

Campeonatos Nacionais de Clubes 1.ª Divisão
Albufeira, 21 - 22/12/2024

Prova 2	Masc., 400m Livres				1ª Divisão MASC
21/12/2024 - 9:40					Resultados
RN Open	3:42.57	Jose Paulo, Lopes	POR	Abu Dhabi (UAE)	16/12/2021
RN Sen	3:42.57	Jose Paulo, Lopes	POR	Abu Dhabi (UAE)	16/12/2021
RN Jun 18	3:50.52	Adriano Miguel, Niz	CFV	Fafe	26/06/2004
RN Jun 17	3:52.60	Rui Silva, Pereira	ADRCIMM	Tomar	14/12/2024
RN Juv A	3:58.45	Rui Silva, Pereira	ADRCIMM	Sines	17/12/2023
RN Juv B	4:01.42	Rui Silva, Pereira	POR	Tomar	15/01/2023
RN Inf A	4:12.35	Andre Vilas, Ruivo	DNMG	Campo Maior	29/03/2014
RN Inf B	4:21.95	Pedro Fontoura, Oliveira	CFB	Santarém	04/04/2003

Lugar	Nome	Ano	Licença	Clube	Tempo Final	Pts
1.	Gustavo Carvalhais, Ribeiro	03	121864	Benfica	3:51.72	16,00
	50m: 26.60 26.60	150m: 1:25.42 29.61	250m: 2:24.84 29.15	350m: 3:22.70 28.69		
	100m: 55.81 29.21	200m: 1:55.69 30.27	300m: 2:54.01 29.17	400m: 3:51.72 29.02		
2.	Francisco Rodriguez, Amaral	02	122608	Porto	3:52.87	14,00
	50m: 26.36 26.36	150m: 1:25.80 30.08	250m: 2:25.04 29.43	350m: 3:23.75 29.30		
	100m: 55.72 29.36	200m: 1:55.61 29.81	300m: 2:54.45 29.41	400m: 3:52.87 29.12		
3.	Lucas Pereira, Bastos	00	117492	Cnac	3:53.92	13,00
	50m: 27.13 27.13	150m: 1:25.79 29.72	250m: 2:24.84 29.21	350m: 3:24.22 29.80		
	100m: 56.07 28.94	200m: 1:55.63 29.84	300m: 2:54.42 29.58	400m: 3:53.92 29.70		
4.	Filipe Manso, Laranja	07	202281	Sporting Clube de Braga	3:55.74	12,00
	50m: 26.64 26.64	150m: 1:26.33 30.10	250m: 2:27.13 30.34	350m: 3:26.69 29.75		
	100m: 56.23 29.59	200m: 1:56.79 30.46	300m: 2:56.94 29.81	400m: 3:55.74 29.05		
5.	Bernardo Jorge, Simoes	04	130250	Clube Futebol Os Belenenses	3:56.60	11,00
	50m: 27.16 27.16	150m: 1:26.61 30.11	250m: 2:26.98 30.03	350m: 3:27.09 29.83		
	100m: 56.50 29.34	200m: 1:56.95 30.34	300m: 2:57.26 30.28	400m: 3:56.60 29.51		
6.	Fernando, Roldan Cabeza	09	220141	Louletano / Loule Aqui e Agora	3:57.97	10,00
	50m: 25.91 25.91	150m: 1:26.08 30.22	250m: 2:25.99 29.82	350m: 3:27.54 30.88		
	100m: 55.86 29.95	200m: 1:56.17 30.09	300m: 2:56.66 30.67	400m: 3:57.97 30.43		
7.	Pedro Bethlem, Tigre	06	208305	Sporting	3:58.73	9,00
	50m: 26.51 26.51	150m: 1:25.92 30.06	250m: 2:26.17 30.04	350m: 3:28.57 31.43		
	100m: 55.86 29.35	200m: 1:56.13 30.21	300m: 2:57.14 30.97	400m: 3:58.73 30.16		
8.	Lorenzo, Zagli	94	216072	Naval Do Funchal	3:59.98	8,00
	50m: 28.03 28.03	150m: 1:27.96 30.21	250m: 2:28.70 30.37	350m: 3:29.66 30.44		
	100m: 57.75 29.72	200m: 1:58.33 30.37	300m: 2:59.22 30.52	400m: 3:59.98 30.32		
9.	Jose Paula, Carvalho	98	111450	Uniao Piedense	4:01.69	7,00
	50m: 26.63 26.63	150m: 1:26.21 30.30	250m: 2:27.98 30.92	350m: 3:30.96 31.56		
	100m: 55.91 29.28	200m: 1:57.06 30.85	300m: 2:59.40 31.42	400m: 4:01.69 30.73		
10.	Nicolas Filip, Montfort	05	217266	Sport Alges e Dafundo	4:01.98	6,00
	50m: 26.84 26.84	150m: 1:26.77 30.34	250m: 2:28.35 30.84	350m: 3:31.01 31.22		
	100m: 56.43 29.59	200m: 1:57.51 30.74	300m: 2:59.79 31.44	400m: 4:01.98 30.97		
11.	Afonso Carvalho, Silva	05	130127	Famalicao	4:03.17	5,00
	50m: 27.15 27.15	150m: 1:27.93 30.72	250m: 2:30.24 30.99	350m: 3:32.62 31.22		
	100m: 57.21 30.06	200m: 1:59.25 31.32	300m: 3:01.40 31.16	400m: 4:03.17 30.55		
12.	Martim Cunha, Macedo	09	204594	Natacao da Maia	4:03.54	4,00
	50m: 27.43 27.43	150m: 1:27.57 30.40	250m: 2:29.84 31.19	350m: 3:32.91 31.36		
	100m: 57.17 29.74	200m: 1:58.65 31.08	300m: 3:01.55 31.71	400m: 4:03.54 30.63		
13.	Joao Nogueira, Costa	01	124315	Vitoria Sport Clube	4:05.30	3,00
	50m: 27.01 27.01	150m: 1:27.55 30.71	250m: 2:30.26 31.38	350m: 3:34.25 31.39		
	100m: 56.84 29.83	200m: 1:58.88 31.33	300m: 3:02.86 32.60	400m: 4:05.30 31.05		
14.	Filipe Silva, Ribeiro	05	132090	Leixoes Sport Clube	4:05.72	2,00
	50m: 26.33 26.33	150m: 1:26.63 30.55	250m: 2:28.99 31.25	350m: 3:32.75 32.20		
	100m: 56.08 29.75	200m: 1:57.74 31.11	300m: 3:00.55 31.56	400m: 4:05.72 32.97		
15.	Eduardo Miguel, Lima	08	201133	Foca Quinta Da Lixa - Cnf	4:10.74	1,00
	50m: 27.17 27.17	150m: 1:28.34 31.25	250m: 2:32.68 31.88	350m: 3:38.34 32.88		
	100m: 57.09 29.92	200m: 2:00.80 32.46	300m: 3:05.46 32.78	400m: 4:10.74 32.40		