

Coupe du Québec senior 2024
 Peps- Université Laval, 28-11- - 1-12-2024

Event 34	Men, 400m Freestyle					Open
2024-12-01 - 18:28						Results Finals
Canadian Senior Records	3:39.10	COCHRANE, Ryan	ISC	Leeds (GBR)	2009-08-06	
Canadian Age Group Records 15 - 17	3:43.73	PRATT, Alexander	CASC	Toronto	2017-12-16	
Canadian Age Group Records 13 - 14	3:54.19	KIM, Laon	HYACK	Vancouver	2022-11-05	
Canadian Age Group Records 11 - 12	4:15.26	KIM, Lucas	HYACK	Coquitlam	2020-11-11	
Quebec Provincial Senior Records	3:47.81	NEWMAN, Wesley	DDO	Toronto	2009-03-13	
Quebec Provincial Age Group Records (unt3:51.16024		SZMIDT, Peter	PCSC	???	1979-03-01	
Quebec Provincial Age Group Records (unt4:01.94024		DUBORD, Marshal	PPO	Montreal	2013-02-16	
Quebec Provincial Age Group Records (unt4:22.94024		ORIWOL, Tobias	PCSC	???	1998-01-01	
Coupe Senior- 18 + 18 +: 4:46.36 / Coupe Senior- Ouvert : 4:17.84						

Points: AQUA 2024

Rank			Age			Time	Pts					
Final A												
1.	PAULINS, Sebastian		26	Cote Saint-Luc Aquatics		3:47.35	813					
	<i>Record provincial québécois sénior ?</i>											
	50m:	26.15	26.15	150m:	1:22.35	28.42	250m:	2:20.16	29.02	350m:	3:18.58	29.10
	100m:	53.93	27.78	200m:	1:51.14	28.79	300m:	2:49.48	29.32	400m:	3:47.35	28.77
2.	FONSECA, Simon		16	Camo		3:49.39	792					
	<i>Record provincial québécois groupe d'âge ?</i>											
	50m:	26.65	26.65	150m:	1:24.12	29.01	250m:	2:22.97	29.45	350m:	3:21.19	29.20
	100m:	55.11	28.46	200m:	1:53.52	29.40	300m:	2:51.99	29.02	400m:	3:49.39	28.20
3.	VOLODIN, Artiom		21	McGILL		3:51.51	770					
	50m:	26.16	26.16	150m:	1:23.83	29.34	250m:	2:23.66	29.81	350m:	3:22.51	29.47
	100m:	54.49	28.33	200m:	1:53.85	30.02	300m:	2:53.04	29.38	400m:	3:51.51	29.00
4.	JANVIER, Hugo		22	Rouge et Or universitaire		3:52.55	760					
	50m:	26.58	26.58	150m:	1:24.78	29.34	250m:	2:24.26	29.70	350m:	3:23.64	29.48
	100m:	55.44	28.86	200m:	1:54.56	29.78	300m:	2:54.16	29.90	400m:	3:52.55	28.91
5.	DUFFY, Edouard		19	Camo		3:53.85	747					
	50m:	26.76	26.76	150m:	1:25.18	29.36	250m:	2:25.05	30.10	350m:	3:25.03	30.00
	100m:	55.82	29.06	200m:	1:54.95	29.77	300m:	2:55.03	29.98	400m:	3:53.85	28.82
6.	LAFONTAINE-GIGUERE, Laurier		19	Neptune Natation		3:54.11	745					
	50m:	26.96	26.96	150m:	1:25.96	29.64	250m:	2:25.88	29.94	350m:	3:26.46	30.52
	100m:	56.32	29.36	200m:	1:55.94	29.98	300m:	2:55.94	30.06	400m:	3:54.11	27.65
7.	BARADAT, Mats		21	McGILL		3:54.49	741					
	50m:	26.59	26.59	150m:	1:25.53	29.59	250m:	2:26.00	30.15	350m:	3:26.11	29.87
	100m:	55.94	29.35	200m:	1:55.85	30.32	300m:	2:56.24	30.24	400m:	3:54.49	28.38
8.	SAUVE, Antoine		19	Camo		3:54.79	738					
	50m:	26.68	26.68	150m:	1:23.54	28.81	250m:	2:23.60	30.31	350m:	3:25.47	30.89
	100m:	54.73	28.05	200m:	1:53.29	29.75	300m:	2:54.58	30.98	400m:	3:54.79	29.32
9.	OUELLETTE, Spencer		21	Usher		4:02.16	673					
	50m:	26.81	26.81	150m:	1:26.67	30.19	250m:	2:28.53	31.12	350m:	3:31.52	31.72
	100m:	56.48	29.67	200m:	1:57.41	30.74	300m:	2:59.80	31.27	400m:	4:02.16	30.64
10.	TRUDEL, Renaud		17	Camo		4:03.10	665					
	50m:	27.29	27.29	150m:	1:26.63	30.09	250m:	2:28.39	31.11	350m:	3:32.22	32.11
	100m:	56.54	29.25	200m:	1:57.28	30.65	300m:	3:00.11	31.72	400m:	4:03.10	30.88
Final B												
11.	CORTEZ, David		17	Camo		4:00.95	683					
	50m:	27.54	27.54	150m:	1:28.10	30.53	250m:	2:30.28	30.98	350m:	3:31.90	30.96
	100m:	57.57	30.03	200m:	1:59.30	31.20	300m:	3:00.94	30.66	400m:	4:00.95	29.05

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Event 34, Men, 400m Freestyle, Final, Open

Rank					Age					Time	Pts	
12.	HADDALLAH, Mohamed Malik				17	Neptune Natation				4:02.80	668	
	50m:	28.24	28.24	150m:	1:29.12	30.85	250m:	2:30.90	30.83	350m:	3:32.58	30.83
	100m:	58.27	30.03	200m:	2:00.07	30.95	300m:	3:01.75	30.85	400m:	4:02.80	30.22
13.	EL OUAHDANI, Rayan				16	Neptune Natation				4:03.86	659	
	50m:	27.37	27.37	150m:	1:27.85	30.71	250m:	2:30.86	31.33	350m:	3:33.45	31.29
	100m:	57.14	29.77	200m:	1:59.53	31.68	300m:	3:02.16	31.30	400m:	4:03.86	30.41
14.	THIFAULT, Emile				16	Camo				4:04.96	650	
	50m:	28.02	28.02	150m:	1:29.59	31.08	250m:	2:32.75	31.62	350m:	3:35.80	31.14
	100m:	58.51	30.49	200m:	2:01.13	31.54	300m:	3:04.66	31.91	400m:	4:04.96	29.16
15.	CASTONGUAY, Clovis				16	Elite				4:06.14	641	
	50m:	28.68	28.68	150m:	1:29.88	30.96	250m:	2:32.82	31.43	350m:	3:35.75	31.44
	100m:	58.92	30.24	200m:	2:01.39	31.51	300m:	3:04.31	31.49	400m:	4:06.14	30.39
16.	ROUKEMA, Ivan				15	Samak				4:07.69	629	
	50m:	28.30	28.30	150m:	1:29.83	31.14	250m:	2:33.12	31.67	350m:	3:36.81	31.89
	100m:	58.69	30.39	200m:	2:01.45	31.62	300m:	3:04.92	31.80	400m:	4:07.69	30.88
17.	VENDITTI, Marcus				15	Bbf				4:08.72	621	
	50m:	28.03	28.03	150m:	1:30.10	31.41	250m:	2:33.53	31.87	350m:	3:37.64	32.15
	100m:	58.69	30.66	200m:	2:01.66	31.56	300m:	3:05.49	31.96	400m:	4:08.72	31.08
18.	CABANA, Clement				16	Samak				4:09.23	617	
	50m:	29.30	29.30	150m:	1:31.27	31.16	250m:	2:34.55	31.58	350m:	3:38.13	31.57
	100m:	1:00.11	30.81	200m:	2:02.97	31.70	300m:	3:06.56	32.01	400m:	4:09.23	31.10
19.	BIROLLEAU-SGARD, Charly				14	Natation Gatineau				4:17.13	562	
	50m:	28.38	28.38	150m:	1:31.70	32.20	250m:	2:37.38	33.19	350m:	3:44.24	33.61
	100m:	59.50	31.12	200m:	2:04.19	32.49	300m:	3:10.63	33.25	400m:	4:17.13	32.89
20.	DROUIN, Leon				15	Camo				4:19.86	544	
	50m:	28.17	28.17	150m:	1:33.50	33.34	250m:	2:40.57	33.47	350m:	3:47.33	33.46
	100m:	1:00.16	31.99	200m:	2:07.10	33.60	300m:	3:13.87	33.30	400m:	4:19.86	32.53