

15 , 400m 70 - 74
22.11.2024 - 16:50

: FPM Masters 24

1.			70	-				7:08.02	613			
	50m:	48.16	48.16	150m:	2:44.75	58.76	250m:	4:38.24	58.80	350m:	6:25.74	47.73
	100m:	1:45.99	57.83	200m:	3:39.44	54.69	300m:	5:38.01	59.77	400m:	7:08.02	42.28
2.			74					8:47.21	328			
	50m:	1:02.89	1:02.89	150m:			250m:	5:46.98	1:08.03	350m:	7:53.02	57.63
	100m:	2:21.14	1:18.25	200m:	4:38.95		300m:	6:55.39	1:08.41	400m:	8:47.21	54.19

15 , 400m 65 - 69
22.11.2024 - 16:50

: FPM Masters 24

1.			67					6:30.60	643			
	50m:	41.51	41.51	150m:	2:23.78	51.43	250m:	4:07.35	53.77	350m:	5:47.21	45.23
	100m:	1:32.35	50.84	200m:	3:13.58	49.80	300m:	5:01.98	54.63	400m:	6:30.60	43.39
2.			65					7:07.36	491			
	50m:	44.44	44.44	150m:	2:35.58	56.75	250m:	4:28.36	59.09	350m:	6:19.93	51.35
	100m:	1:38.83	54.39	200m:	3:29.27	53.69	300m:	5:28.58	1:00.22	400m:	7:07.36	47.43
3.			67					7:28.91	423			
	50m:	53.65	53.65	150m:	2:55.25	56.23	250m:	4:49.31	1:00.76	350m:	6:39.60	50.45
	100m:	1:59.02	1:05.37	200m:	3:48.55	53.30	300m:	5:49.15	59.84	400m:	7:28.91	49.31

15 , 400m 60 - 64
22.11.2024 - 16:50

: FPM Masters 24

1.			60	-				5:23.81	943			
	50m:	34.48	34.48	150m:	1:55.23	41.60	250m:	3:23.35	47.22	350m:	4:48.78	38.27
	100m:	1:13.63	39.15	200m:	2:36.13	40.90	300m:	4:10.51	47.16	400m:	5:23.81	35.03
2.			61					5:47.05	766			
	50m:	36.57	36.57	150m:	2:07.18	46.39	250m:	3:41.71	49.44	350m:	5:10.06	38.97
	100m:	1:20.79	44.22	200m:	2:52.27	45.09	300m:	4:31.09	49.38	400m:	5:47.05	36.99
3.			60					5:48.89	754			
	50m:	37.37	37.37	150m:	2:07.08	45.73	250m:	3:40.33	49.55	350m:	5:10.31	40.19
	100m:	1:21.35	43.98	200m:	2:50.78	43.70	300m:	4:30.12	49.79	400m:	5:48.89	38.58
4.			63					6:11.37	625			
	50m:	39.13	39.13	150m:	2:13.60	47.43	250m:	3:51.81	52.46	350m:	5:29.44	43.07
	100m:	1:26.17	47.04	200m:	2:59.35	45.75	300m:	4:46.37	54.56	400m:	6:11.37	41.93
5.			63					6:30.19	539			
	50m:	42.42	42.42	150m:	3:21.70	1:48.95	250m:	5:07.15	53.73	350m:	6:30.19	40.27
	100m:	1:32.75	50.33	200m:	4:13.42	51.72	300m:	5:49.92	42.77	400m:	6:30.19	
DNS			61	-								

15, , 400m

15 , 400m

55 - 59

22.11.2024 - 16:50

: FPM Masters 24

1.				56								5:08.91	918
	50m:	31.30	31.30	150m:	1:49.03	41.54	250m:	3:12.95	42.53	350m:	4:33.37	36.92	
	100m:	1:07.49	36.19	200m:	2:30.42	41.39	300m:	3:56.45	43.50	400m:	5:08.91	35.54	
2.				57								5:30.70	748
	50m:	34.15	34.15	150m:	1:58.47	44.81	250m:	3:29.67	47.09	350m:	4:54.60	37.27	
	100m:	1:13.66	39.51	200m:	2:42.58	44.11	300m:	4:17.33	47.66	400m:	5:30.70	36.10	
3.				57								5:36.66	709
	50m:	32.52	32.52	150m:	1:58.21	47.95	250m:	3:33.68	48.07	350m:	4:59.67	39.03	
	100m:	1:10.26	37.74	200m:	2:45.61	47.40	300m:	4:20.64	46.96	400m:	5:36.66	36.99	
4.				55	-							6:17.59	503
	50m:	39.07	39.07	150m:	2:58.62	1:33.32	250m:	4:51.18	56.07	350m:			
	100m:	1:25.30	46.23	200m:	3:55.11	56.49	300m:			400m:	6:17.59		
5.				57	-							8:04.91	237
	50m:	41.98	41.98	150m:	2:37.95	59.17	250m:	4:58.28	1:23.40	350m:	7:15.96	51.80	
	100m:	1:38.78	56.80	200m:	3:34.88	56.93	300m:	6:24.16	1:25.88	400m:	8:04.91	48.95	

15 , 400m

50 - 54

22.11.2024 - 16:50

: FPM Masters 24

1.				52								5:09.50	808
	50m:	32.27	32.27	150m:	1:49.68	40.82	250m:	3:13.21	43.32	350m:	4:34.16	36.24	
	100m:	1:08.86	36.59	200m:	2:29.89	40.21	300m:	3:57.92	44.71	400m:	5:09.50	35.34	
2.				51								5:27.01	685
	50m:	33.91	33.91	150m:	1:55.21	43.08	250m:	3:22.62	43.93	350m:	4:49.26	39.65	
	100m:	1:12.13	38.22	200m:	2:38.69	43.48	300m:	4:09.61	46.99	400m:	5:27.01	37.75	
3.				51								5:37.79	621
	50m:	37.77	37.77	150m:	2:05.13	42.00	250m:	3:33.92	46.49	350m:	5:00.61	40.16	
	100m:	1:23.13	45.36	200m:	2:47.43	42.30	300m:	4:20.45	46.53	400m:	5:37.79	37.18	
4.				50								6:10.24	472
	50m:	38.42	38.42	150m:	2:09.21	46.79	250m:	3:48.07	50.31	350m:	5:27.28	45.30	
	100m:	1:22.42	44.00	200m:	2:57.76	48.55	300m:	4:41.98	53.91	400m:	6:10.24	42.96	
5.				54								6:35.97	385
	50m:	40.22	40.22	150m:	2:17.23	49.55	250m:	4:02.19	53.80	350m:			
	100m:	1:27.68	47.46	200m:	3:08.39	51.16	300m:	4:55.97	53.78	400m:	6:35.97		
DNS				54									

15, , 400m

15

, 400m

45 - 49

22.11.2024 - 16:50

: FPM Masters 24

1.				47							5:13.59	734
	50m:	31.57	31.57	150m:	1:49.37	41.43	250m:	3:15.11	44.76	350m:	4:38.34	37.33
	100m:	1:07.94	36.37	200m:	2:30.35	40.98	300m:	4:01.01	45.90	400m:	5:13.59	35.25
2.				45							5:24.10	665
	50m:	35.25	35.25	150m:	1:57.80	40.31	250m:	3:23.24	46.44	350m:	4:48.05	38.35
	100m:	1:17.49	42.24	200m:	2:36.80	39.00	300m:	4:09.70	46.46	400m:	5:24.10	36.05
3.				49							5:29.65	632
	50m:	35.06	35.06	150m:	2:00.27	44.37	250m:	3:29.53	46.09	350m:	4:52.51	37.55
	100m:	1:15.90	40.84	200m:	2:43.44	43.17	300m:	4:14.96	45.43	400m:	5:29.65	37.14
DNS				45								
DNS				49								

15

, 400m

40 - 44

22.11.2024 - 16:50

: FPM Masters 24

1.				42							5:02.14	743
	50m:	31.77	31.77	150m:	1:49.34	39.43	250m:	3:09.53	40.98	350m:	4:27.21	35.54
	100m:	1:09.91	38.14	200m:	2:28.55	39.21	300m:	3:51.67	42.14	400m:	5:02.14	34.93
2.				41							5:10.93	682
	50m:	30.30	30.30	150m:	1:47.17	40.91	250m:	3:13.99	45.49	350m:	4:35.85	36.58
	100m:	1:06.26	35.96	200m:	2:28.50	41.33	300m:	3:59.27	45.28	400m:	5:10.93	35.08
3.				42							5:21.08	619
	50m:	32.45	32.45	150m:	1:55.28	44.81	250m:	3:22.60	42.95	350m:	4:44.98	37.31
	100m:	1:10.47	38.02	200m:	2:39.65	44.37	300m:	4:07.67	45.07	400m:	5:21.08	36.10
4.				44							5:24.21	601
	50m:	34.26	34.26	150m:	1:54.86	41.08	250m:	3:21.70	45.88	350m:	4:47.25	37.97
	100m:	1:13.78	39.52	200m:	2:35.82	40.96	300m:	4:09.28	47.58	400m:	5:24.21	36.96
5.				42							5:27.16	585
	50m:	35.04	35.04	150m:	1:58.53	42.93	250m:	3:27.52	47.39	350m:	4:52.53	37.76
	100m:	1:15.60	40.56	200m:	2:40.13	41.60	300m:	4:14.77	47.25	400m:	5:27.16	34.63
6.				40							5:45.55	497
	50m:	32.69	32.69	150m:	1:58.92	47.82	250m:	3:35.38	47.55	350m:	5:04.52	41.43
	100m:	1:11.10	38.41	200m:	2:47.83	48.91	300m:	4:23.09	47.71	400m:	5:45.55	41.03
7.				42							6:58.89	279
	50m:	45.53	45.53	150m:	2:36.73	56.55	250m:	4:28.85	55.85	350m:	6:12.97	47.15
	100m:	1:40.18	54.65	200m:	3:33.00	56.27	300m:	5:25.82	56.97	400m:	6:58.89	45.92
DNS				42								

