

Prova 3  
15/02/2025 - 15:14  
Femin., 200m Bruços  
GO (SEN+JUN)  
Resultados

Rec. Tor.	2:28.89	Victoria, KAMINSKAYA		Alcobaca	2012
Rec. Nac. Open	2:22.12	Raquel Gomes, PEREIRA	SAD	Algés	2019
Rec. Nac. SEN	2:22.12	Raquel Gomes, PEREIRA	SAD	Algés	2019
Rec. Nac. 18	2:23.46	Raquel Gomes, PEREIRA	SAD	Porto	2017
Rec. Nac. 17	2:26.47	Raquel Gomes, PEREIRA	SAD	Funchal	2016
Rec. Nac. 16	2:26.87	Raquel Gomes, PEREIRA	SAD	Porto	2015

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Madalena Reis, CERDEIRA 50m: 36.04 36.04	03 Sporting 100m: 1:15.58 39.54	2:35.39 9,00 150m: 1:54.86 39.28	649 200m: 2:35.39 40.53
2. Rita Rocha, SILVA 50m: 38.63 38.63	08 Alcobaca 100m: 1:21.38 42.75	2:49.04 7,00 150m: 2:04.92 43.54	504 200m: 2:49.04 44.12
3. Bruna Matos, FIALHO 50m: 44.55 44.55	08 Uniao Juncalense 100m: 1:36.51 51.96	3:23.46 6,00 150m: 2:30.24 53.73	289 200m: 3:23.46 53.22
DNS Camila Silva, CHAMUSCO	08 Pimpoes/Cimai	-	-

Prova 3  
15/02/2025 - 15:14  
Femin., 200m Bruços  
Juvenil A  
Resultados

Rec. Tor.	2:35.69	Raquel, PEREIRA	SAD	Alcobaca	2015
Rec. Nac. Open	2:22.12	Raquel Gomes, PEREIRA	SAD	Algés	2019
Rec. Nac. JUV A	2:32.36	Diana Duarte, GOMES	ABVE	Alcobaca	2004

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Leonor Pereira, SILVA 50m: 40.08 40.08	10 Óbidos 100m: 1:25.21 45.13	2:57.56 9,00 150m: 2:11.71 46.50	435 200m: 2:57.56 45.85

Prova 3  
15/02/2025 - 15:14  
Femin., 200m Bruços  
Juvenil B  
Resultados

Rec. Tor.	2:40.66	Clara, PEREIRA	SAD	Alcobaca	2016
Rec. Nac. Open	2:22.12	Raquel Gomes, PEREIRA	SAD	Algés	2019
Rec. Nac. JUV B	2:34.51	Diana Duarte, GOMES	ABVE	Reboleira	2003

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Francisca Moreira, FELICIANO 50m: 38.75 38.75	11 Alcobaca 100m: 1:22.82 44.07	2:53.80 9,00 150m: 2:08.11 45.29	464 200m: 2:53.80 45.69
2. Beatriz Marques, GASPAR 50m: 40.75 40.75	11 Nautico Marinha Grande 100m: 1:25.82 45.07	2:56.49 7,00 150m: 2:11.57 45.75	443 200m: 2:56.49 44.92
3. Maria Joao, VALA 50m: 42.15 42.15	11 Pimpoes/Cimai 100m: 1:28.37 46.22	3:00.05 6,00 150m: 2:14.48 46.11	417 200m: 3:00.05 45.57

DSQ Kelly Simao, COSTA 11 Óbidos  
*A atleta fez pernadas verticais durante o percurso*



XXVII Torneio Taça Cidade de Alcobça  
Alcobça, 15/2/2025



Prova 3, Femin., 200m Bruços

Prova 3 Femin., 200m Bruços Infantil A  
15/02/2025 - 15:14 Resultados

Rec. Tor.	2:47.29	Clara, PEREIRA	SAD	Alcobça	2015
Rec. Nac. Open	2:22.12	Raquel Gomes, PEREIRA	SAD	Algés	2019
Rec. Nac. INF A	2:36.86	Clara Gomes, PEREIRA	SAD	Algés	2015

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Leonor Simoes, SOUSA	12 Nútico Académico	2:59.06 9,00	424
50m: 40.99 40.99	100m: 1:26.68 45.69	150m: 2:13.45 46.77	200m: 2:59.06 45.61
2. Laura Krempel, VARELA	12 Pimpoes/Cimai	3:09.78 7,00	356
50m: 43.91 43.91	100m: 1:32.63 48.72	150m: 2:23.02 50.39	200m: 3:09.78 46.76
3. Carlota Velada, PEREIRA	12 Sporting	3:10.38 6,00	353
50m: 42.97 42.97	100m: 1:30.59 47.62	150m: 2:20.60 50.01	200m: 3:10.38 49.78
4. Maria Luisa, NOGUEIRA	12 Academica de Coimbra	3:10.59 5,00	352
50m: 42.92 42.92	100m: 1:33.10 50.18	150m: 2:22.68 49.58	200m: 3:10.59 47.91
5. Maria Ines, ANTUNES	12 Benfica	3:12.54 4,00	341
50m: 44.15 44.15	100m: 1:33.39 49.24	150m: 2:23.21 49.82	200m: 3:12.54 49.33
6. Maria Leonor, FERREIRA	12 Óbidos	3:24.05 3,00	286
50m: 46.98 46.98	100m: 1:39.44 52.46	150m: 2:32.21 52.77	200m: 3:24.05 51.84
7. Alice Mendes, VELOSO	12 União Piedense	3:27.16 2,00	274
50m: 48.07 48.07	100m: 1:41.92 53.85	150m: 2:35.49 53.57	200m: 3:27.16 51.67
8. Madalena Moura, SOUSA	12 Fluvial Portuense	3:28.03 1,00	270
50m: 45.46 45.46	100m: 1:38.30 52.84	150m: 2:33.37 55.07	200m: 3:28.03 54.66
9. Barbara Serrano, LOMBA	12 Ba-Leiria	3:30.51 -	261
50m: 46.78 46.78	100m: 1:40.23 53.45	150m: 2:35.45 55.22	200m: 3:30.51 55.06
10. Maria Silva, FREITAS	12 Naval Do Funchal	3:34.07 -	248
50m: 48.87 48.87	100m: 1:42.99 54.12	150m: 2:38.52 55.53	200m: 3:34.07 55.55
11. Rita Alexandra, JORDAO	12 Uniao Juncalense	3:41.02 -	225
50m: 50.80 50.80	100m: 1:46.70 55.90	150m: 2:45.06 58.36	200m: 3:41.02 55.96
12. Irina Farola, ALBINO	12 Naval Setubalense	3:42.20 -	222
50m: 50.04 50.04	100m: 1:46.54 56.50	150m: 2:44.98 58.44	200m: 3:42.20 57.22
DSQ Rita Francisco, SIMOES	12 Viegense	-	-

*A Atleta na viragem dos 150 metros apenas tocou com uma mão na parede*





XXVII Torneio Taça Cidade de Alcobaca  
Alcobaca, 15/2/2025



Prova 3, Femin., 200m Bruços

Prova 3 Femin., 200m Bruços Infantil B  
15/02/2025 - 15:14 Resultados

Rec. Tor.	2:55.30	Raquel, PEREIRA	SAD	Alcobaca	2012
Rec. Nac. Open	2:22.12	Raquel Gomes, PEREIRA	SAD	Algés	2019
Rec. Nac. INF B	2:45.30	Clara Gomes, PEREIRA	SAD	Algés	2014

Pontos: AQUA 2024

Lugar	Ano	Tempo final	Pts
1. Maria Nunes, ROQUE	13 Benfica	3:25.98 9,00	278
50m: 48.49 48.49	100m: 1:39.60 51.11	150m: 2:31.33 51.73	200m: 3:25.98 54.65
2. Maria Luisa, CASTILLO	13 Nautico Marinha Grande	3:29.34 7,00	265
50m: 47.93 47.93	100m: 1:40.79 52.86	150m: 2:35.15 54.36	200m: 3:29.34 54.19
3. Joana Maria, OLIVEIRA	13 Academica de Coimbra	3:34.04 6,00	248
50m: 50.68 50.68	100m: 1:45.45 54.77	150m: 2:42.26 56.81	200m: 3:34.04 51.78
4. Maria Mar, JESUS	13 Columbofila Cantanhedense	3:37.90 5,00	235
50m: 48.40 48.40	100m: 1:44.97 56.57	150m: 2:42.57 57.60	200m: 3:37.90 55.33
5. Sofia Guilherme, CABREIRA	13 Óbidos	3:38.17 4,00	234
50m: 49.94 49.94	100m: 1:45.99 56.05	150m: 2:44.95 58.96	200m: 3:38.17 53.22
6. Sara Rodrigues, VIEIRA	13 Naval Do Funchal	3:53.78 3,00	190
50m: 53.75 53.75	100m: 1:53.02 59.27	150m: 2:53.27 1:00.25	200m: 3:53.78 1:00.51
EXH Constanca Teopisto, CARVALHO	13 Alcobaca	3:47.44 -	207
50m: 52.78 52.78	100m: 1:51.78 59.00	150m: 2:49.53 57.75	200m: 3:47.44 57.91

