

Latvian U16 Championship
Jelgava, 29. - 30.11.2024

Event 23
30.11.2024 - 11:16

Girls, 400m Medley
Meitenes, 400m komplekss

2008 and younger
Results

Latvijas rekords	4:47.99	MALUKA Ieva	LAT	Glasgow (GBR)	04.12.2019
Sacens bu rekords	4:53.90	MALUKA Ieva	LAT	Valmiera	01.12.2018

SKSM Open: 4:35.53 / SM Open: 5:00.47 / SMK Open: 5:17.98 / I Open: 5:40.44 / II Open: 6:14.70 / III Open: 7:02.62 /
IV Open: 8:31.15

Points: AQUA 2024

Vieta	UZV	RDS,	V	rd	Dz.g.	Komanda	Laiks	Punkti	L menis	RL	KP	
1.	STRAZDINA	Emilija	08	Valmieras	SS	5:11.69	573	SMK	+0.75	18.00		
	50m:	32.91	32.91	150m:	1:54.68	42.10	250m:	3:19.41	44.14	350m:	4:37.85	35.10
	100m:	1:12.58	39.67	200m:	2:35.27	40.59	300m:	4:02.75	43.34	400m:	5:11.69	33.84
2.	SIRMA	Dzenifera	08	RSS	Ridzene	5:34.55	463	I		16.00		
	50m:	34.88	34.88	150m:	2:02.00	45.04	250m:	3:31.60	46.09	350m:	4:56.93	39.40
	100m:	1:16.96	42.08	200m:	2:45.51	43.51	300m:	4:17.53	45.93	400m:	5:34.55	37.62
3.	PETKUS	Kristiana	11	Kekavas	NSS	5:48.22	411	II	+0.49	15.00		
	50m:	38.02	38.02	150m:	2:08.39	45.42	250m:	3:38.30	46.26	350m:	5:07.80	43.06
	100m:	1:22.97	44.95	200m:	2:52.04	43.65	300m:	4:24.74	46.44	400m:	5:48.22	40.42
4.	KUZMINA	Ksenija	12	Daugavpils	SS I	6:09.75	343	II		14.00		
	50m:	39.26	39.26	150m:	2:13.47	47.94	250m:	3:51.77	51.93	350m:	5:28.75	42.74
	100m:	1:25.53	46.27	200m:	2:59.84	46.37	300m:	4:46.01	54.24	400m:	6:09.75	41.00
5.	PUCKO	Safina	08	SK	Delfins	6:25.19	303		+0.88	13.00		
	<i>*Rezult ta I menis neatbilst nolikuma 4.1.punktam</i>											
	50m:	39.40	39.40	150m:			250m:	4:02.56	54.27	350m:	5:42.84	46.20
	100m:	1:28.83	49.43	200m:	3:08.29		300m:	4:56.64	54.08	400m:	6:25.19	42.35