

45. Meeting Internazionale del Ceresio
Lugano, 11. - 12.1.2025

gara 18
12.01.2025 - 15:20

Donne, 400m Mista

14 anni e più vecchi
Risultati Finale

Vincitore 2024	4:52.64	BRANCA, Elisa	ITA	Lugano	14.01.2024
Record manifestazione	4:44.91	PAINI, Elisa	ASTV	Lugano	15.01.2005

Pointi: AQUA 2024

Rango			An					Tempo	Pt.			
Finale A												
1.	FASANI, Chiara		03	Nuotatori Milanesi				4:49.21	717			
	50m:	31.17	31.17	150m:	1:44.78	37.60	250m:	3:01.91	39.84	350m:	4:16.50	34.22
	100m:	1:07.18	36.01	200m:	2:22.07	37.29	300m:	3:42.28	40.37	400m:	4:49.21	32.71
2.	VENTURUZZO, Daniela		11	Acqua13				5:00.48	639			
	50m:	32.10	32.10	150m:	1:47.61	38.43	250m:	3:06.94	41.46	350m:	4:25.75	36.44
	100m:	1:09.18	37.08	200m:	2:25.48	37.87	300m:	3:49.31	42.37	400m:	5:00.48	34.73
3.	VENTURUZZO, Martina		08	Acqua13				5:06.78	601			
	50m:	31.73	31.73	150m:	1:48.93	40.77	250m:	3:13.91	44.95	350m:	4:34.04	35.29
	100m:	1:08.16	36.43	200m:	2:28.96	40.03	300m:	3:58.75	44.84	400m:	5:06.78	32.74
4.	D'IORIO, Micol		09	Turrita Nuoto				5:07.30	598			
	50m:	32.29	32.29	150m:	1:48.84	40.11	250m:	3:13.55	45.62	350m:	4:34.32	34.51
	100m:	1:08.73	36.44	200m:	2:27.93	39.09	300m:	3:59.81	46.26	400m:	5:07.30	32.98
5.	GUALDI, Aurora		10	BLU SSD				5:16.10	549			
	50m:	33.56	33.56	150m:	1:55.27	42.27	250m:	3:20.63	44.08	350m:	4:41.33	35.96
	100m:	1:13.00	39.44	200m:	2:36.55	41.28	300m:	4:05.37	44.74	400m:	5:16.10	34.77
squal.	BERRA, Adele		11	Team Legnano Nuoto				5:09.86				
	<i>404 - Tocco non in posizione dorsale (arrivo) 8</i>											
	50m:	33.98	33.98	150m:	1:52.06	39.07	250m:	3:15.96	45.11	350m:	4:35.70	35.65
	100m:	1:12.99	39.01	200m:	2:30.85	38.79	300m:	4:00.05	44.09	400m:	5:09.86	34.16
Finale B												
7.	FERRIAN, Sofia		09	Sport Club 12				5:08.63	590			
	50m:	32.88	32.88	150m:	1:51.63	40.09	250m:	3:16.22	45.11	350m:	4:36.03	34.46
	100m:	1:11.54	38.66	200m:	2:31.11	39.48	300m:	4:01.57	45.35	400m:	5:08.63	32.60
8.	COSCIA, Giulia		09	Phoenix Asd				5:08.97	588			
	50m:	33.13	33.13	150m:	1:50.02	38.24	250m:	3:13.64	46.04	350m:	4:34.96	35.13
	100m:	1:11.78	38.65	200m:	2:27.60	37.58	300m:	3:59.83	46.19	400m:	5:08.97	34.01
9.	PEROLARI, Federica		09	BLU SSD				5:10.86	577			
	50m:	33.93	33.93	150m:	1:54.37	42.28	250m:	3:18.52	43.12	350m:	4:37.60	35.17
	100m:	1:12.09	38.16	200m:	2:35.40	41.03	300m:	4:02.43	43.91	400m:	5:10.86	33.26
10.	FOSSA, Carlotta		11	Sport Club 12				5:11.15	576			
	50m:	33.15	33.15	150m:	1:53.15	41.81	250m:	3:16.35	43.41	350m:	4:35.92	35.69
	100m:	1:11.34	38.19	200m:	2:32.94	39.79	300m:	4:00.23	43.88	400m:	5:11.15	35.23
11.	MANZATO, Elisa		08	Sporting Club 63				5:13.07	565			
	50m:	33.77	33.77	150m:	1:53.07	42.09	250m:	3:18.80	44.89	350m:	4:38.81	35.69
	100m:	1:10.98	37.21	200m:	2:33.91	40.84	300m:	4:03.12	44.32	400m:	5:13.07	34.26
12.	RESELLI, Sveva Costanza Maria		08	Team Legnano Nuoto				5:15.54	552			
	50m:	33.45	33.45	150m:	1:54.07	41.91	250m:	3:19.71	44.12	350m:	4:40.07	36.06
	100m:	1:12.16	38.71	200m:	2:35.59	41.52	300m:	4:04.01	44.30	400m:	5:15.54	35.47