



XXVII Torneio Taça Cidade de Alcobça
Alcobça, 15/2/2025



Prova 9

Femin., 200m Costas

GO (SEN+JUN)

15/02/2025 - 17:18

Resultados

| | | | | | |
|----------------|---------|--------------------------|-----|-------------------|------|
| Rec. Tor. | 2:15.40 | Francisca, AZEVEDO | | Alcobça | 2015 |
| Rec. Nac. Open | 2:04.39 | Camila Rodrigues, REBELO | POR | Otopeni (ROU) | 2023 |
| Rec. Nac. SEN | 2:04.39 | Camila Rodrigues, REBELO | POR | Otopeni (ROU) | 2023 |
| Rec. Nac. 18 | 2:10.31 | Camila Rodrigues, REBELO | ALN | Gafanha da Nazare | 2021 |
| Rec. Nac. 17 | 2:11.13 | Camila Rodrigues, REBELO | ALN | Felgueiras | 2019 |
| Rec. Nac. 16 | 2:11.74 | Camila Rodrigues, REBELO | ALN | Felgueiras | 2018 |

Pontos: AQUA 2024

| Lugar | Ano | Tempo final | Pts |
|---|-------------------------|---------------------|---------------------|
| 1. Rita Barros, FRISCHKNECHT <i>Recorde do Torneio Abs</i> | 98 Benfca | 2:12.88 9,00 | 717 |
| 50m: 31.03 31.03 | 100m: 1:04.75 33.72 | 150m: 1:39.08 34.33 | 200m: 2:12.88 33.80 |
| 2. Helena Nunes, RODRIGUES | 03 Condeixa Aqua Clube | 2:28.31 7,00 | 515 |
| 50m: 35.15 35.15 | 100m: 1:12.84 37.69 | 150m: 1:51.57 38.73 | 200m: 2:28.31 36.74 |
| 3. Alana Costa, MATIAS | 09 Nútico Académico | 2:29.56 6,00 | 502 |
| 50m: 35.50 35.50 | 100m: 1:13.27 37.77 | 150m: 1:51.63 38.36 | 200m: 2:29.56 37.93 |
| 4. Cristiana Sofia, DUARTE | 07 Academica de Coimbra | 2:29.81 5,00 | 500 |
| 50m: 35.74 35.74 | 100m: 1:14.30 38.56 | 150m: 1:51.84 37.54 | 200m: 2:29.81 37.97 |
| 5. Joana Monteiro, CAETANO | 08 Geslours | 2:34.40 4,00 | 457 |
| 50m: 34.96 34.96 | 100m: 1:13.57 38.61 | 150m: 1:54.22 40.65 | 200m: 2:34.40 40.18 |
| 6. Bruna Andreia, SIMOES | 01 Vieiraense | 2:40.06 3,00 | 410 |
| 50m: 37.46 37.46 | 100m: 1:18.45 40.99 | 150m: 1:59.77 41.32 | 200m: 2:40.06 40.29 |
| 7. Ana Margarida, MARQUES | 09 Ba-Leiria | 2:41.65 2,00 | 398 |
| 50m: 38.01 38.01 | 100m: 1:19.40 41.39 | 150m: 2:01.48 42.08 | 200m: 2:41.65 40.17 |
| 8. Matilde Monteiro, NEVES | 08 Nucleo de Pombal | 2:50.45 1,00 | 339 |
| 50m: 39.69 39.69 | 100m: 1:22.50 42.81 | 150m: 2:06.77 44.27 | 200m: 2:50.45 43.68 |
| 9. Catarina Tagaroso, LOBO | 07 Uniao Juncalense | 2:59.51 - | 290 |
| 50m: 40.39 40.39 | 100m: 1:25.12 44.73 | 150m: 2:12.15 47.03 | 200m: 2:59.51 47.36 |





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Prova 9 Femin., 200m Costas Juvenil A
15/02/2025 - 17:18 Resultados

| | | | | | |
|-----------------|---------|--------------------------|-----|---------------|------|
| Rec. Tor. | 2:19.55 | Joana Ribeiro, MARTINS | SLB | Alcobça | 2018 |
| Rec. Nac. Open | 2:04.39 | Camila Rodrigues, REBELO | POR | Otopeni (ROU) | 2023 |
| Rec. Nac. JUV A | 2:14.11 | Camila Rodrigues, REBELO | ALN | Condeixa | 2018 |

Pontos: AQUA 2024

| Lugar | Ano | Tempo final | Pts |
|--|------------------------------|---------------------|---------------------|
| 1. Maria Ines, GANTE | 10 Nútico Académico | 2:33.63 9,00 | 464 |
| 50m: 36.02 36.02 | 100m: 1:14.48 38.46 | 150m: 1:54.60 40.12 | 200m: 2:33.63 39.03 |
| 2. Maria Francisca, MOREIRA | 10 Bombeiros dos Estoris | 2:33.87 7,00 | 461 |
| 50m: 35.21 35.21 | 100m: 1:13.99 38.78 | 150m: 1:54.38 40.39 | 200m: 2:33.87 39.49 |
| 3. Madalena Gracio, PEDROSO | 10 Nautico Marinha Grande | 2:34.22 6,00 | 458 |
| 50m: 35.71 35.71 | 100m: 1:15.00 39.29 | 150m: 1:55.75 40.75 | 200m: 2:34.22 38.47 |
| 4. Maria Rita, FILIPE | 10 Geslours | 2:34.27 5,00 | 458 |
| 50m: 36.20 36.20 | 100m: 1:14.71 38.51 | 150m: 1:54.61 39.90 | 200m: 2:34.27 39.66 |
| 5. Vida Sofia, VELEZ | 10 Ba-Leiria | 2:36.36 4,00 | 440 |
| 50m: 36.54 36.54 | 100m: 1:15.90 39.36 | 150m: 1:56.63 40.73 | 200m: 2:36.36 39.73 |
| 6. Debora Silva, INACIO | 10 Pimpoes/Cimai | 2:37.99 3,00 | 426 |
| 50m: 36.45 36.45 | 100m: 1:16.43 39.98 | 150m: 1:56.52 40.09 | 200m: 2:37.99 41.47 |
| 7. Bruna Sofia, SIMOES | 10 Sporting | 2:39.89 2,00 | 411 |
| 50m: 37.00 37.00 | 100m: 1:17.52 40.52 | 150m: 1:58.97 41.45 | 200m: 2:39.89 40.92 |
| 8. Victoria Sales, PROENCA | 10 Benfica | 2:40.74 1,00 | 405 |
| 50m: 38.57 38.57 | 100m: 1:19.95 41.38 | 150m: 2:00.75 40.80 | 200m: 2:40.74 39.99 |
| 9. Maria Ines, RODRIGUES | 10 Condeixa Aqua Clube | 2:46.03 - | 367 |
| 50m: 39.85 39.85 | 100m: 1:21.83 41.98 | 150m: 2:04.36 42.53 | 200m: 2:46.03 41.67 |
| 10. Laura Nobre, MONTEIRO | 10 Columbofila Cantanhedense | 2:47.41 - | 358 |
| 50m: 40.27 40.27 | 100m: 1:23.10 42.83 | 150m: 2:06.39 43.29 | 200m: 2:47.41 41.02 |
| DSQ Matilde Brandao, CARVALHO | 10 Fluvial Portuense | - | - |
| <i>A Atleta na viragem dos 100 metros, não efectuou a viragem logo após terminar o movimento continuo da braçada</i> | | | |





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Alcobaca, 15/2/2025



Prova 9, Femin., 200m Costas

Prova 9 Femin., 200m Costas Juvenil B
15/02/2025 - 17:18 Resultados

| | | | | | |
|-----------------|---------|---------------------------|-------|---------------|------|
| Rec. Tor. | 2:21.05 | Susana, MIGUEL | SFUAP | Alcobaca | 2004 |
| Rec. Nac. Open | 2:04.39 | Camila Rodrigues, REBELO | POR | Otopeni (ROU) | 2023 |
| Rec. Nac. JUV B | 2:17.86 | Catia Raquel, MARTINHEIRA | LDC | Sines | 2008 |

Pontos: AQUA 2024

| Lugar | Ano | Tempo final | Pts |
|---|------------------------------|---------------------|---------------------|
| 1. Maria Joao, VALA | 11 Pimpoes/Cimai | 2:33.74 9,00 | 463 |
| 50m: 37.02 37.02 | 100m: 1:16.21 39.19 | 150m: 1:55.94 39.73 | 200m: 2:33.74 37.80 |
| 2. Margarida Almeida, FERREIRA | 11 Sporting | 2:33.75 7,00 | 462 |
| 50m: 35.83 35.83 | 100m: 1:14.79 38.96 | 150m: 1:54.60 39.81 | 200m: 2:33.75 39.15 |
| 3. Matilde Sofia, PEREIRA | 11 Condeixa Aqua Clube | 2:35.32 6,00 | 449 |
| 50m: 37.82 37.82 | 100m: 1:17.07 39.25 | 150m: 1:56.99 39.92 | 200m: 2:35.32 38.33 |
| 4. Leonor Mota, ALVES | 11 Nautico Marinha Grande | 2:35.57 5,00 | 446 |
| 50m: 36.62 36.62 | 100m: 1:15.40 38.78 | 150m: 1:55.98 40.58 | 200m: 2:35.57 39.59 |
| 5. Matilde Paiva, CARDOSO | 11 Fluvial Portuense | 2:36.06 4,00 | 442 |
| 50m: 36.90 36.90 | 100m: 1:16.43 39.53 | 150m: 1:56.81 40.38 | 200m: 2:36.06 39.25 |
| 6. Francisca Meneses, GONCALVES | 11 Benfica | 2:36.21 3,00 | 441 |
| 50m: 36.41 36.41 | 100m: 1:15.53 39.12 | 150m: 1:56.22 40.69 | 200m: 2:36.21 39.99 |
| 7. Carolina Damas, PITA | 11 Nautico Academico | 2:41.66 2,00 | 398 |
| 50m: 38.64 38.64 | 100m: 1:19.90 41.26 | 150m: 2:01.21 41.31 | 200m: 2:41.66 40.45 |
| 8. Sara Ferreira, SANTOS | 11 Columbofila Cantanhedense | 2:42.43 1,00 | 392 |
| 50m: 38.16 38.16 | 100m: 1:18.74 40.58 | 150m: 2:00.67 41.93 | 200m: 2:42.43 41.76 |
| 9. Rita Ribeiro, PEREIRA | 11 Gesloures | 2:45.96 - | 368 |
| 50m: 38.09 38.09 | 100m: 1:19.90 41.81 | 150m: 2:03.81 43.91 | 200m: 2:45.96 42.15 |
| 10. Erica Felix, RODRIGUES | 11 Uniao Juncalense | 3:10.76 - | 242 |
| 50m: 43.88 43.88 | 100m: 1:32.44 48.56 | 150m: 2:23.50 51.06 | 200m: 3:10.76 47.26 |
| DSQ Carolina Silva, CASTANHEIRA | 11 CNLeiria - VOID | - | - |
| <i>A Atleta na viragem dos 50 metros, não efectuou a viragem logo após terminar o movimento continuo da braçada</i> | | | |
| DNS Yara Silva, INES | 11 Ba-Leiria | - | - |





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Prova 9, Femin., 200m Costas

Prova 9 Femin., 200m Costas Infantil A
15/02/2025 - 17:18 Resultados

| | | | | | |
|-----------------|---------|--------------------------|-----|---------------|------|
| Rec. Tor. | 2:24.28 | Catia, MARTINHEIRA | LDC | Alcobaca | 2008 |
| Rec. Nac. Open | 2:04.39 | Camila Rodrigues, REBELO | POR | Otopeni (ROU) | 2023 |
| Rec. Nac. INF A | 2:21.33 | Rafaela Gomes, AZEVEDO | SAD | Algés | 2015 |

Pontos: AQUA 2024

| Lugar | Ano | Tempo final | Pts |
|-----------------------------|------------------------|---------------------|---------------------|
| 1. Maria Leonor, LOBO | 12 Condeixa Aqua Clube | 2:39.15 9,00 | 417 |
| 50m: 37.97 37.97 | 100m: 1:18.52 40.55 | 150m: 1:59.51 40.99 | 200m: 2:39.15 39.64 |
| 2. Luna Francisco, PEREIRA | 12 Nucleo de Pombal | 2:43.87 7,00 | 382 |
| 50m: 38.04 38.04 | 100m: 1:19.91 41.87 | 150m: 2:02.65 42.74 | 200m: 2:43.87 41.22 |
| 3. Leonor Simoes, SOUSA | 12 Náutico Académico | 2:48.54 6,00 | 351 |
| 50m: 39.43 39.43 | 100m: 1:22.85 43.42 | 150m: 2:07.05 44.20 | 200m: 2:48.54 41.49 |
| 4. Maria Ines, ANTUNES | 12 Benfica | 2:49.10 5,00 | 347 |
| 50m: 40.42 40.42 | 100m: 1:23.48 43.06 | 150m: 2:06.24 42.76 | 200m: 2:49.10 42.86 |
| 5. Safira Pedro, FONSECA | 12 Vieiraense | 2:50.98 4,00 | 336 |
| 50m: 40.76 40.76 | 100m: 1:24.70 43.94 | 150m: 2:08.66 43.96 | 200m: 2:50.98 42.32 |
| 6. Beatriz Julio, CORREIA | 12 CNLeiria - VOID | 2:52.30 3,00 | 328 |
| 50m: 40.04 40.04 | 100m: 1:23.89 43.85 | 150m: 2:08.62 44.73 | 200m: 2:52.30 43.68 |
| 7. Jessica Garcia, FERREIRA | 12 Óbidos | 3:11.36 2,00 | 240 |
| 50m: 44.80 44.80 | 100m: 1:34.91 50.11 | 150m: 2:24.32 49.41 | 200m: 3:11.36 47.04 |
| 8. Isabella Rosa, CRUZ | 12 Naval Setubalense | 3:16.98 1,00 | 220 |
| 50m: 45.72 45.72 | 100m: 1:36.70 50.98 | 150m: 2:28.55 51.85 | 200m: 3:16.98 48.43 |

Prova 9 Femin., 200m Costas Infantil B
15/02/2025 - 17:18 Resultados

| | | | | | |
|-----------------|---------|-----------------------------|------|---------------|------|
| Rec. Tor. | 2:32.76 | Diana, ROMAO | CNAL | Alcobaca | 2014 |
| Rec. Nac. Open | 2:04.39 | Camila Rodrigues, REBELO | POR | Otopeni (ROU) | 2023 |
| Rec. Nac. INF B | 2:27.90 | Carolina Miranda, FERNANDES | CGA | Mealhada | 2017 |

Pontos: AQUA 2024

| Lugar | Ano | Tempo final | Pts |
|------------------------------|----------------------|---------------------|---------------------|
| 1. Polina, ZABELINA | 13 Fluvial Portuense | 2:43.76 9,00 | 383 |
| 50m: 37.65 37.65 | 100m: 1:19.87 42.22 | 150m: 2:02.30 42.43 | 200m: 2:43.76 41.46 |
| 2. Ines Miguel, BASTOS | 13 Sporting | 2:53.09 7,00 | 324 |
| 50m: 40.44 40.44 | 100m: 1:24.40 43.96 | 150m: 2:10.04 45.64 | 200m: 2:53.09 43.05 |
| 3. Maria Leal, ALVES | 13 Alcobaca | 2:53.39 6,00 | 322 |
| 50m: 40.42 40.42 | 100m: 1:25.49 45.07 | 150m: 2:10.29 44.80 | 200m: 2:53.39 43.10 |
| 4. Madalena Marques, MARTINS | 13 União Piedense | 2:54.29 5,00 | 317 |
| 50m: 41.97 41.97 | 100m: 1:26.34 44.37 | 150m: 2:11.38 45.04 | 200m: 2:54.29 42.91 |





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Alcobaça, 15/2/2025



Prova 9, Femin., 200m Costas, Infantil B

| Lugar | Ano | Tempo final | Pts |
|----------------------------------|------------------------------|---------------------|---------------------|
| 5. Maria Costa, VIEGAS | 13 Academica de Coimbra | 3:05.47 4,00 | 263 |
| 50m: 47.41 47.41 | 100m: 1:33.61 46.20 | 150m: 2:20.76 47.15 | 200m: 3:05.47 44.71 |
| 6. Matilde Goncalves, SILVA | 13 Condeixa Aqua Clube | 3:07.03 3,00 | 257 |
| 50m: 43.97 43.97 | 100m: 1:32.77 48.80 | 150m: 2:21.42 48.65 | 200m: 3:07.03 45.61 |
| 7. Emma Henriques, SOUTO | 13 Óbidos | 3:08.05 2,00 | 253 |
| 50m: 42.93 42.93 | 100m: 1:29.77 46.84 | 150m: 2:19.67 49.90 | 200m: 3:08.05 48.38 |
| 8. Maria Mar, JESUS | 13 Columbofila Cantanhedense | 3:08.97 1,00 | 249 |
| 50m: 43.88 43.88 | 100m: 1:32.13 48.25 | 150m: 2:21.34 49.21 | 200m: 3:08.97 47.63 |
| 9. Laura Silva, MARTINS | 13 Ba-Leiria | 3:19.45 - | 212 |
| 50m: 46.22 46.22 | 100m: 1:37.28 51.06 | 150m: 2:29.03 51.75 | 200m: 3:19.45 50.42 |
| 10. Avron Dawn, SANTOS | 13 Vieiraense | 3:21.38 - | 206 |
| 50m: 45.98 45.98 | 100m: 1:37.40 51.42 | 150m: 2:30.75 53.35 | 200m: 3:21.38 50.63 |
| 11. Victoria Cerqueira, SOBREIRO | 13 Pimpoes/Cimai | 3:26.38 - | 191 |
| 50m: 47.37 47.37 | 100m: 1:39.31 51.94 | 150m: 2:32.61 53.30 | 200m: 3:26.38 53.77 |
| DNS Joana Sofia, FERNANDO | 13 Náutico Académico | - | |
| EXH Ana Francisca, SILVA | 06 Alcobaca | 2:28.89 - | 509 |
| 50m: 35.26 35.26 | 100m: 1:13.06 37.80 | 150m: 1:51.52 38.46 | 200m: 2:28.89 37.37 |

