

Prova 34  
26/01/2025 - 17:55

Femin., 200m Mariposa

Masters  
Resultados

RN A(25-29)	2:27.70	Andreia Catarina, Martins	CNMAL	Inatel	13/04/2008
RN B(30-34)	2:25.78	Ana Paula, Grilo	UDCA	Anadia	01/06/2003
RN C(35-39)	2:26.45	Ana Paula, Grilo	UDCA	Inatel	05/02/2006
RN D(40-44)	2:39.67	Ana Paula, Grilo	INDALEN	Penafiel	20/11/2010
RN E(45-49)	2:42.49	Joana Isabel, Arantes	CMBCP	Vila Franca de Xira	21/01/2018
RN F(50-54)	2:56.06	Joana Isabel, Arantes	CMBCP	Caldas da Rainha	29/01/2023
RN G(55-59)	3:35.07	Eugenia Maria, Cunha	AAC	Caldas da Rainha	22/04/2017
RN H(60-64)	3:48.34	Eugenia Maria, Cunha	AAC	Caldas da Rainha	28/01/2024
RN I(65-69)	3:47.45	Ana Maria, Ferreira	SAD	Badajoz (ESP)	23/04/2016
RN J(70-74)	3:58.89	Ana Maria, Ferreira	SAD	Tomar	09/02/2020
RN K(75-79)	59:00.00	start,			01/01/1800
RN L(80-84)	59:00.00	start,			01/01/1800
RN M(85-89)	59:00.00	start,			01/01/1800

Pontos: DSV Masters 22

Lugar	Nome	TReac	Clube	Tempo final	DSV	Pts	50m	100m	150m	200m
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Masters A

1.	R., Santos	+0,92	CNMAL	<b>3:13.01</b>	364	9,00	43.36	51.78	53.18	44.69
2.	Alexia Alves, Fernandes		CNV	<b>3:31.45</b>	277	7,00	46.12	53.43	56.03	55.87
3.	Ana Rita, Fernandes	+0,77	FCP	<b>3:42.79</b>	236	6,00	49.15	59.03	1:01.44	53.17
4.	Ines Florencio, Rodrigues		VNC	<b>3:51.47</b>	211	5,00	47.29	55.73	1:02.95	1:05.50
5.	Luisa Alves, Dias		CNV	<b>4:00.42</b>	188	4,00	55.77	1:01.69	1:04.01	58.95
6.	F., Goncalves		CFP	<b>4:27.16</b>	137	3,00	56.42	1:08.68	1:15.45	1:06.61
7.	B., Fernandes		CNV	<b>4:39.37</b>	120	2,00	1:01.70	1:11.56	1:13.34	1:12.77

Masters B

1.	A., Monteiro	+0,83	CNL	<b>3:04.86</b>	460	9,00	38.24	45.07	48.74	52.81
2.	Ana Rita, Lopes	+0,95	CPCD	<b>3:17.41</b>	378	7,00	43.21	50.00	52.18	52.02

Masters C

1.	Ana Claudia, Ferreira	+0,80	CNAL	<b>2:31.08</b>	840	9,00	32.54	37.66	40.23	40.65
2.	S., Pereira		ADBA	<b>3:11.86</b>	410	7,00	40.10	47.75	51.94	52.07
3.	Maria Carolina, Lopes	+0,85	SCB	<b>3:27.49</b>	324	6,00	41.22	49.06	55.73	1:01.48

Masters D

1.	Ana Filipa, Miranda	+0,80	CGA	<b>3:12.24</b>	453	9,00	43.96	50.08	48.32	49.88
2.	Ana Filipa, Andrade	+0,96	CFP	<b>3:47.59</b>	273	7,00	51.60	58.00	1:00.21	57.78

Masters E

1.	Ana Rosa, Silva		FOCA	<b>4:04.94</b>	213	9,00	48.23	1:00.33	1:08.44	1:07.94
2.	Isabel Carolina, Neves	+0,99	CFP	<b>4:18.54</b>	181	7,00	57.04	1:06.77	1:11.80	1:02.93
DSQ	Ana Claudia, Gomes		AAC	-						

810 - Movimento alternado de pernas após viragem aos 150 metros - SW 8.3

Masters F

1.	Joana Isabel, Arantes	+0,92	CMBCP	<b>3:01.20</b>	570	9,00	37.36	44.84	49.54	49.46
2.	Carla Susana, Avelans	+0,96	CFP	<b>3:39.82</b>	319	7,00	46.21	53.42	59.64	1:00.55
3.	Sandra Santa, Barbara	+0,93	GCST	<b>3:49.51</b>	280	6,00	50.97	59.49	1:00.39	58.66
4.	Isabel Maria, Pinto	+0,82	CFP	<b>4:51.05</b>	137	5,00	1:03.95	1:12.60	1:18.18	1:16.32
5.	F., Santinha		CNMAL	<b>4:57.60</b>	128	4,00	1:08.14	1:17.92	1:19.98	1:11.56

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Masters G

1. Maria Teresa, Brandao	CFP	<b>3:36.28</b>	401	9,00	45.55	54.02	58.55	58.16
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Masters H

1. Eugenia Maria, Cunha Rec Nac Esc H	AAC	<b>3:43.58</b>	751	9,00	49.10	57.61	1:00.42	56.45
2. Maria Manuel, Friaes	+0,98 FCP	<b>3:55.31</b>	644	7,00	50.39	59.86	1:01.36	1:03.70
3. Maria Madalena, Caninas	CNMAL	<b>5:26.97</b>	240	6,00	1:06.17	1:19.97	1:28.14	1:32.69