

Prova 19 1ª Divisão FEM
22/12/2024 - 9:00 Resultados

Prova	Tempo	Nome	País	Clube	Data
RN Open	8:20.97	Diana Margarida, Duraes	POR	Glasgow (GBR)	04/12/2019
RN Sen	8:20.97	Diana Margarida, Duraes	POR	Glasgow (GBR)	04/12/2019
RN Jun 18	8:30.86	Tamila Hryhorivna, Holub	SCB	Moscovo (RUS)	03/08/2017
RN Jun 17	8:32.83	Tamila Hryhorivna, Holub	SCB	Porto	13/12/2015
RN Jun 16	8:45.41	Tamila Hryhorivna, Holub	SCB	Porto	21/12/2014
RN Juv A	8:46.74	Ana Claudia, Santos	SFUAP	Cantanhede	19/12/2004
RN Juv B	9:00.27	Alexandra Maria, Silva	FCP	Antibes (FRA)	20/12/1980
RN Inf A	9:03.90	Alexandra Maria, Silva	FCP	Porto	13/07/1980
RN Inf B	9:33.95	Filipa Vilas, Ruivo	DNMG	Nazaré	16/05/2009

Lugar	Nome	Ano	Licença	Clube	Tempo Final	Pts
1.	Mariana Amaral, Mendes	02	123959	Sporting	8:40.60	16,00 -
	100m: 1:03.34 1:03.34	300m: 3:14.30 1:05.32	500m: 5:25.75 1:05.68	700m: 7:36.59 1:05.19		
	200m: 2:08.98 1:05.64	400m: 4:20.07 1:05.77	600m: 6:31.40 1:05.65	800m: 8:40.60 1:04.01		
2.	Daniela Magalhaes, Lopes	05	130098	Porto	9:07.13	14,00 -
	100m: 1:03.84 1:03.84	300m: 3:19.86 1:08.69	500m: 5:37.63 1:09.25	700m: 7:57.67 1:10.31		
	200m: 2:11.17 1:07.33	400m: 4:28.38 1:08.52	600m: 6:47.36 1:09.73	800m: 9:07.13 1:09.46		
3.	Carolina Esteves, Peixoto	06	133308	Sporting Clube de Braga	9:16.90	13,00 -
	100m: 1:05.83 1:05.83	300m: 3:25.96 1:10.27	500m: 5:47.16 1:10.50	700m: 8:08.07 1:10.50		
	200m: 2:15.69 1:09.86	400m: 4:36.66 1:10.70	600m: 6:57.57 1:10.41	800m: 9:16.90 1:08.83		
4.	Camila Duarte, Marcelo	10	208416	Condeixa Aqua Clube	9:18.14	12,00 -
	100m: 1:04.16 1:04.16	300m: 3:21.50 1:08.97	500m: 5:43.42 1:11.52	700m: 8:07.39 1:12.05		
	200m: 2:12.53 1:08.37	400m: 4:31.90 1:10.40	600m: 6:55.34 1:11.92	800m: 9:18.14 1:10.75		
5.	Matilde Nunes, Lopes	06	201711	Benfica	9:23.12	11,00 -
	100m: 1:06.10 1:06.10	300m: 3:27.01 1:10.70	500m: 5:48.38 1:10.62	700m: 8:11.88 1:12.17		
	200m: 2:16.31 1:10.21	400m: 4:37.76 1:10.75	600m: 6:59.71 1:11.33	800m: 9:23.12 1:11.24		
6.	Marta Lima, Pimentel	04	130230	Colegio Efanor	9:28.59	10,00 -
	100m: 1:06.92 1:06.92	300m: 3:30.01 1:12.00	500m: 5:53.99 1:11.97	700m: 8:18.20 1:12.29		
	200m: 2:18.01 1:11.09	400m: 4:42.02 1:12.01	600m: 7:05.91 1:11.92	800m: 9:28.59 1:10.39		
7.	Ana Rita, Matos	02	127501	Clube Futebol Os Belenenses	9:32.54	9,00 -
	100m: 1:06.70 1:06.70	300m: 3:28.88 1:11.52	500m: 5:53.85 1:12.64	700m: 8:20.49 1:13.36		
	200m: 2:17.36 1:10.66	400m: 4:41.21 1:12.33	600m: 7:07.13 1:13.28	800m: 9:32.54 1:12.05		
8.	Ines Martins, Silva	04	127134	Vilacondense	9:33.00	8,00 -
	100m: 1:04.99 1:04.99	300m: 3:28.42 1:12.14	500m: 5:54.85 1:13.14	700m: 8:21.41 1:13.10		
	200m: 2:16.28 1:11.29	400m: 4:41.71 1:13.29	600m: 7:08.31 1:13.46	800m: 9:33.00 1:11.59		
9.	Joana Almeida, Santos	09	210792	Galitos / Bresimar	9:45.61	7,00 -
	100m: 1:06.99 1:06.99	300m: 3:32.08 1:13.30	500m: 6:02.42 1:15.63	700m: 8:32.73 1:15.08		
	200m: 2:18.78 1:11.79	400m: 4:46.79 1:14.71	600m: 7:17.65 1:15.23	800m: 9:45.61 1:12.88		
10.	Cassandra Fatima, Pereira	10	219756	Gcvr	9:50.78	6,00 -
	100m: 1:09.81 1:09.81	300m: 3:38.59 1:14.79	500m: 6:08.69 1:14.82	700m: 8:39.48 1:15.22		
	200m: 2:23.80 1:13.99	400m: 4:53.87 1:15.28	600m: 7:24.26 1:15.57	800m: 9:50.78 1:11.30		
11.	Vera Franca, Jesus	11	211346	Naval Do Funchal	9:50.82	5,00 -
	100m: 1:10.27 1:10.27	300m: 3:38.82 1:14.32	500m: 6:10.70 1:15.91	700m: 8:41.11 1:15.13		
	200m: 2:24.50 1:14.23	400m: 4:54.79 1:15.97	600m: 7:25.98 1:15.28	800m: 9:50.82 1:09.71		
12.	Teresa Oliveira, Santos	08	208769	Sport Alges e Dafundo	9:54.05	4,00 -
	100m: 1:07.17 1:07.17	300m: 3:33.62 1:14.76	500m: 6:06.22 1:16.49	700m: 8:39.89 1:16.30		
	200m: 2:18.86 1:11.69	400m: 4:49.73 1:16.11	600m: 7:23.59 1:17.37	800m: 9:54.05 1:14.16		
13.	Mafalda Pinto, Sousa	08	203348	Fluval Portuense	10:04.22	3,00 -
	100m: 1:11.39 1:11.39	300m: 3:44.17 1:16.03	500m: 6:15.95 1:15.46	700m: 8:49.62 1:17.19		
	200m: 2:28.14 1:16.75	400m: 5:00.49 1:16.32	600m: 7:32.43 1:16.48	800m: 10:04.22 1:14.60		
14.	Raquel Alexandra, Cancela	09	144935	Louzan Natacao/EFAPEL	10:17.03	2,00 -
	100m: 1:07.97 1:07.97	300m: 3:37.91 1:16.02	500m: 6:16.67 1:20.01	700m: 8:58.15 1:20.47		
	200m: 2:21.89 1:13.92	400m: 4:56.66 1:18.75	600m: 7:37.68 1:21.01	800m: 10:17.03 1:18.88		

Prova 19, Femin., 800m Livres, 1ª Divisão FEM

Lugar	Nome	Ano	Licença	Clube	Tempo Final	Pts						
15.	Ana Rita, Ribau	95	102808	Gafanha da Encarnacao	10:43.96	1,00 -						
	100m:	1:13.64	1:13.64	300m:	3:54.49	1:21.10	500m:	6:37.62	1:21.69	700m:	9:22.89	1:22.60
	200m:	2:33.39	1:19.75	400m:	5:15.93	1:21.44	600m:	8:00.29	1:22.67	800m:	10:43.96	1:21.07