

Prova 33
15/12/2024 - 16:15

Femin., 800m Livres

Absolutos
Resultados

RN25 Open	8:20.97	Diana Margarida, Duraes	POR	Glasgow (GBR)	04/12/2019
RN25 Sen	8:20.97	Diana Margarida, Duraes	POR	Glasgow (GBR)	04/12/2019
RN25 Jun18	8:30.86	Tamila Hryhorivna, Holub	SCB	Moscovo (RUS)	03/08/2017
RN25 Jun17	8:32.83	Tamila Hryhorivna, Holub	SCB	Porto	13/12/2015
RN25 Jun16	8:45.41	Tamila Hryhorivna, Holub	SCB	Porto	21/12/2014

Pontos: AQUA 2024

Lugar	Nome	Ano	Clube	Tempo Final	TReac	AQUA
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Seniores

1.	Joana Nunes, Cardeal	02	Condeixa Aqua Clube	8:42.72	+0,76	761
	100m: 1:03.58 1:03.58	300m: 3:16.53 1:06.28	500m: 5:27.80 1:04.91	700m: 7:39.57 1:05.82		
	200m: 2:10.25 1:06.67	400m: 4:22.89 1:06.36	600m: 6:33.75 1:05.95	800m: 8:42.72 1:03.15		
2.	Angelica Maria, Andre	94	Porto	8:45.24	+0,73	750
	100m: 1:03.90 1:03.90	300m: 3:17.51 1:06.70	500m: 5:30.83 1:06.30	700m: 7:42.28 1:05.62		
	200m: 2:10.81 1:06.91	400m: 4:24.53 1:07.02	600m: 6:36.66 1:05.83	800m: 8:45.24 1:02.96		
3.	Mariana Amaral, Mendes	02	Sporting	8:46.29	+0,76	746
	100m: 1:04.26 1:04.26	300m: 3:18.04 1:06.76	500m: 5:30.98 1:06.41	700m: 7:42.29 1:05.43		
	200m: 2:11.28 1:07.02	400m: 4:24.57 1:06.53	600m: 6:36.86 1:05.88	800m: 8:46.29 1:04.00		
4.	Daniela Magalhaes, Lopes	05	Porto	8:48.78	+0,77	735
	100m: 1:04.08 1:04.08	300m: 3:17.97 1:06.99	500m: 5:30.53 1:05.94	700m: 7:42.75 1:06.08		
	200m: 2:10.98 1:06.90	400m: 4:24.59 1:06.62	600m: 6:36.67 1:06.14	800m: 8:48.78 1:06.03		
5.	Maria Ferreira, Moura	04	Sporting	8:53.57	+0,76	716
	100m: 1:04.05 1:04.05	300m: 3:18.01 1:06.88	500m: 5:32.04 1:07.02	700m: 7:46.68 1:07.41		
	200m: 2:11.13 1:07.08	400m: 4:25.02 1:07.01	600m: 6:39.27 1:07.23	800m: 8:53.57 1:06.89		
6.	Mafalda Sofia, Rosa	03	Academico Viseu Futebol Cl	8:56.45	+0,74	704
	100m: 1:03.93 1:03.93	300m: 3:18.26 1:07.26	500m: 5:32.60 1:07.22	700m: 7:48.09 1:07.93		
	200m: 2:11.00 1:07.07	400m: 4:25.38 1:07.12	600m: 6:40.16 1:07.56	800m: 8:56.45 1:08.36		
7.	Maria Ornelas, Armas	98	Clube Oriental de Lisboa	9:03.16	+0,79	679
	100m: 1:05.07 1:05.07	300m: 3:20.30 1:07.90	500m: 5:37.64 1:08.72	700m: 7:55.24 1:08.87		
	200m: 2:12.40 1:07.33	400m: 4:28.92 1:08.62	600m: 6:46.37 1:08.73	800m: 9:03.16 1:07.92		
8.	Helena Nunes, Rodrigues	03	Condeixa Aqua Clube	9:06.72	+0,74	665
	100m: 1:04.36 1:04.36	300m: 3:22.04 1:08.68	500m: 5:39.44 1:08.45	700m: 7:59.01 1:09.73		
	200m: 2:13.36 1:09.00	400m: 4:30.99 1:08.95	600m: 6:49.28 1:09.84	800m: 9:06.72 1:07.71		
9.	Francisca Macedo, Lopes	05	Vilacondense	9:17.02	+0,75	629
	100m: 1:05.32 1:05.32	300m: 3:23.64 1:09.40	500m: 5:44.63 1:10.52	700m: 8:06.42 1:11.08		
	200m: 2:14.24 1:08.92	400m: 4:34.11 1:10.47	600m: 6:55.34 1:10.71	800m: 9:17.02 1:10.60		
10.	Beatriz Paulo, Ranito	99	Gesloures	9:18.40		624
	100m: 1:04.44 1:04.44	300m: 3:25.57 1:10.88	500m: 5:47.50 1:10.71	700m: 8:09.74 1:11.03		
	200m: 2:14.69 1:10.25	400m: 4:36.79 1:11.22	600m: 6:58.71 1:11.21	800m: 9:18.40 1:08.66		
11.	Carolina Esteves, Peixoto	06	Sporting Clube de Braga	9:19.42	+0,70	621
	100m: 1:05.73 1:05.73	300m: 3:25.25 1:10.08	500m: 5:45.99 1:10.39	700m: 8:09.20 1:11.88		
	200m: 2:15.17 1:09.44	400m: 4:35.60 1:10.35	600m: 6:57.32 1:11.33	800m: 9:19.42 1:10.22		
12.	Alice Jesus, Morgado	04	Sporting	9:25.57	+0,75	601
	100m: 1:05.19 1:05.19	300m: 3:24.46 1:10.33	500m: 5:47.86 1:11.90	700m: 8:13.21 1:12.99		
	200m: 2:14.13 1:08.94	400m: 4:35.96 1:11.50	600m: 7:00.22 1:12.36	800m: 9:25.57 1:12.36		

Prova 33, Femin., 800m Livres, Seniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	AQUA
13.	Marta Lima, Pimentel	04	Colegio Efanor	9:30.31		586
	100m: 1:07.92 1:07.92	300m: 3:31.01 1:11.81	500m: 5:55.29 1:11.97	700m: 8:19.80 1:11.88		
	200m: 2:19.20 1:11.28	400m: 4:43.32 1:12.31	600m: 7:07.92 1:12.63	800m: 9:30.31 1:10.51		
14.	Ines Martins, Silva	04	Vilacondense	9:32.07	+0,78	581
	100m: 1:07.30 1:07.30	300m: 3:30.55 1:11.76	500m: 5:56.01 1:12.77	700m: 8:21.45 1:12.65		
	200m: 2:18.79 1:11.49	400m: 4:43.24 1:12.69	600m: 7:08.80 1:12.79	800m: 9:32.07 1:10.62		
15.	Rita Sofia, Nunes	05	Colegio Efanor	9:36.31	+0,82	568
	100m: 1:06.72 1:06.72	300m: 3:31.14 1:12.41	500m: 5:57.29 1:12.95	700m: 8:24.82 1:13.65		
	200m: 2:18.73 1:12.01	400m: 4:44.34 1:13.20	600m: 7:11.17 1:13.88	800m: 9:36.31 1:11.49		

Juniores

1.	Leonor Castanho, Santos	07	Sporting	9:10.43	+0,72	652
	100m: 1:04.39 1:04.39	300m: 3:22.00 1:09.21	500m: 5:41.49 1:09.67	700m: 8:01.72 1:10.09		
	200m: 2:12.79 1:08.40	400m: 4:31.82 1:09.82	600m: 6:51.63 1:10.14	800m: 9:10.43 1:08.71		
2.	Matilde Violante, Viana	07	CNLeiria - VOID	9:12.28	+0,86	645
	100m: 1:04.18 1:04.18	300m: 3:23.21 1:09.84	500m: 5:43.65 1:10.04	700m: 8:03.43 1:10.01		
	200m: 2:13.37 1:09.19	400m: 4:33.61 1:10.40	600m: 6:53.42 1:09.77	800m: 9:12.28 1:08.85		
3.	Carolina Vizinho, Cabral	07	Cn Vagos	9:13.70	+0,78	641
	100m: 1:04.90 1:04.90	300m: 3:24.55 1:10.08	500m: 5:44.69 1:10.10	700m: 8:06.46 1:11.03		
	200m: 2:14.47 1:09.57	400m: 4:34.59 1:10.04	600m: 6:55.43 1:10.74	800m: 9:13.70 1:07.24		
4.	Beatriz Silva, Louro	07	Louletano / Loule Aqui e Agc	9:15.67	+0,67	634
	100m: 1:03.90 1:03.90	300m: 3:22.12 1:09.42	500m: 5:43.64 1:11.04	700m: 8:06.09 1:11.15		
	200m: 2:12.70 1:08.80	400m: 4:32.60 1:10.48	600m: 6:54.94 1:11.30	800m: 9:15.67 1:09.58		
5.	Luana Ferreira, Craveiro	09	Nautico Marinha Grande	9:18.34	+0,69	625
	100m: 1:04.66 1:04.66	300m: 3:24.90 1:10.57	500m: 5:45.05 1:09.99	700m: 8:08.00 1:11.79		
	200m: 2:14.33 1:09.67	400m: 4:35.06 1:10.16	600m: 6:56.21 1:11.16	800m: 9:18.34 1:10.34		
6.	Maria Carvalho, Pinto	09	Viana Natacao	9:26.74	+0,92	597
	100m: 1:05.64 1:05.64	300m: 3:27.06 1:11.14	500m: 5:50.62 1:11.93	700m: 8:15.87 1:12.66		
	200m: 2:15.92 1:10.28	400m: 4:38.69 1:11.63	600m: 7:03.21 1:12.59	800m: 9:26.74 1:10.87		
7.	Sara Sofia, Alves	07	Palmela Desporto	9:26.99	+0,75	597
	100m: 1:05.56 1:05.56	300m: 3:27.77 1:11.83	500m: 5:51.73 1:12.00	700m: 8:16.80 1:12.26		
	200m: 2:15.94 1:10.38	400m: 4:39.73 1:11.96	600m: 7:04.54 1:12.81	800m: 9:26.99 1:10.19		
8.	Alana Costa, Matias	09	Cnac	9:28.63	+0,76	591
	100m: 1:05.42 1:05.42	300m: 3:28.10 1:11.82	500m: 5:52.79 1:12.19	700m: 8:18.42 1:13.01		
	200m: 2:16.28 1:10.86	400m: 4:40.60 1:12.50	600m: 7:05.41 1:12.62	800m: 9:28.63 1:10.21		
9.	Margarida Maria, Luiz	08	Lagoa Academico Clube	9:29.34	+0,75	589
	100m: 1:07.54 1:07.54	300m: 3:30.68 1:11.88	500m: 5:55.20 1:12.15	700m: 8:19.87 1:12.09		
	200m: 2:18.80 1:11.26	400m: 4:43.05 1:12.37	600m: 7:07.78 1:12.58	800m: 9:29.34 1:09.47		
10.	Marta Andre, Aguilar	07	Cnac	9:30.65	+0,75	585
	100m: 1:07.07 1:07.07	300m: 3:31.44 1:12.87	500m: 5:55.87 1:12.67	700m: 8:21.07 1:12.85		
	200m: 2:18.57 1:11.50	400m: 4:43.20 1:11.76	600m: 7:08.22 1:12.35	800m: 9:30.65 1:09.58		
11.	Diana Gomes, Freitas	08	Amigos da Montanha	9:35.77	+0,79	570
	100m: 1:06.90 1:06.90	300m: 3:31.04 1:12.18	500m: 5:57.59 1:13.61	700m: 8:24.65 1:13.53		
	200m: 2:18.86 1:11.96	400m: 4:43.98 1:12.94	600m: 7:11.12 1:13.53	800m: 9:35.77 1:11.12		

Prova 33, Femin., 800m Livres, Juniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	AQUA
12.	Teresa Oliveira, Santos	08	Sport Alges e Dafundo	9:39.48	+0,72	559
	100m: 1:08.42 1:08.42	300m: 3:32.69 1:12.80	500m: 5:59.87 1:13.94	700m: 8:28.63 1:14.26		
	200m: 2:19.89 1:11.47	400m: 4:45.93 1:13.24	600m: 7:14.37 1:14.50	800m: 9:39.48 1:10.85		
13.	Catarina Alexandra, Alves	07	Gesloures	9:43.12	+0,70	548
	100m: 1:08.62 1:08.62	300m: 3:35.61 1:13.54	500m: 6:03.00 1:13.45	700m: 8:30.55 1:14.05		
	200m: 2:22.07 1:13.45	400m: 4:49.55 1:13.94	600m: 7:16.50 1:13.50	800m: 9:43.12 1:12.57		
14.	Constanca Baptista, Tomas	09	Alcobaca	9:44.43	+0,73	545
	100m: 1:08.01 1:08.01	300m: 3:34.13 1:13.11	500m: 6:03.05 1:14.93	700m: 8:32.74 1:14.73		
	200m: 2:21.02 1:13.01	400m: 4:48.12 1:13.99	600m: 7:18.01 1:14.96	800m: 9:44.43 1:11.69		
15.	Raquel Campos, Cardoso	09	Bombeiros de Ponta Delgada	9:52.05	+0,74	524
	100m: 1:08.87 1:08.87	300m: 3:35.58 1:13.76	500m: 6:02.53 1:13.27	700m: 8:34.21 1:17.69		
	200m: 2:21.82 1:12.95	400m: 4:49.26 1:13.68	600m: 7:16.52 1:13.99	800m: 9:52.05 1:17.84		
16.	Madalena Valente, Moreira	09	Colegio Efanor	10:09.40	+0,82	480
	100m: 1:08.28 1:08.28	300m: 3:38.16 1:15.02	500m: 6:13.87 1:19.12	700m: 8:52.17 1:17.60		
	200m: 2:23.14 1:14.86	400m: 4:54.75 1:16.59	600m: 7:34.57 1:20.70	800m: 10:09.40 1:17.23		