

14 , 400m 65 - 69
22.11.2024 - 16:13

: FPM Masters 24

1.											65	6:39.64	889
	50m:	40.95	40.95	150m:	2:18.12	51.06	250m:	4:07.95	57.87	350m:	5:55.49	46.55	
	100m:	1:27.06	46.11	200m:	3:10.08	51.96	300m:	5:08.94	1:00.99	400m:	6:39.64	44.15	
2.											67	9:47.85	279
	50m:	1:09.25	1:09.25	150m:	4:06.22	1:16.61	250m:	6:31.58	1:14.13	350m:	8:47.43	1:03.91	
	100m:	2:49.61	1:40.36	200m:	5:17.45	1:11.23	300m:	7:43.52	1:11.94	400m:	9:47.85	1:00.42	

14 , 400m 60 - 64
22.11.2024 - 16:13

: FPM Masters 24

1.											60	6:52.84	631
	50m:	40.56	40.56	150m:	3:20.81	1:49.15	250m:	5:15.28	58.11	350m:			
	100m:	1:31.66	51.10	200m:	4:17.17	56.36	300m:	6:04.89	49.61	400m:	6:52.84		
2.											64	7:02.99	587
	50m:	45.65	45.65	150m:	2:37.24	55.10	250m:	4:31.97	59.88	350m:	6:18.80	46.52	
	100m:	1:42.14	56.49	200m:	3:32.09	54.85	300m:	5:32.28	1:00.31	400m:	7:02.99	44.19	
3.											61	7:20.62	519
	50m:	46.81	46.81	150m:	2:41.78	59.91	250m:	4:38.35	57.77	350m:	6:29.00	53.43	
	100m:	1:41.87	55.06	200m:	3:40.58	58.80	300m:	5:35.57	57.22	400m:	7:20.62	51.62	
4.											60	8:06.85	385
	50m:	51.74	51.74	150m:	3:01.36	1:05.09	250m:	5:08.51	1:04.06	350m:	7:11.20	56.49	
	100m:	1:56.27	1:04.53	200m:	4:04.45	1:03.09	300m:	6:14.71	1:06.20	400m:	8:06.85	55.65	
5.											64	8:17.33	361
	50m:	52.62	52.62	150m:	3:05.90	1:06.88	250m:	5:20.12	1:10.09	350m:	7:25.14	54.92	
	100m:	1:59.02	1:06.40	200m:	4:10.03	1:04.13	300m:	6:30.22	1:10.10	400m:	8:17.33	52.19	

DNS

63

14 , 400m 55 - 59
22.11.2024 - 16:13

: FPM Masters 24

1.											59	6:24.98	647
	50m:	41.00	41.00	150m:	2:18.93	50.12	250m:	3:58.27	51.74	350m:	5:39.68	47.84	
	100m:	1:28.81	47.81	200m:	3:06.53	47.60	300m:	4:51.84	53.57	400m:	6:24.98	45.30	
2.											57	7:33.63	395
	50m:	48.45	48.45	150m:	2:44.24	59.59	250m:	4:44.91	1:00.23	350m:	6:42.09	53.69	
	100m:	1:44.65	56.20	200m:	3:44.68	1:00.44	300m:	5:48.40	1:03.49	400m:	7:33.63	51.54	

14, , 400m

14
22.11.2024 - 16:13

, 400m

50 - 54

: FPM Masters 24

1.				50								6:28.72	593
	50m:	38.93	38.93	150m:	2:15.24	50.21	250m:	3:58.93	54.21	350m:	5:40.40	47.22	
	100m:	1:25.03	46.10	200m:	3:04.72	49.48	300m:	4:53.18	54.25	400m:	6:28.72	48.32	
2.				52								6:32.14	577
	50m:	41.81	41.81	150m:	2:22.78	51.91	250m:	4:07.80	55.32	350m:	5:48.92	44.83	
	100m:	1:30.87	49.06	200m:	3:12.48	49.70	300m:	5:04.09	56.29	400m:	6:32.14	43.22	
3.				52			-					6:43.51	530
	50m:	47.01	47.01	150m:	2:32.84	51.41	250m:	4:18.53	56.26	350m:	6:43.51	1:29.24	
	100m:	1:41.43	54.42	200m:	3:22.27	49.43	300m:	5:14.27	55.74	400m:	6:43.51		
DSQ				51			-						
GK -													

14
22.11.2024 - 16:13

, 400m

45 - 49

: FPM Masters 24

1.				48								6:19.67	595
	50m:	39.83	39.83	150m:	2:19.30	50.55	250m:	4:00.21	49.94	350m:	5:38.13	46.63	
	100m:	1:28.75	48.92	200m:	3:10.27	50.97	300m:	4:51.50	51.29	400m:	6:19.67	41.54	
2.				45								6:19.98	594
	50m:	41.23	41.23	150m:	3:09.15		250m:	4:53.05	52.84	350m:	6:19.98	43.74	
	100m:			200m:	4:00.21	51.06	300m:	5:36.24	43.19	400m:	6:19.98		
3.				49	105-							6:59.22	442
	50m:	46.80	46.80	150m:	2:34.67	54.13	250m:	4:26.45	57.26	350m:	6:12.17	48.14	
	100m:	1:40.54	53.74	200m:	3:29.19	54.52	300m:	5:24.03	57.58	400m:	6:59.22	47.05	
4.				49			-					7:00.04	439
	50m:	42.22	42.22	150m:	2:25.04	53.29	250m:	4:17.62	1:00.12	350m:			
	100m:	1:31.75	49.53	200m:	3:17.50	52.46	300m:	5:17.99	1:00.37	400m:	7:00.04		

14
22.11.2024 - 16:13

, 400m

40 - 44

: FPM Masters 24

1.				40								5:57.93	629
	50m:	34.57	34.57	150m:			250m:	3:44.37	50.22	350m:	5:18.28	42.69	
	100m:	1:16.41	41.84	200m:	2:54.15		300m:	4:35.59	51.22	400m:	5:57.93	39.65	
2.				41			-					6:31.87	479
	50m:	41.39	41.39	150m:	3:17.12		250m:	4:56.70	50.31	350m:	6:31.87	47.14	
	100m:			200m:	4:06.39	49.27	300m:	5:44.73	48.03	400m:	6:31.87		
3.				43								6:48.13	424
	50m:	48.31	48.31	150m:	2:34.84	53.02	250m:	4:18.65	52.41	350m:	6:00.74	48.90	
	100m:	1:41.82	53.51	200m:	3:26.24	51.40	300m:	5:11.84	53.19	400m:	6:48.13	47.39	

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SWISS TIMING

25



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, 21-24

2024 .

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14,

, 400m

14

, 400m

35 - 39

22.11.2024 - 16:13

: FPM Masters 24

1.					36							5:16.88	876
	50m:	34.01	34.01	150m:	2:32.72	1:20.28	250m:	3:17.59		350m:	4:40.88	38.08	
	100m:	1:12.44	38.43	200m:			300m:	4:02.80	45.21	400m:	5:16.88	36.00	
2.					37							6:08.01	559
	50m:	38.39	38.39	150m:	2:11.42	48.20	250m:	3:51.32	53.75	350m:	5:27.08	42.09	
	100m:	1:23.22	44.83	200m:	2:57.57	46.15	300m:	4:44.99	53.67	400m:	6:08.01	40.93	
3.					37							6:35.53	450
	50m:	43.87	43.87	150m:	2:24.11	49.39	250m:	4:09.59	56.64	350m:	5:51.64	46.97	
	100m:	1:34.72	50.85	200m:	3:12.95	48.84	300m:	5:04.67	55.08	400m:	6:35.53	43.89	
4.					35							7:07.70	356
	50m:	38.68	38.68	150m:	2:23.49	56.99	250m:	4:21.84	1:00.41	350m:	6:16.57	52.60	
	100m:	1:26.50	47.82	200m:	3:21.43	57.94	300m:	5:23.97	1:02.13	400m:	7:07.70	51.13	
5.					38							7:27.03	312
	50m:	49.13	49.13	150m:	2:48.31	59.35	250m:	4:44.33	1:00.67	350m:	6:39.74	53.42	
	100m:	1:48.96	59.83	200m:	3:43.66	55.35	300m:	5:46.32	1:01.99	400m:	7:27.03	47.29	

14

, 400m

30 - 34

22.11.2024 - 16:13

: FPM Masters 24

1.					34							6:49.96	362
	50m:	47.07	47.07	150m:	2:34.34	52.18	250m:	4:16.28	50.46	350m:	6:01.83	51.01	
	100m:	1:42.16	55.09	200m:	3:25.82	51.48	300m:	5:10.82	54.54	400m:	6:49.96	48.13	

14

, 400m

25 - 29

22.11.2024 - 16:13

: FPM Masters 24

1.					25							6:58.51	338
	50m:	39.80	39.80	150m:	2:23.82	52.23	250m:	4:12.51	58.38	350m:	6:08.46	52.71	
	100m:	1:31.59	51.79	200m:	3:14.13	50.31	300m:	5:15.75	1:03.24	400m:	6:58.51	50.05	

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SWISS TIMING

25