

Torneio de Natal de natação Adaptada - ANC
Coimbra, 15/12/2024

Prova 12 Femin., 400m Livres Open
15/12/2024 - 16:30 Resultados

RN Adaptada 50m S5	59:00.00	,								
RN Adaptada 50m S6	11:31.70	Ana Sofia, BARBOSA	FCP	Póvoa de Varzim						27/11/2021
RN Adaptada 50m S7	9:47.85	Diana Goncalves, MENDES	CNG	Vila Franca de Xira						29/06/2024
RN Adaptada 50m S8	5:42.76	Ana Filipa, CASTRO	FVCD	Oeiras						11/05/2019
RN Adaptada 50m S9	4:59.78	Susana Pereira, VEIGA	CNCVG	Funchal						01/04/2023
RN Adaptada 50m S10	5:18.60	Teresa Lamego, NEVES	POR	Eindhoven (NED)						07/08/2014
RN Adaptada 50m S11	59:00.00	start,								
RN Adaptada 50m S12	59:00.00	start,								
RN Adaptada 50m S13	59:00.00	start,								
RN Adaptada 50m S14	6:25.10	Sonia Castanheiro, RESENDE	SCA	Vila Franca de Xira						05/03/2016
RN Adaptada 50m S15	5:50.21	Susana Maria, LOURENCO	SCP	Coimbra						13/08/2011
RN Adaptada 50m S16	7:18.70	Maria Joao, TABORDA	FCP	Povoa de Varzim						07/04/2019
RN Adaptada 50m S17	11:08.16	Francisca Araujo, FERREIRA	ADADA	Póvoa de Varzim						01/06/2024
RN Adaptada 50m S21	7:02.97	Matilde Lucia, GASPAS	APCC	Vila Franca de Xira						29/06/2024

Pontos: AQUA 2024

Lugar	Nome	Ano	Classe	Excp	Clube	Tempo final	IPC	Pts
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Classe S1-S10-Absolutos

1.	Susana Pereira, VEIGA	00	S9	9	Belenenses	5:05.26	458	9,00
	50m: 34.46 34.46	150m: 1:48.72	37.74	250m: 3:06.24	39.26	350m: 4:26.07	40.16	
	100m: 1:10.98 36.52	200m: 2:26.98	38.26	300m: 3:45.91	39.67	400m: 5:05.26	39.19	

Classe S21 (SDown)-Absolutos

1.	Filipa Sa, REIS	00	S21		Feira Viva	7:30.21	142	9,00
	50m: 49.00 49.00	150m: 2:41.92	56.94	250m: 4:37.32	57.76	350m: 6:33.63	57.26	
	100m: 1:44.98 55.98	200m: 3:39.56	57.64	300m: 5:36.37	59.05	400m: 7:30.21	56.58	
2.	Barbara Ines, GOMES	91	S21		APC Coimbra	9:35.54	68	7,00
	50m: 1:07.26 1:07.26	150m: 3:33.12	1:13.16	250m: 5:57.50	1:11.83	350m: 8:22.90	1:13.19	
	100m: 2:19.96 1:12.70	200m: 4:45.67	1:12.55	300m: 7:09.71	1:12.21	400m: 9:35.54	1:12.64	

Classe S9-Seniores

1.	Susana Pereira, VEIGA	00	S9	9	Belenenses	5:05.26	458	9,00
	50m: 34.46 34.46	150m: 1:48.72	37.74	250m: 3:06.24	39.26	350m: 4:26.07	40.16	
	100m: 1:10.98 36.52	200m: 2:26.98	38.26	300m: 3:45.91	39.67	400m: 5:05.26	39.19	

Classe S21 (SDown)-Seniores

1.	Filipa Sa, REIS	00	S21		Feira Viva	7:30.21	142	9,00
	50m: 49.00 49.00	150m: 2:41.92	56.94	250m: 4:37.32	57.76	350m: 6:33.63	57.26	
	100m: 1:44.98 55.98	200m: 3:39.56	57.64	300m: 5:36.37	59.05	400m: 7:30.21	56.58	
2.	Barbara Ines, GOMES	91	S21		APC Coimbra	9:35.54	68	7,00
	50m: 1:07.26 1:07.26	150m: 3:33.12	1:13.16	250m: 5:57.50	1:11.83	350m: 8:22.90	1:13.19	
	100m: 2:19.96 1:12.70	200m: 4:45.67	1:12.55	300m: 7:09.71	1:12.21	400m: 9:35.54	1:12.64	