

## Event 103

## Women, 400m Freestyle

## Open Category

08/12/2024 - 9:19

Results

NR	4:18.58	GATT, Sasha	SIR	Gzira	06/06/2021
AG D	4:18.58	GATT, Sasha		Gzira	06/06/2021
AG C	4:28.46	GATT, Sasha		Gyor (HUN)	20/12/2019
AG B	4:57.77	FENECH ATTARD, Ella		Gzira	15/07/2022

Points: AQUA 2024

Rank			Age					Time	Pts	
<b>Age Group B - 8 to 12 years</b>										
1.	MUSCAT, Emma		12	Neptunes WPSC				<b>5:29.28</b>	365	
	50m:	36.67 36.67	150m:	2:00.73	42.74	250m:	3:26.54	43.46	350m:	4:49.69 40.80
	100m:	1:17.99 41.32	200m:	2:43.08	42.35	300m:	4:08.89	42.35	400m:	5:29.28 39.59

## Age Group C - 13 to 14 years

1.	CAMILLERI, Michela		13	Aquahub				<b>4:53.80</b>	514	
	50m:	33.96 33.96	150m:	1:49.49	37.67	250m:	3:04.20	36.79	350m:	4:18.59 37.25
	100m:	1:11.82 37.86	200m:	2:27.41	37.92	300m:	3:41.34	37.14	400m:	4:53.80 35.21
2.	MIFSUD, Kristina		14	Sirens ASC				<b>5:28.12</b>	369	
	50m:	35.74 35.74	150m:	1:58.37	42.11	250m:	3:24.08	42.21	350m:	4:47.76 40.90
	100m:	1:16.26 40.52	200m:	2:41.87	43.50	300m:	4:06.86	42.78	400m:	5:28.12 40.36
3.	MELI, Sienna		13	Sliema ASC				<b>5:28.90</b>	366	
	50m:	37.92 37.92	150m:	2:01.79	43.77	250m:	3:25.83	42.79	350m:	4:50.92 42.93
	100m:	1:18.02 40.10	200m:	2:43.04	41.25	300m:	4:07.99	42.16	400m:	5:28.90 37.98
4.	SPITERI STAINES, Marie		14	Exiles SC				<b>5:57.63</b>	285	
	50m:	39.01 39.01	150m:	2:09.13	45.57	250m:	3:40.75	45.81	350m:	5:13.09 46.42
	100m:	1:23.56 44.55	200m:	2:54.94	45.81	300m:	4:26.67	45.92	400m:	5:57.63 44.54
5.	VELLA, Miyah		14	Aquahub				<b>6:02.68</b>	273	
	50m:	39.05 39.05	150m:	2:12.26	47.20	250m:	3:45.80	47.22	350m:	5:18.17
	100m:	1:25.06 46.01	200m:	2:58.58	46.32	300m:			400m:	6:02.68 44.51
6.	BIANCHI, Francesca		13	Sliema ASC				<b>6:03.17</b>	272	
	50m:	40.80 40.80	150m:	2:15.13	47.06	250m:	3:46.95	46.08	350m:	5:19.34 45.42
	100m:	1:28.07 47.27	200m:	3:00.87	45.74	300m:	4:33.92	46.97	400m:	6:03.17 43.83

## Age Group D - 15 to 16 years

1.	BALZAN HILI, Kyrah		15	Aquahub				<b>5:53.53</b>	295	
	50m:	39.70 39.70	150m:	2:09.82	45.64	250m:	3:40.82	45.40	350m:	5:10.97 44.41
	100m:	1:24.18 44.48	200m:	2:55.42	45.60	300m:	4:26.56	45.74	400m:	5:53.53 42.56

## Open Age Group - 17 years and over

1.	DELIA, Kristy		17	Aquahub				<b>4:54.37</b>	511	
	50m:	32.59 32.59	150m:	1:45.04	37.02	250m:	3:01.06	37.96	350m:	4:17.49 37.79
	100m:	1:08.02 35.43	200m:	2:23.10	38.06	300m:	3:39.70	38.64	400m:	4:54.37 36.88
2.	RUECKERT, Linda		22	Aquahub				<b>5:19.69</b>	399	
	50m:	34.99 34.99	150m:	1:55.04	41.25	250m:	3:17.67	41.53	350m:	4:40.27 41.77
	100m:	1:13.79 38.80	200m:	2:36.14	41.10	300m:	3:58.50	40.83	400m:	5:19.69 39.42