

Torneio de Natal de natação Adaptada - ANC
Coimbra, 15/12/2024

Prova 13 Masc., 400m Livres Open
15/12/2024 - 16:40 Resultados

RN Adaptada 50m S5	7:30.57	Luis Carlos, NASCIMENTO	FCP	Funchal	17/02/2024
RN Adaptada 50m S6	5:15.72	Daniel Carlos, VIDEIRA	POR	Funchal	19/05/2021
RN Adaptada 50m S7	5:08.47	Ricardo Aderneira, SOARES	GESL	Vila Franca de Xira	29/06/2024
RN Adaptada 50m S8	4:34.61	Diogo Luis, CANCELA	POR	Funchal	21/04/2024
RN Adaptada 50m S9	4:21.94	David Realista, GRACHAT	POR	Londres (GBR)	04/09/2012
RN Adaptada 50m S10	4:22.53	Tomas Coelho, CORDEIRO	INDANC	Coimbra	17/12/2023
RN Adaptada 50m S11	4:36.36	Marco Ribeiro, MENESES	POR	Paris (FRA)	30/08/2024
RN Adaptada 50m S12	6:50.72	Joao Tanica, CRUZ	PDEM	Porto	21/01/2024
RN Adaptada 50m S13	4:31.26	Vitor Hugo, ENCARNACAO	POR	Eindhoven (NED)	10/08/2014
RN Adaptada 50m S14	4:46.25	Samuel Lima, DUARTE	FVCD	Coimbra	02/12/2023
RN Adaptada 50m S15	4:28.84	Miguel Duarte, CRUZ	CFB	Oeiras	20/12/2020
RN Adaptada 50m S16	5:18.51	Andre Camara, JORGE	CEOL	Rio Maior	25/01/2020
RN Adaptada 50m S17	5:11.56	Joaquim Eduardo, CARVALHO	CNF	Funchal	17/02/2024
RN Adaptada 50m S21	5:38.24	Vicente Barros, PEREIRA	POR	Padova (ITA)	08/09/2023

Pontos: AQUA 2024

Lugar Nome Ano Classe Excp Clube Tempo final IPC Pts

Classe S1-S10-Absolutos

1.	Ricardo Aderneira, SOARES	99	S7	3,5,12+	Gesloures	5:15.12	340	9,00
	50m: 36.59 36.59	150m: 1:56.49	40.01	250m: 3:15.64	39.39	350m: 4:35.83	40.21	
	100m: 1:16.48 39.89	200m: 2:36.25	39.76	300m: 3:55.62	39.98	400m: 5:15.12	39.29	
2.	Rafael Ramirez, PICOTO	05	S8	A,H,3,5,12	Sporting	5:47.40	254	9,00
	50m: 35.06 35.06	150m: 1:58.17	42.71	250m: 3:27.95	45.52	350m: 5:01.34	47.14	
	100m: 1:15.46 40.40	200m: 2:42.43	44.26	300m: 4:14.20	46.25	400m: 5:47.40	46.06	
3.	Rodolfo Francisco, CASTANHEIRA01	01	S8		Gesloures	6:00.93	226	7,00
	50m: 39.47 39.47	150m: 2:09.57	45.47	250m: 3:42.63	46.45	350m: 5:16.11	46.65	
	100m: 1:24.10 44.63	200m: 2:56.18	46.61	300m: 4:29.46	46.83	400m: 6:00.93	44.82	
4.	Francisco Mario, GOUVEIA	75	S9	9	Feira Viva	6:52.24	152	9,00
	50m: 44.26 44.26	150m: 2:27.50	52.12	250m: 4:13.48	53.03	350m: 6:01.78	54.29	
	100m: 1:35.38 51.12	200m: 3:20.45	52.95	300m: 5:07.49	54.01	400m: 6:52.24	50.46	
5.	Francisco Santos, PINHEIRO	02	S7	A,3,5,12+	Feira Viva	7:30.20	116	7,00
	50m: 50.25 50.25	150m: 2:43.18	57.32	250m: 4:39.33	58.93	350m: 6:35.38	58.22	
	100m: 1:45.86 55.61	200m: 3:40.40	57.22	300m: 5:37.16	57.83	400m: 7:30.20	54.82	
6.	Rodrigo Oliveira, SILVA	08	S8	A,3,5,12+	Feira Viva	7:33.82	114	6,00
	50m: 50.84 50.84	150m: 2:45.65	58.73	250m: 4:44.24	59.83	350m: 6:42.42	59.54	
	100m: 1:46.92 56.08	200m: 3:44.41	58.76	300m: 5:42.88	58.64	400m: 7:33.82	51.40	
7.	Adriano Lourenco, MARQUES	09	S6	A,3,5,12+	Feira Viva	12:23.80	25	9,00
	50m: 1:17.32 1:17.32	150m: 4:28.96	1:37.84	250m: 7:50.47	1:38.49	350m: 10:50.88	1:30.95	
	100m: 2:51.12 1:33.80	200m: 6:11.98	1:43.02	300m: 9:19.93	1:29.46	400m: 12:23.80	1:32.92	

Classe S17-Absolutos

1.	Miguel Paiva, BRANCO	97	S17	A	APPD	Coimbra	6:31.99	176	9,00
	50m: 42.54 42.54	150m: 2:18.03	49.18	250m: 3:59.30	50.89	350m: 5:42.57	52.01		
	100m: 1:28.85 46.31	200m: 3:08.41	50.38	300m: 4:50.56	51.26	400m: 6:31.99	49.42		

Classe S21 (SDown)-Absolutos

1.	Tomas Aniceto, SANTOS	99	S21		Feira Viva	6:58.77	145	9,00
	50m: 43.60 43.60	150m: 2:27.44	52.56	250m: 4:14.22	53.24	350m: 6:01.93	51.92	
	100m: 1:34.88 51.28	200m: 3:20.98	53.54	300m: 5:10.01	55.79	400m: 6:58.77	56.84	
2.	Daniel Filipe, MOREIRA	97	S21		Vila D'Este/Gaia	7:10.52	133	7,00
	50m: 45.97 45.97	150m: 2:29.95	53.44	250m: 4:20.71	55.57	350m: 6:14.86	57.37	
	100m: 1:36.51 50.54	200m: 3:25.14	55.19	300m: 5:17.49	56.78	400m: 7:10.52	55.66	
3.	Joel Alexandre, PEREIRA	92	S21		APC Coimbra	7:56.97	98	6,00
	50m: 49.86 49.86	150m: 2:52.23	1:02.97	250m: 4:56.66	1:02.95	350m: 6:59.17	1:01.21	
	100m: 1:49.26 59.40	200m: 3:53.71	1:01.48	300m: 5:57.96	1:01.30	400m: 7:56.97	57.80	

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Classe S6-Esperanças

1. Adriano Lourenco, MARQUES	09	S6	A,3,5,12+	Feira Viva	12:23.80	25	9,00
50m: 1:17.32	1:17.32	150m: 4:28.96	1:37.84	250m: 7:50.47	1:38.49	350m: 10:50.88	1:30.95
100m: 2:51.12	1:33.80	200m: 6:11.98	1:43.02	300m: 9:19.93	1:29.46	400m: 12:23.80	1:32.92

Classe S7-Seniores

1. Ricardo Ademeira, SOARES	99	S7	3,5,12+	Geslours	5:15.12	340	9,00
50m: 36.59	36.59	150m: 1:56.49	40.01	250m: 3:15.64	39.39	350m: 4:35.83	40.21
100m: 1:16.48	39.89	200m: 2:36.25	39.76	300m: 3:55.62	39.98	400m: 5:15.12	39.29
2. Francisco Santos, PINHEIRO	02	S7	A,3,5,12+	Feira Viva	7:30.20	116	7,00
50m: 50.25	50.25	150m: 2:43.18	57.32	250m: 4:39.33	58.93	350m: 6:35.38	58.22
100m: 1:45.86	55.61	200m: 3:40.40	57.22	300m: 5:37.16	57.83	400m: 7:30.20	54.82

Classe S8-Seniores

1. Rafael Ramirez, PICOTO	05	S8	A,H,3,5,12	Sporting	5:47.40	254	9,00
50m: 35.06	35.06	150m: 1:58.17	42.71	250m: 3:27.95	45.52	350m: 5:01.34	47.14
100m: 1:15.46	40.40	200m: 2:42.43	44.26	300m: 4:14.20	46.25	400m: 5:47.40	46.06
2. Rodolfo Francisco, CASTANHEIRA	01	S8		Geslours	6:00.93	226	7,00
50m: 39.47	39.47	150m: 2:09.57	45.47	250m: 3:42.63	46.45	350m: 5:16.11	46.65
100m: 1:24.10	44.63	200m: 2:56.18	46.61	300m: 4:29.46	46.83	400m: 6:00.93	44.82
3. Rodrigo Oliveira, SILVA	08	S8	A,3,5,12+	Feira Viva	7:33.82	114	6,00
50m: 50.84	50.84	150m: 2:45.65	58.73	250m: 4:44.24	59.83	350m: 6:42.42	59.54
100m: 1:46.92	56.08	200m: 3:44.41	58.76	300m: 5:42.88	58.64	400m: 7:33.82	51.40

Classe S9-Seniores

1. Francisco Mario, GOUVEIA	75	S9	9	Feira Viva	6:52.24	152	9,00
50m: 44.26	44.26	150m: 2:27.50	52.12	250m: 4:13.48	53.03	350m: 6:01.78	54.29
100m: 1:35.38	51.12	200m: 3:20.45	52.95	300m: 5:07.49	54.01	400m: 6:52.24	50.46

Classe S14-Seniores

1. Samuel Lima, DUARTE	04	S14		Feira Viva	4:46.12	455	9,00
<i>RN Adaptada</i>							
50m: 31.58	31.58	150m: 1:43.59	36.65	250m: 2:57.38	37.32	350m: 4:10.82	36.27
100m: 1:06.94	35.36	200m: 2:20.06	36.47	300m: 3:34.55	37.17	400m: 4:46.12	35.30

Classe S17-Seniores

1. Miguel Paiva, BRANCO	97	S17	A	APPDACOimbra	6:31.99	176	9,00
50m: 42.54	42.54	150m: 2:18.03	49.18	250m: 3:59.30	50.89	350m: 5:42.57	52.01
100m: 1:28.85	46.31	200m: 3:08.41	50.38	300m: 4:50.56	51.26	400m: 6:31.99	49.42

Classe S21 (SDown)-Seniores

1. Tomas Aniceto, SANTOS	99	S21		Feira Viva	6:58.77	145	9,00
50m: 43.60	43.60	150m: 2:27.44	52.56	250m: 4:14.22	53.24	350m: 6:01.93	51.92
100m: 1:34.88	51.28	200m: 3:20.98	53.54	300m: 5:10.01	55.79	400m: 6:58.77	56.84
2. Daniel Filipe, MOREIRA	97	S21		Vila DEste/Gaia	7:10.52	133	7,00
50m: 45.97	45.97	150m: 2:29.95	53.44	250m: 4:20.71	55.57	350m: 6:14.86	57.37
100m: 1:36.51	50.54	200m: 3:25.14	55.19	300m: 5:17.49	56.78	400m: 7:10.52	55.66
3. Joel Alexandre, PEREIRA	92	S21		APC Coimbra	7:56.97	98	6,00
50m: 49.86	49.86	150m: 2:52.23	1:02.97	250m: 4:56.66	1:02.95	350m: 6:59.17	1:01.21
100m: 1:49.26	59.40	200m: 3:53.71	1:01.48	300m: 5:57.96	1:01.30	400m: 7:56.97	57.80