

Campeonato Regional de Juvenis, Juniores e Seniores  
Braga, 22 - 24/11/2024

Prova 32 Femin., 1500m Livres Absoluto  
23/11/2024 - 17:20 Resultados

Rec. Reg. ANMinho Open	16:11.67	Tamila Hryhorivna Holub	SCB	Porto	11/12/2015
Rec. Reg. ANMinho Sen	16:17.11	Tamila Hryhorivna Holub	SCB	Felgueiras	21/12/2018
Rec. Reg. ANMinho Jun 3	17:19.50	Vania Soares Neves	VNC	Ponte da Barca	06/07/2008
Rec. Reg. ANMinho Jun 2	16:11.67	Tamila Hryhorivna Holub	SCB	Porto	11/12/2015
Rec. Reg. ANMinho Jun 1	16:44.26	Tamila Hryhorivna Holub	SCB	Porto	19/12/2014
Rec. Reg. ANMinho Juv A	16:54.39	Tamila Hryhorivna Holub	SCB	Vila Praia de Âncora	16/03/2014
Rec. Reg. ANMinho Juv B	17:17.43	Tamila Hryhorivna Holub	SCB	Vila Praia de Âncora	30/06/2013
Rec. Reg. ANMinho Inf A	18:20.92	Vania Neves	VNC	V.N. Cerveira	19/01/2003
Rec. Reg. ANMinho Inf B	18:59.38	Diana Ramos Rocha	EDV	Vila Verde	09/07/2006

Pontos: AQUA 2024

Lugar Ano Tempo final Pts

Juvenis A

1. Ana Jose Marques	10	Braga	<b>18:49.59</b>	519
50m: 33.92 33.92	400m: 4:56.21 1:15.15	800m: 9:58.98 1:15.67	1200m: 15:03.82 1:16.82	
100m: 1:10.69 36.77	500m: 6:12.06 1:15.85	900m: 11:14.47 1:15.49	1300m: 16:20.17 1:16.35	
200m: 2:25.46 1:14.77	600m: 7:27.79 1:15.73	1000m: 12:30.71 1:16.24	1400m: 17:35.54 1:15.37	
300m: 3:41.06 1:15.60	700m: 8:43.31 1:15.52	1100m: 13:47.00 1:16.29	1500m: 18:49.59 1:14.05	

Juniores

1. Diana Gomes Freitas	08	Amigos da Montanha	<b>18:12.37</b>	574
50m: 33.12 33.12	400m: 4:40.07 1:11.21	800m: 9:32.84 8:04.18	1200m: 14:32.24 1:15.18	
100m: 1:07.78 34.66	500m: 5:51.78 1:11.71	900m: 10:47.69 1:14.85	1300m: 15:46.65 1:14.41	
200m: 2:18.15 1:10.37	600m: 7:04.90 1:13.12	1000m: 12:02.41 1:14.72	1400m: 17:00.17 1:13.52	
300m: 3:28.86 1:10.71	700m: 1:28.66	1100m: 13:17.06 1:14.65	1500m: 18:12.37 1:12.20	

Seniores

1. Carolina Esteves Peixoto	06	Braga	<b>17:47.37</b>	616
50m: 33.04 33.04	400m: 4:40.60 1:10.97	800m: 9:24.43 1:11.46	1200m: 14:12.70 1:12.01	
100m: 1:08.01 34.97	500m: 5:51.34 1:10.74	900m: 10:36.33 1:11.90	1300m: 15:25.12 1:12.42	
200m: 2:18.73 1:10.72	600m: 7:01.81 1:10.47	1000m: 11:49.18 1:12.85	1400m: 16:37.22 1:12.10	
300m: 3:29.63 1:10.90	700m: 8:12.97 1:11.16	1100m: 13:00.69 1:11.51	1500m: 17:47.37 1:10.15	

EXH Carolina Bouhaddoune Aragao	12	Fluvial Portuense	<b>21:41.62</b>	339
50m: 37.67 37.67	400m: 5:43.79 1:28.01	800m: 11:33.20 1:28.11	1200m: 17:24.15 15:28.40	
100m: 1:20.80 43.13	500m: 7:10.23 1:26.44	900m: 13:01.69 1:28.49	1300m: 18:52.12 1:27.97	
200m: 2:47.83 1:27.03	600m: 8:37.93 1:27.70	1000m: 14:29.58 1:27.89	1400m: 20:17.57 1:25.45	
300m: 4:15.78 1:27.95	700m: 10:05.09 1:27.16	1100m: 1:55.75	1500m: 21:41.62 1:24.05	