

Lange afstandswedstrijd Deltasteur
Kampen, 22-11-2024

Programmanr. 2
22-11-2024 - 19:50

Dames, 800m vrije slag

Senioren Open
Resultaten

rang	naam	vereniging	intijd	tijd	RT
Gebjr 2011 - 2013					
1.	Kyara Balt	De Vikings	10:33.34	201100306	10:01.51
	100m: 1:10.23	1:10.23 300m: 3:43.30	1:16.52	500m: 6:15.97	1:16.18 700m: 8:48.09
	200m: 2:26.78	1:16.55 400m: 4:59.79	1:16.49	600m: 7:32.61	1:16.64 800m: 10:01.51
1:15.48					1:13.42
2.	Isabel Amelink	Deltasteur	10:48.16	201100196	10:34.02
	100m: 1:09.32	1:09.32 300m: 3:48.13	1:20.65	500m: 6:31.89	1:22.13 700m: 9:16.02
	200m: 2:27.48	1:18.16 400m: 5:09.76	1:21.63	600m: 7:54.02	1:22.13 800m: 10:34.02
1:22.00					1:18.00
3.	Maurieke Frijstein	Deltasteur	11:24.71	201100198	10:45.22
	100m: 1:14.97	1:14.97 300m: 3:57.51	1:22.18	500m: 6:42.56	1:22.83 700m: 9:27.44
	200m: 2:35.33	1:20.36 400m: 5:19.73	1:22.22	600m: 8:05.48	1:22.92 800m: 10:45.22
1:21.96					1:17.78
4.	Lisa Boogaard	Deltasteur	11:40.13	201100990	10:51.77
	100m: 1:15.85	1:15.85 300m: 4:00.51	1:23.02	500m: 6:47.52	1:23.37 700m: 9:33.01
	200m: 2:37.49	1:21.64 400m: 5:24.15	1:23.64	600m: 8:10.42	1:22.90 800m: 10:51.77
1:22.59					1:18.76
5.	Manoah Dekker	Deltasteur	NT	201100656	11:42.40
	100m: 1:21.91	1:21.91 300m: 4:21.82	1:29.47	500m: 7:22.66	1:30.07 700m: 10:20.02
	200m: 2:52.35	1:30.44 400m: 5:52.59	1:30.77	600m: 8:51.48	1:28.82 800m: 11:42.40
1:28.54					1:22.38
6.	Do Klaassen	Deltasteur	12:02.59	201200236	11:51.53
	100m: 1:22.43	1:22.43 300m: 4:23.77	1:31.00	500m: 7:25.81	1:31.12 700m: 10:27.35
	200m: 2:52.77	1:30.34 400m: 5:54.69	1:30.92	600m: 8:56.03	1:30.22 800m: 11:51.53
1:31.32					1:24.18
7.	Dagmar Bos	Deltasteur	NT	201202438	12:00.21
	100m: 1:25.68	1:25.68 300m: 4:28.58	1:31.92	500m: 7:31.17	1:30.84 700m: 10:33.66
	200m: 2:56.66	1:30.98 400m: 6:00.33	1:31.75	600m: 9:03.41	1:32.24 800m: 12:00.21
1:30.25					1:26.55
Gebjr 2009 - 2010					
1.	Simone Faber	Deltasteur	10:19.69	200900710	10:10.05
	100m: 1:11.16	1:11.16 300m: 3:46.34	1:18.01	500m: 6:24.44	1:19.19 700m: 9:00.07
	200m: 2:28.33	1:17.17 400m: 5:05.25	1:18.91	600m: 7:43.02	1:18.58 800m: 10:10.05
1:17.05					1:09.98
2.	Karina van de Wetering	Deltasteur	11:58.93	201000972	10:57.33
	100m: 1:17.81	1:17.81 300m: 4:05.35	1:24.00	500m: 6:52.57	1:23.90 700m: 9:38.15
	200m: 2:41.35	1:23.54 400m: 5:28.67	1:23.32	600m: 8:15.71	1:23.14 800m: 10:57.33
1:22.44					1:19.18
3.	Jente van 't Hul	Deltasteur	11:19.97	201000186	11:00.01
	100m: 1:14.15	1:14.15 300m: 4:02.24	1:25.10	500m: 6:51.91	1:24.26 700m: 9:40.02
	200m: 2:37.14	1:22.99 400m: 5:27.65	1:25.41	600m: 8:16.41	1:24.50 800m: 11:00.01
1:23.61					1:19.99
Gebjr 2007 - 2008					
1.	Marlouke Weijland	Deltasteur	10:17.00	200800152	10:32.85
	100m: 1:12.59	1:12.59 300m: 3:50.93	1:19.93	500m: 6:33.80	1:21.51 700m: 9:15.78
	200m: 2:31.00	1:18.41 400m: 5:12.29	1:21.36	600m: 7:54.86	1:21.06 800m: 10:32.85
1:20.92					1:17.07
2006 en eerder					
1.	Femke Bollema	Deltasteur	12:44.16	200500264	11:49.26
	100m: 1:21.32	1:21.32 300m: 4:21.67	1:30.44	500m: 7:22.60	1:29.60 700m: 10:22.89
	200m: 2:51.23	1:29.91 400m: 5:53.00	1:31.33	600m: 8:53.39	1:30.79 800m: 11:49.26
1:29.50					1:26.37