

Campeonato Regional de Juvenis, Juniores e Seniores
Braga, 22 - 24/11/2024

Prova 42 Masc., 400m Livres Open
24/11/2024 - 10:35 Resultados

Rec. Reg. ANMinho Open	3:42.57	Jose Paulo Lopes	SCB	Abu Dhabi (UAE)	16/12/2021
Rec. Reg. ANMinho Sen	3:42.57	Jose Paulo Lopes	SCB	Abu Dhabi (UAE)	16/12/2021
Rec. Reg. ANMinho Jun 2	3:52.06	Jose Paulo Lopes	SCB	Porto	09/12/2017
Rec. Reg. ANMinho Jun 1	3:57.56	Filipe Manso Laranjo	EDV	Porto	29/07/2024
Rec. Reg. ANMinho Juv A	4:02.24	Jose Paulo Lopes	SCB	Ponte da Barca	30/06/2016
Rec. Reg. ANMinho Juv B	4:05.48	Jose Paulo Lopes	SCB	Braga	14/06/2015
Rec. Reg. ANMinho Inf A	4:17.89	Hugo Miguel Neves	SCB	Bragança	19/04/2016
Rec. Reg. ANMinho Inf B	4:26.63	Hugo Miguel Neves	SCB	Ponte da Barca	02/07/2015

Pontos: AQUA 2024

Lugar Ano Tempo final Pts

Infantis B

1. Joao Oliveira Silva	12	Braga	5:11.90	315
50m: 33.37 33.37	150m:	250m:	350m:	
100m: 1:11.36 37.99	200m: 2:30.90	300m: 3:51.99	400m: 5:11.90	
2. Andre Romero Costa	12	Fluvial Portuense	5:58.23	207
50m: 37.56 37.56	150m:	250m:	350m:	
100m: 1:22.21 44.65	200m: 2:55.69	300m: 4:28.65	400m: 5:58.23	
3. Daniel Marques Pinto	12	Fluvial Portuense	6:12.86	184
50m: 39.84 39.84	150m:	250m:	350m:	
100m: 1:24.47 44.63	200m: 2:59.78	300m: 4:37.49	400m: 6:12.86	

Infantis A

1. Diogo Corte-Real Alpoim	11	Viana Natacao	4:46.20	407
50m: 31.70 31.70	150m:	250m:	350m:	
100m: 1:07.53 35.83	200m: 2:20.34	300m: 3:33.34	400m: 4:46.20	
2. Jose Pedro Martins	11	Viana Natacao	5:14.37	307
50m: 34.93 34.93	150m:	250m:	350m:	
100m: 1:14.29 39.36	200m: 2:34.90	300m: 3:55.12	400m: 5:14.37	
3. Edgar Manuel Moniz	11	Fluvial Portuense	5:20.84	289
50m: 36.36 36.36	150m:	250m:	350m:	
100m: 1:16.62 40.26	200m: 2:38.62	300m: 4:00.87	400m: 5:20.84	
4. Lourenco Pinto Silva	11	Fluvial Portuense	5:28.11	270
50m: 34.42 34.42	150m:	250m:	350m:	
100m: 1:13.92 39.50	200m: 2:38.74	300m: 4:04.71	400m: 5:28.11	

Juvenis B

1. Rodrigo Almeida Marques	10	Braga	4:39.54	437
50m: 31.97 31.97	150m:	250m:	350m:	
100m: 1:07.26 35.29	200m: 2:19.71	300m: 3:29.93	400m: 4:39.54	
2. Tiago Filipe Salgueiro	10	Viana Natacao	5:02.71	344
50m: 34.93 34.93	150m:	250m:	350m:	
100m: 1:12.74 37.81	200m: 2:29.31	300m: 3:46.20	400m: 5:02.71	

Juvenis A

1. Raul Ventura Barros	09	Braga	4:30.55	482
50m: 30.69 30.69	150m:	250m:	350m:	
100m: 1:04.56 33.87	200m: 2:12.96	300m: 3:21.56	400m: 4:30.55	
2. Manuel Manso Goncalves	09	Escola Desportiva de Viana	4:45.78	409
50m: 33.50 33.50	150m:	250m:	350m:	
100m: 1:09.50 36.00	200m: 2:23.12	300m: 3:35.19	400m: 4:45.78	
3. Dinis Lima Moreno	09	Braga	4:46.52	406
50m: 31.48 31.48	150m:	250m:	350m:	
100m: 1:06.28 34.80	200m: 2:18.58	300m: 3:32.60	400m: 4:46.52	

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Juniores

1.	Filipe Manso Laranjo	07	Braga	4:11.71	599
	50m: 28.21 28.21	150m:	250m:	350m:	
	100m: 59.58 31.37	200m: 2:04.07	300m: 3:08.39	400m: 4:11.71	
2.	Afonso Miguel Nogueira	07	Braga	4:21.96	531
	50m: 30.28 30.28	150m:	250m:	350m:	
	100m: 1:03.50 33.22	200m: 2:11.16	300m: 3:17.18	400m: 4:21.96	
3.	Eduardo Sousa Saragoca	07	Viana Natacao	4:23.03	525
	50m: 30.53 30.53	150m:	250m:	350m:	
	100m: 1:02.96 32.43	200m: 2:09.60	300m: 3:16.48	400m: 4:23.03	
4.	Joao Pedro Tinoco	07	Braga	4:39.09	439
	50m: 31.28 31.28	150m:	250m:	350m:	
	100m: 1:05.26 33.98	200m: 2:14.67	300m: 3:26.53	400m: 4:39.09	
5.	Yuri Toth Aita	07	Viana Natacao	4:47.66	401
	50m: 28.62 28.62	150m:	250m:	350m:	
	100m: 1:00.31 31.69	200m: 2:06.07	300m: 3:28.84	400m: 4:47.66	

Seniores

1.	Eduardo Nuno Faria	06	Braga	4:33.64	466
	50m: 30.24 30.24	150m:	250m:	350m:	
	100m: 1:03.58 33.34	200m: 2:12.64	300m: 3:22.06	400m: 4:33.64	
2.	Pedro Morim Frasco	01	Braga	5:24.90	278
	50m: 34.60 34.60	150m:	250m:	350m:	
	100m: 1:14.87 40.27	200m: 2:39.18	300m: 4:01.94	400m: 5:24.90	

Seniores S13

1.	Pedro Morim Frasco	01	Braga	5:24.90	278
	50m: 34.60 34.60	150m:	250m:	350m:	
	100m: 1:14.87 40.27	200m: 2:39.18	300m: 4:01.94	400m: 5:24.90	