

Epreuve 3
2024-11-16 - 10:25

Dames, 400m 4 nages

11 ans et plus
Liste résultats

Points: AQUA 2024

Rang			Age							Temps	Pts	
11 - 12 ans												
1.	LINDSAY, Estelle		12	Nsh						5:34.69	463	
	50m:	34.99	34.99	150m:	1:57.99	44.33	250m:	3:28.45	47.82	350m:	4:55.80	38.68
	100m:	1:13.66	38.67	200m:	2:40.63	42.64	300m:	4:17.12	48.67	400m:	5:34.69	38.89
2.	LABBÉ, Mathilde		12	Nsh						6:03.05	362	
	50m:	38.71	38.71	150m:	2:10.76	46.05	250m:	3:45.64	52.09	350m:	5:22.30	43.61
	100m:	1:24.71	46.00	200m:	2:53.55	42.79	300m:	4:38.69	53.05	400m:	6:03.05	40.75
3.	LONGVAL, Yanka		12	C.N. Region de Quebec						6:04.18	359	
	50m:	38.33	38.33	150m:	2:10.57	47.05	250m:	3:50.98	54.53	350m:	5:26.31	40.89
	100m:	1:23.52	45.19	200m:	2:56.45	45.88	300m:	4:45.42	54.44	400m:	6:04.18	37.87
4.	OUELLET, Laurence		12	Nsh						6:04.26	359	
	50m:	36.98	36.98	150m:	2:09.47	48.00	250m:	3:49.88	52.44	350m:	5:25.31	40.44
	100m:	1:21.47	44.49	200m:	2:57.44	47.97	300m:	4:44.87	54.99	400m:	6:04.26	38.95
5.	LABBÉ, Juliette		12	Nsh						6:06.25	353	
	50m:	36.45	36.45	150m:	2:05.45	46.27	250m:	3:45.52	55.62	350m:	5:24.54	42.93
	100m:	1:19.18	42.73	200m:	2:49.90	44.45	300m:	4:41.61	56.09	400m:	6:06.25	41.71
6.	TRACHY, Sophia		12	Riverains						6:15.10	328	
	50m:	37.29	37.29	150m:	2:12.55	47.66	250m:	3:53.11	53.61	350m:		
	100m:	1:24.89	47.60	200m:	2:59.50	46.95	300m:	4:47.41	54.30	400m:	6:15.10	
7.	PRIVÉ, Sophie		12	Riverains						6:18.13	321	
	50m:	42.38	42.38	150m:	2:20.01	48.59	250m:	4:00.05	54.25	350m:	5:37.78	44.65
	100m:	1:31.42	49.04	200m:	3:05.80	45.79	300m:	4:53.13	53.08	400m:	6:18.13	40.35
8.	LEBLOND, Chloé		12	Club de Natation des Equinoxes						6:19.60	317	
	50m:	39.74	39.74	150m:	2:18.57	50.50	250m:	3:59.47	52.71	350m:	5:38.10	45.45
	100m:	1:28.07	48.33	200m:	3:06.76	48.19	300m:	4:52.65	53.18	400m:	6:19.60	41.50
9.	ABETTI, Alae		11	C.N. Region de Quebec						6:31.83	288	
	50m:	43.66	43.66	150m:	2:21.79	47.86	250m:	4:04.38	54.47	350m:	5:45.94	45.73
	100m:	1:33.93	50.27	200m:	3:09.91	48.12	300m:	5:00.21	55.83	400m:	6:31.83	45.89
10.	MECTEAU, Abygaëlle		11	Riverains						6:34.84	282	
	50m:	41.19	41.19	150m:	2:22.24	50.96	250m:	4:09.61	57.77	350m:	5:52.21	41.45
	100m:	1:31.28	50.09	200m:	3:11.84	49.60	300m:	5:10.76	1:01.15	400m:	6:34.84	42.63
11.	PASTUSAC, Adela		11	Riverains						6:36.55	278	
	50m:	42.64	42.64	150m:	2:23.32	48.34	250m:	4:11.34	59.51	350m:	5:53.71	45.85
	100m:	1:34.98	52.34	200m:	3:11.83	48.51	300m:	5:07.86	56.52	400m:	6:36.55	42.84
12.	BÉDARD, Flora		12	Club de Natation Régional de la Beauce						6:39.47	272	
	50m:	44.16	44.16	150m:	2:22.36	49.37	250m:	4:12.62	1:00.55	350m:	5:56.64	
	100m:	1:32.99	48.83	200m:	3:12.07	49.71	300m:			400m:	6:39.47	42.83
13.	TREMBLAY, Nellie		11	Riverains						6:45.44	260	
	50m:	43.11	43.11	150m:	2:26.79	48.94	250m:	4:14.22	56.80	350m:	5:59.31	46.17
	100m:	1:37.85	54.74	200m:	3:17.42	50.63	300m:	5:13.14	58.92	400m:	6:45.44	46.13
14.	SAYEGH, Florence		11	Rouge et Or/Université Laval						6:53.25	246	
	50m:	43.97	43.97	150m:	2:32.09	53.23	250m:	4:20.10	57.15	350m:	6:08.37	48.47
	100m:	1:38.86	54.89	200m:	3:22.95	50.86	300m:	5:19.90	59.80	400m:	6:53.25	44.88
15.	PARÉ, Camille		12	Club de Natation Régional de la Beauce						6:53.61	245	
	50m:	45.37	45.37	150m:	3:20.36	1:41.77	250m:	5:27.09	1:04.16	350m:		
	100m:	1:38.59	53.22	200m:	4:22.93	1:02.57	300m:	6:11.76	44.67	400m:	6:53.61	

Epreuve 3, Filles, 400m 4 nages, 11 - 12 ans

Rang					Age					Temps	Pts	
16.	VACHON, Gabrielle				12	Club de Natation Régional de la Beauce				7:02.97	229	
	50m:	44.02	44.02	150m:	250m:	4:29.00	1:00.41	350m:	6:17.16	47.00		
	100m:	1:37.80	53.78	200m:	3:28.59	5:30.16	1:01.16	400m:	7:02.97	45.81		
17.	GIRARD, Élodie				12	C.N. Region de Quebec				7:13.26	213	
	50m:	45.90	45.90	150m:	2:34.95	50.27	250m:	4:32.67	1:06.61	350m:	6:26.37	46.22
	100m:	1:44.68	58.78	200m:	3:26.06	51.11	300m:	5:40.15	1:07.48	400m:	7:13.26	46.89
18.	GRÉGOIRE, Jade				11	C.N. Region de Quebec				7:15.83	209	
	50m:	50.51	50.51	150m:	2:44.79	53.03	250m:	4:39.66	1:03.37	350m:	6:32.38	46.96
	100m:	1:51.76	1:01.25	200m:	3:36.29	51.50	300m:	5:45.42	1:05.76	400m:	7:15.83	43.45
19.	HARTON-TREMBLAY, Léane				11	C.N. Region de Quebec				7:50.93	166	
	50m:	49.99	49.99	150m:	3:56.32	2:02.68	250m:	6:12.18	1:07.86	350m:	7:02.50	
	100m:	1:53.64	1:03.65	200m:	5:04.32	1:08.00	300m:			400m:	7:50.93	48.43

13 - 14 ans

1.	GOSELIN, Mélia				14	Rouge et Or/Université Laval				5:17.51	542	
	50m:	33.52	33.52	150m:	1:52.88	40.32	250m:	3:17.64	45.25	350m:	4:40.42	37.10
	100m:	1:12.56	39.04	200m:	2:32.39	39.51	300m:	4:03.32	45.68	400m:	5:17.51	37.09
2.	LEMELIN, Émie				14	C.N. Region de Quebec				5:26.59	498	
	50m:	34.43	34.43	150m:	1:55.82	42.18	250m:	3:25.45	49.28	350m:	4:50.22	37.49
	100m:	1:13.64	39.21	200m:	2:36.17	40.35	300m:	4:12.73	47.28	400m:	5:26.59	36.37
3.	PICHETTE, Alexandra				14	C.N. Region de Quebec				5:33.09	469	
	50m:	33.58	33.58	150m:	1:56.81	43.43	250m:	3:30.51	50.53	350m:	4:57.73	36.51
	100m:	1:13.38	39.80	200m:	2:39.98	43.17	300m:	4:21.22	50.71	400m:	5:33.09	35.36
4.	PATINO ROSERO, Zarita				13	Rouge et Or/Université Laval				5:37.18	452	
	50m:	33.16	33.16	150m:	1:55.53	43.62	250m:	3:28.37	50.00	350m:	4:58.62	39.48
	100m:	1:11.91	38.75	200m:	2:38.37	42.84	300m:	4:19.14	50.77	400m:	5:37.18	38.56
5.	GAGNON, Héloïse				14	C.N. Region de Quebec				5:42.63	431	
	50m:	35.57	35.57	150m:	2:02.67	44.57	250m:	3:37.23	52.24	350m:	5:06.98	38.73
	100m:	1:18.10	42.53	200m:	2:44.99	42.32	300m:	4:28.25	51.02	400m:	5:42.63	35.65
6.	LEMELIN DUCHARME, Michaëlle				14	C.N. Region de Quebec				5:43.37	428	
	50m:	34.23	34.23	150m:	2:00.58	45.27	250m:	3:33.21	49.19	350m:	5:03.98	39.59
	100m:	1:15.31	41.08	200m:	2:44.02	43.44	300m:	4:24.39	51.18	400m:	5:43.37	39.39
7.	CHAMBERLAND, Zoé				13	C.N. Region de Quebec				5:46.55	417	
	50m:	37.59	37.59	150m:	2:08.22	45.83	250m:	3:42.49	49.66	350m:	5:10.65	38.34
	100m:	1:22.39	44.80	200m:	2:52.83	44.61	300m:	4:32.31	49.82	400m:	5:46.55	35.90
8.	ROMDHANE, Yasmine				13	Nsh				5:48.06	411	
	50m:	35.53	35.53	150m:	2:05.84	46.24	250m:	3:38.48	48.49	350m:	5:08.71	40.19
	100m:	1:19.60	44.07	200m:	2:49.99	44.15	300m:	4:28.52	50.04	400m:	5:48.06	39.35
9.	CANTIN, Élisabeth				14	Rouge et Or/Université Laval				5:48.16	411	
	50m:	35.49	35.49	150m:	2:02.53	44.43	250m:	3:38.16	53.62	350m:	5:10.66	38.45
	100m:	1:18.10	42.61	200m:	2:44.54	42.01	300m:	4:32.21	54.05	400m:	5:48.16	37.50
10.	DEMERS, Lauralie				14	Riverains				5:48.19	411	
	50m:	35.64	35.64	150m:	2:03.71	45.06	250m:	3:38.94	50.29	350m:	5:08.76	39.46
	100m:	1:18.65	43.01	200m:	2:48.65	44.94	300m:	4:29.30	50.36	400m:	5:48.19	39.43
11.	BELISLE, Viviane				14	C.N. Region de Quebec				5:52.46	396	
	50m:	34.60	34.60	150m:	2:01.65	46.20	250m:	3:39.70	54.49	350m:	5:14.34	38.00
	100m:	1:15.45	40.85	200m:	2:45.21	43.56	300m:	4:36.34	56.64	400m:	5:52.46	38.12

Epreuve 3, Filles, 400m 4 nages, 13 - 14 ans

Rang				Age					Temps	Pts		
12.	TREMBLAY, Elisabeth			13	Riverains				5:54.22	390		
	50m:	37.65	37.65	150m:	2:07.88	43.99	250m:	3:43.24	51.10	350m:	5:15.84	40.01
	100m:	1:23.89	46.24	200m:	2:52.14	44.26	300m:	4:35.83	52.59	400m:	5:54.22	38.38
13.	CHEVALIER, Eva			13	Cac				5:55.17	387		
	50m:	36.88	36.88	150m:	2:07.18	47.12	250m:	3:41.45	49.90	350m:	5:14.46	42.25
	100m:	1:20.06	43.18	200m:	2:51.55	44.37	300m:	4:32.21	50.76	400m:	5:55.17	40.71
14.	LESSARD, Rachel			13	C.N. Region de Quebec				5:56.27	383		
	50m:	36.19	36.19	150m:	2:05.87	47.06	250m:	3:42.44	52.02	350m:	5:15.81	40.18
	100m:	1:18.81	42.62	200m:	2:50.42	44.55	300m:	4:35.63	53.19	400m:	5:56.27	40.46
15.	MARCOTTE, Rosalie			13	C.N. Region de Quebec				5:57.53	379		
	50m:	38.48	38.48	150m:	2:11.75	44.43	250m:	3:42.29	48.29	350m:	5:17.31	42.26
	100m:	1:27.32	48.84	200m:	2:54.00	42.25	300m:	4:35.05	52.76	400m:	5:57.53	40.22
16.	JUTRAS, Naomie			14	Riverains				5:57.88	378		
	50m:	40.36	40.36	150m:	2:11.02	45.36	250m:	3:47.84	52.63	350m:	5:20.46	40.23
	100m:	1:25.66	45.30	200m:	2:55.21	44.19	300m:	4:40.23	52.39	400m:	5:57.88	37.42
17.	SAMSON, Amélia			13	Riverains				5:59.85	372		
	50m:	39.18	39.18	150m:	2:13.59	46.89	250m:	3:51.41	52.24	350m:	5:22.67	39.71
	100m:	1:26.70	47.52	200m:	2:59.17	45.58	300m:	4:42.96	51.55	400m:	5:59.85	37.18
18.	CHOUINARD, Maélie			13	Riverains				6:04.13	359		
	50m:	43.49	43.49	150m:	2:18.57	46.07	250m:	3:53.20	49.70	350m:	5:25.51	42.12
	100m:	1:32.50	49.01	200m:	3:03.50	44.93	300m:	4:43.39	50.19	400m:	6:04.13	38.62
19.	BLAIS, Florence			14	Riverains				6:07.03	351		
	50m:	39.66	39.66	150m:	2:12.50	46.12	250m:	3:52.41	54.62	350m:	5:26.10	42.41
	100m:	1:26.38	46.72	200m:	2:57.79	45.29	300m:	4:43.69	51.28	400m:	6:07.03	40.93
20.	TOVAR QUINTANA, Andrea			13	Cac				6:14.58	330		
	50m:	37.48	37.48	150m:	2:10.02	48.32	250m:	3:50.20	53.63	350m:	5:31.15	46.40
	100m:	1:21.70	44.22	200m:	2:56.57	46.55	300m:	4:44.75	54.55	400m:	6:14.58	43.43
21.	LEMIEUX, Élodie			14	Riverains				6:17.76	322		
	50m:	40.90	40.90	150m:	2:19.52	50.03	250m:	4:00.16	52.68	350m:	5:38.56	43.95
	100m:	1:29.49	48.59	200m:	3:07.48	47.96	300m:	4:54.61	54.45	400m:	6:17.76	39.20
22.	BÉLANGER, Lili			13	C.N. Region de Quebec				6:21.88	311		
	50m:	40.90	40.90	150m:	2:24.42	50.21	250m:	4:06.99	53.05	350m:	5:41.53	40.90
	100m:	1:34.21	53.31	200m:	3:13.94	49.52	300m:	5:00.63	53.64	400m:	6:21.88	40.35
23.	SAVARD-FORGET, Rose			13	Nsh				6:21.99	311		
	50m:	42.19	42.19	150m:	2:22.39	50.25	250m:	4:02.83	52.42	350m:	5:40.62	44.67
	100m:	1:32.14	49.95	200m:	3:10.41	48.02	300m:	4:55.95	53.12	400m:	6:21.99	41.37
24.	POULIOT, Héloïse			13	Cac				6:23.23	308		
	50m:	43.50	43.50	150m:	2:27.75	51.53	250m:	4:06.53	51.30	350m:	5:42.86	45.29
	100m:	1:36.22	52.72	200m:	3:15.23	47.48	300m:	4:57.57	51.04	400m:	6:23.23	40.37
25.	GRÉGOIRE, Juliette			14	C.N. Region de Quebec				6:24.14	306		
	50m:	42.21	42.21	150m:	2:22.23	49.08	250m:	4:04.99	54.01	350m:	5:43.21	42.88
	100m:	1:33.15	50.94	200m:	3:10.98	48.75	300m:	5:00.33	55.34	400m:	6:24.14	40.93
26.	NOLET, Charlie			13	Riverains				6:26.19	301		
	50m:	43.72	43.72	150m:	2:25.33	48.15	250m:	4:08.39	57.65	350m:	5:46.94	41.43
	100m:	1:37.18	53.46	200m:	3:10.74	45.41	300m:	5:05.51	57.12	400m:	6:26.19	39.25
27.	LABBÉ, Camille			14	Nsh				6:27.75	297		
	50m:	42.44	42.44	150m:	3:15.31	1:41.48	250m:	4:09.26		350m:		
	100m:	1:33.83	51.39	200m:			300m:	5:03.99	54.73	400m:	6:27.75	

Epreuve 3, Filles, 400m 4 nages, 13 - 14 ans

Rang			Age							Temps	Pts
28.	ECHEVARRIA, Saya		13	Nsh						6:43.27	264
	50m:	45.21	45.21	150m:	2:27.16	51.03	250m:	4:14.89	57.02	350m:	
	100m:	1:36.13	50.92	200m:	3:17.87	50.71	300m:	5:11.09	56.20	400m:	6:43.27

15 - 16 ans

1.	TURCOTTE, Annabelle		15	C.N. Region de Quebec						5:13.51	563
	50m:	33.99	33.99	150m:	1:52.50	39.99	250m:	3:16.81	46.11	350m:	4:39.92
	100m:	1:12.51	38.52	200m:	2:30.70	38.20	300m:	4:05.20	48.39	400m:	5:13.51
2.	SHINK, Laurie		16	C.N. Region de Quebec						5:13.76	562
	50m:	32.44	32.44	150m:	1:48.84	39.42	250m:	3:14.07	46.38	350m:	4:37.54
	100m:	1:09.42	36.98	200m:	2:27.69	38.85	300m:	4:00.60	46.53	400m:	5:13.76
3.	THÉROUX, Sabrina		16	C.N. Region de Quebec						5:14.00	560
	50m:	32.20	32.20	150m:	1:53.24	42.38	250m:	3:18.26	44.65	350m:	4:39.47
	100m:	1:10.86	38.66	200m:	2:33.61	40.37	300m:	4:03.32	45.06	400m:	5:14.00
4.	BEAUDOIN, Marie-Laurence		15	Rouge et Or/Université Laval						5:24.39	508
	50m:	33.28	33.28	150m:	1:53.34	41.41	250m:	3:21.29	46.34	350m:	4:46.90
	100m:	1:11.93	38.65	200m:	2:34.95	41.61	300m:	4:08.87	47.58	400m:	5:24.39
5.	CHOUINARD, Dalia		15	Riverains						5:31.24	477
	50m:	34.51	34.51	150m:	1:59.99	44.38	250m:	3:30.66	47.02	350m:	4:54.69
	100m:	1:15.61	41.10	200m:	2:43.64	43.65	300m:	4:15.46	44.80	400m:	5:31.24
6.	BOUCHARD, Laurie-Anne		16	Riverains						5:34.12	465
	50m:	34.51	34.51	150m:	1:56.75	41.49	250m:	3:26.93	48.35	350m:	4:55.76
	100m:	1:15.26	40.75	200m:	2:38.58	41.83	300m:	4:17.67	50.74	400m:	5:34.12
7.	LABERGE, Élise		15	Rouge et Or/Université Laval						5:36.52	455
	50m:	35.77	35.77	150m:	1:59.28	42.64	250m:	3:31.86	50.41	350m:	4:59.96
	100m:	1:16.64	40.87	200m:	2:41.45	42.17	300m:	4:21.96	50.10	400m:	5:36.52
8.	BEAUDOIN, Charlotte		16	C.N. Region de Quebec						5:40.60	439
	50m:	38.16	38.16	150m:	2:06.94	44.00	250m:	3:35.63	47.28	350m:	5:03.56
	100m:	1:22.94	44.78	200m:	2:48.35	41.41	300m:	4:23.25	47.62	400m:	5:40.60
9.	FORTIN, Héroïse		15	Riverains						5:46.54	417
	50m:	34.83	34.83	150m:	2:00.99	45.14	250m:	3:36.42	52.76	350m:	5:08.53
	100m:	1:15.85	41.02	200m:	2:43.66	42.67	300m:	4:28.06	51.64	400m:	5:46.54
10.	GILBERT, Laurie		15	C.N. Region de Quebec						5:46.59	417
	50m:	36.62	36.62	150m:	2:03.40	43.79	250m:	3:35.60	49.61	350m:	5:07.67
	100m:	1:19.61	42.99	200m:	2:45.99	42.59	300m:	4:26.53	50.93	400m:	5:46.59
11.	CADARIO, Émilie		15	Nsh						5:50.55	403
	50m:	37.33	37.33	150m:	2:07.61	47.88	250m:	3:44.89	51.71	350m:	5:15.82
	100m:	1:19.73	42.40	200m:	2:53.18	45.57	300m:	4:35.68	50.79	400m:	5:50.55
12.	HERNANDEZ-FAUCHER, Emma		16	Rouge et Or/Université Laval						5:50.56	403
	50m:	35.47	35.47	150m:	2:01.04	45.33	250m:	3:36.05	51.72	350m:	5:10.06
	100m:	1:15.71	40.24	200m:	2:44.33	43.29	300m:	4:28.85	52.80	400m:	5:50.56
13.	FALARDEAU_S10SB9SM10, Mathilde		16	C.N. Region de Quebec						5:51.53	399
	50m:	36.13	36.13	150m:	2:06.04	49.35	250m:	3:43.22	48.77	350m:	5:12.99
	100m:	1:16.69	40.56	200m:	2:54.45	48.41	300m:	4:31.78	48.56	400m:	5:51.53
14.	REID, Alexane		15	Riverains						5:53.72	392
	50m:	35.72	35.72	150m:	2:06.84	46.22	250m:	3:37.55	46.68	350m:	5:10.76
	100m:	1:20.62	44.90	200m:	2:50.87	44.03	300m:	4:24.94	47.39	400m:	5:53.72

Epreuve 3, Filles, 400m 4 nages, 15 - 16 ans

Rang				Age					Temps	Pts		
15.	TANGUAY, Jade			15	Club de Natation Régional de la Beauce				5:55.66	385		
	50m:	37.61	37.61	150m:	250m:	3:42.21	51.90	350m:	5:17.16	40.61		
	100m:	1:22.29	44.68	200m:	2:50.31	300m:	4:36.55	400m:	5:55.66	38.50		
16.	ROY, Noémie			16	Riverains				5:56.54	383		
	50m:	35.93	35.93	150m:	2:05.41	44.28	250m:	3:42.78	53.89	350m:	5:16.88	39.75
	100m:	1:21.13	45.20	200m:	2:48.89	43.48	300m:	4:37.13	54.35	400m:	5:56.54	39.66
	MABEE, Dalia			15	C.N. Region de Quebec				5:56.54	383		
	50m:	37.80	37.80	150m:	2:48.10	1:23.48	250m:	3:42.73	350m:	5:17.47	41.05	
	100m:	1:24.62	46.82	200m:			300m:	4:36.42	53.69	400m:	5:56.54	39.07
18.	LEBLANC, Gabrielle			15	Riverains				6:01.88	366		
	50m:	39.25	39.25	150m:	2:13.17	46.79	250m:	3:49.81	51.45	350m:	5:23.63	40.43
	100m:	1:26.38	47.13	200m:	2:58.36	45.19	300m:	4:43.20	53.39	400m:	6:01.88	38.25
19.	DESCHENEUX, Mia			15	Club de Natation des Equinoxes				6:05.93	354		
	50m:	38.12	38.12	150m:	2:10.73	46.53	250m:	3:47.92	53.07	350m:	5:23.61	42.18
	100m:	1:24.20	46.08	200m:	2:54.85	44.12	300m:	4:41.43	53.51	400m:	6:05.93	42.32
20.	THÉRIAULT, Marie-Pier			16	Unik				6:21.96	311		
	50m:	39.44	39.44	150m:	2:16.40	48.03	250m:	3:58.80	54.30	350m:	5:38.54	44.42
	100m:	1:28.37	48.93	200m:	3:04.50	48.10	300m:	4:54.12	55.32	400m:	6:21.96	43.42

17 ans et plus

1.	VÉZINA, Corinne			20	Rouge et Or/Université Laval				4:56.89	663		
	50m:	31.77	31.77	150m:	1:47.19	39.41	250m:	3:06.73	40.36	350m:	4:23.29	34.88
	100m:	1:07.78	36.01	200m:	2:26.37	39.18	300m:	3:48.41	41.68	400m:	4:56.89	33.60
2.	LACROIX, Charlotte			17	C.N. Region de Quebec				5:00.98	636		
	50m:	31.26	31.26	150m:	1:47.35	39.37	250m:	3:08.69	43.30	350m:	4:27.73	35.11
	100m:	1:07.98	36.72	200m:	2:25.39	38.04	300m:	3:52.62	43.93	400m:	5:00.98	33.25
3.	MALENFANT, Viviane			17	C.N. Region de Quebec				5:11.69	573		
	50m:	33.09	33.09	150m:	1:51.17	39.22	250m:	3:14.84	44.34	350m:	4:36.57	36.58
	100m:	1:11.95	38.86	200m:	2:30.50	39.33	300m:	3:59.99	45.15	400m:	5:11.69	35.12
4.	MORISSETTE, Émilie			19	C.N. Region de Quebec				5:12.42	569		
	50m:	30.47	30.47	150m:	1:45.58	39.98	250m:	3:11.48	46.72	350m:	4:37.00	36.75
	100m:	1:05.60	35.13	200m:	2:24.76	39.18	300m:	4:00.25	48.77	400m:	5:12.42	35.42
5.	TURCOTTE, Juliette			17	C.N. Region de Quebec				5:15.39	553		
	50m:	32.58	32.58	150m:	1:49.67	39.17	250m:	3:16.82	48.36	350m:	4:40.86	34.91
	100m:	1:10.50	37.92	200m:	2:28.46	38.79	300m:	4:05.95	49.13	400m:	5:15.39	34.53
6.	GUY, Roxane			17	C.N. Region de Quebec				5:20.66	526		
	50m:	34.85	34.85	150m:	1:57.11	40.88	250m:	3:22.97	46.07	350m:	4:44.97	36.15
	100m:	1:16.23	41.38	200m:	2:36.90	39.79	300m:	4:08.82	45.85	400m:	5:20.66	35.69
7.	BUREAU, Justine			17	Rouge et Or/Université Laval				5:22.71	516		
	50m:	33.27	33.27	150m:	1:55.40	43.26	250m:	3:20.73	43.63	350m:	4:45.47	40.26
	100m:	1:12.14	38.87	200m:	2:37.10	41.70	300m:	4:05.21	44.48	400m:	5:22.71	37.24
8.	ECHEVARRIA, Adriana			18	Nsh				6:19.58	317		
	50m:	40.03	40.03	150m:	2:20.42	49.80	250m:	4:02.74	54.33	350m:	5:41.03	42.04
	100m:	1:30.62	50.59	200m:	3:08.41	47.99	300m:	4:58.99	56.25	400m:	6:19.58	38.55