

LAQUA Superprestige 2024 - Speedocup en Memorial Rik Vandenbosch
LEUVEN, 23 - 24/11/2024

Programmanr. 14
23/11/2024 - 15:00

Heren, 400m wisselslag

11 jaar en ouder
Resultaten

Punten: AQUA 2024

Rang			Inschr.			Tijd	Pnt		
1.	LAVIOLETTE Simon		SCR/009141/08 4:27.69			4:24.53	699		
	50m:	29.38 29.38	150m:	1:37.16 34.23	250m:	2:47.21 36.70	350m:	3:55.60 30.75	
	100m:	1:02.93 33.55	200m:	2:10.51 33.35	300m:	3:24.85 37.64	400m:	4:24.53 28.93	
2.	FRANÇOIS Wout		TZT/11047/07 4:44.88			4:47.05	547		
	50m:	30.88 30.88	150m:	1:45.48 38.76	250m:	3:01.88 39.81	350m:	4:15.66 33.11	
	100m:	1:06.72 35.84	200m:	2:22.07 36.59	300m:	3:42.55 40.67	400m:	4:47.05 31.39	
3.	SFAR Mehdi		CNSW/013108/05:01.69			5:00.06	479		
	50m:	31.53 31.53	150m:	1:48.18 37.78	250m:	3:07.34 41.84	350m:	4:26.44 36.21	
	100m:	1:10.40 38.87	200m:	2:25.50 37.32	300m:	3:50.23 42.89	400m:	5:00.06 33.62	
4.	COUNARD Matéo		ENW/008983/10 5:04.21			5:02.37	468		
	50m:	32.72 32.72	150m:	1:48.98 38.14	250m:	3:11.22 44.76	350m:	4:29.51 33.48	
	100m:	1:10.84 38.12	200m:	2:26.46 37.48	300m:	3:56.03 44.81	400m:	5:02.37 32.86	
5.	VAN DER BORGHT Floris		ZCT/11072/08 5:05.38			5:05.07	455		
	50m:	32.83 32.83	150m:	1:50.98 40.30	250m:	3:15.32 45.08	350m:	4:32.47 32.75	
	100m:	1:10.68 37.85	200m:	2:30.24 39.26	300m:	3:59.72 44.40	400m:	5:05.07 32.60	
6.	DEVOS Rhune		ROSC/11319/09 NT			5:12.05	426		
	50m:	31.23 31.23	150m:	1:47.91 39.35	250m:	3:14.74 48.47	350m:	4:37.45 35.12	
	100m:	1:08.56 37.33	200m:	2:26.27 38.36	300m:	4:02.33 47.59	400m:	5:12.05 34.60	
7.	VERMAUT Mathias		SCR/014595/13 5:29.51			5:23.64	381		
	50m:	33.07 33.07	150m:	1:52.74 40.91	250m:	3:19.72 46.89	350m:	4:46.10 39.30	
	100m:	1:11.83 38.76	200m:	2:32.83 40.09	300m:	4:06.80 47.08	400m:	5:23.64 37.54	