

Prova 16
 14/12/2024 - 17:16

1500m Lliure

 Open
 Resultats

CIR	15:56.57	CABANILLAS QUINTANILLA, Rafael	00069	Sabadell	29/11/2014
CIR	18:03.63	TORRAS PIEDEHIERRO, Judith	P0725	Sabadell	24/11/2018
CR	16:08.11	CABANILLAS QUINTANILLA, Rafael	MARNAT	Sant Feliu de Llobregat	15/12/2018
CR	19:57.91	GOMARIZ GONZALEZ, Montserrat	MANRES	Sant Feliu de Llobregat	18/12/2021

Class.	Nom i Cognoms	Any	Club	Temps	Pts.CAT	Pts.CIR/CL	Pts.TROF	Obs
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Open, Masc.

1.	CALDERON RAMIREZ, Marc	88	C.N. Aquamàsters	17:41.60	698	698,00	-	
	50m: 31.70 31.70	450m: 5:17.43 35.68	850m: 10:02.73 35.96	1250m: 14:47.68 35.30				
	100m: 1:06.24 34.54	500m: 5:53.11 35.68	900m: 10:38.34 35.61	1300m: 15:22.92 35.24				
	150m: 1:41.79 35.55	550m: 6:28.49 35.38	950m: 11:14.10 35.76	1350m: 15:58.02 35.10				
	200m: 2:17.67 35.88	600m: 7:03.87 35.38	1000m: 11:49.64 35.54	1400m: 16:32.96 34.94				
	250m: 2:53.51 35.84	650m: 7:39.38 35.51	1050m: 12:25.28 35.64	1450m: 17:07.87 34.91				
	300m: 3:29.69 36.18	700m: 8:15.13 35.75	1100m: 13:00.68 35.40	1500m: 17:41.60 33.73				
	350m: 4:05.83 36.14	750m: 8:50.90 35.77	1150m: 13:36.59 35.91					
	400m: 4:41.75 35.92	800m: 9:26.77 35.87	1200m: 14:12.38 35.79					
2.	NAVARRO GUILLÉN, Javier	87	C.N. Aquamàsters	17:44.07	693	693,00	-	
	50m: 32.39 32.39	450m: 5:17.40 35.85	850m: 10:02.61 35.59	1250m: 14:48.14 35.90				
	100m: 1:06.73 34.34	500m: 5:53.03 35.63	900m: 10:38.18 35.57	1300m: 15:23.61 35.47				
	150m: 1:42.24 35.51	550m: 6:28.31 35.28	950m: 11:13.94 35.76	1350m: 15:59.19 35.58				
	200m: 2:18.05 35.81	600m: 7:03.81 35.50	1000m: 11:49.53 35.59	1400m: 16:34.99 35.80				
	250m: 2:53.81 35.76	650m: 7:39.35 35.54	1050m: 12:25.05 35.52	1450m: 17:10.84 35.85				
	300m: 3:29.90 36.09	700m: 8:15.14 35.79	1100m: 13:00.66 35.61	1500m: 17:44.07 33.23				
	350m: 4:05.77 35.87	750m: 8:50.88 35.74	1150m: 13:36.40 35.74					
	400m: 4:41.55 35.78	800m: 9:27.02 36.14	1200m: 14:12.24 35.84					
3.	ROMEU VENDRELL, Jordi	81	C.N. Vilafranca	17:58.64	686	686,00	686,00	
	50m: 34.80 34.80	450m: 5:22.13 35.94	850m: 10:08.75 36.02	1250m: 14:57.34 36.15				
	100m: 1:11.01 36.21	500m: 5:58.36 36.23	900m: 10:44.74 35.99	1300m: 15:33.68 36.34				
	150m: 1:46.32 35.31	550m: 6:34.01 35.65	950m: 11:20.60 35.86	1350m: 16:09.94 36.26				
	200m: 2:22.49 36.17	600m: 7:09.51 35.50	1000m: 11:56.71 36.11	1400m: 16:46.27 36.33				
	250m: 2:58.31 35.82	650m: 7:45.32 35.81	1050m: 12:32.84 36.13	1450m: 17:22.48 36.21				
	300m: 3:34.33 36.02	700m: 8:21.08 35.76	1100m: 13:08.82 35.98	1500m: 17:58.64 36.16				
	350m: 4:10.27 35.94	750m: 8:56.81 35.73	1150m: 13:45.01 36.19					
	400m: 4:46.19 35.92	800m: 9:32.73 35.92	1200m: 14:21.19 36.18					
4.	MORALES RODRÍGUEZ, Sergio	73	C.N. Aquamàsters	18:07.15	740	740,00	740,00	
	50m: 32.76 32.76	450m: 5:25.78 36.88	850m: 10:19.36 36.55	1250m: 15:08.39 36.03				
	100m: 1:08.36 35.60	500m: 6:02.79 37.01	900m: 10:55.47 36.11	1300m: 15:44.56 36.17				
	150m: 1:44.96 36.60	550m: 6:39.40 36.61	950m: 11:31.92 36.45	1350m: 16:20.40 35.84				
	200m: 2:21.68 36.72	600m: 7:16.17 36.77	1000m: 12:08.24 36.32	1400m: 16:56.50 36.10				
	250m: 2:58.52 36.84	650m: 7:52.85 36.68	1050m: 12:44.19 35.95	1450m: 17:32.57 36.07				
	300m: 3:35.27 36.75	700m: 8:29.56 36.71	1100m: 13:20.17 35.98	1500m: 18:07.15 34.58				
	350m: 4:12.16 36.89	750m: 9:06.36 36.80	1150m: 13:56.28 36.11					
	400m: 4:48.90 36.74	800m: 9:42.81 36.45	1200m: 14:32.36 36.08					
5.	SAN MARTIN TRESOLS, Luis	88	C.D. Jerez Natacion Master	19:45.96	500	-	-	
	50m: 33.28 33.28	450m: 5:42.98 39.88	850m: 11:03.52 40.39	1250m: 16:29.44 40.91				
	100m: 1:10.26 36.98	500m: 6:22.55 39.57	900m: 11:44.18 40.66	1300m: 17:10.03 40.59				
	150m: 1:47.97 37.71	550m: 7:02.39 39.84	950m: 12:24.48 40.30	1350m: 17:50.36 40.33				
	200m: 2:26.57 38.60	600m: 7:42.23 39.84	1000m: 13:05.16 40.68	1400m: 18:30.22 39.86				
	250m: 3:05.30 38.73	650m: 8:22.61 40.38	1050m: 13:46.14 40.98	1450m: 19:09.75 39.53				
	300m: 3:44.48 39.18	700m: 9:03.09 40.48	1100m: 14:26.94 40.80	1500m: 19:45.96 36.21				
	350m: 4:23.90 39.42	750m: 9:43.25 40.16	1150m: 15:07.55 40.61					
	400m: 5:03.10 39.20	800m: 10:23.13 39.88	1200m: 15:48.53 40.98					

Prova 16, Masc., 1500m Lliure, Open

Class.	Nom i Cognoms	Any	Club	Temps	Pts.CAT	Pts.CIR/CL	Pts.TROF	Obs				
6.	FOKBOR, Cédric	83	C.E. Panteres Grogues	20:33.48	459	459,00	459,00					
	50m:	35.34	35.34	450m:	6:03.79	42.46	850m:	11:37.87	42.18	1250m:	17:10.98	40.72
	100m:	1:14.97	39.63	500m:	6:45.60	41.81	900m:	12:20.13	42.26	1300m:	17:52.42	41.44
	150m:	1:55.22	40.25	550m:	7:27.26	41.66	950m:	13:01.72	41.59	1350m:	18:33.58	41.16
	200m:	2:35.47	40.25	600m:	8:09.08	41.82	1000m:	13:43.75	42.03	1400m:	19:14.32	40.74
	250m:	3:17.23	41.76	650m:	8:50.62	41.54	1050m:	14:26.16	42.41	1450m:	19:55.63	41.31
	300m:	3:58.58	41.35	700m:	9:32.49	41.87	1100m:	15:08.04	41.88	1500m:	20:33.48	37.85
	350m:	4:40.09	41.51	750m:	10:14.13	41.64	1150m:	15:49.48	41.44			
	400m:	5:21.33	41.24	800m:	10:55.69	41.56	1200m:	16:30.26	40.78			

7.	BURGUEÑO BARROSO, Jordi	70	C.N. Aquamàsters	21:02.31	472	-	-					
	50m:	37.12	37.12	450m:	6:10.00	42.11	850m:	11:49.54	39.53	1250m:	17:31.78	42.75
	100m:	1:16.77	39.65	500m:	6:52.21	42.21	900m:	12:32.49	42.95	1300m:	18:14.23	42.45
	150m:	1:57.92	41.15	550m:	7:34.68	42.47	950m:	13:15.00	42.51	1350m:	18:56.70	42.47
	200m:	2:39.95	42.03	600m:	8:17.05	42.37	1000m:	13:57.89	42.89	1400m:	19:39.21	42.51
	250m:	3:21.30	41.35	650m:	8:59.44	42.39	1050m:	14:40.60	42.71	1450m:	20:21.34	42.13
	300m:	4:03.43	42.13	700m:	9:41.69	42.25	1100m:	15:23.39	42.79	1500m:	21:02.31	40.97
	350m:	4:45.78	42.35	750m:	10:24.52	42.83	1150m:	16:06.48	43.09			
	400m:	5:27.89	42.11	800m:	11:10.01	45.49	1200m:	16:49.03	42.55			

35+, Masc.

1.	CALDERON RAMIREZ, Marc	88	C.N. Aquamàsters	17:41.60	698	698,00	-					
	50m:	31.70	31.70	450m:	5:17.43	35.68	850m:	10:02.73	35.96	1250m:	14:47.68	35.30
	100m:	1:06.24	34.54	500m:	5:53.11	35.68	900m:	10:38.34	35.61	1300m:	15:22.92	35.24
	150m:	1:41.79	35.55	550m:	6:28.49	35.38	950m:	11:14.10	35.76	1350m:	15:58.02	35.10
	200m:	2:17.67	35.88	600m:	7:03.87	35.38	1000m:	11:49.64	35.54	1400m:	16:32.96	34.94
	250m:	2:53.51	35.84	650m:	7:39.38	35.51	1050m:	12:25.28	35.64	1450m:	17:07.87	34.91
	300m:	3:29.69	36.18	700m:	8:15.13	35.75	1100m:	13:00.68	35.40	1500m:	17:41.60	33.73
	350m:	4:05.83	36.14	750m:	8:50.90	35.77	1150m:	13:36.59	35.91			
	400m:	4:41.75	35.92	800m:	9:26.77	35.87	1200m:	14:12.38	35.79			

2.	NAVARRO GUILLÉN, Javier	87	C.N. Aquamàsters	17:44.07	693	693,00	-					
	50m:	32.39	32.39	450m:	5:17.40	35.85	850m:	10:02.61	35.59	1250m:	14:48.14	35.90
	100m:	1:06.73	34.34	500m:	5:53.03	35.63	900m:	10:38.18	35.57	1300m:	15:23.61	35.47
	150m:	1:42.24	35.51	550m:	6:28.31	35.28	950m:	11:13.94	35.76	1350m:	15:59.19	35.58
	200m:	2:18.05	35.81	600m:	7:03.81	35.50	1000m:	11:49.53	35.59	1400m:	16:34.99	35.80
	250m:	2:53.81	35.76	650m:	7:39.35	35.54	1050m:	12:25.05	35.52	1450m:	17:10.84	35.85
	300m:	3:29.90	36.09	700m:	8:15.14	35.79	1100m:	13:00.66	35.61	1500m:	17:44.07	33.23
	350m:	4:05.77	35.87	750m:	8:50.88	35.74	1150m:	13:36.40	35.74			
	400m:	4:41.55	35.78	800m:	9:27.02	36.14	1200m:	14:12.24	35.84			

3.	SAN MARTIN TRESOLS, Luis	88	C.D. Jerez Natacion Master	19:45.96	500	-	-					
	50m:	33.28	33.28	450m:	5:42.98	39.88	850m:	11:03.52	40.39	1250m:	16:29.44	40.91
	100m:	1:10.26	36.98	500m:	6:22.55	39.57	900m:	11:44.18	40.66	1300m:	17:10.03	40.59
	150m:	1:47.97	37.71	550m:	7:02.39	39.84	950m:	12:24.48	40.30	1350m:	17:50.36	40.33
	200m:	2:26.57	38.60	600m:	7:42.23	39.84	1000m:	13:05.16	40.68	1400m:	18:30.22	39.86
	250m:	3:05.30	38.73	650m:	8:22.61	40.38	1050m:	13:46.14	40.98	1450m:	19:09.75	39.53
	300m:	3:44.48	39.18	700m:	9:03.09	40.48	1100m:	14:26.94	40.80	1500m:	19:45.96	36.21
	350m:	4:23.90	39.42	750m:	9:43.25	40.16	1150m:	15:07.55	40.61			
	400m:	5:03.10	39.20	800m:	10:23.13	39.88	1200m:	15:48.53	40.98			

40+, Masc.

1.	ROMEU VENDRELL, Jordi	81	C.N. Vilafranca	17:58.64	686	686,00	686,00					
	50m:	34.80	34.80	450m:	5:22.13	35.94	850m:	10:08.75	36.02	1250m:	14:57.34	36.15
	100m:	1:11.01	36.21	500m:	5:58.36	36.23	900m:	10:44.74	35.99	1300m:	15:33.68	36.34
	150m:	1:46.32	35.31	550m:	6:34.01	35.65	950m:	11:20.60	35.86	1350m:	16:09.94	36.26
	200m:	2:22.49	36.17	600m:	7:09.51	35.50	1000m:	11:56.71	36.11	1400m:	16:46.27	36.33
	250m:	2:58.31	35.82	650m:	7:45.32	35.81	1050m:	12:32.84	36.13	1450m:	17:22.48	36.21
	300m:	3:34.33	36.02	700m:	8:21.08	35.76	1100m:	13:08.82	35.98	1500m:	17:58.64	36.16
	350m:	4:10.27	35.94	750m:	8:56.81	35.73	1150m:	13:45.01	36.19			
	400m:	4:46.19	35.92	800m:	9:32.73	35.92	1200m:	14:21.19	36.18			

Prova 16, Masc., 1500m Lliure, 40+

Class.	Nom i Cognoms	Any	Club	Temps	Pts.CAT	Pts.CIR/CL	Pts.TROF	Obs
2.	FOKBOR, Cédric	83	C.E. Panteres Grogues	20:33.48	459	459,00	459,00	
	50m: 35.34 35.34	450m: 6:03.79	42.46	850m: 11:37.87	42.18	1250m: 17:10.98	40.72	
	100m: 1:14.97 39.63	500m: 6:45.60	41.81	900m: 12:20.13	42.26	1300m: 17:52.42	41.44	
	150m: 1:55.22 40.25	550m: 7:27.26	41.66	950m: 13:01.72	41.59	1350m: 18:33.58	41.16	
	200m: 2:35.47 40.25	600m: 8:09.08	41.82	1000m: 13:43.75	42.03	1400m: 19:14.32	40.74	
	250m: 3:17.23 41.76	650m: 8:50.62	41.54	1050m: 14:26.16	42.41	1450m: 19:55.63	41.31	
	300m: 3:58.58 41.35	700m: 9:32.49	41.87	1100m: 15:08.04	41.88	1500m: 20:33.48	37.85	
	350m: 4:40.09 41.51	750m: 10:14.13	41.64	1150m: 15:49.48	41.44			
	400m: 5:21.33 41.24	800m: 10:55.69	41.56	1200m: 16:30.26	40.78			

50+, Masc.

1.	MORALES RODRÍGUEZ, Sergio	73	C.N. Aquamàsters	18:07.15	740	740,00	740,00	
	50m: 32.76 32.76	450m: 5:25.78	36.88	850m: 10:19.36	36.55	1250m: 15:08.39	36.03	
	100m: 1:08.36 35.60	500m: 6:02.79	37.01	900m: 10:55.47	36.11	1300m: 15:44.56	36.17	
	150m: 1:44.96 36.60	550m: 6:39.40	36.61	950m: 11:31.92	36.45	1350m: 16:20.40	35.84	
	200m: 2:21.68 36.72	600m: 7:16.17	36.77	1000m: 12:08.24	36.32	1400m: 16:56.50	36.10	
	250m: 2:58.52 36.84	650m: 7:52.85	36.68	1050m: 12:44.19	35.95	1450m: 17:32.57	36.07	
	300m: 3:35.27 36.75	700m: 8:29.56	36.71	1100m: 13:20.17	35.98	1500m: 18:07.15	34.58	
	350m: 4:12.16 36.89	750m: 9:06.36	36.80	1150m: 13:56.28	36.11			
	400m: 4:48.90 36.74	800m: 9:42.81	36.45	1200m: 14:32.36	36.08			
2.	BURGUEÑO BARROSO, Jordi	70	C.N. Aquamàsters	21:02.31	472	-	-	
	50m: 37.12 37.12	450m: 6:10.00	42.11	850m: 11:49.54	39.53	1250m: 17:31.78	42.75	
	100m: 1:16.77 39.65	500m: 6:52.21	42.21	900m: 12:32.49	42.95	1300m: 18:14.23	42.45	
	150m: 1:57.92 41.15	550m: 7:34.68	42.47	950m: 13:15.00	42.51	1350m: 18:56.70	42.47	
	200m: 2:39.95 42.03	600m: 8:17.05	42.37	1000m: 13:57.89	42.89	1400m: 19:39.21	42.51	
	250m: 3:21.30 41.35	650m: 8:59.44	42.39	1050m: 14:40.60	42.71	1450m: 20:21.34	42.13	
	300m: 4:03.43 42.13	700m: 9:41.69	42.25	1100m: 15:23.39	42.79	1500m: 21:02.31	40.97	
	350m: 4:45.78 42.35	750m: 10:24.52	42.83	1150m: 16:06.48	43.09			
	400m: 5:27.89 42.11	800m: 11:10.01	45.49	1200m: 16:49.03	42.55			

Class Punts T. Catalana Màster, Masc.

1.	MORALES RODRÍGUEZ, Sergio	73	C.N. Aquamàsters	18:07.15	740	740,00	740,00	
	50m: 32.76 32.76	450m: 5:25.78	36.88	850m: 10:19.36	36.55	1250m: 15:08.39	36.03	
	100m: 1:08.36 35.60	500m: 6:02.79	37.01	900m: 10:55.47	36.11	1300m: 15:44.56	36.17	
	150m: 1:44.96 36.60	550m: 6:39.40	36.61	950m: 11:31.92	36.45	1350m: 16:20.40	35.84	
	200m: 2:21.68 36.72	600m: 7:16.17	36.77	1000m: 12:08.24	36.32	1400m: 16:56.50	36.10	
	250m: 2:58.52 36.84	650m: 7:52.85	36.68	1050m: 12:44.19	35.95	1450m: 17:32.57	36.07	
	300m: 3:35.27 36.75	700m: 8:29.56	36.71	1100m: 13:20.17	35.98	1500m: 18:07.15	34.58	
	350m: 4:12.16 36.89	750m: 9:06.36	36.80	1150m: 13:56.28	36.11			
	400m: 4:48.90 36.74	800m: 9:42.81	36.45	1200m: 14:32.36	36.08			
2.	CALDERON RAMIREZ, Marc	88	C.N. Aquamàsters	17:41.60	698	698,00	-	
	50m: 31.70 31.70	450m: 5:17.43	35.68	850m: 10:02.73	35.96	1250m: 14:47.68	35.30	
	100m: 1:06.24 34.54	500m: 5:53.11	35.68	900m: 10:38.34	35.61	1300m: 15:22.92	35.24	
	150m: 1:41.79 35.55	550m: 6:28.49	35.38	950m: 11:14.10	35.76	1350m: 15:58.02	35.10	
	200m: 2:17.67 35.88	600m: 7:03.87	35.38	1000m: 11:49.64	35.54	1400m: 16:32.96	34.94	
	250m: 2:53.51 35.84	650m: 7:39.38	35.51	1050m: 12:25.28	35.64	1450m: 17:07.87	34.91	
	300m: 3:29.69 36.18	700m: 8:15.13	35.75	1100m: 13:00.68	35.40	1500m: 17:41.60	33.73	
	350m: 4:05.83 36.14	750m: 8:50.90	35.77	1150m: 13:36.59	35.91			
	400m: 4:41.75 35.92	800m: 9:26.77	35.87	1200m: 14:12.38	35.79			
3.	NAVARRO GUILLÉN, Javier	87	C.N. Aquamàsters	17:44.07	693	693,00	-	
	50m: 32.39 32.39	450m: 5:17.40	35.85	850m: 10:02.61	35.59	1250m: 14:48.14	35.90	
	100m: 1:06.73 34.34	500m: 5:53.03	35.63	900m: 10:38.18	35.57	1300m: 15:23.61	35.47	
	150m: 1:42.24 35.51	550m: 6:28.31	35.28	950m: 11:13.94	35.76	1350m: 15:59.19	35.58	
	200m: 2:18.05 35.81	600m: 7:03.81	35.50	1000m: 11:49.53	35.59	1400m: 16:34.99	35.80	
	250m: 2:53.81 35.76	650m: 7:39.35	35.54	1050m: 12:25.05	35.52	1450m: 17:10.84	35.85	
	300m: 3:29.90 36.09	700m: 8:15.14	35.79	1100m: 13:00.66	35.61	1500m: 17:44.07	33.23	
	350m: 4:05.77 35.87	750m: 8:50.88	35.74	1150m: 13:36.40	35.74			
	400m: 4:41.55 35.78	800m: 9:27.02	36.14	1200m: 14:12.24	35.84			

Prova 16, Masc., 1500m Lliure, Class Punts T. Catalana Màster

Class.	Nom i Cognoms	Any	Club	Temps	Pts.CAT	Pts.CIR/CL	Pts.TROF	Obs
4.	ROMEU VENDRELL, Jordi	81	C.N. Vilafranca	17:58.64	686	686,00	686,00	
	50m: 34.80 34.80	450m: 5:22.13	35.94	850m: 10:08.75	36.02	1250m: 14:57.34	36.15	
	100m: 1:11.01 36.21	500m: 5:58.36	36.23	900m: 10:44.74	35.99	1300m: 15:33.68	36.34	
	150m: 1:46.32 35.31	550m: 6:34.01	35.65	950m: 11:20.60	35.86	1350m: 16:09.94	36.26	
	200m: 2:22.49 36.17	600m: 7:09.51	35.50	1000m: 11:56.71	36.11	1400m: 16:46.27	36.33	
	250m: 2:58.31 35.82	650m: 7:45.32	35.81	1050m: 12:32.84	36.13	1450m: 17:22.48	36.21	
	300m: 3:34.33 36.02	700m: 8:21.08	35.76	1100m: 13:08.82	35.98	1500m: 17:58.64	36.16	
	350m: 4:10.27 35.94	750m: 8:56.81	35.73	1150m: 13:45.01	36.19			
	400m: 4:46.19 35.92	800m: 9:32.73	35.92	1200m: 14:21.19	36.18			
5.	BURGUEÑO BARROSO, Jordi	70	C.N. Aquamàsters	21:02.31	472	-	-	
	50m: 37.12 37.12	450m: 6:10.00	42.11	850m: 11:49.54	39.53	1250m: 17:31.78	42.75	
	100m: 1:16.77 39.65	500m: 6:52.21	42.21	900m: 12:32.49	42.95	1300m: 18:14.23	42.45	
	150m: 1:57.92 41.15	550m: 7:34.68	42.47	950m: 13:15.00	42.51	1350m: 18:56.70	42.47	
	200m: 2:39.95 42.03	600m: 8:17.05	42.37	1000m: 13:57.89	42.89	1400m: 19:39.21	42.51	
	250m: 3:21.30 41.35	650m: 8:59.44	42.39	1050m: 14:40.60	42.71	1450m: 20:21.34	42.13	
	300m: 4:03.43 42.13	700m: 9:41.69	42.25	1100m: 15:23.39	42.79	1500m: 21:02.31	40.97	
	350m: 4:45.78 42.35	750m: 10:24.52	42.83	1150m: 16:06.48	43.09			
	400m: 5:27.89 42.11	800m: 11:10.01	45.49	1200m: 16:49.03	42.55			
6.	FOKBOR, Cédric	83	C.E. Panteres Grogues	20:33.48	459	459,00	459,00	
	50m: 35.34 35.34	450m: 6:03.79	42.46	850m: 11:37.87	42.18	1250m: 17:10.98	40.72	
	100m: 1:14.97 39.63	500m: 6:45.60	41.81	900m: 12:20.13	42.26	1300m: 17:52.42	41.44	
	150m: 1:55.22 40.25	550m: 7:27.26	41.66	950m: 13:01.72	41.59	1350m: 18:33.58	41.16	
	200m: 2:35.47 40.25	600m: 8:09.08	41.82	1000m: 13:43.75	42.03	1400m: 19:14.32	40.74	
	250m: 3:17.23 41.76	650m: 8:50.62	41.54	1050m: 14:26.16	42.41	1450m: 19:55.63	41.31	
	300m: 3:58.58 41.35	700m: 9:32.49	41.87	1100m: 15:08.04	41.88	1500m: 20:33.48	37.85	
	350m: 4:40.09 41.51	750m: 10:14.13	41.64	1150m: 15:49.48	41.44			
	400m: 5:21.33 41.24	800m: 10:55.69	41.56	1200m: 16:30.26	40.78			