

Coupe du Québec senior 2024
 Peps- Université Laval, 28-11- - 1-12-2024

Event 34

Men, 400m Freestyle

 Open
 Results Prelim

2024-12-01 - 11:48

Canadian Senior Records	3:39.10	COCHRANE, Ryan	ISC	Leeds (GBR)	2009-08-06
Canadian Age Group Records 15 - 17	3:43.73	PRATT, Alexander	CASC	Toronto	2017-12-16
Canadian Age Group Records 13 - 14	3:54.19	KIM, Laon	HYACK	Vancouver	2022-11-05
Canadian Age Group Records 11 - 12	4:15.26	KIM, Lucas	HYACK	Coquitlam	2020-11-11
Quebec Provincial Senior Records	3:47.81	NEWMAN, Wesley	DDO	Toronto	2009-03-13
Quebec Provincial Age Group Records (unt3:51.1602		SZMIDT, Peter	PCSC	???	1979-03-01
Quebec Provincial Age Group Records (unt4:01.9402		DUBORD, Marshal	PPO	Montreal	2013-02-16
Quebec Provincial Age Group Records (unt4:22.9402		ORIWOL, Tobias	PCSC	???	1998-01-01

Coupe Senior- 18 + 18 + 50m: 4:55.21 - 25m: 4:46.36 / Coupe Senior- Ouvert 50m: 4:35.82 - 25m: 4:17.84

Points: AQUA 2024

Rank			Age			Time	Pts					
1.	PAULINS, Sebastian		26	Cote Saint-Luc Aquatics		3:50.20	783	A				
	50m:	27.08	27.08	150m:	1:26.51	29.96	250m:	2:25.36	29.16	350m:	3:22.49	28.23
	100m:	56.55	29.47	200m:	1:56.20	29.69	300m:	2:54.26	28.90	400m:	3:50.20	27.71
2.	SAUVE, Antoine		19	Camo		3:50.66	779	A				
	50m:	25.58	25.58	150m:	1:23.38	29.33	250m:	2:22.30	29.49	350m:	3:21.71	29.68
	100m:	54.05	28.47	200m:	1:52.81	29.43	300m:	2:52.03	29.73	400m:	3:50.66	28.95
3.	FONSECA, Simon		16	Camo		3:53.07	755	A				
	50m:	26.65	26.65	150m:	1:25.43	29.71	250m:	2:24.68	29.43	350m:	3:24.38	30.18
	100m:	55.72	29.07	200m:	1:55.25	29.82	300m:	2:54.20	29.52	400m:	3:53.07	28.69
4.	JANVIER, Hugo		22	Rouge et Or universitaire		3:53.10	754	A				
	50m:	26.51	26.51	150m:	1:25.62	29.75	250m:	2:24.95	29.70	350m:	3:24.05	29.43
	100m:	55.87	29.36	200m:	1:55.25	29.63	300m:	2:54.62	29.67	400m:	3:53.10	29.05
5.	VOLODIN, Artiom		21	McGILL		3:53.37	752	A				
	50m:	27.05	27.05	150m:	1:26.73	29.98	250m:	2:26.38	29.55	350m:	3:24.68	29.20
	100m:	56.75	29.70	200m:	1:56.83	30.10	300m:	2:55.48	29.10	400m:	3:53.37	28.69
6.	LAFONTAINE-GIGUERE, Laurier		19	Neptune Natation		3:54.38	742	A				
	50m:	26.57	26.57	150m:	1:25.13	29.61	250m:	2:25.69	30.32	350m:	3:25.98	30.08
	100m:	55.52	28.95	200m:	1:55.37	30.24	300m:	2:55.90	30.21	400m:	3:54.38	28.40
7.	BARADAT, Mats		21	McGILL		3:56.75	720	A				
	50m:	26.82	26.82	150m:	1:26.25	30.03	250m:	2:26.61	30.24	350m:	3:27.71	30.46
	100m:	56.22	29.40	200m:	1:56.37	30.12	300m:	2:57.25	30.64	400m:	3:56.75	29.04
8.	DUFFY, Edouard		19	Camo		3:57.86	710	A				
	50m:	26.73	26.73	150m:	1:26.40	30.03	250m:	2:26.74	29.81	350m:	3:28.02	30.51
	100m:	56.37	29.64	200m:	1:56.93	30.53	300m:	2:57.51	30.77	400m:	3:57.86	29.84
9.	RUSU, Eduard-Daniel		17	Camo		3:58.00	709	A				
	50m:	27.61	27.61	150m:	1:27.35	30.12	250m:	2:28.07	30.02	350m:	3:28.91	30.45
	100m:	57.23	29.62	200m:	1:58.05	30.70	300m:	2:58.46	30.39	400m:	3:58.00	29.09
10.	TRUDEL, Renaud		17	Camo		3:58.42	705	A				
	50m:	27.65	27.65	150m:	1:27.41	30.14	250m:	2:28.20	30.24	350m:	3:29.08	30.46
	100m:	57.27	29.62	200m:	1:57.96	30.55	300m:	2:58.62	30.42	400m:	3:58.42	29.34
11.	OUELLETTE, Spencer		21	Usher		3:59.86	692	B				
	50m:	27.28	27.28	150m:	1:27.25	30.30	250m:	2:28.42	30.44	350m:	3:29.71	30.69
	100m:	56.95	29.67	200m:	1:57.98	30.73	300m:	2:59.02	30.60	400m:	3:59.86	30.15
12.	BONGERS, Nils		22	Rouge et Or universitaire		3:59.92	692	B				
	50m:	27.74	27.74	150m:	1:28.53	30.54	250m:	2:29.33	30.30	350m:	3:30.67	30.59
	100m:	57.99	30.25	200m:	1:59.03	30.50	300m:	3:00.08	30.75	400m:	3:59.92	29.25

Coupe du Québec senior 2024
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Event 34, Men, 400m Freestyle, Prelim, Open

Rank					Age					Time	Pts	
13.	MORIN, William				19	Camo				4:02.40	671	B
	50m:	27.89	27.89	150m:	1:28.13	30.21	250m:	2:29.83	30.80	350m:	3:32.32	31.28
	100m:	57.92	30.03	200m:	1:59.03	30.90	300m:	3:01.04	31.21	400m:	4:02.40	30.08
14.	LABARRE, Tristan				20	Cnq				4:02.79	668	B
	50m:	27.87	27.87	150m:	1:28.97	30.81	250m:	2:30.64	30.89	350m:	3:32.91	31.04
	100m:	58.16	30.29	200m:	1:59.75	30.78	300m:	3:01.87	31.23	400m:	4:02.79	29.88
15.	TOKATLI, Murat				20	McGILL				4:02.83	667	B
	50m:	27.40	27.40	150m:	1:27.11	30.21	250m:	2:29.09	31.19	350m:	3:32.61	32.03
	100m:	56.90	29.50	200m:	1:57.90	30.79	300m:	3:00.58	31.49	400m:	4:02.83	30.22
16.	CORTEZ, David				17	Camo				4:02.90	667	B
	50m:	27.71	27.71	150m:	1:28.95	30.81	250m:	2:31.43	31.17	350m:	3:33.90	30.87
	100m:	58.14	30.43	200m:	2:00.26	31.31	300m:	3:03.03	31.60	400m:	4:02.90	29.00
17.	DRUENNE, Theo				19	Rouge et Or universitaire				4:03.39	663	B
	50m:	27.49	27.49	150m:	1:29.60	31.16	250m:	2:31.51	30.75	350m:	3:33.82	31.27
	100m:	58.44	30.95	200m:	2:00.76	31.16	300m:	3:02.55	31.04	400m:	4:03.39	29.57
18.	VANDERSTEEN, Torren				19	McGILL				4:03.62	661	B
	50m:	28.01	28.01	150m:	1:28.54	30.36	250m:	2:30.67	30.89	350m:	3:32.81	31.21
	100m:	58.18	30.17	200m:	1:59.78	31.24	300m:	3:01.60	30.93	400m:	4:03.62	30.81
19.	GANDER, Keenan				18	McGILL				4:03.99	658	B
	50m:	28.01	28.01	150m:	1:29.84	31.07	250m:	2:31.97	31.03	350m:	3:33.85	30.78
	100m:	58.77	30.76	200m:	2:00.94	31.10	300m:	3:03.07	31.10	400m:	4:03.99	30.14
20.	LACASSE, Philippe				21	Usher				4:04.02	658	B
	50m:	28.21	28.21	150m:	1:28.88	30.73	250m:	2:31.31	31.07	350m:	3:34.01	31.14
	100m:	58.15	29.94	200m:	2:00.24	31.36	300m:	3:02.87	31.56	400m:	4:04.02	30.01
21.	PARR, Finnegan				18	Camo				4:04.24	656	R
	50m:	28.03	28.03	150m:	1:30.61	31.46	250m:	2:33.02	30.82	350m:	3:34.36	30.70
	100m:	59.15	31.12	200m:	2:02.20	31.59	300m:	3:03.66	30.64	400m:	4:04.24	29.88
22.	EL OUAHDANI, Rayan				16	Neptune Natation				4:05.00	650	R
	50m:	27.49	27.49	150m:	1:28.30	30.88	250m:	2:30.82	31.23	350m:	3:34.46	32.01
	100m:	57.42	29.93	200m:	1:59.59	31.29	300m:	3:02.45	31.63	400m:	4:05.00	30.54
23.	VERDON, Laurent				18	Mustang Boucherville				4:05.14	649	R
	50m:	27.20	27.20	150m:	1:26.47	29.97	250m:	2:28.65	31.39	350m:	3:33.06	32.53
	100m:	56.50	29.30	200m:	1:57.26	30.79	300m:	3:00.53	31.88	400m:	4:05.14	32.08
24.	HADDALLAH, Mohamed Malik				17	Neptune Natation				4:05.84	643	R
	50m:	28.85	28.85	150m:	1:30.13	30.79	250m:	2:32.72	31.03	350m:	3:35.34	31.15
	100m:	59.34	30.49	200m:	2:01.69	31.56	300m:	3:04.19	31.47	400m:	4:05.84	30.50
25.	D'AMOUR, Louis-Thomas				18	Camo				4:07.42	631	
	50m:	28.25	28.25	150m:	1:30.44	31.12	250m:	2:32.86	31.08	350m:	3:35.34	31.08
	100m:	59.32	31.07	200m:	2:01.78	31.34	300m:	3:04.26	31.40	400m:	4:07.42	32.08
26.	CABANA, Clement				16	Samak				4:09.01	619	
	50m:	29.13	29.13	150m:	1:32.31	31.73	250m:	2:35.78	31.56	350m:	3:39.15	31.74
	100m:	1:00.58	31.45	200m:	2:04.22	31.91	300m:	3:07.41	31.63	400m:	4:09.01	29.86
27.	VENDITTI, Marcus				15	Bbf				4:09.06	618	
	50m:	27.14	27.14	150m:	1:28.80	31.36	250m:	2:33.42	32.37	350m:	3:38.43	32.20
	100m:	57.44	30.30	200m:	2:01.05	32.25	300m:	3:06.23	32.81	400m:	4:09.06	30.63
28.	CASTONGUAY, Clovis				16	Elite				4:09.25	617	
	50m:	29.32	29.32	150m:	1:32.09	31.55	250m:	2:35.47	31.52	350m:	3:38.86	31.49
	100m:	1:00.54	31.22	200m:	2:03.95	31.86	300m:	3:07.37	31.90	400m:	4:09.25	30.39

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Event 34, Men, 400m Freestyle, Prelim, Open

Rank					Age					Time	Pts	
29.	LEGAULT, Justin				19	club aquatique st-eustache				4:10.35	609	
	50m:	28.06	28.06	150m:	1:31.00	31.78	250m:	2:35.45	32.09	350m:	3:39.26	32.37
	100m:	59.22	31.16	200m:	2:03.36	32.36	300m:	3:06.89	31.44	400m:	4:10.35	31.09
30.	ROUKEMA, Ivan				15	Samak				4:11.30	602	
	50m:	29.07	29.07	150m:	1:32.16	31.82	250m:	2:35.91	31.91	350m:	3:40.12	32.07
	100m:	1:00.34	31.27	200m:	2:04.00	31.84	300m:	3:08.05	32.14	400m:	4:11.30	31.18
31.	LANCA, Samuel				17	Swim Ottawa				4:11.64	600	
	50m:	27.84	27.84	150m:	1:30.92	32.29	250m:	2:35.75	32.45	350m:	3:40.24	32.10
	100m:	58.63	30.79	200m:	2:03.30	32.38	300m:	3:08.14	32.39	400m:	4:11.64	31.40
32.	THIFAUULT, Emile				16	Camo				4:12.14	596	
	50m:	28.18	28.18	150m:	1:30.46	31.77	250m:	2:34.45	31.99	350m:	3:40.06	32.95
	100m:	58.69	30.51	200m:	2:02.46	32.00	300m:	3:07.11	32.66	400m:	4:12.14	32.08
33.	LEVESQUE, Vincent				18	Rouge et Or/Universite Laval				4:12.44	594	
	50m:	28.69	28.69	150m:	1:32.94	32.65	250m:	2:37.35	31.99	350m:	3:41.79	32.47
	100m:	1:00.29	31.60	200m:	2:05.36	32.42	300m:	3:09.32	31.97	400m:	4:12.44	30.65
34.	BOULAAJOU, Zackariah				20	Camo				4:12.68	592	
	50m:	28.52	28.52	150m:	1:31.06	31.41	250m:	2:35.07	32.10	350m:	3:40.99	33.03
	100m:	59.65	31.13	200m:	2:02.97	31.91	300m:	3:07.96	32.89	400m:	4:12.68	31.69
35.	DROUIN, Leon				15	Camo				4:15.00	576	
	50m:	27.65	27.65	150m:	1:31.30	32.74	250m:	2:38.11	33.44	350m:	3:44.06	32.60
	100m:	58.56	30.91	200m:	2:04.67	33.37	300m:	3:11.46	33.35	400m:	4:15.00	30.94
36.	GOULET, Sedrik				16	Neptune Natation				4:15.10	575	
	50m:	29.06	29.06	150m:	1:32.98	32.17	250m:	2:38.07	32.78	350m:	3:43.45	32.63
	100m:	1:00.81	31.75	200m:	2:05.29	32.31	300m:	3:10.82	32.75	400m:	4:15.10	31.65
37.	HAYCOCK, Jack				22	University of Ottawa Gee-Gees				4:16.44	567	
	50m:	27.99	27.99	150m:	1:31.17	32.04	250m:	2:37.25	33.19	350m:	3:43.84	33.23
	100m:	59.13	31.14	200m:	2:04.06	32.89	300m:	3:10.61	33.36	400m:	4:16.44	32.60
38.	BIROLLEAU-SGARD, Charly				14	Natation Gatineau				4:16.84	564	
	50m:	29.08	29.08	150m:	1:33.50	32.46	250m:	2:38.96	32.65	350m:	3:45.34	33.16
	100m:	1:01.04	31.96	200m:	2:06.31	32.81	300m:	3:12.18	33.22	400m:	4:16.84	31.50
39.	CORTEZ, Matthew				15	Camo				4:16.90	563	
	50m:	29.08	29.08	150m:	1:33.06	32.20	250m:	2:38.74	32.53	350m:	3:45.38	33.12
	100m:	1:00.86	31.78	200m:	2:06.21	33.15	300m:	3:12.26	33.52	400m:	4:16.90	31.52
40.	BELANGER, Eliot				16	Riverains				4:17.52	559	
	50m:	29.38	29.38	150m:	1:34.32	32.76	250m:	2:40.92	33.17	350m:	3:46.70	32.69
	100m:	1:01.56	32.18	200m:	2:07.75	33.43	300m:	3:14.01	33.09	400m:	4:17.52	30.82
41.	GOSTLIN, Misha				15	Mississauga Aquatic Club				4:17.57	559	
	50m:	29.52	29.52	150m:	1:35.07	33.08	250m:	2:41.39	32.90	350m:	3:46.68	32.52
	100m:	1:01.99	32.47	200m:	2:08.49	33.42	300m:	3:14.16	32.77	400m:	4:17.57	30.89
42.	NEWMAN, Elliot				17	Bbf				4:18.07	556	
	50m:	28.57	28.57	150m:	1:32.81	32.46	250m:	2:39.14	33.29	350m:	3:45.85	33.39
	100m:	1:00.35	31.78	200m:	2:05.85	33.04	300m:	3:12.46	33.32	400m:	4:18.07	32.22
43.	MAILLOUX, Jackson				22	University of Ottawa Gee-Gees				4:18.48	553	
	50m:	28.42	28.42	150m:	1:32.71	32.81	250m:	2:39.16	33.23	350m:	3:46.24	33.54
	100m:	59.90	31.48	200m:	2:05.93	33.22	300m:	3:12.70	33.54	400m:	4:18.48	32.24
44.	JONES, Emile-Olivier				15	Natation Gatineau				4:18.70	552	
	50m:	29.60	29.60	150m:	1:35.05	32.85	250m:	2:41.14	33.00	350m:	3:47.34	32.96
	100m:	1:02.20	32.60	200m:	2:08.14	33.09	300m:	3:14.38	33.24	400m:	4:18.70	31.36

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Event 34, Men, 400m Freestyle, Prelim, Open

Rank	Age								Time	Pts		
45.	BRASSARD, Ludovic 17 Samak								4:19.34	548		
	50m:	28.76	28.76	150m:	1:32.93	32.55	250m:	2:38.96	33.10	350m:	3:46.00	33.81
	100m:	1:00.38	31.62	200m:	2:05.86	32.93	300m:	3:12.19	33.23	400m:	4:19.34	33.34
46.	LEVAC, Philippe 18 Sher								4:19.63	546		
	50m:	28.85	28.85	150m:	1:33.67	33.01	250m:	2:40.69	33.66	350m:	3:48.24	33.50
	100m:	1:00.66	31.81	200m:	2:07.03	33.36	300m:	3:14.74	34.05	400m:	4:19.63	31.39
47.	CURNIER, Alexandre 19 Udem								4:20.58	540		
	50m:	27.86	27.86	150m:	1:30.94	32.27	250m:	2:36.46	33.09	350m:	3:45.65	35.05
	100m:	58.67	30.81	200m:	2:03.37	32.43	300m:	3:10.60	34.14	400m:	4:20.58	34.93
48.	KILLAM, Carson 15 Swim Ontario								4:21.32	535		
	50m:	28.36	28.36	150m:	1:34.01	33.26	250m:	2:41.00	33.41	350m:	3:48.58	33.66
	100m:	1:00.75	32.39	200m:	2:07.59	33.58	300m:	3:14.92	33.92	400m:	4:21.32	32.74
49.	LI YING PIN, Aidan 15 Samak								4:21.66	533		
	50m:	28.84	28.84	150m:	1:34.01	33.03	250m:	2:41.37	33.64	350m:	3:49.11	33.90
	100m:	1:00.98	32.14	200m:	2:07.73	33.72	300m:	3:15.21	33.84	400m:	4:21.66	32.55
50.	VALLIERES, Eloi 19 Rouge et Or/Universite Laval								4:22.91	526		
	50m:	29.53	29.53	150m:	1:35.45	33.74	250m:	2:42.65	33.22	350m:	3:50.50	33.89
	100m:	1:01.71	32.18	200m:	2:09.43	33.98	300m:	3:16.61	33.96	400m:	4:22.91	32.41
51.	SAWAYA-GUERARD, Mathis 16 Rouge et Or/Universite Laval								4:25.30	512		
	50m:	28.99	28.99	150m:	1:35.16	33.44	250m:	2:43.28	34.22	350m:	3:51.99	34.36
	100m:	1:01.72	32.73	200m:	2:09.06	33.90	300m:	3:17.63	34.35	400m:	4:25.30	33.31
52.	LEBEL, Theo 14 Neptune Natation								4:26.63	504		
	50m:	29.91	29.91	150m:	1:37.08	34.12	250m:	2:45.32	34.29	350m:	3:52.98	33.75
	100m:	1:02.96	33.05	200m:	2:11.03	33.95	300m:	3:19.23	33.91	400m:	4:26.63	33.65
53.	GIRARDIN, William-Eric 18 Cac								4:26.66	504		
	50m:	28.81	28.81	150m:	1:33.86	32.70	250m:	2:42.45	34.28	350m:	3:52.38	35.14
	100m:	1:01.16	32.35	200m:	2:08.17	34.31	300m:	3:17.24	34.79	400m:	4:26.66	34.28
54.	FORTIN, Ludovic 15 Riverains								4:26.80	503		
	50m:	29.78	29.78	150m:	1:37.06	34.31	250m:	2:45.72	34.41	350m:	3:54.06	34.26
	100m:	1:02.75	32.97	200m:	2:11.31	34.25	300m:	3:19.80	34.08	400m:	4:26.80	32.74
55.	HUNZIKER, Kyle 18 Bbf								4:42.15	425		
	50m:	28.95	28.95	150m:	1:37.37	35.13	250m:	2:50.86	37.08	350m:	4:05.99	37.59
	100m:	1:02.24	33.29	200m:	2:13.78	36.41	300m:	3:28.40	37.54	400m:	4:42.15	36.16