

Latvian U16 Championship  
Jelgava, 29. - 30.11.2024

Event 24  
30.11.2024 - 11:22

Boys, 400m Medley  
Z ni, 400m komplekss

2008 and younger  
Results

Latvijas rekords	4:15.24	KALNINS Uvis	VBSS	Jelgava	21.12.2017
Sacens bu rekords	4:31.00	MIKELSONS Kristaps	LAT	Jelgava	30.11.2019

SKSM Open: 4:10.86 / SM Open: 4:32.47 / SMK Open: 4:48.34 / I Open: 5:08.72 / II Open: 5:39.79 / III Open: 6:23.24 /  
IV Open: 7:43.52

Points: AQUA 2024

Vieta	UZV	RDS,	V rds	Dz.g.	Komanda	Laiks	Punkti	L menis	RL	KP		
1.	GRISLIS	Ricards		10	Jelgavas SPS I	<b>5:07.28</b>	446	I	+0.73	18.00		
	50m:	30.87	30.87	150m:	1:46.55	38.97	250m:	3:08.94	44.22	350m:	4:31.07	38.62
	100m:	1:07.58	36.71	200m:	2:24.72	38.17	300m:	3:52.45	43.51	400m:	5:07.28	36.21
2.	MAKASINS	Aleksejs		09	Daugavpils SS II	<b>5:18.07</b>	402	II		16.00		
	50m:	33.20	33.20	150m:	1:54.26	40.99	250m:	3:19.35	44.37	350m:	4:41.99	37.72
	100m:	1:13.27	40.07	200m:	2:34.98	40.72	300m:	4:04.27	44.92	400m:	5:18.07	36.08