

Epreuve 2
2024-11-16 - 9:35

Messieurs, 400m Libre

11 ans et plus
Liste résultats

Points: AQUA 2024

Rang					Age					Temps	Pts	
11 - 12 ans												
1.	LESSARD, Édouard				12	C.N. Region de Quebec				4:56.30	367	
	50m:	33.54	33.54	150m:	1:48.42	37.79	250m:	3:04.54	37.90	350m:	4:20.43	37.51
	100m:	1:10.63	37.09	200m:	2:26.64	38.22	300m:	3:42.92	38.38	400m:	4:56.30	35.87
2.	VAN OYEN, Mathieu				12	C.N. Region de Quebec				4:56.41	367	
	50m:	33.61	33.61	150m:	1:48.59	38.09	250m:	3:04.25	37.78	350m:	4:20.28	37.62
	100m:	1:10.50	36.89	200m:	2:26.47	37.88	300m:	3:42.66	38.41	400m:	4:56.41	36.13
3.	ANGLEHART, Simon				11	Rouge et Or/Université Laval				5:31.36	262	
	50m:	38.28	38.28	150m:	2:01.67	42.30	250m:	3:25.88	42.64	350m:	4:51.07	41.92
	100m:	1:19.37	41.09	200m:	2:43.24	41.57	300m:	4:09.15	43.27	400m:	5:31.36	40.29
4.	D'ANJOU, Léonard				12	C.N. Region de Quebec				5:36.60	250	
	50m:	38.24	38.24	150m:	2:03.75	43.58	250m:	3:31.01	43.36	350m:	4:56.96	42.23
	100m:	1:20.17	41.93	200m:	2:47.65	43.90	300m:	4:14.73	43.72	400m:	5:36.60	39.64
5.	BOUFFARD, François				12	Riverains				5:41.62	239	
	50m:	37.36	37.36	150m:	2:07.37	46.04	250m:	3:36.18	43.65	350m:	5:02.49	41.19
	100m:	1:21.33	43.97	200m:	2:52.53	45.16	300m:	4:21.30	45.12	400m:	5:41.62	39.13
6.	LÉGARÉ, Maxime				12	Club de Natation de Montmagny				5:41.72	239	
	50m:	40.06	40.06	150m:	2:08.84	44.87	250m:	3:37.32	44.05	350m:	5:04.34	43.10
	100m:	1:23.97	43.91	200m:	2:53.27	44.43	300m:	4:21.24	43.92	400m:	5:41.72	37.38
7.	CARNAHAN, Liam				11	Riverains				5:58.58	207	
	50m:	38.17	38.17	150m:	2:06.62	44.51	250m:	3:40.16	45.38	350m:	5:16.29	49.65
	100m:	1:22.11	43.94	200m:	2:54.78	48.16	300m:	4:26.64	46.48	400m:	5:58.58	42.29
8.	SAVELLI, Léo				11	C.N. Region de Quebec				6:05.27	196	
	50m:	40.13	40.13	150m:	2:12.97	46.89	250m:	3:46.95	47.64	350m:	5:21.29	46.79
	100m:	1:26.08	45.95	200m:	2:59.31	46.34	300m:	4:34.50	47.55	400m:	6:05.27	43.98
9.	SAWAYA-GUÉRARD, Théo				11	Rouge et Or/Université Laval				6:09.65	189	
	50m:	39.30	39.30	150m:	2:12.37	48.04	250m:	3:48.34	48.52	350m:	5:24.60	47.96
	100m:	1:24.33	45.03	200m:	2:59.82	47.45	300m:	4:36.64	48.30	400m:	6:09.65	45.05
10.	SLAMA, Youssef				11	Rouge et Or/Université Laval				6:14.31	182	
	50m:	42.98	42.98	150m:	2:19.29	48.06	250m:	3:56.03	48.70	350m:	5:31.10	47.76
	100m:	1:31.23	48.25	200m:	3:07.33	48.04	300m:	4:43.34	47.31	400m:	6:14.31	43.21
11.	BAHI, Sad				12	Nsh				6:21.32	172	
	50m:	39.56	39.56	150m:	2:15.22	49.61	250m:	3:56.50	50.69	350m:	5:35.27	49.04
	100m:	1:25.61	46.05	200m:	3:05.81	50.59	300m:	4:46.23	49.73	400m:	6:21.32	46.05
12.	MORISSETTE, Jacob				11	Rouge et Or/Université Laval				6:22.05	171	
	50m:	42.58	42.58	150m:	2:19.96	48.34	250m:	3:58.95	49.13	350m:	5:36.19	48.20
	100m:	1:31.62	49.04	200m:	3:09.82	49.86	300m:	4:47.99	49.04	400m:	6:22.05	45.86
13 - 14 ans												
1.	TREMBLAY, Noah				14	Rouge et Or/Université Laval				4:49.34	394	
	50m:	32.69	32.69	150m:	1:46.42	37.17	250m:	3:00.70	37.08	350m:	4:14.55	36.98
	100m:	1:09.25	36.56	200m:	2:23.62	37.20	300m:	3:37.57	36.87	400m:	4:49.34	34.79
2.	LARIVIÈRE, Simon				14	C.N. Region de Quebec				4:53.98	376	
	50m:	32.94	32.94	150m:	1:47.47	37.40	250m:	3:02.85	37.75	350m:	4:18.18	37.79
	100m:	1:10.07	37.13	200m:	2:25.10	37.63	300m:	3:40.39	37.54	400m:	4:53.98	35.80

Epreuve 2, Garçons, 400m Libre, 13 - 14 ans

Rang				Age					Temps	Pts		
3.	DOYON, Jacob			14	Club de Natation de Montmagny				5:07.71	328		
	50m:	34.79	34.79	150m:	1:52.15	39.55	250m:	3:11.73	39.76	350m:	4:30.26	38.67
	100m:	1:12.60	37.81	200m:	2:31.97	39.82	300m:	3:51.59	39.86	400m:	5:07.71	37.45
4.	CIBAT-LAVAGNE, Hugo			13	Rouge et Or/Université Laval				5:12.37	313		
	50m:	34.22	34.22	150m:	1:51.73	39.39	250m:	3:11.57	39.96	350m:	4:33.47	40.66
	100m:	1:12.34	38.12	200m:	2:31.61	39.88	300m:	3:52.81	41.24	400m:	5:12.37	38.90
5.	LECLERC, Simon			13	Rouge et Or/Université Laval				5:20.61	290		
	50m:	35.63	35.63	150m:	1:57.30	40.88	250m:	3:20.08	41.38	350m:	4:41.64	41.03
	100m:	1:16.42	40.79	200m:	2:38.70	41.40	300m:	4:00.61	40.53	400m:	5:20.61	38.97
6.	CASTONGUAY, Olivier			14	Nsh				5:30.66	264		
	50m:	36.27	36.27	150m:	2:00.28	42.97	250m:	3:27.96	44.42	350m:	4:52.99	40.97
	100m:	1:17.31	41.04	200m:	2:43.54	43.26	300m:	4:12.02	44.06	400m:	5:30.66	37.67
7.	GRENIER, Léo			14	Unik				5:32.01	261		
	50m:	36.43	36.43	150m:	1:59.74	42.56	250m:	3:27.54	43.83	350m:	4:54.25	42.62
	100m:	1:17.18	40.75	200m:	2:43.71	43.97	300m:	4:11.63	44.09	400m:	5:32.01	37.76
8.	PARÉ, Antoine			13	C.N. Region de Quebec				5:34.94	254		
	50m:	35.65	35.65	150m:	1:59.22	42.68	250m:	3:25.83	43.60	350m:	4:54.50	44.45
	100m:	1:16.54	40.89	200m:	2:42.23	43.01	300m:	4:10.05	44.22	400m:	5:34.94	40.44
9.	CASTONGUAY, Edouard			14	Riverains				6:01.46	202		
	50m:	39.21	39.21	150m:		250m:		350m:				
	100m:			200m:		300m:		400m:	6:01.46			
10.	BEAUDET, Gabriel			13	C.N. Region de Quebec				6:22.00	171		
	50m:	38.26	38.26	150m:	2:13.14	49.25	250m:	3:52.12	50.08	350m:	5:34.76	50.81
	100m:	1:23.89	45.63	200m:	3:02.04	48.90	300m:	4:43.95	51.83	400m:	6:22.00	47.24
11.	BAHI, Souleim			14	Nsh				6:34.58	155		
	50m:	40.00	40.00	150m:	2:17.48	50.31	250m:	4:00.53	51.41	350m:	5:46.11	53.15
	100m:	1:27.17	47.17	200m:	3:09.12	51.64	300m:	4:52.96	52.43	400m:	6:34.58	48.47
12.	MORIN, Xavier			14	Cac				6:35.16	154		
	50m:	40.85	40.85	150m:	2:19.46	50.38	250m:	4:02.15	52.04	350m:	5:41.12	49.37
	100m:	1:29.08	48.23	200m:	3:10.11	50.65	300m:	4:51.75	49.60	400m:	6:35.16	54.04

15 - 16 ans

1.	CAMBRON, Maxime			16	C.N. Region de Quebec				4:08.96	619		
	50m:	27.60	27.60	150m:	1:31.75	32.67	250m:	2:36.22	32.73	350m:	3:38.84	31.16
	100m:	59.08	31.48	200m:	2:03.49	31.74	300m:	3:07.68	31.46	400m:	4:08.96	30.12
2.	BÉLANGER, Eliot			16	Riverains				4:17.62	559		
	50m:	29.15	29.15	150m:	1:34.39	33.06	250m:	2:40.40	32.85	350m:	3:46.14	32.59
	100m:	1:01.33	32.18	200m:	2:07.55	33.16	300m:	3:13.55	33.15	400m:	4:17.62	31.48
3.	LAFRENIÈRE, Tommy			15	C.N. Region de Quebec				4:18.04	556		
	50m:	27.93	27.93	150m:	1:32.49	33.06	250m:	2:40.39	34.26	350m:	3:46.93	32.36
	100m:	59.43	31.50	200m:	2:06.13	33.64	300m:	3:14.57	34.18	400m:	4:18.04	31.11
4.	ROCHETTE, Hubert			15	C.N. Region de Quebec				4:25.89	508		
	50m:	29.86	29.86	150m:	1:35.56	33.35	250m:	2:43.55	33.96	350m:	3:52.52	34.73
	100m:	1:02.21	32.35	200m:	2:09.59	34.03	300m:	3:17.79	34.24	400m:	4:25.89	33.37
5.	FORTIN, Ludovic			15	Riverains				4:26.55	504		
	50m:	29.78	29.78	150m:	1:36.87	34.15	250m:	2:44.82	34.18	350m:	3:53.51	34.57
	100m:	1:02.72	32.94	200m:	2:10.64	33.77	300m:	3:18.94	34.12	400m:	4:26.55	33.04

Epreuve 2, Garçons, 400m Libre, 15 - 16 ans

Rang				Age					Temps	Pts		
6.	SLAMA, Seif			16	Rouge et Or/Université Laval				4:29.04	491		
	50m:	29.01	29.01	150m:	1:35.64	34.00	250m:	2:44.99	34.37	350m:	3:55.49	35.38
	100m:	1:01.64	32.63	200m:	2:10.62	34.98	300m:	3:20.11	35.12	400m:	4:29.04	33.55
7.	POMERLEAU, Justin			15	Rouge et Or/Université Laval				4:29.29	489		
	50m:	30.16	30.16	150m:	1:37.72	34.13	250m:	2:47.39	35.30	350m:	3:55.95	34.03
	100m:	1:03.59	33.43	200m:	2:12.09	34.37	300m:	3:21.92	34.53	400m:	4:29.29	33.34
8.	DORVAL, Henri-Louis			15	Rouge et Or/Université Laval				4:37.73	446		
	50m:	30.37	30.37	150m:	1:39.93	35.23	250m:	2:51.02	35.60	350m:	4:02.51	35.68
	100m:	1:04.70	34.33	200m:	2:15.42	35.49	300m:	3:26.83	35.81	400m:	4:37.73	35.22
9.	PAQUIN, Loïc			15	C.N. Region de Quebec				4:37.79	446		
	50m:	31.34	31.34	150m:	1:41.45	35.35	250m:	2:52.53	35.49	350m:	4:04.15	35.99
	100m:	1:06.10	34.76	200m:	2:17.04	35.59	300m:	3:28.16	35.63	400m:	4:37.79	33.64
10.	GAGNON, Charles			15	Rouge et Or/Université Laval				4:46.60	406		
	50m:	31.63	31.63	150m:	1:44.39	36.49	250m:	2:57.68	36.56	350m:	4:11.05	36.75
	100m:	1:07.90	36.27	200m:	2:21.12	36.73	300m:	3:34.30	36.62	400m:	4:46.60	35.55
11.	PICHÉ, Olivier			16	Rouge et Or/Université Laval				4:49.44	394		
	50m:	32.63	32.63	150m:	1:46.45	37.45	250m:	3:01.08	37.38	350m:	4:15.27	36.93
	100m:	1:09.00	36.37	200m:	2:23.70	37.25	300m:	3:38.34	37.26	400m:	4:49.44	34.17
12.	OTIS, Gabriel			16	Rouge et Or/Université Laval				4:53.04	379		
	50m:	32.91	32.91	150m:	1:48.48	38.02	250m:	3:03.35	37.02	350m:	4:17.41	36.69
	100m:	1:10.46	37.55	200m:	2:26.33	37.85	300m:	3:40.72	37.37	400m:	4:53.04	35.63
13.	LANGLAIS, Liam			15	Cac				4:53.37	378		
	50m:	31.61	31.61	150m:	1:44.97	37.06	250m:	3:01.36	38.26	350m:	4:17.57	38.35
	100m:	1:07.91	36.30	200m:	2:23.10	38.13	300m:	3:39.22	37.86	400m:	4:53.37	35.80
14.	VÉZINA, Elliot			15	C.N. Region de Quebec				4:55.17	371		
	50m:	32.93	32.93	150m:	1:48.09	37.99	250m:	3:04.15	37.68	350m:	4:19.60	37.54
	100m:	1:10.10	37.17	200m:	2:26.47	38.38	300m:	3:42.06	37.91	400m:	4:55.17	35.57
15.	LAVOIE, Xavier			16	Nsh				5:29.62	266		
	50m:	35.89	35.89	150m:	1:57.82	42.02	250m:	3:23.07	42.87	350m:	4:49.96	43.62
	100m:	1:15.80	39.91	200m:	2:40.20	42.38	300m:	4:06.34	43.27	400m:	5:29.62	39.66
16.	STEVENS, Maverick			16	Rouge et Or/Université Laval				5:48.05	226		
	50m:	35.73	35.73	150m:	2:01.17	43.61	250m:	3:31.92	45.72	350m:	5:03.99	45.53
	100m:	1:17.56	41.83	200m:	2:46.20	45.03	300m:	4:18.46	46.54	400m:	5:48.05	44.06

17 ans et plus

1.	BÉRUBÉ, Thomas			18	Riverains				4:08.05	626		
	50m:	28.20	28.20	150m:	1:31.15	31.85	250m:	2:34.44	31.66	350m:	3:37.61	31.53
	100m:	59.30	31.10	200m:	2:02.78	31.63	300m:	3:06.08	31.64	400m:	4:08.05	30.44
2.	LÉVESQUE, Alexandre			18	Rouge et Or/Université Laval				4:19.23	548		
	50m:	29.26	29.26	150m:	1:35.36	33.67	250m:	2:42.84	33.61	350m:	3:48.73	32.25
	100m:	1:01.69	32.43	200m:	2:09.23	33.87	300m:	3:16.48	33.64	400m:	4:19.23	30.50
3.	VALLIÈRES, Éloi			19	Rouge et Or/Université Laval				4:23.93	520		
	50m:	29.62	29.62	150m:	1:35.52	33.40	250m:	2:42.92	33.77	350m:	3:51.20	34.11
	100m:	1:02.12	32.50	200m:	2:09.15	33.63	300m:	3:17.09	34.17	400m:	4:23.93	32.73
4.	RENAUD-MEJIA, Tomas			18	Rouge et Or/Université Laval				4:25.06	513		
	50m:	30.17	30.17	150m:	1:39.45	34.99	250m:	2:48.55	34.29	350m:	3:55.08	32.81
	100m:	1:04.46	34.29	200m:	2:14.26	34.81	300m:	3:22.27	33.72	400m:	4:25.06	29.98

Epreuve 2, Messieurs, 400m Libre, 17 ans et plus

Rang					Age					Temps	Pts	
5.	BEULAC, Matys				17	C.N. Region de Quebec				4:25.86	508	
	50m:	29.24	29.24	150m:	1:36.18	34.09	250m:	2:44.87	34.12	350m:	3:53.12	34.06
	100m:	1:02.09	32.85	200m:	2:10.75	34.57	300m:	3:19.06	34.19	400m:	4:25.86	32.74
6.	GOSELIN, Justin				19	C.N. Region de Quebec				4:30.70	482	
	50m:	30.23	30.23	150m:	1:37.99	34.03	250m:	2:46.01	34.05	350m:	3:56.15	35.08
	100m:	1:03.96	33.73	200m:	2:11.96	33.97	300m:	3:21.07	35.06	400m:	4:30.70	34.55
7.	LÉGER, Thomas				17	Rouge et Or/Université Laval				4:38.40	443	
	50m:	30.76	30.76	150m:	1:40.85	35.62	250m:	2:52.62	35.92	350m:	4:04.15	35.62
	100m:	1:05.23	34.47	200m:	2:16.70	35.85	300m:	3:28.53	35.91	400m:	4:38.40	34.25
8.	CAUX, Samuel				17	C.N. Region de Quebec				4:40.81	431	
	50m:	31.73	31.73	150m:	1:40.87	35.10	250m:	2:52.34	35.99	350m:	4:05.44	36.58
	100m:	1:05.77	34.04	200m:	2:16.35	35.48	300m:	3:28.86	36.52	400m:	4:40.81	35.37
9.	CORRIVEAU-BONOSTRO, Charles				17	Rouge et Or/Université Laval				4:49.04	395	
	50m:	30.43	30.43	150m:	1:39.93	35.30	250m:	2:53.94	37.76	350m:	4:10.73	38.36
	100m:	1:04.63	34.20	200m:	2:16.18	36.25	300m:	3:32.37	38.43	400m:	4:49.04	38.31
10.	PAQUET, Cédrik				17	Unik				4:56.19	367	
	50m:	31.25	31.25	150m:	1:46.48	38.26	250m:	3:02.77	38.15	350m:	4:19.39	38.29
	100m:	1:08.22	36.97	200m:	2:24.62	38.14	300m:	3:41.10	38.33	400m:	4:56.19	36.80