



Nationale zwembkampioenschappen / Championnat de natation national
Blankenberge, 16 - 17/11/2024

Epreuve 16
16/11/24 - 14:54

Dames, 400m 4 nages

Cat. générale
Liste résultats

Fros/ftfn 50m: 7:24.00 - 25m: 7:24.00

Rang	AN		Temps		insch. tijd					
1. CLAEYS Nette	08	VZO	5:27.31	5:43.54						
50m: 34.78	34.78	150m: 1:58.81	43.80	250m: 3:26.76	47.09	350m: 4:51.20	37.72			
100m: 1:15.01	40.23	200m: 2:39.67	40.86	300m: 4:13.48	46.72	400m: 5:27.31	36.11			
2. SCHILLEWAERT Ofelia	08	VZO	5:54.95	5:48.07						
50m: 39.79	39.79	150m: 2:12.15	44.82	250m: 3:45.58	49.55	350m: 5:17.11	40.68			
100m: 1:27.33	47.54	200m: 2:56.03	43.88	300m: 4:36.43	50.85	400m: 5:54.95	37.84			
3. DE PUE Ine	99	VZSA	6:11.43	6:15.83						
50m: 38.65	38.65	150m: 2:13.80	46.29	250m: 3:52.57	53.75	350m: 5:31.81	42.98			
100m: 1:27.51	48.86	200m: 2:58.82	45.02	300m: 4:48.83	56.26	400m: 6:11.43	39.62			
4. VAN DEN BERGH Quittry	93	ZVM	6:12.76	6:15.06						
50m: 37.58	37.58	150m: 2:11.59	47.23	250m: 3:56.40	58.39	350m: 5:31.77	42.80			
100m: 1:24.36	46.78	200m: 2:58.01	46.42	300m: 4:48.97	52.57	400m: 6:12.76	40.99			
5. HEMELSOET Imani	07	VZSA	6:52.47	7:01.50						
50m: 42.66	42.66	150m: 2:28.43	52.28	250m: 4:19.21	1:01.12	350m: 6:06.35	46.21			
100m: 1:36.15	53.49	200m: 3:18.09	49.66	300m: 5:20.14	1:00.93	400m: 6:52.47	46.12			
6. VERGAUWE Yanaika	09	VZN	6:54.95	7:12.16						
50m: 45.04	45.04	150m: 2:39.77	56.25	250m: 4:30.52	53.27	350m: 6:12.69	46.47			
100m: 1:43.52	58.48	200m: 3:37.25	57.48	300m: 5:26.22	55.70	400m: 6:54.95	42.26			