

Campeonato Regional de Juvenis, Juniores e Seniores
Braga, 22 - 24/11/2024

Prova 1	Masc., 800m Livres				Absoluto
22/11/2024 - 18:00					Resultados
Rec. Reg. ANMinho Open	7:41.51	Jose Paulo Lopes	SCB	Felgueiras	14/04/2024
Rec. Reg. ANMinho Sen	7:41.51	Jose Paulo Lopes	SCB	Felgueiras	14/04/2024
Rec. Reg. ANMinho Jun 2	8:01.21	Jose Paulo Lopes	SCB	Porto	08/12/2017
Rec. Reg. ANMinho Jun 1	8:08.84	Jose Paulo Lopes	SCB	Funchal	11/12/2016
Rec. Reg. ANMinho Juv A	8:20.86	Jose Paulo Lopes	SCB	Ponte da Barca	02/07/2016
Rec. Reg. ANMinho Juv B	8:34.96	Jose Paulo Lopes	SCB	Ponte da Barca	04/07/2015
Rec. Reg. ANMinho Inf A	8:55.06	Hugo Miguel Neves	SCB	Ponte da Barca	02/07/2016
Rec. Reg. ANMinho Inf B	9:31.73	Duarte Joao Dantas	EDV	Alcobaca	16/03/1997

Pontos: AQUA 2024

Lugar	Ano		Tempo final				Pts
Juvenis B							
1.	Rafael Almeida Machado	10	Braga	9:48.03			420
	50m: 32.21 32.21	300m: 3:33.56	1:14.02	600m: 7:18.36	1:15.40		
	100m: 1:07.54 35.33	400m: 4:48.23	1:14.67	700m: 8:33.82	1:15.46		
	200m: 2:19.54 1:12.00	500m: 6:02.96	1:14.73	800m: 9:48.03	1:14.21		
2.	Rodrigo Almeida Marques	10	Braga	9:49.79			416
	50m: 31.48 31.48	300m: 3:34.59	1:14.56	600m: 7:21.11	1:15.61		
	100m: 1:06.21 34.73	400m: 4:50.18	1:15.59	700m: 8:36.78	1:15.67		
	200m: 2:20.03 1:13.82	500m: 6:05.50	1:15.32	800m: 9:49.79	1:13.01		
3.	Tiago Filipe Salgueiro	10	Viana Natacao	10:11.62			373
	50m: 34.81 34.81	300m: 3:47.37	1:16.75	600m: 7:38.72	1:17.47		
	100m: 1:13.30 38.49	400m: 5:03.75	1:16.38	700m: 8:56.84	1:18.12		
	200m: 2:30.62 1:17.32	500m: 6:21.25	1:17.50	800m: 10:11.62	1:14.78		
Juvenis A							
1.	Raul Ventura Barros	09	Braga	9:11.25			510
	50m: 31.39 31.39	300m: 3:24.34	1:09.81	600m: 6:53.15	1:09.31		
	100m: 1:05.36 33.97	400m: 4:34.18	1:09.84	700m: 8:02.97	1:09.82		
	200m: 2:14.53 1:09.17	500m: 5:43.84	1:09.66	800m: 9:11.25	1:08.28		
2.	Dinis Lima Moreno	09	Braga	9:43.65			429
	50m: 31.48 31.48	300m: 3:31.00	1:12.37	600m: 7:15.00	1:14.00		
	100m: 1:06.49 35.01	400m: 4:46.00	1:15.00	700m: 8:30.00	1:15.00		
	200m: 2:18.63 1:12.14	500m: 6:01.00	1:15.00	800m: 9:43.65	1:13.65		
Juniores							
1.	Afonso Miguel Nogueira	07	Braga	8:59.59			543
	50m: 29.94 29.94	300m: 3:17.34	1:07.46	600m: 6:44.12	1:09.29		
	100m: 1:02.92 32.98	400m: 4:26.24	1:08.90	700m: 7:53.21	1:09.09		
	200m: 2:09.88 1:06.96	500m: 5:34.83	1:08.59	800m: 8:59.59	1:06.38		
2.	Eduardo Sousa Saragoca	07	Viana Natacao	9:00.97			539
	50m: 30.61 30.61	300m: 3:20.15	1:08.48	600m: 6:45.46	1:08.67		
	100m: 1:04.18 33.57	400m: 4:28.60	1:08.45	700m: 7:54.11	1:08.65		
	200m: 2:11.67 1:07.49	500m: 5:36.79	1:08.19	800m: 9:00.97	1:06.86		
3.	Joao Pedro Tinoco	07	Braga	9:29.45			462
	50m: 31.24 31.24	300m: 3:24.20	1:10.54	600m: 7:01.37	1:13.47		
	100m: 1:04.94 33.70	400m: 4:35.79	1:11.59	700m: 8:16.04	1:14.67		
	200m: 2:13.66 1:08.72	500m: 5:47.90	1:12.11	800m: 9:29.45	1:13.41		
Seniores							
1.	Marcio Fernandes Gomes	04	Braga	9:03.58			532
	50m: 30.64 30.64	300m: 3:19.23	1:08.17	600m: 6:45.73	1:09.15		
	100m: 1:03.79 33.15	400m: 4:27.96	1:08.73	700m: 7:55.64	1:09.91		
	200m: 2:11.06 1:07.27	500m: 5:36.58	1:08.62	800m: 9:03.58	1:07.94		

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Prova 1, Masc., 800m Livres, Seniores

Lugar			Ano						Tempo final	Pts	
2.	Diogo Alexandre Oliveira		05	Braga						9:29.80	461
	50m:	28.35 28.35	300m:	3:07.85 1:03.76	600m:	6:53.60 1:17.74					
	100m:	59.85 31.50	400m:	4:11.38 1:03.53	700m:	8:11.56 1:17.96					
	200m:	2:04.09 1:04.24	500m:	5:35.86 1:24.48	800m:	9:29.80 1:18.24					
EXH	Duarte Santiago Afonso		11	Viana Natacao						12:03.58	225
	50m:	39.22 39.22	300m:	4:27.71 1:32.62	600m:	9:03.95 1:33.24					
	100m:	1:23.74 44.52	400m:	5:59.21 1:31.50	700m:	10:35.38 1:31.43					
	200m:	2:55.09 1:31.35	500m:	7:30.71 1:31.50	800m:	12:03.58 1:28.20					