

Prova 10	Femin., 200m Livres				Masters
25/01/2025 - 9:30					Resultados
RN A(25-29)	2:09.40	Bruna Martins, Riesenberger	CIRL	Caldas da Rainha	27/01/2024
RN B(30-34)	2:06.50	Ana Paula, Grilo	UDCA	Inatel	22/03/2003
RN C(35-39)	2:07.69	Ana Paula, Grilo	UDCA	Freiburg (GER)	08/05/2004
RN D(40-44)	2:15.77	Susana Clara, Gomes	CNF	Mealhada	19/01/2019
RN E(45-49)	2:23.57	Carla Santa, Barbara	FCP	Vila Franca de Xira	18/01/2020
RN F(50-54)	2:29.91	Ana Paula, Grilo	NDCO	Tomar	08/02/2020
RN G(55-59)	2:33.38	Isabel Baptista, Ferreira	ADRCIMM	Caldas da Rainha	28/01/2023
RN H(60-64)	2:52.96	Maria Teresa, Andrade	FCP	Penafiel	08/12/2024
RN I(65-69)	2:57.96	Ana Maria, Ferreira	SAD	Caldas da Rainha	16/04/2016
RN J(70-74)	3:09.01	Ana Maria, Ferreira	SAD	Sines	07/03/2020
RN K(75-79)	3:28.77	Luisa Bessone, Basto	SAD	Mealhada	18/01/2019
RN L(80-84)	3:50.11	Luisa Bessone, Basto	SAD	Benedita	01/12/2024
RN M(85-89)	59:00.00	start,			01/01/1800

Pontos: DSV Masters 22

Lugar	Nome	TReac	Clube	Tempo final	DSV	Pts	50m	100m	150m	200m
Masters A										
1.	B., Riesenberger	+0,74	CIRL	2:13.65	819	9,00	31.51	34.30	34.40	33.44
2.	Carolina Saraiva, Pires	+0,80	CIRL	2:17.46	752	7,00	32.27	35.22	34.72	35.25
3.	Miriam Natacha, Alves	+0,80	LSC	2:20.95	698	6,00	31.89	35.00	37.20	36.86
4.	Ana Ines, Fernandes	+0,79	VSC	2:24.45	648	5,00	31.81	35.84	38.30	38.50
5.	Maria Saraiva, Ruivaco	+0,95	IDV	2:30.98	568	4,00	33.69	37.70	40.27	39.32
6.	Mariana Pinto, Arvins	+0,82	CAPGE	2:31.96	557	3,00	33.83	37.82	40.17	40.14
7.	Joana Teixeira, Dias		CLAC	2:34.95	525	2,00	35.72	39.05	40.69	39.49
8.	Catarina Vieira, Correia	+0,89	LSC	2:36.51	510	1,00	35.31	39.72	41.11	40.37
9.	Rita Rafaela, Brunido	+0,84	CFV	2:40.72	471	-	35.76	41.67	41.89	41.40
10.	Ines Santos, Magalhaes	+0,99	SCA	2:44.27	441	-	38.68	41.31	42.34	41.94
11.	Ines Florencio, Rodrigues	+0,90	VNC	2:46.43	424	-	37.61	40.86	43.80	44.16
12.	Ana Patricia, Antunes	+0,90	CNPDL	2:56.00	358	-	42.98	46.41	46.73	39.88
13.	Ana Patricia, Correia	+0,89	UDO	3:05.84	304	-	39.42	45.21	49.73	51.48
14.	Ana Rita, Fernandes		FCP	3:06.46	301	-	42.24	48.35	47.81	48.06
15.	Mariana Guedes, Sousa		CNV	3:38.92	186	-	49.77	55.30	59.47	54.38

Masters B										
1.	Joana Aguiar, Rodrigues	+0,83	FCP	2:20.41	717	9,00	32.59	35.25	36.31	36.26
2.	A., Monteiro	+0,84	CNL	2:26.59	630	7,00	32.52	35.98	38.54	39.55
3.	Laura, Pola	+0,91	FCP	2:34.95	533	6,00	34.96	40.30	41.29	38.40
4.	Rita Ferreira, Jorge		BSCN	2:50.60	399	5,00	38.39	41.98	44.82	45.41
5.	Sandra Marisa, Machado	+0,93	ADBA	2:52.08	389	4,00	40.16	44.06	45.02	42.84
6.	Tatiana Cruz, Costa		CNAC	2:56.36	361	3,00	38.26	42.86	47.54	47.70
7.	Marta Pimentel, Cavaco	+0,87	GCP	3:01.48	332	2,00	41.91	46.75	48.37	44.45
8.	Daniela Leal, Neves		CAPGE	3:10.72	286	1,00	40.66	48.31	51.28	50.47

Masters C										
1.	Vania Soares, Neves	+0,77	VNC	2:16.02	835	9,00	31.67	34.40	35.14	34.81
2.	Sara Beatriz, Loureiro	+0,82	SCB	2:32.84	589	7,00	32.88	36.53	40.18	43.25
3.	S., Pereira	+0,80	ADBA	2:47.04	451	6,00	37.98	41.98	42.87	44.21
4.	Catia Vanessa, Moura		SCCAM	2:54.52	395	5,00	38.09	43.67	46.86	45.90
5.	Ana Patricia, Dias	+0,99	LAGAC	2:54.59	395	4,00	41.66	45.24	46.42	41.27
6.	Ana Miguel, Goncalves	+0,53	AAC	2:57.08	378	3,00	39.18	43.03	47.48	47.39
7.	Kirstin Lynn, O Leary	+0,99	CNN	2:57.13	378	2,00	38.46	44.04	47.82	46.81
8.	Oleksandra, Pais	+0,50	FCP	3:07.33	319	1,00	39.20	45.78	50.09	52.26
9.	Filipa Isabel, Reis	+0,98	LSC	3:16.88	275	-	43.30	49.16	52.08	52.34
10.	Yuliia, Matsiuk		CNPE	3:23.26	250	-	43.14	50.61	56.22	53.29

Prova 10, Femin., 200m Livres, Masters C

Lugar	Nome	TReac	Clube	Tempo final	DSV	Pts	50m	100m	150m	200m
11.	Susana Pereira, Lory	+0,93	CNMAL	3:33.99	214	-	48.30	55.69	55.86	54.14
12.	F., Guimaraes		CFP	3:46.91	180	-	48.59	57.79	1:00.84	59.69

Masters D

1.	Mariana Sa, Lucas	+0,86	CNLA	2:24.32	719	9,00	33.03	36.47	37.50	37.32
2.	Mariana Moura, Santos	+0,83	LAGAC	2:28.02	666	7,00	34.28	37.58	38.14	38.02
3.	Maria Manuela, Fonseca	+0,81	LSC	2:35.23	578	6,00	36.03	39.24	40.64	39.32
4.	Ana Mafalda, Oliveira	+0,85	CNMAIA	2:43.96	490	5,00	37.99	41.19	42.38	42.40
5.	Lina Orrego, Arenas	+0,93	FCP	2:44.64	484	4,00	38.25	40.30	43.46	42.63
6.	Sara Filipa, Cortez		CNMAL	2:53.81	411	3,00	40.60	44.11	46.36	42.74
7.	Rita Loureiro, Pinto	+0,89	GCP	2:58.83	378	2,00	40.39	45.40	47.23	45.81
8.	Joana Antunes, Ervilha	+0,90	CNL	2:59.87	371	1,00	39.33	44.49	47.87	48.18
9.	Ana Sofia, Uhlfelder		CFP	3:30.56	231	-	46.76	54.15	54.81	54.84
10.	Monica Isabel, Santos		ADP	3:37.05	211	-	44.10	53.03	1:00.20	59.72
11.	C., Santos		O2ADCP	3:52.47	172	-	53.27	58.39	1:02.09	58.72

Masters E

1.	Ana Filipa, Prior	+0,93	CIRL	2:39.26	549	9,00	35.71	39.42	41.59	42.54
2.	Maria Luz, Paramio	+0,98	CNPDL	2:43.39	509	7,00	38.31	41.98	42.35	40.75
3.	Ana DAlte, Guedes	+0,91	LSC	2:50.43	448	6,00	37.71	42.69	45.06	44.97
4.	Helen Anne, Lynes		ADBA	2:51.18	442	5,00	38.86	43.56	44.50	44.26
5.	A., Trombinhas		CNBE	3:15.81	295	4,00	42.53	48.77	51.77	52.74
6.	Ana Maria, Martins		SCA	3:23.47	263	3,00	47.00	52.05	54.74	49.68
7.	Vanessa Mendes, Inacio		CNRM	3:35.27	222	2,00	47.11	54.25	58.20	55.71
8.	Liliane Caninhas, Pais		CNFU	3:43.24	199	1,00	49.47	55.95	1:00.01	57.81
DSQ	Sara Teresa, Carvalhinho		SAD			-				

83 - Utilizou um fato de banho não regulamentado - SW 15.1

Masters F

1.	Carla Santa, Barbara	+0,78	FCP	2:26.09	770	9,00	33.19	36.32	37.35	39.23
	<i>Rec Nac Esc F</i>									
2.	Ines Maria, Rothes		CFP	2:36.04	632	7,00	35.70	38.82	41.35	40.17
3.	Sandra Santa, Barbara	+0,79	GCST	2:46.81	517	6,00	37.83	42.39	43.32	43.27
4.	Marta Sofia, Costa	+0,91	CDUP	2:56.36	438	5,00	40.63	44.68	45.76	45.29
5.	Susana Isabel, Rego	+0,89	LSC	2:58.76	420	4,00	41.49	44.90	46.31	46.06
6.	Daniela Maria, Palhares	+0,97	CFP	3:01.56	401	3,00	41.50	45.19	47.26	47.61
7.	Maria Paula, Santos		CNV	3:23.92	283	2,00	44.65	52.23	55.05	51.99
	Helena Isabel, Ribeiro	+0,70	LAGAC	3:23.92	283	2,00	45.93	50.70	53.73	53.56
9.	Maria Catarina, Cunha		SCA	3:31.09	255	-	48.45	52.14	55.74	54.76
10.	Marcia Silva, Nunes		LAGAC	3:34.44	243	-	47.89	53.39	57.14	56.02
11.	Carla Sofia, Sequeira	+0,93	GESL	3:38.35	230	-	50.45	54.98	57.85	55.07
12.	Sandra Maria, Carvalho		FCP	3:38.96	228	-	48.82	54.20	57.46	58.48
13.	Manuela Ribeiro, Pereira		ADBA	3:59.11	175	-	54.06	1:00.47	1:02.66	1:01.92
14.	Claudia Maria, Matias		LAGAC	4:00.36	173	-	52.61	1:01.21	1:04.62	1:01.92
15.	Isabel Maria, Costa		CNPDL	4:29.61	122	-	54.52	1:07.70	1:14.66	1:12.73

Prova 10, Femin., 200m Livres

Masters G

1. Patricia Diogenes, Pereira	+0,88	ADRCIMM	2:38.84	652	9,00	36.65	39.07	40.59	42.53
2. Maria Teresa, Brandao		CFP	2:40.76	629	7,00	37.50	39.67	41.76	41.83
3. C., Clemente	+0,92	TNC	3:02.16	432	6,00	42.65	46.08	47.70	45.73
4. Claudia Maria, Silva	+0,88	PDEM	3:05.79	407	5,00	40.72	46.76	49.39	48.92
5. Maria Manuela, Ferreira	+0,96	VSC	3:07.94	393	4,00	40.89	46.62	49.63	50.80
6. Ana Paula, Sequeira	+0,90	SCA	3:12.52	366	3,00	43.43	47.87	51.40	49.82
7. Margarida Bleck, Reis	+0,94	CFP	3:18.47	334	2,00	44.76	51.07	52.91	49.73
8. Carla Vale, Lenzi	+0,90	SAD	3:32.08	274	1,00	48.08	53.82	57.03	53.15
9. T., Lourenco	+0,95	CNV	3:33.20	269	-	46.59	52.15	55.64	58.82
10. Susana Maria, Soares		CNV	3:34.85	263	-	46.10	54.64	57.61	56.50
11. Isabel Reis, Augusto		CNPDL	4:10.81	165	-	54.70	1:04.69	1:06.87	1:04.55
12. Angelina Maria, Cerieiro		CNFU	4:28.74	134	-	58.59	1:09.12	1:09.56	1:11.47

Masters H

1. Maria Claudia, Osorio		CFP	3:02.53	519	9,00	39.71	44.39	48.95	49.48
2. Maria Margarida, Urbano		AAC	3:04.67	501	7,00	43.35	46.78	47.80	46.74
3. Maria Trigueiros, Cunha	+0,88	LSC	3:19.06	400	6,00	42.57	48.12	52.39	55.98
4. Ann Violet, Smeed		OC	3:29.37	344	5,00	47.35	52.33	55.05	54.64
5. M., Vasconcelos		CNMAL	3:32.16	330	4,00	46.18	54.25	56.12	55.61
6. Cristina Isabel, Moura		LSC	3:45.63	275	3,00	48.06	55.69	1:00.49	1:01.39
7. Cidalia Conceicao, Maria		CNL	5:46.67	75	2,00	1:16.41	1:30.37	1:32.48	1:27.41

DSQ Maria Manuela, Neto

CNMAIA

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(Partida dentro de água) A atleta não tinha pelo menos uma mão em contacto com a parte de partida. -

SW 3.3.2.1

Masters I

1. Maria Teresa, Oliveira		AAC	3:22.70	529	9,00	46.78	52.26	53.56	50.10
2. Maria Giraldo, Wernicke		CFP	3:42.92	398	7,00	49.50	55.67	59.90	57.85
3. Ana Maria, Caeiro		GAN	3:53.57	346	6,00	52.88	59.02	1:02.63	59.04
4. Cristina Maria, Oliveira		CNV	3:56.91	331	5,00	50.67	58.26	1:03.79	1:04.19

Masters J

1. Maria Felix, Ferreira		SAD	4:46.19	201	9,00	1:01.35	1:11.58	1:18.03	1:15.23
2. Ana Paula, Martins		FCP	4:55.30	183	7,00	1:00.38	1:14.05	1:23.93	1:16.94
3. Maria Josefina, Cruz		GCP	5:02.18	171	6,00	1:03.17	1:17.70	1:24.35	1:16.96

DSQ Nataliia, Tarasova

CFP

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(Partida dentro de água) A atleta não tinha pelo menos uma mão em contacto com a parte de partida. -

SW 3.3.2.1

Masters K

1. Maria Helena, Hessel		CFP	4:24.55	316	9,00	1:03.15	1:07.44	1:08.74	1:05.22
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