

LAQUA Superprestige 2024 - Speedocup en Memorial Rik Vandenbosch  
LEUVEN, 23 - 24/11/2024

Programmanr. 35  
24/11/2024 - 16:17

Dames, 400m vrije slag

11 jaar en ouder  
Resultaten Finale

Punten: AQUA 2024

Rang							Inschr.	Tijd	Pnt			
1.	VANDERLINDEN Siri						LAQUA/21540/094:17.24	<b>4:16.77</b>	730			
	50m:	29.30	29.30	150m:	1:33.28	32.27	250m:	2:39.05	32.69	350m:	3:45.30	33.23
	100m:	1:01.01	31.71	200m:	2:06.36	33.08	300m:	3:12.07	33.02	400m:	4:16.77	31.47
2.	DAVID Ryana						PERRON/0079734:31.81	<b>4:23.14</b>	679			
	50m:	31.04	31.04	150m:	1:37.91	33.66	250m:	2:45.49	33.79	350m:	3:52.31	33.16
	100m:	1:04.25	33.21	200m:	2:11.70	33.79	300m:	3:19.15	33.66	400m:	4:23.14	30.83
3.	GRIES Laure						CNSW/008568/04:24.98	<b>4:23.19</b>	678			
	50m:	30.39	30.39	150m:	1:36.53	33.37	250m:	2:43.50	33.60	350m:	3:50.78	33.69
	100m:	1:03.16	32.77	200m:	2:09.90	33.37	300m:	3:17.09	33.59	400m:	4:23.19	32.41
4.	RESMINI Giulia						SCR/012992/10 4:52.62	<b>4:52.69</b>	493			
	50m:	32.59	32.59	150m:	1:45.77	37.10	250m:	3:00.79	37.44	350m:	4:16.51	37.72
	100m:	1:08.67	36.08	200m:	2:23.35	37.58	300m:	3:38.79	38.00	400m:	4:52.69	36.18
5.	DECONYNCK Sterre						TRUST/21166/09 4:55.28	<b>4:55.97</b>	477			
	50m:	33.75	33.75	150m:	1:47.63	37.17	250m:	3:03.41	37.98	350m:	4:19.83	38.01
	100m:	1:10.46	36.71	200m:	2:25.43	37.80	300m:	3:41.82	38.41	400m:	4:55.97	36.14
6.	VAN CAUWENBERGE Catho						ROSC/21278/10 4:55.18	<b>5:03.85</b>	441			
	50m:	33.32	33.32	150m:	1:49.15	38.18	250m:	3:07.60	39.28	350m:	4:25.82	39.00
	100m:	1:10.97	37.65	200m:	2:28.32	39.17	300m:	3:46.82	39.22	400m:	5:03.85	38.03