

29 , 400m 75 - 79
23.11.2024 - 16:55

: FPM Masters 24

76 NT NT

29 , 400m 70 - 74
23.11.2024 - 16:55

: FPM Masters 24

1. 70 7:27.49 520
50m: 47.28 47.28 150m: 2:38.73 56.88 250m: 4:34.41 57.83 350m: 6:31.47 58.74
100m: 1:41.85 54.57 200m: 3:36.58 57.85 300m: 5:32.73 58.32 400m: 7:27.49 56.02

DNS 70

29 , 400m 65 - 69
23.11.2024 - 16:55

: FPM Masters 24

1. 69 6:48.13 504
50m: 44.33 44.33 150m: 2:28.36 52.36 250m: 5:07.12 52.90 350m:
100m: 1:36.00 51.67 200m: 4:14.22 1:45.86 300m: 6:49.13 1:42.01 400m: 6:48.13

2. 65 7:32.93 369
50m: 48.33 48.33 150m: 2:42.06 58.18 250m: 4:38.16 57.78 350m: 6:34.69 58.02
100m: 1:43.88 55.55 200m: 3:40.38 58.32 300m: 5:36.67 58.51 400m: 7:32.93 58.24

3. 68 7:43.18 345
50m: 47.56 47.56 150m: 2:43.34 59.40 250m: 4:44.08 1:00.16 350m: 6:45.51 1:00.81
100m: 1:43.94 56.38 200m: 3:43.92 1:00.58 300m: 5:44.70 1:00.62 400m: 7:43.18 57.67

4. 68 8:33.18 253
50m: 55.82 55.82 150m: 3:04.79 1:05.05 250m: 5:17.30 1:06.58 350m: 7:30.03 1:06.08
100m: 1:59.74 1:03.92 200m: 4:10.72 1:05.93 300m: 6:23.95 1:06.65 400m: 8:33.18 1:03.15

29 , 400m 60 - 64
23.11.2024 - 16:55

: FPM Masters 24

1. 60 5:47.64 645
50m: 38.09 38.09 150m: 2:03.43 43.23 250m: 3:32.51 44.97 350m: 5:04.22 45.58
100m: 1:20.20 42.11 200m: 2:47.54 44.11 300m: 4:18.64 46.13 400m: 5:47.64 43.42

2. 62 5:52.78 617
50m: 39.59 39.59 150m: 2:52.95 250m: 350m: 5:09.90 45.64
100m: 2:07.42 1:27.83 200m: 2:52.95 300m: 4:24.26 400m: 5:52.78 42.88

3. 64 5:52.99 616
50m: 38.45 38.45 150m: 2:06.00 44.61 250m: 3:37.20 45.83 350m: 5:08.79 45.46
100m: 1:21.39 42.94 200m: 2:51.37 45.37 300m: 4:23.33 46.13 400m: 5:52.99 44.20

4. 63 6:01.93 572
50m: 40.08 40.08 150m: 2:09.91 45.60 250m: 3:42.48 46.29 350m: 5:15.55 46.91
100m: 1:24.31 44.23 200m: 2:56.19 46.28 300m: 4:28.64 46.16 400m: 6:01.93 46.38

29, , 400m , 60 - 64

5.				64						7:32.50	292	
	50m:	51.27	51.27	150m:	2:46.08	58.01	250m:	4:41.11	57.82	350m:	6:36.80	57.86
	100m:	1:48.07	56.80	200m:	3:43.29	57.21	300m:	5:38.94	57.83	400m:	7:32.50	55.70

29 , 400m 55 - 59

23.11.2024 - 16:55

: FPM Masters 24

1.				55						5:21.06	725	
	50m:	35.52	35.52	150m:	1:55.53	40.65	250m:	3:17.99	41.39	350m:	4:40.74	41.24
	100m:	1:14.88	39.36	200m:	2:36.60	41.07	300m:	3:59.50	41.51	400m:	5:21.06	40.32
2.				55						5:30.06	667	
	50m:	37.51	37.51	150m:	2:00.81	42.16	250m:	3:25.96	42.35	350m:	4:49.98	42.01
	100m:	1:18.65	41.14	200m:	2:43.61	42.80	300m:	4:07.97	42.01	400m:	5:30.06	40.08
3.				59						5:34.01	643	
	50m:	36.45	36.45	150m:	1:58.28	41.82	250m:	3:24.12	42.83	350m:	4:51.51	43.86
	100m:	1:16.46	40.01	200m:	2:41.29	43.01	300m:	4:07.65	43.53	400m:	5:34.01	42.50
4.				58						6:38.82	378	
	50m:	43.12	43.12	150m:	2:20.67	49.46	250m:	4:03.51	51.45	350m:	5:47.03	52.12
	100m:	1:31.21	48.09	200m:	3:12.06	51.39	300m:	4:54.91	51.40	400m:	6:38.82	51.79
5.				55			-			6:42.06	369	
	50m:	42.75	42.75	150m:	2:22.31	51.71	250m:	4:05.91	52.21	350m:	5:51.12	52.37
	100m:	1:30.60	47.85	200m:	3:13.70	51.39	300m:	4:58.75	52.84	400m:	6:42.06	50.94
6.				55						6:51.55	344	
	50m:	45.74	45.74	150m:	2:28.23	51.72	250m:			350m:		
	100m:	1:36.51	50.77	200m:	3:21.34	53.11	300m:			400m:	6:51.55	
7.				55						7:16.59	288	
	50m:	45.05	45.05	150m:	2:32.90	55.80	250m:	4:25.03	56.48	350m:	6:19.25	57.20
	100m:	1:37.10	52.05	200m:	3:28.55	55.65	300m:	5:22.05	57.02	400m:	7:16.59	57.34
8.				59						7:40.79	245	
	50m:	50.58	50.58	150m:	2:43.55	57.50	250m:	4:42.02	59.65	350m:	6:42.42	59.96
	100m:	1:46.05	55.47	200m:	3:42.37	58.82	300m:	5:42.46	1:00.44	400m:	7:40.79	58.37

29 , 400m 50 - 54

23.11.2024 - 16:55

: FPM Masters 24

1.				50	105-					5:17.52	678	
	50m:	34.86	34.86	150m:	1:52.15	39.32	250m:	3:13.06	40.77	350m:	4:36.58	41.94
	100m:	1:12.83	37.97	200m:	2:32.29	40.14	300m:	3:54.64	41.58	400m:	5:17.52	40.94
2.				50						5:36.61	569	
	50m:	1:17.66	1:17.66	150m:	1:59.50		250m:	3:25.43	43.33	350m:	5:36.61	42.71
	100m:			200m:	2:42.10	42.60	300m:	4:53.90	1:28.47	400m:	5:36.61	
3.				52	-					5:57.06	477	
	50m:	41.31	41.31	150m:	2:12.17	45.75	250m:			350m:	5:57.06	
	100m:	1:26.42	45.11	200m:	3:43.00	1:30.83	300m:			400m:	5:57.06	
4.				50						6:06.33	441	
	50m:	40.06	40.06	150m:	2:12.14	47.19	250m:	3:47.00	47.70	350m:	5:20.61	46.72
	100m:	1:24.95	44.89	200m:	2:59.30	47.16	300m:	4:33.89	46.89	400m:	6:06.33	45.72

" "

SWISS TIMING

25

29,

, 400m

, 50 - 54

5.				51						6:20.63	393	
	50m:	40.18	40.18	150m:		250m:	3:50.94	49.29	350m:			
	100m:	1:26.21	46.03	200m:	3:01.65	300m:			400m:	6:20.63		
6.				51						6:21.20	392	
	50m:	38.79	38.79	150m:	2:12.42	48.43	250m:	3:51.30	49.49	350m:	5:32.52	50.36
	100m:	1:23.99	45.20	200m:	3:01.81	49.39	300m:	4:42.16	50.86	400m:	6:21.20	48.68
7.				51						6:25.76	378	
	50m:	42.85	42.85	150m:	2:18.99	48.83	250m:	3:59.09	50.06	350m:	5:38.73	49.94
	100m:	1:30.16	47.31	200m:	3:09.03	50.04	300m:	4:48.79	49.70	400m:	6:25.76	47.03

29

, 400m

45 - 49

23.11.2024 - 16:55

: FPM Masters 24

1.				47	-					5:33.51	551	
	50m:	36.31	36.31	150m:	1:59.50	42.90	250m:	3:26.70	43.80	350m:	4:53.01	43.31
	100m:	1:16.60	40.29	200m:	2:42.90	43.40	300m:	4:09.70	43.00	400m:	5:33.51	40.50
2.				49						6:09.82	404	
	50m:	41.12	41.12	150m:	2:13.48	47.14	250m:	3:48.67	47.32	350m:	5:23.87	47.47
	100m:	1:26.34	45.22	200m:	3:01.35	47.87	300m:	4:36.40	47.73	400m:	6:09.82	45.95
3.				49						6:22.15	366	
	50m:			150m:	2:11.35	47.77	250m:	4:42.09	51.15	350m:		
	100m:	1:23.58		200m:	3:50.94	1:39.59	300m:	6:22.15	1:40.06	400m:	6:22.15	
4.				45						6:53.12	290	
	50m:	41.85	41.85	150m:	2:25.31	53.44	250m:	4:14.34	54.60	350m:	6:01.75	53.61
	100m:	1:31.87	50.02	200m:	3:19.74	54.43	300m:	5:08.14	53.80	400m:	6:53.12	51.37
5.				46						7:02.18	272	
	50m:	45.26	45.26	150m:	2:28.25	52.33	250m:	4:18.46	56.09	350m:	6:09.58	55.19
	100m:	1:35.92	50.66	200m:	3:22.37	54.12	300m:	5:14.39	55.93	400m:	7:02.18	52.60
6.				46						7:32.32	221	
	50m:	51.43	51.43	150m:	3:39.00	1:52.86	250m:	6:35.17	1:58.03	350m:		
	100m:	1:46.14	54.71	200m:	4:37.14	58.14	300m:	7:32.46	57.29	400m:	7:32.32	

DNS

48

29

, 400m

40 - 44

23.11.2024 - 16:55

: FPM Masters 24

1.				40						5:05.86	667	
	50m:	32.96	32.96	150m:	1:49.56	39.45	250m:	3:09.40	40.06	350m:	4:28.55	39.31
	100m:	1:10.11	37.15	200m:	2:29.34	39.78	300m:	3:49.24	39.84	400m:	5:05.86	37.31
2.				42						5:24.39	559	
	50m:			150m:			250m:			350m:		
	100m:	2:37.01		200m:			300m:			400m:	5:24.39	
3.				41						5:35.42	506	
	50m:	37.93	37.93	150m:	2:00.83	42.27	250m:	3:26.23	42.70	350m:	4:52.87	43.45
	100m:	1:18.56	40.63	200m:	2:43.53	42.70	300m:	4:09.42	43.19	400m:	5:35.42	42.55

"

"

SWISS TIMING

25

29,		, 400m		, 40 - 44					
4.				41				5:35.74	504
	50m: 38.30	38.30	150m: 2:00.97	42.32	250m: 3:27.87	43.62	350m: 4:55.16	43.65	
	100m: 1:18.65	40.35	200m: 2:44.25	43.28	300m: 4:11.51	43.64	400m: 5:35.74	40.58	
5.				43				5:46.94	457
	50m: 38.86	38.86	150m: 2:04.17	43.25	250m: 3:33.81	45.61	350m: 5:04.46	45.22	
	100m: 1:20.92	42.06	200m: 2:48.20	44.03	300m: 4:19.24	45.43	400m: 5:46.94	42.48	
6.				41	-			6:00.12	409
	50m: 37.81	37.81	150m: 2:04.55	43.70	250m: 3:36.23	46.71	350m: 5:12.36	48.25	
	100m: 1:20.85	43.04	200m: 2:49.52	44.97	300m: 4:24.11	47.88	400m: 6:00.12	47.76	
7.				40				6:11.87	371
	50m:		150m: 2:13.92		250m: 3:49.49	48.01	350m: 5:26.13	48.38	
	100m:		200m: 3:01.48	47.56	300m: 4:37.75	48.26	400m: 6:11.87	45.74	
8.				43				6:15.01	362
	50m: 39.90	39.90	150m: 2:13.06	48.26	250m: 3:52.40	49.54	350m: 5:30.22	48.38	
	100m: 1:24.80	44.90	200m: 3:02.86	49.80	300m: 4:41.84	49.44	400m: 6:15.01	44.79	
9.				42				6:24.03	337
	50m: 42.99	42.99	150m: 2:18.58	48.60	250m: 3:58.62	49.93	350m: 5:37.48	49.21	
	100m: 1:29.98	46.99	200m: 3:08.69	50.11	300m: 4:48.27	49.65	400m: 6:24.03	46.55	
10.				42				6:32.22	316
	50m: 44.02	44.02	150m: 2:21.20	49.84	250m: 4:00.56	49.82	350m: 5:41.84	50.77	
	100m: 1:31.36	47.34	200m: 3:10.74	49.54	300m: 4:51.07	50.51	400m: 6:32.22	50.38	
11.				42	-			6:50.61	275
	50m: 42.33	42.33	150m: 2:26.74	52.93	250m: 4:14.09	54.03	350m: 6:01.25	53.36	
	100m: 1:33.81	51.48	200m: 3:20.06	53.32	300m: 5:07.89	53.80	400m: 6:50.61	49.36	
12.				44				6:53.02	271
	50m: 47.37	47.37	150m: 2:29.88	51.56	250m: 4:14.76	52.94	350m: 6:01.50	53.20	
	100m: 1:38.32	50.95	200m: 3:21.82	51.94	300m: 5:08.30	53.54	400m: 6:53.02	51.52	
13.				40				6:53.72	269
	50m: 46.02	46.02	150m: 2:29.30	52.77	250m: 4:16.15	53.09	350m: 6:04.06	53.98	
	100m: 1:36.53	50.51	200m: 3:23.06	53.76	300m: 5:10.08	53.93	400m: 6:53.72	49.66	
DNS				41	-				
DNS				43					
29		, 400m						35 - 39	
23.11.2024 - 16:55									

: FPM Masters 24

1.				36				4:44.81	821
	50m: 32.37	32.37	150m: 1:42.94	35.50	250m: 2:55.33	36.25	350m: 4:09.41	36.91	
	100m: 1:07.44	35.07	200m: 2:19.08	36.14	300m: 3:32.50	37.17	400m: 4:44.81	35.40	
2.				37				5:14.27	611
	50m: 34.68	34.68	150m: 1:52.06	39.26	250m: 3:12.08	40.28	350m: 4:33.84	41.06	
	100m: 1:12.80	38.12	200m: 2:31.80	39.74	300m: 3:52.78	40.70	400m: 5:14.27	40.43	
3.				35				5:33.77	510
	50m: 35.72	35.72	150m: 1:57.33	41.92	250m: 3:24.08	43.84	350m: 4:52.73	44.45	
	100m: 1:15.41	39.69	200m: 2:40.24	42.91	300m: 4:08.28	44.20	400m: 5:33.77	41.04	
4.				38				5:33.97	509
	50m: 36.29	36.29	150m: 1:58.24	41.71	250m: 3:23.74	42.68	350m: 4:51.09	43.89	
	100m: 1:16.53	40.24	200m: 2:41.06	42.82	300m: 4:07.20	43.46	400m: 5:33.97	42.88	

" "

SWISS TIMING

25



XXXI

, 21-24 2024 .



29, , 400m , 30 - 34

DNS 31
DNS 30

29 , 400m 25 - 29
23.11.2024 - 16:55

: FPM Masters 24

1.				27	-					4:57.57	659	
	50m:	33.07	33.07	150m:	1:47.37	37.75	250m:	3:04.02	38.44	350m:	4:21.19	38.32
	100m:	1:09.62	36.55	200m:	2:25.58	38.21	300m:	3:42.87	38.85	400m:	4:57.57	36.38
2.				29						5:33.68	468	
	50m:	36.39	36.39	150m:	1:57.98	41.47	250m:	3:24.18	43.98	350m:	4:51.99	44.13
	100m:	1:16.51	40.12	200m:	2:40.20	42.22	300m:	4:07.86	43.68	400m:	5:33.68	41.69
3.				28						5:45.92	420	
	50m:	37.00	37.00	150m:	1:59.11	42.37	250m:	3:28.78	45.43	350m:	5:01.82	47.04
	100m:	1:16.74	39.74	200m:	2:43.35	44.24	300m:	4:14.78	46.00	400m:	5:45.92	44.10
4.				25						5:58.01	378	
	50m:	37.92	37.92	150m:	2:05.19	44.54	250m:	3:37.61	46.95	350m:	5:13.11	48.10
	100m:	1:20.65	42.73	200m:	2:50.66	45.47	300m:	4:25.01	47.40	400m:	5:58.01	44.90
DNS				25								

" "

SWISS TIMING

25

