

Prova 3 Femin., 200m Estilos  
24/01/2025 - 15:45 Masters Resultados

RN A(25-29)	2:26.69	Bruna Martins, Riesenberger	CIRL	Caldas da Rainha	26/01/2024
RN B(30-34)	2:27.16	Vania Soares, Neves	VNC	Caldas da Rainha	26/01/2024
RN C(35-39)	2:27.95	Ana Paula, Grilo	UDCA	Inatel	04/02/2006
RN D(40-44)	2:30.13	Susana Clara, Gomes	CNF	Vila Franca de Xira	19/01/2018
RN E(45-49)	2:35.09	Susana Clara, Gomes	CNF	Caldas da Rainha	27/01/2023
RN F(50-54)	2:48.74	Maria Helena, Carmo	SAD	Vila Franca de Xira	19/01/2018
RN G(55-59)	3:01.29	Elena Nikolaevna, Kraeva	ADRCIMM	Tomar	30/01/2016
RN H(60-64)	3:22.33	Maria Teresa, Andrade	FCP	Caldas da Rainha	27/01/2023
RN I(65-69)	3:32.53	Ana Maria, Ferreira	SAD	Caldas da Rainha	16/04/2016
RN J(70-74)	3:54.03	Ana Maria, Ferreira	SAD	Caldas da Rainha	27/01/2023
RN K(75-79)	4:00.92	Luisa Bessone, Basto	SAD	Caldas da Rainha	13/04/2019
RN L(80-84)	59:00.00	start,			01/01/1800
RN M(85-89)	59:00.00	start,			01/01/1800

Pontos: DSV Masters 22

Lugar	Nome	TReac	Clube	Tempo final	DSV	Pts	50m	100m	150m	200m
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Masters A

1.	Irina, Sorokina	+0,78	CFP	<b>2:37.29</b>	720	9,00	33.37	40.78	43.77	39.37
2.	A., Rodrigues	+0,87	CGA	<b>2:40.35</b>	679	7,00	32.23	40.27	48.66	39.19
3.	Ana Ines, Fernandes	+0,81	VSC	<b>2:46.14</b>	611	6,00	33.87	45.37	49.02	37.88
4.	Maria Beatriz, Dias	+0,82	CNPO	<b>2:47.67</b>	594	5,00	37.15	41.46	48.36	40.70
5.	R., Santos	+0,94	CNMAL	<b>2:50.49</b>	565	4,00	35.72	43.81	50.44	40.52
6.	Maria Saraiva, Ruivaco	+0,95	IDV	<b>2:50.58</b>	564	3,00	35.00	42.80	52.35	40.43
7.	Rita Rafaela, Brunido	+0,83	CFV	<b>2:57.78</b>	498	2,00	36.74	44.18	52.91	43.95
8.	Ines Santos, Magalhaes		SCA	<b>3:04.65</b>	445	1,00	41.59	48.87	50.75	43.44
9.	Alexia Alves, Fernandes	+0,91	CNV	<b>3:18.29</b>	359	-	41.65	56.66	54.28	45.70
10.	Ana Rita, Fernandes		FCP	<b>3:22.78</b>	336	-	41.32	54.73	58.10	48.63
DSQ	Luisa Alves, Dias		CNV			-				

- O(a) atleta não concluiu o percurso de (Mariposa/Costas/Bruços/Livres) de acordo com as regras aplicadas para esse estilo em particular - SW 9.4, Costas

Masters B

1.	Joana Aguiar, Rodrigues	+0,81	FCP	<b>2:41.90</b>	687	9,00	33.47	43.24	47.54	37.65
2.	Irina Filipa, Lousa		FCP	<b>2:43.54</b>	667	7,00	33.50	40.19	50.56	39.29
3.	Ana Sofia, Gervasio	+0,81	CIRL	<b>2:46.86</b>	628	6,00	35.92	43.24	49.06	38.64
4.	Ana Sofia, Alves	+0,83	VSC	<b>2:54.70</b>	547	5,00	34.39	45.14	52.27	42.90
5.	Carolina Ferreira, Matos	+0,87	CAPGE	<b>3:03.84</b>	469	4,00	40.47	46.52	53.64	43.21
6.	Ana Rita, Lopes	+0,91	CPCD	<b>3:10.32</b>	423	3,00	40.02	50.78	52.17	47.35
7.	Maria Joao, Naia		CDE	<b>3:13.48</b>	402	2,00	44.43	49.69	52.22	47.14
8.	Sandra Marisa, Machado	+0,93	ADBA	<b>3:22.46</b>	351	1,00	43.27	53.12	1:00.44	45.63

Masters C

1.	Sara Daniela, Rodrigues		CGA	<b>3:01.10</b>	516	9,00	36.78	48.02	52.73	43.57
2.	Rafaela Barreiros, Pires		SCB	<b>3:02.33</b>	505	7,00	36.15	47.60	53.67	44.91

Masters D

1.	Tatiana Gama, Sevieri	+0,78	FCP	<b>2:42.33</b>	739	9,00	33.29	40.62	47.60	40.82
2.	Mariana Moura, Santos	+0,84	LAGAC	<b>2:48.22</b>	664	7,00	34.37	41.75	51.01	41.09
3.	Joana Antunes, Ervilha	+0,92	CNL	<b>3:24.92</b>	367	6,00	48.85	51.39	57.93	46.75
4.	Ines Silva, Carvalho		CFP	<b>3:45.18</b>	277	5,00	47.04	1:01.35	57.98	58.81
5.	Carmen Silvia, Luz		CNLA	<b>4:05.77</b>	213	4,00	56.34	1:12.35	1:03.26	53.82
DSQ	Ana Sofia, Uhlfelder		CFP			-				

808 - Movimento alternado de braços durante o percurso - SW 8.2, Percurso de Mariposa.

Prova 3, Femin., 200m Estilos

Masters E

1. Ana Sofia, Silva		CFP	<b>2:55.60</b>	624 9,00	38.81	46.28	49.15	41.36
2. C., Domingues	+0,97	SCA	<b>3:09.16</b>	499 7,00	39.46	48.90	55.80	45.00
3. Ana DAlte, Guedes	+0,94	LSC	<b>3:15.49</b>	452 6,00	42.42	53.06	54.86	45.15
4. Patricia Isabel, Goncalves	+0,92	CFP	<b>3:28.49</b>	373 5,00	45.72	55.49	1:00.73	46.55
5. Ana Rosa, Silva		FOCA	<b>3:36.58</b>	332 4,00	46.63	56.90	1:01.48	51.57
6. Joana Rita, Robalo		AMINATA	<b>3:42.78</b>	305 3,00	50.90	57.81	1:02.42	51.65
7. Isabel Carolina, Neves		CFP	<b>3:53.33</b>	266 2,00	55.23	1:02.51	1:08.32	47.27
DSQ Elza Maria, Carvalho	+0,81	CFP		-				

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Masters F

1. Gisela Barbosa, Coutinho	+0,90	CFP	<b>2:45.36</b>	797 9,00	33.85	41.28	51.28	38.95
<i>Rec Nac Esc F</i>								
2. Joana Isabel, Arantes	+0,96	CMBTCP	<b>3:03.57</b>	583 7,00	36.33	47.70	56.76	42.78
3. Maria Catarina, Cunha		SCA	<b>3:59.55</b>	262 6,00	54.61	1:07.25	1:03.88	53.81
4. Ana Isabel, Costa		LAGAC	<b>4:03.19</b>	250 5,00	51.80	1:07.91	1:04.30	59.18
5. F., Santinha		CNMAL	<b>4:07.05</b>	239 4,00	58.53	1:12.41	1:06.70	49.41
6. Isabel Maria, Pinto		CFP	<b>4:13.67</b>	220 3,00	1:01.83	1:04.47	1:11.95	55.42
7. Carla Sofia, Sequeira	+0,97	GESL	<b>4:18.40</b>	209 2,00	1:02.44	1:13.07	1:08.17	54.72
8. Claudia Maria, Matias	+0,99	LAGAC	<b>4:23.88</b>	196 1,00	55.49	1:11.25	1:17.07	1:00.07
9. Isabel Maria, Mesquita	+0,99	CNV	<b>4:32.52</b>	178 -	1:01.22	1:04.06	1:14.46	1:12.78

Masters G

1. Patricia Diogenes, Pereira	+0,84	ADRCIMM	<b>3:03.93</b>	620 9,00	38.42	48.06	55.48	41.97
2. C., Clemente	+0,97	TNC	<b>3:30.85</b>	412 7,00	46.54	59.13	58.78	46.40
3. Margarida Bleck, Reis	+0,88	CFP	<b>3:49.48</b>	319 6,00	49.91	1:03.53	1:05.54	50.50
4. T., Lourenco	+0,96	CNV	<b>3:51.04</b>	313 5,00	53.19	57.63	1:01.44	58.78
5. Ana Paula, Sequeira		SCA	<b>3:51.74</b>	310 4,00	56.82	1:03.64	1:00.73	50.55
6. Maria Clara, Sousa		CNMAL	<b>3:56.08</b>	293 3,00	54.24	59.98	1:07.81	54.05

Masters H

1. Maria Emidia, Oliveira		FCP	<b>3:24.23</b>	621 9,00	45.35	53.16	57.73	47.99
2. Maria Margarida, Urbano		AAC	<b>3:32.91</b>	548 7,00	47.13	58.41	58.26	49.11
3. Maria Trigueiros, Cunha		LSC	<b>3:43.16</b>	476 6,00	48.06	1:03.69	1:01.15	50.26
4. Maria Santos, Fernandes		LSC	<b>3:49.26</b>	439 5,00	50.33	1:04.09	1:01.85	52.99
5. Helena Paula, Carvalho		SCP	<b>3:55.22</b>	406 4,00	53.05	1:07.66	59.29	55.22
6. Ann Violet, Smeed		OC	<b>3:55.33</b>	406 3,00	52.06	1:01.58	1:07.77	53.92
7. Maria Madalena, Caninas		CNMAL	<b>4:30.09</b>	268 2,00	1:01.42	1:14.44	1:17.89	56.34
8. Margarida Maria, Ribeiro		CFP	<b>5:12.03</b>	174 1,00	1:15.99	1:23.97	1:22.52	1:09.55

Masters I

1. M., Canora Marin		LSC	<b>4:06.75</b>	405 9,00	57.21	1:13.41	1:02.82	53.31
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