

Campeonato Regional Absolutos e Torneio Nadador Completo Infantis
Sines, 23 - 24/11/2024

Prova 7 Femin., 200m Livres 12 anos e mais velhos
23/11/2024 - 11:05 Resultados

Rec Regional Open	2:01.17	Ana Reis SOUSA	CNLA	Leiria	03/12/2017
Rec Regional 18 +	2:12.30	Nicoleta LASCU	CNLA	Ponte de Sor	07/03/2020
Rec Regional 17	2:12.95	Catarina Isabel ALVES	AMINATA	Ponte de Sor	11/03/2023
Rec Regional 16	2:01.17	Ana Reis SOUSA	CNLA	Leiria	03/12/2017
Rec Regional 15	2:08.21	Ana Reis SOUSA	CNLA	Guarda	04/12/2016
Rec Regional 14	2:13.13	Ana Reis SOUSA	CNLA	Setubal	06/12/2015
Rec Regional 13	2:18.44	Ana Filipa COSTA	CDAV	Sines	13/03/2011
Rec Regional 12	2:31.29	Carolina Pastor ESCADA	AMINATA	Sto Antonio Cavaleiros	16/03/2012

Pontos: AQUA 2024

Lugar	Ano		Tempo final	Pts	50m	100m	150m	200m	
14 anos e mais velhos									
1.	Ines Diogo MESTRE	11	Aljustrelense	2:29.22	403	33.73	38.12	39.13	38.24
2.	Maria Ines LUIS	11	Aljustrelense	2:29.44	402	32.47	38.46	40.33	38.18
3.	Maria Lua PISCO	07	Acmn	2:29.52	401	34.08	36.79	38.97	39.68
4.	Joana Afonso BANZA	09	Aljustrelense	2:29.94	398	33.21	37.41	39.96	39.36
5.	Margarida Silva SANTOS	07	Aljustrelense	2:32.32	379	33.21	37.57	41.25	40.29
6.	L. GONCALVES	10	Ndco	2:33.10	374	35.49	38.55	40.25	38.81
7.	M. PUCARINHAS	09	Estremoz / Estremozcarnes	2:34.47	364	35.79	38.61	40.24	39.83
8.	Sofia Moreira DIAS	10	Acmn	2:37.70	342	36.99	39.76	41.57	39.38
9.	Leonor Barao GUERREIR	10	Aljustrelense	2:39.81	328	33.96	39.18	43.72	42.95
10.	L. MARINHEIRO	10	Zona Azul	2:40.11	327	35.89	40.28	42.22	41.72
11.	Teresa Ribeiro ROCHA	11	Aminata	2:43.20	308	36.22	41.63	43.40	41.95
12.	Ines Sofia LOPES	10	Aljustrelense	2:44.60	300	35.98	40.56	44.15	43.91
13.	Rita Isabel OLIVEIRA	10	Estremoz / Estremozcarnes	2:46.04	293	38.51	42.12	44.10	41.31
14.	Alice Figueiredo LEITAO	07	GSC Grândola Sports Club	2:46.52	290	37.22	42.17	44.12	43.01
15.	Alice Raquel DIAS	11	Grupo Desportivo Mora	2:49.36	276	38.19	42.17	44.12	44.88
16.	Camila Filipa CUSTODIO	11	GSC Grândola Sports Club	2:53.02	259	39.82	46.26	45.18	41.76
17.	Constanca Alves MATOS	11	Litoral Alentejano	2:57.91	238	38.48	44.07	47.09	48.27
18.	Ines Gomes GAMITO	10	GSC Grândola Sports Club	3:02.77	219	42.67	46.61	48.25	45.24
19.	Iris Pena COSTA	09	Aljustrelense	3:04.73	212	39.45	46.32	49.71	49.25
20.	Leonor Luz PEDRO	07	GSC Grândola Sports Club	3:05.11	211	42.64	46.88	47.37	48.22
21.	Sofia Leal FURTADO	11	Acmn	3:07.98	202	41.82	46.92	49.62	49.62
22.	Catarina Esteves OLIVEIR	10	Acmn	3:14.33	182	40.23	49.00	52.69	52.41
23.	Marta Charneca VIEIRA	10	Acmn	3:17.66	173	44.70	51.28	51.75	49.93
24.	Marisa Santos RAMALHO	11	Estremoz / Estremozcarnes	3:28.86	147	40.93	52.15	59.15	56.63
25.	Shi ZIQI	10	Grupo Desportivo Mora	3:29.83	145	43.62	53.24	58.38	54.59
EXH	M. CASTILHO	09	Laranjeiro	2:16.76	524	30.59	33.17	35.97	37.03
EXH	Carmo Rosa MADEIRA	11	Laranjeiro	2:25.50	435	33.83	37.16	37.91	36.60
EXH	Lara Amorim PEREIRA	13	Litoral Alentejano	2:45.09	298	38.53	41.95	43.23	41.38
EXH	Maria Brito PALMA	12	Zona Azul	2:53.42	257	39.26	44.00	45.51	44.65
EXH	Sophia Maria PESTANA	12	Zona Azul	2:58.73	235	39.91	44.93	47.53	46.36
EXH	Sofia MEDEIRO HORTA	12	Zona Azul	3:02.72	220	40.54	48.11	48.79	45.28
EXH	Laura Gomes MESTRE	12	Aljustrelense	3:17.30	174	44.07	49.06	52.36	51.81
EXH	Diana Domingos SANTOS	12	GSC Grândola Sports Club	3:17.48	174	43.06	50.02	52.34	52.06
EXH	Alice Estrela GUERRINHA	13	Litoral Alentejano	3:21.45	164	44.12	50.77	54.30	52.26
EXH	Catia Mendes FIDALGO	12	GSC Grândola Sports Club	3:23.85	158	47.36	54.08	53.75	48.66
EXH	Alice Fortunato CORREIA	13	GSC Grândola Sports Club	3:26.84	151	48.00	53.51	54.32	51.01
EXH	C. GUIMARAES	12	GSC Grândola Sports Club	3:27.38	150	44.86	52.30	56.25	53.97
EXH	Sofia Oliveira PEREIRA	12	GSC Grândola Sports Club	3:27.65	149	45.40	55.56	58.03	48.66
EXH	Maria Leonor CALCAO	13	Acmn	3:28.78	147	47.67	54.25	56.79	50.07
EXH	Carolina Neves MESTRE	13	Aljustrelense	3:29.78	145	46.59	55.12	54.35	53.72
EXH	Maria Vitoria HRYNIV	13	GSC Grândola Sports Club	3:39.58	126	46.16	58.10	58.93	56.39