

Coupe du Québec senior 2024  
 Peps- Université Laval, 28-11- - 1-12-2024

 Event 33 Women, 400m Freestyle Open Results Prelim  
 2024-12-01 - 11:16

Canadian Senior Records	3:52.80	MCINTOSH, Summer	UNCAN	Toronto	2022-10-28
Canadian Age Group Records 15 - 17	3:52.80	MCINTOSH, Summer	UNCAN	Toronto	2022-10-28
Canadian Age Group Records 13 - 14	4:08.31	KEIRE, Jacqueline	ESWIM	Charlottetown	2009-08-26
Canadian Age Group Records 11 - 12	4:14.64	MCINTOSH, Summer	ESWIM	Etobicoke	2019-07-10
Quebec Provincial Senior Records	3:56.78	HARVEY, Mary-Sophie	CAMO	Incheon (KOR)	2024-10-24
Quebec Provincial Age Group Records (unt4:02.23024	HARVEY, Mary-Sophie	NN	Toronto	2016-12-17	
Quebec Provincial Age Group Records (unt4:17.41024	HUTCHISON, Jennifer	PCSC	???	1987-02-01	
Quebec Provincial Age Group Records (unt4:23.93024	SHEWCHUCK, Stephanie	PCSC	???	1987-02-01	

Coupe Senior- 18 + 18 + 50m: 5:19.11 - 25m: 5:09.53 / Coupe Senior- Ouvert 50m: 4:45.30 - 25m: 4:36.74

Points: AQUA 2024

Rank			Age							Time	Pts	
1.	TINMOUTH, Iris		20	McGILL						<b>4:16.68</b>	731	A
	50m:	29.84	29.84	150m:	1:33.97	31.94	250m:	2:38.86	32.43	350m:	3:44.57	33.01
	100m:	1:02.03	32.19	200m:	2:06.43	32.46	300m:	3:11.56	32.70	400m:	4:16.68	32.11
2.	LJUCKANOV, Lilian		17	Ajax Aquatic Club						<b>4:21.31</b>	693	A
	50m:	30.46	30.46	150m:	1:36.93	33.64	250m:	2:43.60	32.97	350m:	3:49.07	32.72
	100m:	1:03.29	32.83	200m:	2:10.63	33.70	300m:	3:16.35	32.75	400m:	4:21.31	32.24
3.	BROWN, Gabrielle		20	McGILL						<b>4:22.12</b>	687	A
	50m:	30.56	30.56	150m:	1:36.43	33.14	250m:	2:43.29	33.53	350m:	3:49.80	32.97
	100m:	1:03.29	32.73	200m:	2:09.76	33.33	300m:	3:16.83	33.54	400m:	4:22.12	32.32
4.	VEZINA, Corinne		20	Rouge et Or/Universite Laval						<b>4:23.64</b>	675	A
	50m:	30.25	30.25	150m:	1:37.07	33.54	250m:	2:44.22	33.49	350m:	3:50.93	33.21
	100m:	1:03.53	33.28	200m:	2:10.73	33.66	300m:	3:17.72	33.50	400m:	4:23.64	32.71
5.	HARVEY, Penelope		21	Rouge et Or universitaire						<b>4:24.29</b>	670	A
	50m:	30.55	30.55	150m:	1:37.03	33.34	250m:	2:44.34	33.79	350m:	3:51.90	33.82
	100m:	1:03.69	33.14	200m:	2:10.55	33.52	300m:	3:18.08	33.74	400m:	4:24.29	32.39
6.	LO, Naomie		21	McGILL						<b>4:24.67</b>	667	A
	50m:	30.13	30.13	150m:	1:35.23	32.71	250m:	2:43.49	34.56	350m:	3:51.72	33.61
	100m:	1:02.52	32.39	200m:	2:08.93	33.70	300m:	3:18.11	34.62	400m:	4:24.67	32.95
7.	TURAN, Selin		21	University of Ottawa Gee-Gees						<b>4:24.86</b>	666	A
	50m:	30.70	30.70	150m:	1:37.03	33.36	250m:	2:44.70	33.94	350m:	3:52.61	33.64
	100m:	1:03.67	32.97	200m:	2:10.76	33.73	300m:	3:18.97	34.27	400m:	4:24.86	32.25
8.	MCLEOD, Kealeigh		18	McGILL						<b>4:25.01</b>	664	A
	50m:	30.74	30.74	150m:	1:36.47	33.00	250m:	2:43.10	33.47	350m:	3:51.42	34.32
	100m:	1:03.47	32.73	200m:	2:09.63	33.16	300m:	3:17.10	34.00	400m:	4:25.01	33.59
9.	LELIEVRE, Karelle		17	Samak						<b>4:25.53</b>	660	A
	50m:	30.01	30.01	150m:	1:37.15	33.91	250m:	2:44.84	33.81	350m:	3:52.91	34.22
	100m:	1:03.24	33.23	200m:	2:11.03	33.88	300m:	3:18.69	33.85	400m:	4:25.53	32.62
10.	TURCOTTE, Annabelle		15	Cnq						<b>4:25.84</b>	658	A
	50m:	30.34	30.34	150m:	1:37.30	33.77	250m:	2:45.44	34.34	350m:	3:53.31	33.64
	100m:	1:03.53	33.19	200m:	2:11.10	33.80	300m:	3:19.67	34.23	400m:	4:25.84	32.53
11.	WEISS REID, Beatrice		19	McGILL						<b>4:26.59</b>	653	B
	50m:	30.09	30.09	150m:	1:36.94	33.90	250m:	2:44.89	34.27	350m:	3:53.98	34.35
	100m:	1:03.04	32.95	200m:	2:10.62	33.68	300m:	3:19.63	34.74	400m:	4:26.59	32.61
12.	BROUSSEAU, Charlotte		16	Camo						<b>4:27.30</b>	647	B
	50m:	31.17	31.17	150m:	1:39.09	34.15	250m:	2:46.61	33.64	350m:	3:54.52	33.79
	100m:	1:04.94	33.77	200m:	2:12.97	33.88	300m:	3:20.73	34.12	400m:	4:27.30	32.78

Coupe du Québec senior 2024  
 Peps- Université Laval, 28-11- - 1-12-2024

## Event 33, Women, 400m Freestyle, Prelim, Open

Rank					Age					Time	Pts	
13.	MICHAUD, Elisabeth				19	Club de natation Saint-Laurent				<b>4:28.61</b>	638	B
	50m:	31.61	31.61	150m:	1:38.72	33.75	250m:	2:46.89	34.06	350m:	3:54.91	33.79
	100m:	1:04.97	33.36	200m:	2:12.83	34.11	300m:	3:21.12	34.23	400m:	4:28.61	33.70
14.	SHINK, Ariane				18	Cnq				<b>4:28.63</b>	638	B
	50m:	31.14	31.14	150m:	1:37.92	33.60	250m:	2:45.65	33.64	350m:	3:54.75	34.63
	100m:	1:04.32	33.18	200m:	2:12.01	34.09	300m:	3:20.12	34.47	400m:	4:28.63	33.88
15.	MARQUIS, Jade				20	Samak				<b>4:30.08</b>	628	B
	50m:	31.47	31.47	150m:	1:39.30	34.15	250m:	2:47.99	34.25	350m:	3:56.76	34.24
	100m:	1:05.15	33.68	200m:	2:13.74	34.44	300m:	3:22.52	34.53	400m:	4:30.08	33.32
16.	TURCOTTE, Juliette				17	Cnq				<b>4:30.85</b>	622	B
	50m:	31.20	31.20	150m:	1:38.33	33.90	250m:	2:47.40	34.57	350m:	3:56.89	34.73
	100m:	1:04.43	33.23	200m:	2:12.83	34.50	300m:	3:22.16	34.76	400m:	4:30.85	33.96
17.	BARBER, Molly				17	Swim Ontario				<b>4:31.71</b>	616	B
	50m:	30.71	30.71	150m:	1:39.69	35.06	250m:	2:49.72	34.53	350m:	3:58.84	33.85
	100m:	1:04.63	33.92	200m:	2:15.19	35.50	300m:	3:24.99	35.27	400m:	4:31.71	32.87
18.	MALENFANT, Viviane				17	Cnq				<b>4:31.81</b>	616	B
	50m:	30.69	30.69	150m:	1:38.30	33.99	250m:	2:47.76	34.85	350m:	3:56.22	33.87
	100m:	1:04.31	33.62	200m:	2:12.91	34.61	300m:	3:22.35	34.59	400m:	4:31.81	35.59
19.	HARVEY, Olivia				21	Rouge et Or universitaire				<b>4:32.73</b>	609	B
	50m:	31.11	31.11	150m:	1:39.88	34.76	250m:	2:50.31	35.26	350m:	3:59.75	34.70
	100m:	1:05.12	34.01	200m:	2:15.05	35.17	300m:	3:25.05	34.74	400m:	4:32.73	32.98
20.	ABETTI, Douae				15	Cnq				<b>4:33.13</b>	607	B
	50m:	30.99	30.99	150m:	1:39.49	34.52	250m:	2:49.65	35.06	350m:	3:59.24	34.56
	100m:	1:04.97	33.98	200m:	2:14.59	35.10	300m:	3:24.68	35.03	400m:	4:33.13	33.89
21.	QUEVILLON, Liliane				19	Neptune Natation				<b>4:33.72</b>	603	R
	50m:	31.03	31.03	150m:	1:39.90	34.50	250m:	2:49.66	34.87	350m:	3:59.70	34.96
	100m:	1:05.40	34.37	200m:	2:14.79	34.89	300m:	3:24.74	35.08	400m:	4:33.72	34.02
22.	SMITH, Rachel				18	University of Ottawa Gee-Gees				<b>4:34.53</b>	598	R
	50m:	31.72	31.72	150m:	1:41.59	35.09	250m:	2:51.68	35.00	350m:	4:00.83	34.51
	100m:	1:06.50	34.78	200m:	2:16.68	35.09	300m:	3:26.32	34.64	400m:	4:34.53	33.70
23.	SHEMILT, Sydney				21	McGILL				<b>4:34.78</b>	596	R
	50m:	31.10	31.10	150m:	1:39.64	34.49	250m:	2:49.53	34.93	350m:	3:59.98	35.34
	100m:	1:05.15	34.05	200m:	2:14.60	34.96	300m:	3:24.64	35.11	400m:	4:34.78	34.80
24.	ARSENAULT, Laurence				21	Uqtr				<b>4:35.14</b>	594	R
	50m:	30.58	30.58	150m:	1:38.18	34.20	250m:	2:48.32	35.22	350m:	4:00.07	35.91
	100m:	1:03.98	33.40	200m:	2:13.10	34.92	300m:	3:24.16	35.84	400m:	4:35.14	35.07
25.	GUY, Roxane				17	Cnq				<b>4:35.17</b>	593	
	50m:	32.02	32.02	150m:	1:40.58	34.48	250m:	2:50.33	34.77	350m:	4:00.31	34.93
	100m:	1:06.10	34.08	200m:	2:15.56	34.98	300m:	3:25.38	35.05	400m:	4:35.17	34.86
26.	DE CHAZAL, Emilie				19	McGILL				<b>4:35.55</b>	591	
	50m:	31.05	31.05	150m:	1:38.77	34.14	250m:	2:49.98	35.72	350m:	4:00.91	35.47
	100m:	1:04.63	33.58	200m:	2:14.26	35.49	300m:	3:25.44	35.46	400m:	4:35.55	34.64
27.	DUMAS, Annabelle				16	Riverains				<b>4:35.91</b>	589	
	50m:	31.69	31.69	150m:	1:41.70	34.99	250m:	2:52.01	35.26	350m:	4:02.26	35.28
	100m:	1:06.71	35.02	200m:	2:16.75	35.05	300m:	3:26.98	34.97	400m:	4:35.91	33.65
28.	PRICE, Loriane				16	Samak				<b>4:36.92</b>	582	
	50m:	30.63	30.63	150m:	1:40.01	35.09	250m:	2:51.13	35.35	350m:	4:02.30	35.51
	100m:	1:04.92	34.29	200m:	2:15.78	35.77	300m:	3:26.79	35.66	400m:	4:36.92	34.62

Coupe du Québec senior 2024  
 Peps- Université Laval, 28-11- - 1-12-2024

## Event 33, Women, 400m Freestyle, Prelim, Open

Rank					Age					Time	Pts	
28.	CHALIFOUR, Mathilde				19	Rouge et Or/Universite Laval				<b>4:36.92</b>	582	
	50m:	31.23	31.23	150m:	1:40.36	34.81	250m:	2:50.90	35.37	350m:	4:02.18	35.68
	100m:	1:05.55	34.32	200m:	2:15.53	35.17	300m:	3:26.50	35.60	400m:	4:36.92	34.74
30.	POULIOT, Florence				16	C,A, Regional De L'. Abit-Tem				<b>4:36.96</b>	582	
	50m:	30.53	30.53	150m:	1:39.67	34.84	250m:	2:50.66	35.38	350m:	4:02.15	35.58
	100m:	1:04.83	34.30	200m:	2:15.28	35.61	300m:	3:26.57	35.91	400m:	4:36.96	34.81
31.	LEFRANCOIS, Audrey				16	Cote Saint-Luc Aquatics				<b>4:37.51</b>	579	
	50m:	31.86	31.86	150m:	1:41.46	35.19	250m:	2:52.17	34.98	350m:	4:02.60	35.25
	100m:	1:06.27	34.41	200m:	2:17.19	35.73	300m:	3:27.35	35.18	400m:	4:37.51	34.91
32.	GAUTHIER, Rebecca				17	Neptune Natation				<b>4:38.61</b>	572	
	50m:	32.08	32.08	150m:	1:42.30	35.68	250m:	2:54.11	35.68	350m:	4:04.63	34.90
	100m:	1:06.62	34.54	200m:	2:18.43	36.13	300m:	3:29.73	35.62	400m:	4:38.61	33.98
33.	PARE-LEVESQUE, Laurie				18	Neptune Natation				<b>4:38.93</b>	570	
	50m:	32.94	32.94	150m:	1:43.60	35.55	250m:	2:54.82	35.22	350m:	4:05.14	34.86
	100m:	1:08.05	35.11	200m:	2:19.60	36.00	300m:	3:30.28	35.46	400m:	4:38.93	33.79
34.	ANDREOLI, Catherine				16	Camo				<b>4:39.16</b>	568	
	50m:	31.58	31.58	150m:	1:41.30	35.37	250m:	2:52.68	35.67	350m:	4:04.57	35.94
	100m:	1:05.93	34.35	200m:	2:17.01	35.71	300m:	3:28.63	35.95	400m:	4:39.16	34.59
35.	TCHAPTCHET, Diany				20	Elite				<b>4:40.04</b>	563	
	50m:	31.27	31.27	150m:	1:40.41	34.96	250m:	2:51.84	35.97	350m:	4:04.45	36.39
	100m:	1:05.45	34.18	200m:	2:15.87	35.46	300m:	3:28.06	36.22	400m:	4:40.04	35.59
36.	DROUIN, Laurie				17	club aquatique st-eustache				<b>4:40.17</b>	562	
	50m:	31.83	31.83	150m:	1:41.65	35.31	250m:	2:53.03	35.60	350m:	4:04.98	35.97
	100m:	1:06.34	34.51	200m:	2:17.43	35.78	300m:	3:29.01	35.98	400m:	4:40.17	35.19
37.	OUATTARA ROUSSEAU, Zahia				15	Elite				<b>4:40.26</b>	562	
	50m:	31.05	31.05	150m:	1:40.99	35.35	250m:	2:52.65	36.04	350m:	4:05.03	36.38
	100m:	1:05.64	34.59	200m:	2:16.61	35.62	300m:	3:28.65	36.00	400m:	4:40.26	35.23
38.	MATTE, Eve				17	Neptune Natation				<b>4:40.62</b>	559	
	50m:	32.19	32.19	150m:	1:42.20	35.18	250m:	2:53.50	35.99	350m:	4:05.67	36.09
	100m:	1:07.02	34.83	200m:	2:17.51	35.31	300m:	3:29.58	36.08	400m:	4:40.62	34.95
39.	ORTEGA-LEMAY, Alyssa				17	Neptune Natation				<b>4:41.33</b>	555	
	50m:	31.77	31.77	150m:	1:42.26	35.41	250m:	2:54.38	36.16	350m:	4:06.31	35.89
	100m:	1:06.85	35.08	200m:	2:18.22	35.96	300m:	3:30.42	36.04	400m:	4:41.33	35.02
40.	BOUFFARD, Jeanne				15	Riverains				<b>4:41.55</b>	554	
	50m:	31.07	31.07	150m:	1:41.83	36.10	250m:	2:54.14	36.57	350m:	4:06.80	36.24
	100m:	1:05.73	34.66	200m:	2:17.57	35.74	300m:	3:30.56	36.42	400m:	4:41.55	34.75
41.	KITAY, Lara				16	Natation Gatineau				<b>4:42.43</b>	549	
	50m:	32.40	32.40	150m:	1:43.43	35.72	250m:	2:55.47	36.24	350m:	4:08.18	36.25
	100m:	1:07.71	35.31	200m:	2:19.23	35.80	300m:	3:31.93	36.46	400m:	4:42.43	34.25
42.	LACOSTE, Eliane				15	club aquatique st-eustache				<b>4:43.50</b>	543	
	50m:	31.68	31.68	150m:	1:41.62	35.38	250m:	2:54.05	36.36	350m:	4:07.60	36.84
	100m:	1:06.24	34.56	200m:	2:17.69	36.07	300m:	3:30.76	36.71	400m:	4:43.50	35.90
43.	VENDITTI, Katrina				19	Bbf				<b>4:46.47</b>	526	
	50m:	31.81	31.81	150m:	1:44.74	36.54	250m:	2:58.50	36.56	350m:	4:11.21	36.47
	100m:	1:08.20	36.39	200m:	2:21.94	37.20	300m:	3:34.74	36.24	400m:	4:46.47	35.26
44.	CLOUTIER, Sabrina				20	Usher				<b>4:47.25</b>	522	
	50m:	32.52	32.52	150m:	1:44.25	36.15	250m:	2:57.39	36.86	350m:	4:11.21	37.13
	100m:	1:08.10	35.58	200m:	2:20.53	36.28	300m:	3:34.08	36.69	400m:	4:47.25	36.04

Coupe du Québec senior 2024  
 Peps- Université Laval, 28-11- - 1-12-2024

## Event 33, Women, 400m Freestyle, Prelim, Open

Rank					Age					Time	Pts	
45.	SIMARD, Anne				18	Rouge et Or/Universite Laval				<b>4:48.76</b>	513	
	50m:	32.95	32.95	150m:	1:45.99	36.97	250m:	3:00.43	37.04	350m:	4:14.20	36.74
	100m:	1:09.02	36.07	200m:	2:23.39	37.40	300m:	3:37.46	37.03	400m:	4:48.76	34.56
46.	SYLVESTRE, Justine				17	Neptune Natation				<b>4:50.50</b>	504	
	50m:	33.07	33.07	150m:	1:46.46	37.22	250m:	3:00.81	37.11	350m:	4:14.27	36.56
	100m:	1:09.24	36.17	200m:	2:23.70	37.24	300m:	3:37.71	36.90	400m:	4:50.50	36.23
47.	MARTIN, Mila				16	Bbf				<b>4:51.06</b>	501	
	50m:	32.94	32.94	150m:	1:45.10	36.49	250m:	2:59.48	37.02	350m:	4:14.45	37.07
	100m:	1:08.61	35.67	200m:	2:22.46	37.36	300m:	3:37.38	37.90	400m:	4:51.06	36.61
48.	RIOPEL, Mila				16	Neptune Natation				<b>4:57.85</b>	468	
	50m:	32.35	32.35	150m:	1:45.49	37.25	250m:	3:02.10	38.35	350m:	4:19.51	38.84
	100m:	1:08.24	35.89	200m:	2:23.75	38.26	300m:	3:40.67	38.57	400m:	4:57.85	38.34
49.	BERUBE, Marie-Maude				16	LMRL Riviere-du-Loup				<b>4:58.04</b>	467	
	50m:	34.22	34.22	150m:	1:51.05	38.73	250m:	3:07.41	38.05	350m:	4:21.75	36.93
	100m:	1:12.32	38.10	200m:	2:29.36	38.31	300m:	3:44.82	37.41	400m:	4:58.04	36.29
50.	BELLANGER, Madeleine				17	Rouge et Or/Universite Laval				<b>4:58.19</b>	466	
	50m:	33.81	33.81	150m:	1:49.00	38.16	250m:	3:05.65	38.08	350m:	4:22.01	38.07
	100m:	1:10.84	37.03	200m:	2:27.57	38.57	300m:	3:43.94	38.29	400m:	4:58.19	36.18
51.	SEGUIN, Daphnee				20	Uqtr				<b>4:59.53</b>	460	
	50m:	32.51	32.51	150m:	1:46.59	38.03	250m:	3:03.26	38.44	350m:	4:21.37	38.99
	100m:	1:08.56	36.05	200m:	2:24.82	38.23	300m:	3:42.38	39.12	400m:	4:59.53	38.16
52.	DUQUETTE, Viviane				19	Camo				<b>4:59.79</b>	459	
	50m:	32.72	32.72	150m:	1:47.54	38.10	250m:	3:04.80	38.91	350m:	4:22.33	38.54
	100m:	1:09.44	36.72	200m:	2:25.89	38.35	300m:	3:43.79	38.99	400m:	4:59.79	37.46
53.	METIVIER, Lea				18	LMRL Riviere-du-Loup				<b>5:07.02</b>	427	
	50m:	34.54	34.54	150m:	1:50.77	38.32	250m:	3:08.53	38.66	350m:	4:27.43	39.59
	100m:	1:12.45	37.91	200m:	2:29.87	39.10	300m:	3:47.84	39.31	400m:	5:07.02	39.59
DSQ	BOSSE, Marie-Laurence				18	LMRL Riviere-du-Loup						