

ZMC ZPC AMERSFOORT 2024  
Amersfoort, 15-12-2024

Programmanr. 3  
15-12-2024 - 15:00

100m vlinderslag

2004 en eerder  
Resultaten

| rang                      | naam              | vereniging                | intijd  |           | tijd           | RT    | 50m     | 100m    |
|---------------------------|-------------------|---------------------------|---------|-----------|----------------|-------|---------|---------|
| <b>Masters 20+, Heren</b> |                   |                           |         |           |                |       |         |         |
| 1.                        | Rik Stahlie       | TriVia                    | 1:11.00 | 200201915 | <b>1:09.58</b> | +0,71 | 30.90   | 38.68   |
| <b>Masters 20+, Dames</b> |                   |                           |         |           |                |       |         |         |
| 1.                        | Nynke Jansen      | Batavia Swim              | 1:33.94 | 200404914 | <b>1:25.66</b> | +0,61 | 39.99   | 45.67   |
| 2.                        | Renske Groenewoud | MSV-Zeemacht              | 1:40.00 | 200303366 | <b>1:38.00</b> | +0,84 | 41.11   | 56.89   |
| 3.                        | M. van der Woude  | Zwemvereniging Hoogland   | 1:50.00 | 200206320 | <b>1:44.31</b> |       | 43.15   | 1:01.16 |
| <b>Masters 25+, Heren</b> |                   |                           |         |           |                |       |         |         |
| 1.                        | Erik Cooman       | De Duinkickers            | 1:10.24 | 199705121 | <b>1:10.79</b> | +0,81 | 31.86   | 38.93   |
| 2.                        | Auke Sijperda     | Azc                       | 1:18.88 | 199905115 | <b>1:19.89</b> | +0,69 | 35.94   | 43.95   |
| <b>Masters 25+, Dames</b> |                   |                           |         |           |                |       |         |         |
| 1.                        | Marleen Hof       | WS Twente                 | 1:21.58 | 199802464 | <b>1:20.32</b> | +0,85 | 36.80   | 43.52   |
| 2.                        | Dannique Koolen   | ZPC AMERSFOORT            | 1:35.62 | 199904048 | <b>1:36.03</b> | +0,87 | 41.64   | 54.39   |
| 3.                        | Astrid Wibbelink  | Steenwijk 1934            | 1:41.56 | 199600006 | <b>1:51.83</b> | +0,80 | 46.35   | 1:05.48 |
| 4.                        | Sylvia Hidding    | H2Oldambt                 | 2:07.35 | 199603886 | <b>2:08.87</b> |       | 1:00.33 | 1:08.54 |
| <b>Masters 30+, Heren</b> |                   |                           |         |           |                |       |         |         |
| 1.                        | Tim Bunnik        | Triton                    | 1:09.86 | 199000505 | <b>1:08.51</b> | +0,79 | 32.11   | 36.40   |
| 2.                        | Sander Riezebos   | WS Twente                 | 1:11.60 | 199400467 | <b>1:12.97</b> | +0,67 | 33.40   | 39.57   |
| 3.                        | Richard Heijnen   | ZC Polaris                | 1:33.92 | 199107793 | <b>1:43.96</b> | +0,88 | 49.46   | 54.50   |
| <b>Masters 30+, Dames</b> |                   |                           |         |           |                |       |         |         |
| 1.                        | Elmi Roelofsen    | SG Octopus - ZVV          | 1:15.89 | 199008198 | <b>1:18.73</b> | +0,83 | 34.26   | 44.47   |
| 2.                        | Daphne Kievit     | ZPC AMERSFOORT            | 1:30.24 | 199207058 | <b>1:28.75</b> | +0,81 | 39.60   | 49.15   |
| <b>Masters 35+, Heren</b> |                   |                           |         |           |                |       |         |         |
| 1.                        | Albert Dijkma     | ZPC Isis                  | 1:29.71 | 198700711 | <b>1:32.17</b> |       | 39.74   | 52.43   |
| <b>Masters 35+, Dames</b> |                   |                           |         |           |                |       |         |         |
| 1.                        | Marije Jansen     | ZPC AMERSFOORT            | 1:15.07 | 198504088 | <b>1:16.18</b> | +0,70 | 35.28   | 40.90   |
| 2.                        | Ilana Iskander    | Zwemvereniging Hoogland   | 1:45.00 | 198907606 | <b>1:36.80</b> | +0,63 | 44.49   | 52.31   |
| <b>Masters 40+, Heren</b> |                   |                           |         |           |                |       |         |         |
| 1.                        | Rene Koedooder    | Enkhuizer Zwem Vereniging | 1:17.00 | 198200919 | <b>1:13.00</b> | +0,80 | 32.05   | 40.95   |
| 2.                        | René van Dijk     | ZPC Isis                  | 1:21.18 | 198400489 | <b>1:25.79</b> | +0,77 | 38.02   | 47.77   |
| <b>Masters 45+, Heren</b> |                   |                           |         |           |                |       |         |         |
| 1.                        | Kees Bakker       | Gay Swim Amsterdam        | 1:15.00 | 197501055 | <b>1:12.79</b> |       | 34.96   | 37.83   |
| 2.                        | Tom Bandsma       | Psv                       | 1:41.91 | 197701625 | <b>1:47.60</b> |       | 48.63   | 58.97   |
| <b>Masters 45+, Dames</b> |                   |                           |         |           |                |       |         |         |
| 1.                        | Jannie Vennik     | HZ&PC Heerenveen          | 1:43.49 | 197601006 | <b>1:42.45</b> | +0,85 | 45.68   | 56.77   |
| <b>Masters 50+, Heren</b> |                   |                           |         |           |                |       |         |         |
| 1.                        | Korstiaan de Boer | Steenwijk 1934            | 1:20.87 | 197101629 | <b>1:23.12</b> | +0,85 | 38.61   | 44.51   |

ZMC ZPC AMERSFOORT 2024  
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Programmanr. 3, 100m vlinderslag

Masters 50+, Dames

|    |                      |                |         |           |                |       |       |       |
|----|----------------------|----------------|---------|-----------|----------------|-------|-------|-------|
| 1. | L. v. Bon-Rosenbrand | ZPC AMERSFOORT | 1:14.19 | 197000054 | <b>1:17.01</b> | +0,80 | 36.64 | 40.37 |
| 2. | Evelien Naatje       | WS Twente      | 1:39.97 | 197200838 | <b>1:41.93</b> | +0,91 | 47.56 | 54.37 |

Masters 55+, Heren

|    |                |                  |         |           |                |       |       |       |
|----|----------------|------------------|---------|-----------|----------------|-------|-------|-------|
| 1. | Ron Korzelius  | ZPC AMERSFOORT   | 1:27.07 | 196500513 | <b>1:24.04</b> | +0,74 | 37.92 | 46.12 |
| 2. | Gerko Versluis | Zuiderzeewemmers | 1:27.48 | 196901439 | <b>1:25.27</b> | +0,79 | 40.52 | 44.75 |

Masters 55+, Dames

|    |                      |            |         |           |                |       |       |         |
|----|----------------------|------------|---------|-----------|----------------|-------|-------|---------|
| 1. | Laura Staal          | Oceanus    | 1:38.10 | 196700358 | <b>1:42.48</b> | +0,65 | 46.26 | 56.22   |
| 2. | A. Neuteboom Spijker | Aquapoldro | 1:51.44 | 196800890 | <b>2:01.29</b> |       | 52.60 | 1:08.69 |

Masters 60+, Heren

|    |               |                |         |           |                |       |       |         |
|----|---------------|----------------|---------|-----------|----------------|-------|-------|---------|
| 1. | Johan Remmits | ZPC AMERSFOORT | 1:11.87 | 196201159 | <b>1:13.63</b> | +0,82 | 33.65 | 39.98   |
| 2. | Jan Smalheer  | Scm            | 1:45.00 | 196400701 | <b>1:35.93</b> |       | 45.66 | 50.27   |
| 3. | John Dam      | Zignea         | 1:40.00 | 196000915 | <b>1:55.25</b> |       | 50.57 | 1:04.68 |

Masters 60+, Dames

|    |                       |           |         |           |                |       |       |       |
|----|-----------------------|-----------|---------|-----------|----------------|-------|-------|-------|
| 1. | M. Grove-Lingeman     | Triton    | 1:33.73 | 196200080 | <b>1:36.35</b> | +0,84 | 43.89 | 52.46 |
| 2. | Marijke Kraak-Beckers | Swol 1894 | 1:39.17 | 196000240 | <b>1:39.59</b> | +0,75 | 44.90 | 54.69 |

Masters 65+, Heren

|    |             |        |         |           |                |       |       |       |
|----|-------------|--------|---------|-----------|----------------|-------|-------|-------|
| 1. | Paul Bunnik | Triton | 1:30.52 | 195600413 | <b>1:28.81</b> | +0,85 | 40.08 | 48.73 |
|----|-------------|--------|---------|-----------|----------------|-------|-------|-------|

Masters 70+, Dames

|    |                    |           |         |           |                |  |         |         |
|----|--------------------|-----------|---------|-----------|----------------|--|---------|---------|
| 1. | A. Gilding-Tussaud | WS Twente | 2:30.90 | 195000038 | <b>2:36.54</b> |  | 1:10.04 | 1:26.50 |
|----|--------------------|-----------|---------|-----------|----------------|--|---------|---------|