



Invitation Régionale SLSJ-CC #2
Alma, 16-11-2024

Epreuve 26
2024-11-16 - 15:40

Messieurs, 400m 4 nages

Cat. générale
Liste résultats

Points: AQUA 2024

Rang			Age						Temps	Pts		
15 - 16 ans												
1.	SAVARD, Jérôme		15	C. N. Chicoutimi				5:28.86	364			
	50m:	32.95	32.95	150m:	1:56.58	44.56	250m:	3:27.11	47.41	350m:	4:53.00	37.05
	100m:	1:12.02	39.07	200m:	2:39.70	43.12	300m:	4:15.95	48.84	400m:	5:28.86	35.86
2.	FORTIN, Émile		15	C. N. St-Félicien				5:46.00	312			
	50m:	34.23	34.23	150m:	2:00.91	44.32	250m:	3:35.19	52.28	350m:	5:06.81	38.94
	100m:	1:16.59	42.36	200m:	2:42.91	42.00	300m:	4:27.87	52.68	400m:	5:46.00	39.19
17 ans et plus												
1.	SIOUD, Yassine		17	C. N. Jonquière				6:03.25	270			
	50m:	38.25	38.25	150m:	2:16.40	51.68	250m:	3:53.68	50.10	350m:	5:23.00	41.50
	100m:	1:24.72	46.47	200m:	3:03.58	47.18	300m:	4:41.50	47.82	400m:	6:03.25	40.25