

LAQUA Superprestige 2024 - Speedocup en Memorial Rik Vandenbosch  
LEUVEN, 23 - 24/11/2024

Programmanr. 35  
24/11/2024 - 11:57

Dames, 400m vrije slag

11 jaar en ouder  
Resultaten Voorrunde

Punten: AQUA 2024

Rang				Inschr.	Tijd	Pnt			
1.	VANDERLINDEN Siri			LAQUA/21540/094:11.10	<b>4:17.24</b>	726		Q	
	50m:	30.13	30.13	150m:	1:34.25	32.68	250m:	2:39.49	32.76
	100m:	1:01.57	31.44	200m:	2:06.73	32.48	300m:	3:12.25	32.76
							350m:	3:45.31	33.06
							400m:	4:17.24	31.93
2.	GRIES Laure			CNSW/008568/04:24.79	<b>4:24.98</b>	665		Q	
	50m:	30.62	30.62	150m:	1:37.09	33.42	250m:	2:44.21	33.50
	100m:	1:03.67	33.05	200m:	2:10.71	33.62	300m:	3:17.91	33.70
							350m:	3:51.83	33.92
							400m:	4:24.98	33.15
3.	DAVID Ryana			PERRON/0079734:26.69	<b>4:31.81</b>	616		Q	
	50m:	31.45	31.45	150m:	1:39.36	34.19	250m:	2:48.40	34.76
	100m:	1:05.17	33.72	200m:	2:13.64	34.28	300m:	3:23.40	35.00
							350m:	3:58.19	34.79
							400m:	4:31.81	33.62
4.	GRAHAM Jil			LAQUA/21654/064:32.08	<b>4:32.44</b>	611		Q	
	50m:	32.34	32.34	150m:	1:40.48	34.24	250m:	2:49.26	33.54
	100m:	1:06.24	33.90	200m:	2:15.72	35.24	300m:	3:23.74	34.48
							350m:	3:58.32	34.58
							400m:	4:32.44	34.12
5.	PAVEL Anna			LAQUA/21525/074:43.39	<b>4:48.00</b>	518		Q	
	50m:	33.05	33.05	150m:	1:45.18	36.48	250m:	2:59.04	36.78
	100m:	1:08.70	35.65	200m:	2:22.26	37.08	300m:	3:35.52	36.48
							350m:	4:12.38	36.86
							400m:	4:48.00	35.62
6.	VELDHUIS Victoria			ZCT/21096/09 4:40.00	<b>4:49.51</b>	509		Q	
	50m:	32.08	32.08	150m:	1:43.96	36.47	250m:	2:57.96	37.52
	100m:	1:07.49	35.41	200m:	2:20.44	36.48	300m:	3:35.21	37.25
							350m:	4:13.00	37.79
							400m:	4:49.51	36.51
7.	SCHOLLAERT Jolijn			ROSC/21114/07 4:45.98	<b>4:51.89</b>	497		Q	
	50m:	32.70	32.70	150m:	1:46.07	36.76	250m:	3:00.47	37.10
	100m:	1:09.31	36.61	200m:	2:23.37	37.30	300m:	3:38.11	37.64
							350m:	4:15.58	37.47
							400m:	4:51.89	36.31
8.	RESMINI Giulia			SCR/012992/10 4:52.76	<b>4:52.62</b>	493		Q	
	50m:	33.45	33.45	150m:	1:46.61	37.02	250m:	3:01.05	37.28
	100m:	1:09.59	36.14	200m:	2:23.77	37.16	300m:	3:38.31	37.26
							350m:	4:16.07	37.76
							400m:	4:52.62	36.55
9.	DE BAERDEMAEKER Paulien			LAQUA/21299/084:45.54	<b>4:53.33</b>	490		R	
	50m:	34.19	34.19	150m:	1:47.21	36.95	250m:	3:02.03	37.39
	100m:	1:10.26	36.07	200m:	2:24.64	37.43	300m:	3:39.28	37.25
							350m:	4:16.69	37.41
							400m:	4:53.33	36.64
10.	PAIROUX Eloise			PERRON/0089984:45.44	<b>4:54.63</b>	483		R	
	50m:	33.47	33.47	150m:	1:47.39	37.56	250m:	3:02.08	37.28
	100m:	1:09.83	36.36	200m:	2:24.80	37.41	300m:	3:39.96	37.88
							350m:	4:18.00	38.04
							400m:	4:54.63	36.63
11.	VAN CAUWENBERGE Catho			ROSC/21278/10 4:54.85	<b>4:55.18</b>	481		R	
	50m:	33.59	33.59	150m:	1:48.31	37.33	250m:	3:03.33	37.05
	100m:	1:10.98	37.39	200m:	2:26.28	37.97	300m:	3:40.92	37.59
							350m:	4:18.74	37.82
							400m:	4:55.18	36.44
12.	DECONYNCK Sterre			TRUST/21166/09 4:57.39	<b>4:55.28</b>	480		R	
	50m:	34.81	34.81	150m:	1:49.95	37.66	250m:	3:04.47	37.15
	100m:	1:12.29	37.48	200m:	2:27.32	37.37	300m:	3:41.90	37.43
							350m:	4:18.98	37.08
							400m:	4:55.28	36.30
13.	PUT Amélie			KAZS/21128/07 4:48.18	<b>4:58.65</b>	464			
	50m:	34.23	34.23	150m:	1:50.29	38.30	250m:	3:06.06	37.55
	100m:	1:11.99	37.76	200m:	2:28.51	38.22	300m:	3:44.14	38.08
							350m:	4:22.10	37.96
							400m:	4:58.65	36.55
14.	CHAFWEHE Vanina			KLSVZ/21135/10 5:06.91	<b>5:01.39</b>	452			
	50m:	33.60	33.60	150m:	1:47.90	37.71	250m:	3:06.30	39.58
	100m:	1:10.19	36.59	200m:	2:26.72	38.82	300m:	3:45.10	38.80
							350m:	4:24.82	39.72
							400m:	5:01.39	36.57
15.	GHISLAIN Emilie			STZ/21119/07 5:13.23	<b>5:16.22</b>	391			
	50m:	34.68	34.68	150m:	1:52.33	39.22	250m:	3:13.09	40.34
	100m:	1:13.11	38.43	200m:	2:32.75	40.42	300m:	3:54.35	41.26
							350m:	4:35.45	41.10
							400m:	5:16.22	40.77
16.	VANSINA Elle			KAZS/21147/12 5:26.02	<b>5:17.95</b>	384			
	<i>ht</i>								
	50m:	35.47	35.47	150m:	1:56.53	40.89	250m:	3:19.23	41.40
	100m:	1:15.64	40.17	200m:	2:37.83	41.30	300m:	4:00.18	40.95
							350m:	4:40.58	40.40
							400m:	5:17.95	37.37
17.	DURY Elisabeth			CNSW/012928/1 5:20.21	<b>5:22.77</b>	367			
	50m:	35.45	35.45	150m:	1:57.53	41.38	250m:	3:19.12	40.83
	100m:	1:16.15	40.70	200m:	2:38.29	40.76	300m:	4:00.56	41.44
							350m:	4:42.16	41.60
							400m:	5:22.77	40.61

LAQUA Superprestige 2024 - Speedocup en Memorial Rik Vandenbosch  
LEUVEN, 23 - 24/11/2024

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Programmanr. 35, Dames, 400m vrije slag, Voorronde, 11 jaar en ouder

Rang					Inschr.	Tijd	Pnt					
18.	BEKKERS Margaux				SCWR/21078/13	5:27.37	<b>5:32.42</b>	336				
	50m:	37.80	37.80	150m:	2:01.40	42.48	250m:	3:28.73	45.05	350m:	4:53.93	42.07
	100m:	1:18.92	41.12	200m:	2:43.68	42.28	300m:	4:11.86	43.13	400m:	5:32.42	38.49
19.	HEYE Mirthe				STZ/21065/06	5:27.29	<b>5:32.96</b>	335				
	50m:	36.51	36.51	150m:	2:00.05	42.41	250m:	3:25.45	42.71	350m:	4:50.91	42.44
	100m:	1:17.64	41.13	200m:	2:42.74	42.69	300m:	4:08.47	43.02	400m:	5:32.96	42.05
20.	SILVERANS Mila <i>saei</i>				KAZS/21116/11	5:30.71	<b>5:38.63</b>	318				
	50m:	37.42	37.42	150m:	2:01.79	41.94	250m:	3:27.47	43.41	350m:	4:55.63	44.16
	100m:	1:19.85	42.43	200m:	2:44.06	42.27	300m:	4:11.47	44.00	400m:	5:38.63	43.00
21.	DEVUE Rosalie				KAZS/21141/13	5:58.53	<b>5:43.84</b>	304				
	50m:	38.51	38.51	150m:	2:05.72	44.52	250m:	3:35.40	44.99	350m:	5:03.25	43.21
	100m:	1:21.20	42.69	200m:	2:50.41	44.69	300m:	4:20.04	44.64	400m:	5:43.84	40.59