

Campeonato Regional Absolutos e Torneio Nadador Completo Infantis
Sines, 23 - 24/11/2024

Prova 23 Femin., 800m Livres 14 anos e mais velhos
24/11/2024 - 9:30 Resultados

Rec Regional Open	8:55.34	Ana Reis SOUSA	CNLA	Porto	10/12/2017
Rec Regional 18 +	10:04.09	Sofia Oliveira SILVA	CNLA	Sines	20/11/2022
Rec Regional 17	9:51.32	Sofia Cristina GRILO	Ind ANALEI	Ponte de Sôr	15/03/2014
Rec Regional 16	8:55.34	Ana Reis SOUSA	CNLA	Porto	10/12/2017
Rec Regional 15	9:30.24	Ana Reis SOUSA	CNLA	Abrantes	26/11/2016
Rec Regional 14	9:37.43	Ana Reis SOUSA	CNLA	Caldas da Rainha	28/11/2015

Pontos: AQUA 2024

Lugar	Nome	Ano	Clube	Tempo final	Pontos
1.	Maria Lua PISCO	07	Acmn	11:29.84	331
	100m: 1:21.52 1:21.52	300m: 4:14.87 1:26.42	500m: 7:09.42 1:26.98	700m: 10:04.25 1:27.81	
	200m: 2:48.45 1:26.93	400m: 5:42.44 1:27.57	600m: 8:36.44 1:27.02	800m: 11:29.84 1:25.59	
2.	Rita Isabel OLIVEIRA	10	Estremoz / Estremozcarnes	11:33.47	326
	100m: 1:22.70 1:22.70	300m: 4:16.31 1:27.10	500m: 7:11.08 1:27.50	700m: 10:07.40 1:29.01	
	200m: 2:49.21 1:26.51	400m: 5:43.58 1:27.27	600m: 8:38.39 1:27.31	800m: 11:33.47 1:26.07	
3.	Maria Leonor LADEIRAS	10	Acmn	12:22.18	266
	100m: 1:23.34 1:23.34	300m: 4:30.94 1:35.23	500m: 7:43.45 1:36.56	700m: 10:54.44 1:34.94	
	200m: 2:55.71 1:32.37	400m: 6:06.89 1:35.95	600m: 9:19.50 1:36.05	800m: 12:22.18 1:27.74	