	400m: 5:32.83	40.52
18.	Pedro Leitao, OLIVEIRA	215408	Porto	5:33.31	258
	50m: 39.18 39.18	150m: 2:04.06 42.54	250m: 3:29.54 42.90	350m: 4:53.08	41.72
	100m: 1:21.52 42.34	200m: 2:46.64 42.58	300m: 4:11.36 41.82	400m: 5:33.31	40.23

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Prova 13, Masc., 400m Livres, Infantis B

Lugar	Nome	Licena	Clube	Tempo Final	AQUA
19.	Martim Manuel, TEIXEIRA	216231	Porto	5:35.88	252
	50m: 38.71 38.71	150m: 2:02.27 41.92	250m: 3:28.72 43.40	350m: 4:53.76	42.57
	100m: 1:20.35 41.64	200m: 2:45.32 43.05	300m: 4:11.19 42.47	400m: 5:35.88	42.12
20.	Martim Nogueira, TEIXEIRA	214376	Foca Quinta da Lixa CNF	5:44.82	233
	50m: 39.46 39.46	150m: 2:06.97 44.05	250m: 3:35.15 44.33	350m: 5:02.20	42.90
	100m: 1:22.92 43.46	200m: 2:50.82 43.85	300m: 4:19.30 44.15	400m: 5:44.82	42.62
21.	Gustavo Sousa, OLIVEIRA	221265	Natacao de Valongo	5:44.98	232
	50m: 39.96 39.96	150m: 2:07.59 43.93	250m: 3:35.51 43.68	350m: 5:04.06	44.06
	100m: 1:23.66 43.70	200m: 2:51.83 44.24	300m: 4:20.00 44.49	400m: 5:44.98	40.92
22.	Francisco Noe, FERREIRA	219868	Leix�es Sport Clube	5:45.77	231
	50m: 37.99 37.99	150m: 2:04.27 43.87	250m: 3:33.94 45.39	350m: 5:02.46	44.24
	100m: 1:20.40 42.41	200m: 2:48.55 44.28	300m: 4:18.22 44.28	400m: 5:45.77	43.31
23.	Andre Romero, COSTA	212837	Fluvial Portuense	5:48.67	225
	50m: 37.57 37.57	150m: 2:04.13 44.07	250m: 3:34.58 45.03	350m: 5:06.58	45.99
	100m: 1:20.06 42.49	200m: 2:49.55 45.42	300m: 4:20.59 46.01	400m: 5:48.67	42.09
24.	Gabriel Teixeira, ABREU	216250	Natacao da Maia	5:49.63	223
	50m: 39.22 39.22	150m: 2:08.93 44.76	250m: 3:39.04 44.62	350m: 5:08.09	45.22
	100m: 1:24.17 44.95	200m: 2:54.42 45.49	300m: 4:22.87 43.83	400m: 5:49.63	41.54
25.	Joao Rosa, LIMA	215401	Porto	5:53.05	217
	50m: 38.74 38.74	150m: 2:09.68 45.71	250m: 3:41.43 45.72	350m: 5:11.93	45.12
	100m: 1:23.97 45.23	200m: 2:55.71 46.03	300m: 4:26.81 45.38	400m: 5:53.05	41.12
26.	Miguel Maria, ALVES	217324	Natacao da Maia	5:54.51	214
	50m: 38.51 38.51	150m: 2:10.66 45.54	250m: 3:41.75 45.34	350m: 5:10.37	44.31
	100m: 1:25.12 46.61	200m: 2:56.41 45.75	300m: 4:26.06 44.31	400m: 5:54.51	44.14
27.	Tiago Torrao, MACEDO	214754	Colegio Efanor	5:54.61	214
	50m: 39.34 39.34	150m: 2:10.46 46.55	250m: 3:41.55 45.06	350m: 5:12.51	44.66
	100m: 1:23.91 44.57	200m: 2:56.49 46.03	300m: 4:27.85 46.30	400m: 5:54.61	42.10
28.	Francisco Teixeira, PINTO	211984	Foca Quinta da Lixa CNF	5:54.65	214
	50m: 39.55 39.55	150m: 2:08.61 44.64	250m: 3:39.36 45.30	350m: 5:11.19	45.88
	100m: 1:23.97 44.42	200m: 2:54.06 45.45	300m: 4:25.31 45.95	400m: 5:54.65	43.46
29.	Gil Jorge, LOGARINHO	216983	Colegio Efanor	5:55.86	212
	50m: 40.28 40.28	150m: 2:10.90 45.32	250m: 3:40.43 45.30	350m: 5:11.52	45.79
	100m: 1:25.58 45.30	200m: 2:55.13 44.23	300m: 4:25.73 45.30	400m: 5:55.86	44.34
30.	Daniel Marques, PINTO	214326	Fluvial Portuense	6:05.82	195
	50m: 40.34 40.34	150m: 2:12.57 45.90	250m: 3:46.96 47.35	350m: 5:20.54	46.94
	100m: 1:26.67 46.33	200m: 2:59.61 47.04	300m: 4:33.60 46.64	400m: 6:05.82	45.28
31.	Raul Mendes, CUNHA	216442	Natao Clube de Fafe	6:06.22	194
	50m: 38.68 38.68	150m: 2:12.24 48.00	250m: 3:46.22 48.04	350m: 5:20.89	48.57
	100m: 1:24.24 45.56	200m: 2:58.18 45.94	300m: 4:32.32 46.10	400m: 6:06.22	45.33
32.	Gabriel Ramos, LOPES	216439	Natao Clube de Fafe	6:07.00	193
	50m: 37.87 37.87	150m: 2:10.76 46.76	250m: 3:45.16 47.05	350m: 5:19.82	47.31
	100m: 1:24.00 46.13	200m: 2:58.11 47.35	300m: 4:32.51 47.35	400m: 6:07.00	47.18
33.	Afonso Santos, LEAO	221267	Vilacondense	6:16.71	178
	50m: 42.48 42.48	150m: 2:18.23 48.72	250m: 3:55.54 48.74	350m: 5:32.89	48.56
	100m: 1:29.51 47.03	200m: 3:06.80 48.57	300m: 4:44.33 48.79	400m: 6:16.71	43.82
34.	Micah Daniel, RIBEIRO	224876	Vit�ria Sport Clube	6:28.74	162
	50m: 39.69 39.69	150m: 2:19.13 50.99	250m: 4:00.90 51.22	350m: 5:41.30	49.42
	100m: 1:28.14 48.45	200m: 3:09.68 50.55	300m: 4:51.88 50.98	400m: 6:28.74	47.44
35.	Duarte Leao, PINTO	221946	Aquatico Pacense	6:40.90	148
	50m: 44.18 44.18	150m: 2:25.78 51.66	250m: 4:12.16 53.83	350m: 5:52.81	48.42
	100m: 1:34.12 49.94	200m: 3:18.33 52.55	300m: 5:04.39 52.23	400m: 6:40.90	48.09
DNS	Goncalo Samuel, SOARES	224723	Natao Clube de Fafe		
WDR	Rodrigo Daniel, RESENDE	217117	Natacao de Valongo		

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ORGANIZAO



PARCEIRO INSTITUCIONAL



FORNECEDOR OFICIAL



Prova 13, Masc., 400m Livres

Infantis A

1.	Goncalo Zamith, PASSOS	210945	Clube Naval Povoense	4:36.23	453
	50m: 31.07 31.07	150m: 1:38.79 34.21	250m: 2:50.46 36.16	350m: 4:02.64 36.30	
	100m: 1:04.58 33.51	200m: 2:14.30 35.51	300m: 3:26.34 35.88	400m: 4:36.23 33.59	
2.	Martim Jorge, CARDOSO	210639	Aquatico Pacense	4:39.06	439
	50m: 30.91 30.91	150m: 1:40.12 35.41	250m: 2:52.33 36.01	350m: 4:04.73 35.85	
	100m: 1:04.71 33.80	200m: 2:16.32 36.20	300m: 3:28.88 36.55	400m: 4:39.06 34.33	
3.	Pedro Pereira, ALMEIDA	140409	Colegio Efanor	4:42.14	425
	50m: 31.68 31.68	150m: 1:41.26 35.54	250m: 2:53.87 36.50	350m: 4:07.30 36.54	
	100m: 1:05.72 34.04	200m: 2:17.37 36.11	300m: 3:30.76 36.89	400m: 4:42.14 34.84	
4.	Leonardo Silva, ANTUNES	211981	Famaliç�o	4:51.00	388
	50m: 33.27 33.27	150m: 1:46.95 36.69	250m: 3:01.88 37.68	350m: 4:16.69 37.29	
	100m: 1:10.26 36.99	200m: 2:24.20 37.25	300m: 3:39.40 37.52	400m: 4:51.00 34.31	
5.	Joao Nascimento, SILVA	201825	Porto	4:51.82	384
	50m: 33.66 33.66	150m: 1:49.16 37.95	250m: 3:03.29 36.78	350m: 4:17.16 36.85	
	100m: 1:11.21 37.55	200m: 2:26.51 37.35	300m: 3:40.31 37.02	400m: 4:51.82 34.66	
6.	Aron Coelho, RAMOS	211611	Vilacondense	4:54.55	374
	50m: 31.94 31.94	150m: 1:44.50 36.86	250m: 3:01.96 39.28	350m: 4:18.73 38.16	
	100m: 1:07.64 35.70	200m: 2:22.68 38.18	300m: 3:40.57 38.61	400m: 4:54.55 35.82	
7.	Goncalo Paiva, CARDOSO	209269	Fluvial Portuense	4:59.54	355
	50m: 34.10 34.10	150m: 1:50.39 38.67	250m: 3:06.94 37.90	350m: 4:23.00 37.62	
	100m: 1:11.72 37.62	200m: 2:29.04 38.65	300m: 3:45.38 38.44	400m: 4:59.54 36.54	
8.	Gustavo Rolim, FERNANDES	216984	Colegio Efanor	5:01.25	349
	50m: 33.09 33.09	150m: 1:46.65 37.73	250m: 3:04.25 38.86	350m: 4:23.00 39.59	
	100m: 1:08.92 35.83	200m: 2:25.39 38.74	300m: 3:43.41 39.16	400m: 5:01.25 38.25	
9.	Vasco Romero, PONTES	208872	Vilacondense	5:02.38	345
	50m: 34.48 34.48	150m: 1:50.78 38.62	250m: 3:08.64 38.91	350m: 4:25.59 37.92	
	100m: 1:12.16 37.68	200m: 2:29.73 38.95	300m: 3:47.67 39.03	400m: 5:02.38 36.79	
10.	Diogo Costa, LAPO	211704	Porto	5:03.18	343
	50m: 32.94 32.94	150m: 1:48.37 38.24	250m: 3:06.27 38.85	350m: 4:25.08 39.38	
	100m: 1:10.13 37.19	200m: 2:27.42 39.05	300m: 3:45.70 39.43	400m: 5:03.18 38.10	
11.	David Marques, SOUSA	209501	Vilacondense	5:03.95	340
	50m: 34.07 34.07	150m: 1:50.07 38.43	250m: 3:06.53 38.39	350m: 4:24.87 39.31	
	100m: 1:11.64 37.57	200m: 2:28.14 38.07	300m: 3:45.56 39.03	400m: 5:03.95 39.08	
12.	Danylo Lew, DEYNEKA	219869	Natacao de Valongo	5:06.19	333
	50m: 34.14 34.14	150m: 1:50.41 38.37	250m: 3:08.72 39.44	350m: 4:28.19 39.43	
	100m: 1:12.04 37.90	200m: 2:29.28 38.87	300m: 3:48.76 40.04	400m: 5:06.19 38.00	
13.	David Silva, CORREIA	214261	Vilacondense	5:08.50	325
	50m: 34.97 34.97	150m: 1:52.20 39.17	250m: 3:11.80 40.32	350m: 4:30.79 39.60	
	100m: 1:13.03 38.06	200m: 2:31.48 39.28	300m: 3:51.19 39.39	400m: 5:08.50 37.71	
14.	Joao Augusto, COSTA	214340	Leix�es Sport Clube	5:09.31	323
	50m: 32.57 32.57	150m: 1:50.86 40.43	250m: 3:10.83 39.62	350m: 4:31.72 39.79	
	100m: 1:10.43 37.86	200m: 2:31.21 40.35	300m: 3:51.93 41.10	400m: 5:09.31 37.59	
15.	Joao Guilherme, COSTA	210247	Porto	5:09.47	322
	50m: 34.50 34.50	150m: 1:51.51 39.07	250m: 3:11.25 39.85	350m: 4:31.08 40.30	
	100m: 1:12.44 37.94	200m: 2:31.40 39.89	300m: 3:50.78 39.53	400m: 5:09.47 38.39	
16.	Santiago Marques, FREIXEDELO	212462	Leix�es Sport Clube	5:12.24	314
	50m: 34.04 34.04	150m: 1:53.23 40.43	250m: 3:14.34 40.12	350m: 4:34.14 39.44	
	100m: 1:12.80 38.76	200m: 2:34.22 40.99	300m: 3:54.70 40.36	400m: 5:12.24 38.10	
17.	Tiago Alexandre, CARNEIRO	211711	Porto	5:12.61	312
	50m: 34.92 34.92	150m: 1:53.06 39.84	250m: 3:13.25 39.90	350m: 4:33.64 40.35	
	100m: 1:13.22 38.30	200m: 2:33.35 40.29	300m: 3:53.29 40.04	400m: 5:12.61 38.97	
18.	Pedro Nuno, PINHO	214672	Porto	5:13.64	309
	50m: 37.22 37.22	150m: 1:56.12 40.20	250m: 3:16.66 40.36	350m: 4:35.47 39.41	
	100m: 1:15.92 38.70	200m: 2:36.30 40.18	300m: 3:56.06 39.40	400m: 5:13.64 38.17	
19.	Edgar Manuel, MONIZ	220034	Fluvial Portuense	5:16.16	302
	50m: 35.06 35.06	150m: 1:54.21 40.18	250m: 3:15.29 40.54	350m: 4:36.22 39.95	
	100m: 1:14.03 38.97	200m: 2:34.75 40.54	300m: 3:56.27 40.98	400m: 5:16.16 39.94	
20.	Joao Pedro, VENTURA	209132	Foca Quinta da Lixa CNF	5:16.63	301
	50m: 34.55 34.55	150m: 1:55.47 40.81	250m: 3:15.99 40.03	350m: 4:37.30 40.81	
	100m: 1:14.66 40.11	200m: 2:35.96 40.49	300m: 3:56.49 40.50	400m: 5:16.63 39.33	

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15/01/2025 15:20 - P gina 3

Prova 13, Masc., 400m Livres, Infantis A

Lugar	Nome	Licena	Clube	Tempo Final	AQUA
21.	Daniel Pinheiro, OLIVEIRA	209500	Vilacondense	5:17.02	300
	50m: 34.99 34.99	150m: 1:55.32 40.61	250m: 3:17.15 41.02	350m: 4:38.95	40.92
	100m: 1:14.71 39.72	200m: 2:36.13 40.81	300m: 3:58.03 40.88	400m: 5:17.02	38.07
22.	Joao Daniel, FERREIRA	214369	Vilacondense	5:18.42	296
	50m: 35.30 35.30	150m: 1:55.60 40.41	250m: 3:17.89 41.08	350m: 4:41.31	41.29
	100m: 1:15.19 39.89	200m: 2:36.81 41.21	300m: 4:00.02 42.13	400m: 5:18.42	37.11
23.	Guilherme Marques, FREIXEDELLO	212465	Leix�es Sport Clube	5:19.46	293
	50m: 34.61 34.61	150m: 1:54.30 40.19	250m: 3:16.11 41.40	350m: 4:38.72	40.69
	100m: 1:14.11 39.50	200m: 2:34.71 40.41	300m: 3:58.03 41.92	400m: 5:19.46	40.74
24.	Pedro Henrique, SOARES	214805	Leix�es Sport Clube	5:19.51	293
	50m: 36.43 36.43	150m: 1:57.07 40.83	250m: 3:19.61 41.46	350m: 4:41.60	40.15
	100m: 1:16.24 39.81	200m: 2:38.15 41.08	300m: 4:01.45 41.84	400m: 5:19.51	37.91
25.	Lourenco Pinto, SILVA	218302	Fluvial Portuense	5:19.76	292
	50m: 35.05 35.05	150m: 1:55.94 41.17	250m: 3:19.45 41.90	350m: 4:42.12	40.87
	100m: 1:14.77 39.72	200m: 2:37.55 41.61	300m: 4:01.25 41.80	400m: 5:19.76	37.64
26.	Francisco Ferreira, PAIVA	212464	Leix�es Sport Clube	5:20.22	291
	50m: 35.94 35.94	150m: 1:58.85 42.36	250m: 3:22.73 41.68	350m: 4:44.82	41.01
	100m: 1:16.49 40.55	200m: 2:41.05 42.20	300m: 4:03.81 41.08	400m: 5:20.22	35.40
27.	Luis Vila, VERDE	212699	Propaganda da Natao	5:21.52	287
	50m: 37.42 37.42	150m: 1:59.87 41.51	250m: 3:22.90 41.55	350m: 4:43.89	40.29
	100m: 1:18.36 40.94	200m: 2:41.35 41.48	300m: 4:03.60 40.70	400m: 5:21.52	37.63
28.	Vasco Costa, LAPO	211712	Porto	5:24.42	280
	50m: 35.84 35.84	150m: 1:56.61 40.81	250m: 3:19.96 42.05	350m: 4:43.90	42.21
	100m: 1:15.80 39.96	200m: 2:37.91 41.30	300m: 4:01.69 41.73	400m: 5:24.42	40.52
29.	Joao Paulo, RODRIGUES	219221	Natao Clube de Fafe	5:34.48	255
	50m: 38.98 38.98	150m: 2:03.09 42.45	250m: 3:28.18 42.43	350m: 4:52.63	42.06
	100m: 1:20.64 41.66	200m: 2:45.75 42.66	300m: 4:10.57 42.39	400m: 5:34.48	41.85
30.	Diogo Rodrigues, SOARES	219216	Natao Clube de Fafe	5:35.01	254
	50m: 36.09 36.09	150m: 2:00.03 43.09	250m: 3:25.57 42.68	350m: 4:52.35	44.03
	100m: 1:16.94 40.85	200m: 2:42.89 42.86	300m: 4:08.32 42.75	400m: 5:35.01	42.66
31.	Daniel Kurokhtin, KHAN	212821	Fluvial Portuense	5:40.75	241
	50m: 37.60 37.60	150m: 2:03.22 43.10	250m: 3:29.77 43.18	350m: 4:58.48	44.78
	100m: 1:20.12 42.52	200m: 2:46.59 43.37	300m: 4:13.70 43.93	400m: 5:40.75	42.27
32.	Rodrigo Granja, SILVA	214361	Vilacondense	5:49.04	224
	50m: 37.93 37.93	150m: 2:07.01 44.94	250m: 3:36.14 44.31	350m: 5:06.89	45.50
	100m: 1:22.07 44.14	200m: 2:51.83 44.82	300m: 4:21.39 45.25	400m: 5:49.04	42.15
33.	Goncalo Jose, PEIXOTO	215277	Vilacondense	5:50.52	222
	50m: 38.39 38.39	150m: 2:08.05 45.72	250m: 3:38.00 45.13	350m: 5:07.34	44.61
	100m: 1:22.33 43.94	200m: 2:52.87 44.82	300m: 4:22.73 44.73	400m: 5:50.52	43.18
34.	Matias Castro, ALVES	212824	Aquatico Pacense	5:52.98	217
	50m: 40.63 40.63	150m: 2:09.93 45.16	250m: 3:39.54 44.75	350m: 5:09.57	45.03
	100m: 1:24.77 44.14	200m: 2:54.79 44.86	300m: 4:24.54 45.00	400m: 5:52.98	43.41
35.	Dinis Araujo, SILVA	211658	Famalic�o	5:58.09	208
	50m: 39.24 39.24	150m: 2:09.08 45.72	250m: 3:40.58 46.16	350m: 5:13.33	46.01
	100m: 1:23.36 44.12	200m: 2:54.42 45.34	300m: 4:27.32 46.74	400m: 5:58.09	44.76
36.	Martim Azevedo, OLIVEIRA	219776	Penafiel	6:36.06	153
	50m: 46.91 46.91	150m: 2:28.11 50.42	250m: 4:10.53 51.11	350m: 5:50.08	49.70
	100m: 1:37.69 50.78	200m: 3:19.42 51.31	300m: 5:00.38 49.85	400m: 6:36.06	45.98
37.	Pedro Eduardo, LEAO	211681	Aquatico Pacense	6:36.96	152
	50m: 44.83 44.83	150m: 2:24.92 50.43	250m: 4:06.99 50.84	350m: 5:47.96	50.12
	100m: 1:34.49 49.66	200m: 3:16.15 51.23	300m: 4:57.84 50.85	400m: 6:36.96	49.00
38.	Manuel Maria, PEREIRA	212091	CLIP Teams	6:40.28	149
	50m: 43.01 43.01	150m: 2:25.07 53.01	250m: 4:11.62 53.50	350m: 5:54.88	48.29
	100m: 1:32.06 49.05	200m: 3:18.12 53.05	300m: 5:06.59 54.97	400m: 6:40.28	45.40
39.	Santiago Ferreira, SOARES	222782	Penafiel	6:41.63	147
	50m: 40.31 40.31	150m: 2:22.30 53.02	250m: 4:09.25 54.32	350m: 5:54.97	51.84
	100m: 1:29.28 48.97	200m: 3:14.93 52.63	300m: 5:03.13 53.88	400m: 6:41.63	46.66
WDR	Rodrigo Cerquido, PEREIRA	209064	Colegio Efanor		
WDR	Martim Bragana, RAMALHEIRA	221707	Colegio Efanor		
WDR	Daniel Dias, FERREIRA	214334	Foca Quinta da Lixa CNF		
WDR	Rodrigo Cunha, MENDES	211997	Lousada Sec. XXI		

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Prova 13, Masc., 400m Livres, Infantis A

Lugar	Nome	Licena	Clube	Tempo Final	AQUA
WDR	Vasco Alexandre, SILVA	214236	Natao Clube de Fafe		
WDR	Francisco Miranda, PEREIRA	222560	Vit�ria Sport Clube		
EXH	Yair, VERMAN HALABI	224774	Porto	4:45.24	412
	50m: 32.31 32.31	150m: 1:44.11 36.01	250m: 2:56.53 36.40	350m: 4:09.50 36.57	
	100m: 1:08.10 35.79	200m: 2:20.13 36.02	300m: 3:32.93 36.40	400m: 4:45.24 35.74	
EXH	Filipe Miguel, PIRES	218010	EMNVinhais/FCV	4:46.45	406
	50m: 31.66 31.66	150m: 1:42.05 35.83	250m: 2:55.29 37.05	350m: 4:10.08 36.90	
	100m: 1:06.22 34.56	200m: 2:18.24 36.19	300m: 3:33.18 37.89	400m: 4:46.45 36.37	
EXH	Jefferson Felipe, NETO	222073	Porto	5:19.74	292
	50m: 36.93 36.93	150m: 1:58.19 41.39	250m: 3:19.88 40.80	350m: 4:40.98 40.99	
	100m: 1:16.80 39.87	200m: 2:39.08 40.89	300m: 3:59.99 40.11	400m: 5:19.74 38.76	
EXH	Volodymyr, ROKYTSKYI-SAK	218372	CLIP Teams	5:22.59	284
	50m: 34.68 34.68	150m: 1:54.45 41.11	250m: 3:19.09 42.88	350m: 4:42.74 40.53	
	100m: 1:13.34 38.66	200m: 2:36.21 41.76	300m: 4:02.21 43.12	400m: 5:22.59 39.85	
EXH	Mark, NEZHURKO	215382	Leix�es Sport Clube	5:31.96	261
	50m: 36.55 36.55	150m: 2:01.96 43.38	250m: 3:27.88 42.53	350m: 4:52.62 41.85	
	100m: 1:18.58 42.03	200m: 2:45.35 43.39	300m: 4:10.77 42.89	400m: 5:31.96 39.34	
EXH	William James, SANBERG	222925	Vilacondense	5:48.51	225
	50m: 39.40 39.40	150m: 2:11.03 47.55	250m: 3:46.25 47.16	350m: 5:17.67 42.22	
	100m: 1:23.48 44.08	200m: 2:59.09 48.06	300m: 4:35.45 49.20	400m: 5:48.51 30.84	
EXH	Martim Beato, GUEDES	219121	EMNVinhais/FCV	5:49.74	223
	50m: 39.38 39.38	150m: 2:09.09 44.81	250m: 3:38.65 44.80	350m: 5:07.87 44.70	
	100m: 1:24.28 44.90	200m: 2:53.85 44.76	300m: 4:23.17 44.52	400m: 5:49.74 41.87	
EXH	Ignacio Francisco, GUERRA	217305	CLIP Teams	5:51.80	219
	50m: 39.65 39.65	150m: 2:07.67 44.51	250m: 3:35.72 44.01	350m: 5:07.07 46.53	
	100m: 1:23.16 43.51	200m: 2:51.71 44.04	300m: 4:20.54 44.82	400m: 5:51.80 44.73	

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