

Prova 2
07/12/2024 - 15:40

Masc., 400m Livres

10 anos e mais velhos

Resultados

S6 - 25m	5:22.26	Daniel Carlos, Videira	GESL	Guarda	17/02/2019
S7 - 25m	5:26.37	Daniel Carlos, Videira	GESL	Vila Franca de Xira	04/02/2018
S8 - 25m	4:46.57	Dioqo Luis, Cancela	ALN	Coimbra	22/10/2022
S9 - 25m	4:20.60	David Realista, Grachat	GESL	Vila Franca de Xira	04/02/2018
S10 - 25m	4:23.44	Emanuel Luis, Goncalves	CDN	Funchal	14/03/2014
S11 - 25m	4:37.96	Marco Ribeiro, Meneses	CRASTO	Abrantes	02/07/2022
S12 - 25m	6:24.01	Joao Tanica, Cruz	PDEM	Recarei	22/05/2022
S13 - 25m	4:24.15	Vitor Hugo, Encarnacao	CDN	Funchal	05/07/2013
S14 - 25m	4:43.06	Samuel Lima, Duarte	FVCD	Lousada	10/11/2024
S15 - 25m	4:20.31	Tiago Correia, Neves	CFB	Vila Franca de Xira	04/02/2018
S16 - 25m	5:03.78	Andre Camara, Jorge	CEOL	Funchal	01/12/2018
S17 - 25m	5:05.44	Joaquim Eduardo, Carvalho	CNF	Funchal	22/11/2024
S21 - 25m	5:44.53	Andre Reis, Almeida	SCP	Abrantes	02/07/2022

S6 - Esperanças Esp S6 50m: 7:53.58 - 25m: 8:03.39 / S6 - Seniores Sen S6 50m: 7:22.01 - 25m: 7:31.16 / S7 - Esperanças Esp S7 50m: 7:42.71 - 25m: 8:09.55 / S7 - Seniores Sen S7 50m: 7:11.86 - 25m: 7:36.92 / S8 - Esperanças Esp S8 50m: 6:51.91 - 25m: 7:09.86 / S8 - Seniores Sen S8 50m: 6:24.45 - 25m: 6:41.20 / S9 - Esperanças Esp S9 50m: 6:32.91 - 25m: 6:30.90 / S9 - Seniores Sen S9 50m: 6:06.72 - 25m: 6:04.84 / S10 - Esperanças Esp S10 50m: 6:33.79 - 25m: 6:30.90 / S10 - Seniores Sen S10 50m: 6:07.54 - 25m: 6:04.84 / S110 - Esperanças Esp S110 50m: 6:33.79 - 25m: 6:30.90 / S110 - Seniores Sen S110 50m: 6:07.54 - 25m: 6:04.84 / S11 - Esperanças Esp S11 50m: 6:57.38 - 25m: 6:56.94 / S11 - Seniores Sen S11 50m: 6:29.55 - 25m: 6:29.14 / S12 - Esperanças Esp S12 50m: 10:16.14 - 25m: 9:36.02 / S12 - Seniores Sen S12 50m: 9:35.06 - 25m: 8:57.61 / S13 - Esperanças Esp S13 50m: 6:46.89 - 25m: 6:36.22 / S13 - Seniores Sen S13 50m: 6:19.76 - 25m: 6:09.81 / S113 - Esperanças Esp S113 50m: 6:46.89 - 25m: 6:36.22 / S113 - Seniores Sen S113 50m: 6:19.76 - 25m: 6:09.81 / S14 - Esperanças Esp S14 50m: 7:09.38 - 25m: 7:06.53 / S14 - Seniores Sen S14 50m: 6:40.75 - 25m: 6:38.09 / S15 - Esperanças Esp S15 50m: 6:43.26 - 25m: 6:30.47 / S15 - Seniores Sen S15 50m: 6:16.38 - 25m: 6:04.43 / S16 - Esperanças Esp S16 50m: 7:57.77 - 25m: 7:35.67 / S16 - Seniores Sen S16 50m: 7:25.91 - 25m: 7:05.29 / S17 - Esperanças Esp S17 50m: 7:47.34 - 25m: 7:44.78 / S17 - Seniores Sen S17 50m: 7:16.18 - 25m: 7:13.79 / S21 - Esperanças Esp S21 50m: 8:27.36 - 25m: 8:36.79 / S21 - Seniores Sen S21 50m: 7:53.54 - 25m: 8:02.34

Pontos: KNZB NED WPS 2024

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	WPS	Pts
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Classe S6-S14-Absolutos

1.	Marco Ribeiro, Meneses	01	S11	T	O Crasto	4:50.26	806	9,00
	50m: 31.76 31.76	150m: 1:44.58	36.74	250m: 2:58.25	36.77	350m: 4:13.80	38.21	
	100m: 1:07.84 36.08	200m: 2:21.48	36.90	300m: 3:35.59	37.34	400m: 4:50.26	36.46	
2.	Ricardo Aderneira, Soares	99	S7	A,3,5,12+	Gesloures	5:04.97	720	7,00
	<i>Rec Nacional Classe S7</i>							
	50m: 35.59 35.59	150m: 1:51.74	38.28	250m: 3:09.27	38.58	350m: 4:26.72	38.74	
	100m: 1:13.46 37.87	200m: 2:30.69	38.95	300m: 3:47.98	38.71	400m: 5:04.97	38.25	
3.	Joao Matos, Fidalgo	03	S10	1	Gesloures	4:30.64	705	6,00
	50m: 31.09 31.09	150m: 1:38.76	33.95	250m: 2:48.49	35.00	350m: 3:57.23	34.01	
	100m: 1:04.81 33.72	200m: 2:13.49	34.73	300m: 3:23.22	34.73	400m: 4:30.64	33.41	
4.	Samuel Lima, Duarte	04	S14		Feira Viva	4:40.53	691	5,00
	<i>Rec Nacional Classe S14</i>							
	50m: 31.08 31.08	150m: 1:41.89	35.85	250m: 2:54.19	36.35	350m: 4:06.57	35.79	
	100m: 1:06.04 34.96	200m: 2:17.84	35.95	300m: 3:30.78	36.59	400m: 4:40.53	33.96	
5.	Rafael Ramirez, Picoto	05	S8	A,H,3,5,12+	Sporting	5:30.55	518	4,00
	50m: 35.28 35.28	150m: 1:54.86	40.64	250m: 3:20.03	43.12	350m: 4:48.20	44.37	
	100m: 1:14.22 38.94	200m: 2:36.91	42.05	300m: 4:03.83	43.80	400m: 5:30.55	42.35	
6.	Gil Mota, Mendes	09	S9	3,5	Carregal do Sal	5:15.77	499	3,00
	50m: 31.67 31.67	150m: 1:47.51	39.98	250m: 3:11.60	42.44	350m: 4:35.41	40.76	
	100m: 1:07.53 35.86	200m: 2:29.16	41.65	300m: 3:54.65	43.05	400m: 5:15.77	40.36	

Prova 2, Masc., 400m Livres, Classe S6-S14-Absolutos

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	WPS	Pts
7.	Simao Pedro, Rocha	06	S14		Aquatico Pacense	5:34.30	408	2,00
	50m: 35.50 35.50	150m: 1:58.82	42.64	250m: 3:24.88	43.13	350m: 4:52.35	43.65	
	100m: 1:16.18 40.68	200m: 2:41.75	42.93	300m: 4:08.70	43.82	400m: 5:34.30	41.95	
8.	Rodolfo Francisco, Castanheira	01	S8	9	Gesloures	5:59.80	401	1,00
	50m: 38.87 38.87	150m: 2:06.94	45.58	250m: 3:38.66	45.29	350m: 5:13.53	48.51	
	100m: 1:21.36 42.49	200m: 2:53.37	46.43	300m: 4:25.02	46.36	400m: 5:59.80	46.27	
9.	Ricardo Silva, Reis	09	S9	A,3,5,12+	Assoc Desporto Adaptado Porto	5:53.92	355	-
	50m: 36.64 36.64	150m: 2:02.09	43.50	250m: 3:32.97	46.59	350m: 5:08.04	47.35	
	100m: 1:18.59 41.95	200m: 2:46.38	44.29	300m: 4:20.69	47.72	400m: 5:53.92	45.88	
10.	Levi Daniel, Nascimento	99	S14		O2-Portimao	5:59.74	328	-
	50m: 37.71 37.71	150m: 2:04.37	44.43	250m: 3:36.37	47.00	350m: 5:12.49	48.42	
	100m: 1:19.94 42.23	200m: 2:49.37	45.00	300m: 4:24.07	47.70	400m: 5:59.74	47.25	
11.	Jose Carneirinho, Ribeiro	90	S14		Sporting	6:21.84	274	-
	50m: 39.73 39.73	150m: 2:19.22	51.23	250m: 3:59.03	50.61	350m: 5:36.67	48.80	
	100m: 1:27.99 48.26	200m: 3:08.42	49.20	300m: 4:47.87	48.84	400m: 6:21.84	45.17	
12.	Francisco Santos, Pinheiro	02	S6	A,3,5,12+	Feira Viva	7:21.68	295	-
	50m: 45.85 45.85	150m: 2:35.72	56.55	250m: 4:30.03	57.55	350m: 6:26.28	58.10	
	100m: 1:39.17 53.32	200m: 3:32.48	56.76	300m: 5:28.18	58.15	400m: 7:21.68	55.40	

Classe S15-Absolutos

1.	Ricardo Andrade, Belezas	91	S15	H	Clube Futebol Os Belenenses	4:27.84		9,00
	50m: 30.41 30.41	150m: 1:37.29	33.69	250m: 2:46.21	34.48	350m: 3:54.64	34.09	
	100m: 1:03.60 33.19	200m: 2:11.73	34.44	300m: 3:20.55	34.34	400m: 4:27.84	33.20	

Classe S17-Absolutos

1.	Joaquim Eduardo, Carvalho	07	S17		Naval Do Funchal	5:05.62		9,00
	50m: 33.53 33.53	150m: 1:49.06	38.32	250m: 3:07.69	39.40	350m: 4:27.26	39.78	
	100m: 1:10.74 37.21	200m: 2:28.29	39.23	300m: 3:47.48	39.79	400m: 5:05.62	38.36	
2.	David Silva, Paiva	04	S17		Fcp	5:39.49		7,00
	50m: 38.44 38.44	150m: 2:03.80	43.07	250m: 3:30.39	43.29	350m: 4:56.99	43.69	
	100m: 1:20.73 42.29	200m: 2:47.10	43.30	300m: 4:13.30	42.91	400m: 5:39.49	42.50	
3.	Pedro Fernandes, Manito	02	S17	A	Palmela Desporto	6:11.74		6,00
	50m: 41.26 41.26	150m: 2:13.87	47.51	250m: 3:48.26	47.68	350m: 5:23.68	47.66	
	100m: 1:26.36 45.10	200m: 3:00.58	46.71	300m: 4:36.02	47.76	400m: 6:11.74	48.06	

Classe S21-Absolutos

1.	Francisco Pessanha, Montes	02	S21		Assoc Desporto Adaptado Porto	6:05.06		9,00
	50m: 39.93 39.93	150m: 2:09.26	45.80	250m: 3:44.69	47.78	350m: 5:18.47	46.98	
	100m: 1:23.46 43.53	200m: 2:56.91	47.65	300m: 4:31.49	46.80	400m: 6:05.06	46.59	
2.	Diogo Lopes, Gomes	96	S21		Feira Viva	6:22.64		7,00
	50m: 41.77 41.77	150m: 2:16.87	48.17	250m: 3:57.27	48.96	350m: 5:36.39	50.63	
	100m: 1:28.70 46.93	200m: 3:08.31	51.44	300m: 4:45.76	48.49	400m: 6:22.64	46.25	
3.	Joel Alexandre, Pereira	92	S21		APC Coimbra	8:00.03		6,00
	50m: 51.45 51.45	150m: 2:54.23	1:02.97	250m: 4:57.26	1:01.87	350m: 7:03.06	1:03.00	
	100m: 1:51.26 59.81	200m: 3:55.39	1:01.16	300m: 6:00.06	1:02.80	400m: 8:00.03	56.97	

Prova 2, Masc., 400m Livres

Classe S7-Seniores

1. Ricardo Aderneira, Soares	99	S7	A,3,5,12+	Gesloures	5:04.97	720	7,00				
<i>Rec Nacional Classe S7</i>											
50m:	35.59	35.59	150m:	1:51.74	38.28	250m:	3:09.27	38.58	350m:	4:26.72	38.74
100m:	1:13.46	37.87	200m:	2:30.69	38.95	300m:	3:47.98	38.71	400m:	5:04.97	38.25
2. Francisco Santos, Pinheiro	02	S6	A,3,5,12+	Feira Viva	7:21.68	295	-				
50m:	45.85	45.85	150m:	2:35.72	56.55	250m:	4:30.03	57.55	350m:	6:26.28	58.10
100m:	1:39.17	53.32	200m:	3:32.48	56.76	300m:	5:28.18	58.15	400m:	7:21.68	55.40

Classe S8-Seniores

1. Rafael Ramirez, Picoto	05	S8	A,H,3,5,12+	Sporting	5:30.55	518	4,00				
50m:	35.28	35.28	150m:	1:54.86	40.64	250m:	3:20.03	43.12	350m:	4:48.20	44.37
100m:	1:14.22	38.94	200m:	2:36.91	42.05	300m:	4:03.83	43.80	400m:	5:30.55	42.35
2. Rodolfo Francisco, Castanheira	01	S8	9	Gesloures	5:59.80	401	1,00				
50m:	38.87	38.87	150m:	2:06.94	45.58	250m:	3:38.66	45.29	350m:	5:13.53	48.51
100m:	1:21.36	42.49	200m:	2:53.37	46.43	300m:	4:25.02	46.36	400m:	5:59.80	46.27

Classe S9-Esperanças

1. Gil Mota, Mendes	09	S9	3,5	Carregal do Sal	5:15.77	499	3,00				
50m:	31.67	31.67	150m:	1:47.51	39.98	250m:	3:11.60	42.44	350m:	4:35.41	40.76
100m:	1:07.53	35.86	200m:	2:29.16	41.65	300m:	3:54.65	43.05	400m:	5:15.77	40.36
2. Ricardo Silva, Reis	09	S9	A,3,5,12+	Assoc Desporto Adaptado Porto	5:53.92	355	-				
50m:	36.64	36.64	150m:	2:02.09	43.50	250m:	3:32.97	46.59	350m:	5:08.04	47.35
100m:	1:18.59	41.95	200m:	2:46.38	44.29	300m:	4:20.69	47.72	400m:	5:53.92	45.88

Classe S10-Seniores

1. Joao Matos, Fidalgo	03	S10	1	Gesloures	4:30.64	705	6,00				
50m:	31.09	31.09	150m:	1:38.76	33.95	250m:	2:48.49	35.00	350m:	3:57.23	34.01
100m:	1:04.81	33.72	200m:	2:13.49	34.73	300m:	3:23.22	34.73	400m:	4:30.64	33.41

Classe S11-Seniores

1. Marco Ribeiro, Meneses	01	S11	T	O Crasto	4:50.26	806	9,00				
50m:	31.76	31.76	150m:	1:44.58	36.74	250m:	2:58.25	36.77	350m:	4:13.80	38.21
100m:	1:07.84	36.08	200m:	2:21.48	36.90	300m:	3:35.59	37.34	400m:	4:50.26	36.46

Classe S14-Seniores

1. Samuel Lima, Duarte	04	S14		Feira Viva	4:40.53	691	5,00				
<i>Rec Nacional Classe S14</i>											
50m:	31.08	31.08	150m:	1:41.89	35.85	250m:	2:54.19	36.35	350m:	4:06.57	35.79
100m:	1:06.04	34.96	200m:	2:17.84	35.95	300m:	3:30.78	36.59	400m:	4:40.53	33.96
2. Simao Pedro, Rocha	06	S14		Aquatico Pacense	5:34.30	408	2,00				
50m:	35.50	35.50	150m:	1:58.82	42.64	250m:	3:24.88	43.13	350m:	4:52.35	43.65
100m:	1:16.18	40.68	200m:	2:41.75	42.93	300m:	4:08.70	43.82	400m:	5:34.30	41.95
3. Levi Daniel, Nascimento	99	S14		O2-Portimao	5:59.74	328	-				
50m:	37.71	37.71	150m:	2:04.37	44.43	250m:	3:36.37	47.00	350m:	5:12.49	48.42
100m:	1:19.94	42.23	200m:	2:49.37	45.00	300m:	4:24.07	47.70	400m:	5:59.74	47.25

Prova 2, Masc., 400m Livres, Classe S14-Seniores

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	WPS	Pts
4.	Jose Carneirinho, Ribeiro	90	S14		Sporting	6:21.84	274	-
	50m: 39.73 39.73	150m: 2:19.22	51.23	250m: 3:59.03	50.61	350m: 5:36.67	48.80	
	100m: 1:27.99 48.26	200m: 3:08.42	49.20	300m: 4:47.87	48.84	400m: 6:21.84	45.17	

Classe S15-Seniores

1.	Ricardo Andrade, Belezas	91	S15	H	Clube Futebol Os Belenenses	4:27.84		9,00
	50m: 30.41 30.41	150m: 1:37.29	33.69	250m: 2:46.21	34.48	350m: 3:54.64	34.09	
	100m: 1:03.60 33.19	200m: 2:11.73	34.44	300m: 3:20.55	34.34	400m: 4:27.84	33.20	

Classe S17-Seniores

1.	Joaquim Eduardo, Carvalho	07	S17		Naval Do Funchal	5:05.62		9,00
	50m: 33.53 33.53	150m: 1:49.06	38.32	250m: 3:07.69	39.40	350m: 4:27.26	39.78	
	100m: 1:10.74 37.21	200m: 2:28.29	39.23	300m: 3:47.48	39.79	400m: 5:05.62	38.36	
2.	David Silva, Paiva	04	S17		Fcp	5:39.49		7,00
	50m: 38.44 38.44	150m: 2:03.80	43.07	250m: 3:30.39	43.29	350m: 4:56.99	43.69	
	100m: 1:20.73 42.29	200m: 2:47.10	43.30	300m: 4:13.30	42.91	400m: 5:39.49	42.50	
3.	Pedro Fernandes, Manito	02	S17	A	Palmela Desporto	6:11.74		6,00
	50m: 41.26 41.26	150m: 2:13.87	47.51	250m: 3:48.26	47.68	350m: 5:23.68	47.66	
	100m: 1:26.36 45.10	200m: 3:00.58	46.71	300m: 4:36.02	47.76	400m: 6:11.74	48.06	

Classe S21-Seniores

1.	Francisco Pessanha, Montes	02	S21		Assoc Desporto Adaptado Porto	6:05.06		9,00
	50m: 39.93 39.93	150m: 2:09.26	45.80	250m: 3:44.69	47.78	350m: 5:18.47	46.98	
	100m: 1:23.46 43.53	200m: 2:56.91	47.65	300m: 4:31.49	46.80	400m: 6:05.06	46.59	
2.	Diogo Lopes, Gomes	96	S21		Feira Viva	6:22.64		7,00
	50m: 41.77 41.77	150m: 2:16.87	48.17	250m: 3:57.27	48.96	350m: 5:36.39	50.63	
	100m: 1:28.70 46.93	200m: 3:08.31	51.44	300m: 4:45.76	48.49	400m: 6:22.64	46.25	
3.	Joel Alexandre, Pereira	92	S21		APC Coimbra	8:00.03		6,00
	50m: 51.45 51.45	150m: 2:54.23	1:02.97	250m: 4:57.26	1:01.87	350m: 7:03.06	1:03.00	
	100m: 1:51.26 59.81	200m: 3:55.39	1:01.16	300m: 6:00.06	1:02.80	400m: 8:00.03	56.97	