

Event 18  
2024-11-24 - 12:11

400m Medley

11 years and older  
Results

Points: AQUA 2024

Rank			Age					Time	Pts	
<b>11 - 12 years, Girls</b>										
1.	WATSON, Eleonore		11	Cote Saint-Luc Aquatics				<b>5:58.79</b>	375	
	50m:	39.18 39.18	150m:	2:11.43	44.60	250m:	3:47.21	51.33	350m:	5:19.71 40.63
	100m:	1:26.83 47.65	200m:	2:55.88	44.45	300m:	4:39.08	51.87	400m:	5:58.79 39.08
2.	DESJARDINS, Emily		12	BBF				<b>6:08.39</b>	347	
	50m:	39.31 39.31	150m:	2:13.65	45.89	250m:	3:54.15	54.03	350m:	5:27.87 40.51
	100m:	1:27.76 48.45	200m:	3:00.12	46.47	300m:	4:47.36	53.21	400m:	6:08.39 40.52
3.	SPOTO, Marlene		12	Mtl Nord Natation				<b>6:21.14</b>	313	
	50m:	43.01 43.01	150m:	2:22.34	50.14	250m:	4:03.92	51.55	350m:	5:39.79 42.53
	100m:	1:32.20 49.19	200m:	3:12.37	50.03	300m:	4:57.26	53.34	400m:	6:21.14 41.35
4.	SINGH, Amodee		11	Cote Saint-Luc Aquatics				<b>6:29.06</b>	294	
	50m:	41.41 41.41	150m:			250m:	4:05.78	55.15	350m:	5:45.95 43.99
	100m:		200m:	3:10.63		300m:	5:01.96	56.18	400m:	6:29.06 43.11
5.	BOURNE, Cassandra		11	Cote-des-Neiges Notre-Dame-de-				<b>6:45.89</b>	259	
	50m:	44.82 44.82	150m:	2:30.51	50.69	250m:	4:17.29	56.18	350m:	5:59.84 45.73
	100m:	1:39.82 55.00	200m:	3:21.11	50.60	300m:	5:14.11	56.82	400m:	6:45.89 46.05
6.	DUBRUIL, Camille		12	Cote-des-Neiges Notre-Dame-de-				<b>7:01.89</b>	231	
	50m:	46.39 46.39	150m:	2:36.16	55.98	250m:	4:28.22	58.24	350m:	6:16.28 47.33
	100m:	1:40.18 53.79	200m:	3:29.98	53.82	300m:	5:28.95	1:00.73	400m:	7:01.89 45.61
7.	LAGRINI, Lina		12	Club de natation Saint-Laurent				<b>7:15.29</b>	210	
	50m:	48.37 48.37	150m:	2:42.67	54.23	250m:	4:35.56	58.36	350m:	6:26.02 50.67
	100m:	1:48.44 1:00.07	200m:	3:37.20	54.53	300m:	5:35.35	59.79	400m:	7:15.29 49.27
<b>11 - 12 years, Boys</b>										
1.	HERBERT, Liam		12	BBF				<b>5:51.84</b>	297	
	50m:	36.85 36.85	150m:	2:07.45	44.45	250m:	3:43.52	51.38	350m:	5:15.64 38.92
	100m:	1:23.00 46.15	200m:	2:52.14	44.69	300m:	4:36.72	53.20	400m:	5:51.84 36.20
2.	TAJ, Youssef		12	Cote-des-Neiges Notre-Dame-de-				<b>6:44.25</b>	195	
	50m:	47.50 47.50	150m:	2:31.09	45.94	250m:	4:16.83	59.97	350m:	6:02.56 44.68
	100m:	1:45.15 57.65	200m:	3:16.86	45.77	300m:	5:17.88	1:01.05	400m:	6:44.25 41.69
<b>13 - 14 years, Girls</b>										
1.	WENER, Jadyn		14	Cote Saint-Luc Aquatics				<b>5:31.75</b>	475	
	50m:	36.40 36.40	150m:	1:58.93	41.61	250m:	3:29.68	48.36	350m:	4:55.52 36.78
	100m:	1:17.32 40.92	200m:	2:41.32	42.39	300m:	4:18.74	49.06	400m:	5:31.75 36.23
2.	VAN LOON, Adele		13	Cornwall Sea Lions				<b>5:49.60</b>	406	
	50m:	39.46 39.46	150m:	2:09.47	42.09	250m:	3:43.21	51.76	350m:	5:12.62 38.36
	100m:	1:27.38 47.92	200m:	2:51.45	41.98	300m:	4:34.26	51.05	400m:	5:49.60 36.98
3.	JAMES, Lydia		14	Perth Stingrays Aquatic Club				<b>5:53.64</b>	392	
	50m:	38.03 38.03	150m:	2:10.13	45.43	250m:	3:46.72	50.97	350m:	5:15.57 39.38
	100m:	1:24.70 46.67	200m:	2:55.75	45.62	300m:	4:36.19	49.47	400m:	5:53.64 38.07
4.	TANNY, Leora		13	Cote Saint-Luc Aquatics				<b>5:54.98</b>	388	
	50m:	38.34 38.34	150m:	2:06.92	44.86	250m:	3:43.23	51.31	350m:	5:15.63 39.52
	100m:	1:22.06 43.72	200m:	2:51.92	45.00	300m:	4:36.11	52.88	400m:	5:54.98 39.35

Event 18, Girls, 400m Medley, 13 - 14 years

Rank			Age							Time	Pts	
5.	FORTIER, Lua		13	BBF						<b>6:01.43</b>	367	
	50m:	39.11	39.11	150m:	2:08.98	44.46	250m:	3:49.57	53.67	350m:	5:21.67	40.25
	100m:	1:24.52	45.41	200m:	2:55.90	46.92	300m:	4:41.42	51.85	400m:	6:01.43	39.76
6.	COROVINA, Elizaveta		13	Cote Saint-Luc Aquatics						<b>6:12.69</b>	335	
	50m:			150m:	2:17.36	47.23	250m:	3:58.11	55.66	350m:	5:33.54	41.03
	100m:	1:30.13		200m:	3:02.45	45.09	300m:	4:52.51	54.40	400m:	6:12.69	39.15
7.	LEHAD, Milissa		13	Mtl Nord Natation						<b>6:17.07</b>	323	
	50m:	42.47	42.47	150m:	2:26.80	45.75	250m:	4:06.44	54.53	350m:	5:40.98	39.11
	100m:	1:41.05	58.58	200m:	3:11.91	45.11	300m:	5:01.87	55.43	400m:	6:17.07	36.09
8.	WANG NG, Lydia		13	Club de natation Saint-Laurent						<b>6:18.34</b>	320	
	50m:	40.87	40.87	150m:	2:19.36	48.73	250m:	3:59.98	53.88	350m:	5:38.59	44.41
	100m:	1:30.63	49.76	200m:	3:06.10	46.74	300m:	4:54.18	54.20	400m:	6:18.34	39.75
9.	YU, Aimee		13	Cote-des-Neiges Notre-Dame-de-						<b>6:19.18</b>	318	
	50m:	38.74	38.74	150m:	2:15.40	48.47	250m:	3:59.41	54.98	350m:	5:37.34	43.92
	100m:	1:26.93	48.19	200m:	3:04.43	49.03	300m:	4:53.42	54.01	400m:	6:19.18	41.84
10.	MONETTE, Magalie		13	BBF						<b>6:39.14</b>	273	
	50m:	41.33	41.33	150m:	2:21.71		250m:	4:09.96	57.01	350m:		
	100m:			200m:	3:12.95	51.24	300m:	5:54.38	1:44.42	400m:	6:39.14	
11.	SOLLECITO, Isabella		13	Mtl Nord Natation						<b>6:50.88</b>	250	
	50m:	47.72	47.72	150m:	2:44.16	57.31	250m:	4:28.35	50.40	350m:	6:05.93	46.58
	100m:	1:46.85	59.13	200m:	3:37.95	53.79	300m:	5:19.35	51.00	400m:	6:50.88	44.95
12.	STORELLI, Elisabeth		13	Club de natation Saint-Laurent						<b>7:17.38</b>	207	
	50m:	50.61	50.61	150m:	2:43.02	50.61	250m:	4:38.05	1:02.23	350m:	6:31.07	48.65
	100m:	1:52.41	1:01.80	200m:	3:35.82	52.80	300m:	5:42.42	1:04.37	400m:	7:17.38	46.31
DSQ	ZHENG, Jia		13	Club de natation Saint-Laurent								

13 - 14 years, Boys

1.	SIMARD, Isaac		14	Mtl Nord Natation						<b>5:10.98</b>	430	
	50m:	31.65	31.65	150m:	1:48.98	39.60	250m:	3:14.54	46.15	350m:	4:36.02	35.41
	100m:	1:09.38	37.73	200m:	2:28.39	39.41	300m:	4:00.61	46.07	400m:	5:10.98	34.96
2.	AMBROSONE, London		14	BBF						<b>5:28.99</b>	363	
	50m:	34.90	34.90	150m:	1:59.43	43.20	250m:	3:28.88	46.53	350m:	4:53.65	37.82
	100m:	1:16.23	41.33	200m:	2:42.35	42.92	300m:	4:15.83	46.95	400m:	5:28.99	35.34
3.	MASON, Landon		14	Perth Stingrays Aquatic Club						<b>5:41.15</b>	326	
	50m:	35.53	35.53	150m:	2:03.73	45.82	250m:	3:35.11	47.60	350m:	5:04.49	41.24
	100m:	1:17.91	42.38	200m:	2:47.51	43.78	300m:	4:23.25	48.14	400m:	5:41.15	36.66
4.	GUERNI, Amine		13	Laval						<b>5:43.23</b>	320	
	50m:	39.37	39.37	150m:	2:06.21	41.59	250m:	3:40.51	51.29	350m:	5:08.00	37.31
	100m:	1:24.62	45.25	200m:	2:49.22	43.01	300m:	4:30.69	50.18	400m:	5:43.23	35.23
5.	JACOB, Marius		13	C. N. Haut-Richelieu						<b>5:46.08</b>	312	
	50m:	37.45	37.45	150m:	2:05.40	45.45	250m:	3:40.99	51.02	350m:	5:10.54	37.86
	100m:	1:19.95	42.50	200m:	2:49.97	44.57	300m:	4:32.68	51.69	400m:	5:46.08	35.54
6.	GAO, Simon		13	Club de natation Saint-Laurent						<b>5:46.10</b>	312	
	50m:	34.75	34.75	150m:	2:01.48	44.27	250m:	3:36.31	50.25	350m:	5:07.72	40.31
	100m:	1:17.21	42.46	200m:	2:46.06	44.58	300m:	4:27.41	51.10	400m:	5:46.10	38.38
7.	DALI, Isaac		13	Mtl Nord Natation						<b>5:49.75</b>	302	
	50m:	38.44	38.44	150m:	2:09.52	45.67	250m:	3:42.58	49.40	350m:	5:13.20	40.21
	100m:	1:23.85	45.41	200m:	2:53.18	43.66	300m:	4:32.99	50.41	400m:	5:49.75	36.55

Event 18, Boys, 400m Medley, 13 - 14 years

Rank			Age						Time	Pts
8.	BARTEKIAN, Liam		14	Laval					<b>5:55.59</b>	287
	50m:	39.69 39.69	150m:	2:12.09 45.57	250m:	3:50.09 52.65	350m:	5:19.49 36.46		
	100m:	1:26.52 46.83	200m:	2:57.44 45.35	300m:	4:43.03 52.94	400m:	5:55.59 36.10		
9.	LEBLOND, Alexis		14	Mtl Nord Natation					<b>6:02.38</b>	272
	50m:	39.69 39.69	150m:	2:13.00 47.03	250m:	3:50.93 50.93	350m:	5:24.22 40.30		
	100m:	1:25.97 46.28	200m:	3:00.00 47.00	300m:	4:43.92 52.99	400m:	6:02.38 38.16		
10.	MARTEL DE LERY, Gael		13	Cote Saint-Luc Aquatics					<b>6:05.60</b>	264
	50m:	39.48 39.48	150m:	2:12.73 44.68	250m:	3:49.85 52.56	350m:	5:26.12 42.07		
	100m:	1:28.05 48.57	200m:	2:57.29 44.56	300m:	4:44.05 54.20	400m:	6:05.60 39.48		
11.	BOUDREAU, Owen		13	BBF					<b>6:05.97</b>	264
	50m:	39.99 39.99	150m:	2:15.91 51.32	250m:	3:56.27 53.10	350m:	5:28.34 39.59		
	100m:	1:24.59 44.60	200m:	3:03.17 47.26	300m:	4:48.75 52.48	400m:	6:05.97 37.63		
12.	THIESSEN, Wyatt		13	BBF					<b>6:06.15</b>	263
	50m:	39.65 39.65	150m:	2:18.01 46.28	250m:	3:56.28 52.44	350m:	5:28.80 40.41		
	100m:	1:31.73 52.08	200m:	3:03.84 45.83	300m:	4:48.39 52.11	400m:	6:06.15 37.35		
13.	LIU, Mark		14	Club Aquatique Calac Lasalle					<b>6:06.68</b>	262
	50m:	40.88 40.88	150m:	2:14.01 47.46	250m:	3:50.01 50.75	350m:	5:27.24 45.24		
	100m:	1:26.55 45.67	200m:	2:59.26 45.25	300m:	4:42.00 51.99	400m:	6:06.68 39.44		
14.	LI, Yuan Di		13	BBF					<b>6:08.59</b>	258
	50m:	37.85 37.85	150m:	2:10.42 47.95	250m:	3:49.13 52.45	350m:	5:27.60 43.63		
	100m:	1:22.47 44.62	200m:	2:56.68 46.26	300m:	4:43.97 54.84	400m:	6:08.59 40.99		
15.	MESSIER-BENOIT, Augustin		14	C. N. Haut-Richelieu					<b>6:41.33</b>	200
	50m:	43.71 43.71	150m:	2:31.10 51.45	250m:	4:18.88 58.35	350m:	6:00.61 42.38		
	100m:	1:39.65 55.94	200m:	3:20.53 49.43	300m:	5:18.23 59.35	400m:	6:41.33 40.72		

15 years and older, Women

1.	LEFRANCOIS, Audrey		16	Cote Saint-Luc Aquatics					<b>5:13.90</b>	561
	50m:	33.23 33.23	150m:	1:50.57 38.44	250m:	3:15.28 45.51	350m:	4:38.56 35.84		
	100m:	1:12.13 38.90	200m:	2:29.77 39.20	300m:	4:02.72 47.44	400m:	5:13.90 35.34		
2.	KUDINOV, Catherine		15	Cote Saint-Luc Aquatics					<b>5:23.33</b>	513
	50m:	34.35 34.35	150m:	1:56.78 42.62	250m:	3:24.46 44.87	350m:	4:47.20 36.94		
	100m:	1:14.16 39.81	200m:	2:39.59 42.81	300m:	4:10.26 45.80	400m:	5:23.33 36.13		
3.	SPOTO, Stella		17	Mtl Nord Natation					<b>5:28.94</b>	487
	50m:	34.08 34.08	150m:	1:54.17 42.29	250m:	3:25.19 47.60	350m:	4:52.43 37.23		
	100m:	1:11.88 37.80	200m:	2:37.59 43.42	300m:	4:15.20 50.01	400m:	5:28.94 36.51		
4.	LEBLOND, Daphnee		15	Mtl Nord Natation					<b>5:59.73</b>	372
	50m:	38.14 38.14	150m:	2:11.43 47.51	250m:	3:49.28 51.94	350m:	5:21.06 39.87		
	100m:	1:23.92 45.78	200m:	2:57.34 45.91	300m:	4:41.19 51.91	400m:	5:59.73 38.67		
5.	BOUCHER DEROUIN, Cendrine		19	Club Aquatique Calac Lasalle					<b>6:04.51</b>	358
	50m:	38.93 38.93	150m:	2:11.97 48.07	250m:	3:50.65 50.90	350m:	5:24.34 41.13		
	100m:	1:23.90 44.97	200m:	2:59.75 47.78	300m:	4:43.21 52.56	400m:	6:04.51 40.17		
6.	RANDLE, Mackenzie		15	BBF					<b>6:07.07</b>	351
	50m:	39.32 39.32	150m:	2:16.79 46.61	250m:	3:54.12 48.57	350m:	5:28.25 42.73		
	100m:	1:30.18 50.86	200m:	3:05.55 48.76	300m:	4:45.52 51.40	400m:	6:07.07 38.82		
7.	VAN DUSEN, Madeleine		16	Perth Stingrays Aquatic Club					<b>6:26.43</b>	300
	50m:	43.44 43.44	150m:	2:26.72 47.71	250m:	4:05.94 52.32	350m:	5:43.53 44.19		
	100m:	1:39.01 55.57	200m:	3:13.62 46.90	300m:	4:59.34 53.40	400m:	6:26.43 42.90		

Event 18, Women, 400m Medley, 15 years and older

Rank			Age							Time	Pts	
8.	PENG, Tracy		15		BBF					<b>6:42.22</b>	266	
	50m:	38.81	38.81	150m:	2:18.15	50.09	250m:	4:07.24	56.97	350m:	5:54.52	48.41
	100m:	1:28.06	49.25	200m:	3:10.27	52.12	300m:	5:06.11	58.87	400m:	6:42.22	47.70

15 years and older, Men

1.	SIMARD, Jorick		19		Mtl Nord Natation					<b>4:58.78</b>	485	
	50m:	28.47	28.47	150m:	1:40.92	38.36	250m:	3:03.16	44.28	350m:	4:24.73	35.09
	100m:	1:02.56	34.09	200m:	2:18.88	37.96	300m:	3:49.64	46.48	400m:	4:58.78	34.05
2.	SIMARD, Colin		18		Mtl Nord Natation					<b>5:11.37</b>	428	
	50m:	29.60	29.60	150m:	1:42.61	38.59	250m:	3:10.14	46.13	350m:	4:34.66	38.13
	100m:	1:04.02	34.42	200m:	2:24.01	41.40	300m:	3:56.53	46.39	400m:	5:11.37	36.71
3.	LEHAD, Rayane		15		Mtl Nord Natation					<b>5:11.38</b>	428	
	50m:			150m:	1:49.80	38.74	250m:	3:14.61	45.62	350m:	4:36.15	35.40
	100m:	1:11.06		200m:	2:28.99	39.19	300m:	4:00.75	46.14	400m:	5:11.38	35.23
4.	PEDEN, Gavin		15		Perth Stingrays Aquatic Club					<b>5:15.53</b>	412	
	50m:	33.92	33.92	150m:	1:56.49	39.40	250m:	3:22.56	44.79	350m:	4:44.44	35.81
	100m:	1:17.09	43.17	200m:	2:37.77	41.28	300m:	4:08.63	46.07	400m:	5:15.53	31.09
5.	DALI, Taha		16		Mtl Nord Natation					<b>5:31.61</b>	355	
	50m:	34.20	34.20	150m:	1:57.41	42.24	250m:	3:27.41	46.52	350m:	4:53.35	37.88
	100m:	1:15.17	40.97	200m:	2:40.89	43.48	300m:	4:15.47	48.06	400m:	5:31.61	38.26
6.	DECARIE, Alexandre		17		R2p					<b>5:32.35</b>	352	
	50m:	31.75	31.75	150m:	1:55.92	43.11	250m:	3:29.32	51.43	350m:	4:58.20	37.61
	100m:	1:12.81	41.06	200m:	2:37.89	41.97	300m:	4:20.59	51.27	400m:	5:32.35	34.15
7.	MAHIOU, Ishak		15		Mtl Nord Natation					<b>5:39.12</b>	331	
	50m:	34.55	34.55	150m:	2:00.07	44.69	250m:	3:32.50	46.79	350m:	5:00.07	39.26
	100m:	1:15.38	40.83	200m:	2:45.71	45.64	300m:	4:20.81	48.31	400m:	5:39.12	39.05
8.	LEBEAU, William		16		C. N. Haut-Richelieu					<b>5:59.67</b>	278	
	50m:	39.53	39.53	150m:	2:10.83	43.52	250m:	3:46.66	52.28	350m:	5:20.62	40.67
	100m:	1:27.31	47.78	200m:	2:54.38	43.55	300m:	4:39.95	53.29	400m:	5:59.67	39.05
9.	DUMAIS, Jules		18		Club Aquatique Calac Lasalle					<b>6:00.57</b>	276	
	50m:	38.84	38.84	150m:	2:10.67	46.27	250m:	3:44.81	50.18	350m:	5:19.73	43.34
	100m:	1:24.40	45.56	200m:	2:54.63	43.96	300m:	4:36.39	51.58	400m:	6:00.57	40.84
10.	SEFRIQUI MANAR, Ismail		16		Mtl Nord Natation					<b>6:16.65</b>	242	
	50m:	43.05	43.05	150m:	2:21.91	49.50	250m:	4:03.43		350m:	5:35.06	38.72
	100m:	1:32.41	49.36	200m:			300m:	4:56.34	52.91	400m:	6:16.65	41.59
11.	LAKE, Sampson		17		St Albans Sharks (WINTER)					<b>7:52.09</b>	123	
	50m:	47.21	47.21	150m:	2:49.22	1:05.52	250m:	4:58.18	1:08.21	350m:	7:01.74	53.02
	100m:	1:43.70	56.49	200m:	3:49.97	1:00.75	300m:	6:08.72	1:10.54	400m:	7:52.09	50.35

DSQ FORTIER, Edward 15 BBF  
4.4 - Faux Départ / False start