



Campeonato Distrital de JUV, JUN, SEN)
Tomar, 19 e 20 de Novembro de 2022

Prova 3 Masc., 1500m Livres Juvenil
16/11/2024 - 9:06 Resultados

Rec Nac 25m Open	14:39.82	Jose Paulo Lopes	POR	Abu Dhabi (UAE)	20/12/2021
Rec Nac 25m Juv A	15:36.31	Rui Filipe Costa	VSC	Braga	04/03/2007
Rec Nac 25m Juv B	15:55.78	Rui Silva Pereira	POR	Tomar	14/01/2023

Juv B: 23:05.00; Juv A: 22:49.00

Pontos: AQUA 2024

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
1.	David Filipe Pacheco	M	205810	10	BUZIOS-Coruche	16:47.01	594	
	50m: 28.52	300m: 3:13.44	550m: 6:02.34	800m: 8:52.69	1050m: 11:43.35	1300m: 14:34.52		
	100m: 1:00.25	350m: 3:47.00	600m: 6:36.27	850m: 9:26.99	1100m: 12:17.83	1350m: 15:08.24		
	150m: 1:33.26	400m: 4:20.83	650m: 7:10.33	900m: 10:00.91	1150m: 12:51.78	1400m: 15:41.88		
	200m: 2:06.32	450m: 4:54.58	700m: 7:44.39	950m: 10:34.98	1200m: 13:26.60	1450m: 16:15.70		
	250m: 2:39.53	500m: 5:28.36	750m: 8:18.35	1000m: 11:09.25	1250m: 14:00.50	1500m: 16:47.01		
2.	Daniel Filipe Jorge	M	210798	10	Rio Maior	18:16.03	461	
	50m: 31.36	300m: 3:31.86	550m: 6:36.28	800m: 9:41.55	1050m: 12:46.88	1300m: 15:52.10		
	100m: 1:06.28	350m: 4:08.23	600m: 7:13.27	850m: 10:19.25	1100m: 13:24.13	1350m: 16:29.56		
	150m: 1:42.24	400m: 4:45.00	650m: 7:50.45	900m: 10:55.95	1150m: 14:00.82	1400m: 17:05.93		
	200m: 2:18.32	450m: 5:22.59	700m: 8:27.92	950m: 11:32.88	1200m: 14:37.62	1450m: 17:41.27		
	250m: 2:55.19	500m: 5:59.49	750m: 9:04.68	1000m: 12:09.88	1250m: 15:14.77	1500m: 18:16.03		
3.	Tiago Frazao Barra	M	214568	10	Rio Maior	18:34.49	438	
	50m: 32.14	300m: 3:37.90	550m: 6:46.21	800m: 9:54.32	1050m: 13:01.51	1300m: 16:08.89		
	100m: 1:08.08	350m: 4:16.05	600m: 7:23.78	850m: 10:31.72	1100m: 13:38.83	1350m: 16:45.76		
	150m: 1:45.03	400m: 4:54.06	650m: 8:01.57	900m: 11:09.44	1150m: 14:16.22	1400m: 17:22.75		
	200m: 2:22.36	450m: 5:30.61	700m: 8:38.90	950m: 11:47.14	1200m: 14:53.77	1450m: 17:58.82		
	250m: 2:59.80	500m: 6:08.45	750m: 9:16.76	1000m: 12:24.83	1250m: 15:31.34	1500m: 18:34.49		
4.	Lourenço Vicente Geada	M	213355	10	Torres Novas	19:17.76	391	
	50m: 33.68	300m: 3:45.27	550m: 6:59.56	800m: 10:14.72	1050m: 13:31.74	1300m: 16:47.04		
	100m: 1:11.48	350m: 4:23.98	600m: 7:38.89	850m: 10:53.98	1100m: 14:11.15	1350m: 17:25.28		
	150m: 1:49.84	400m: 5:02.64	650m: 8:17.56	900m: 11:33.90	1150m: 14:50.21	1400m: 18:03.53		
	200m: 2:28.29	450m: 5:42.06	700m: 8:56.89	950m: 12:13.12	1200m: 15:29.28	1450m: 18:41.50		
	250m: 3:06.91	500m: 6:21.22	750m: 9:35.75	1000m: 12:52.31	1250m: 16:08.55	1500m: 19:17.76		
5.	Lourenco Manuel Palmeiro	M	215507	10	BUZIOS-Coruche	21:24.57	286	
	50m: 37.20	300m: 4:10.25	550m: 7:48.81	800m: 11:26.39	1050m: 15:04.88	1300m: 18:41.00		
	100m: 1:18.30	350m: 4:54.00	600m: 8:32.65	850m: 12:10.38	1100m: 15:48.98	1350m: 19:23.16		
	150m: 2:00.68	400m: 5:37.40	650m: 9:16.21	900m: 12:53.91	1150m: 16:32.62	1400m: 20:04.68		
	200m: 2:43.30	450m: 6:21.13	700m: 9:59.05	950m: 13:37.84	1200m: 17:15.44	1450m: 20:46.30		
	250m: 3:26.60	500m: 7:05.36	750m: 10:42.66	1000m: 14:21.16	1250m: 17:58.75	1500m: 21:24.57		
6.	Vicente Jose Carrilho	M	215508	10	BUZIOS-Coruche	22:19.69	252	
	50m: 36.42	100m: 1:18.72	200m: 2:48.43	400m: 5:47.40	800m: 11:53.86	1500m: 22:19.69		

Prova 3 Masc., 1500m Livres Junior
16/11/2024 - 9:06 Resultados

Rec Nac 25m Open	14:39.82	Jose Paulo Lopes	POR	Abu Dhabi (UAE)	20/12/2021
Rec Nac 25m Jun18	15:06.77	Filipe Miguel Santo	SLB	Funchal	26/03/2018
Rec Nac 25m Jun17	15:05.57	Gustavo Manuel Santa	CNLA	Leiria	06/12/2009

Jun/Sen: 21:04.00

Pontos: AQUA 2024

Lugar	Nome	Sexo	Licença	Ano	Clube	Tempo Final	Pts	Obs
1.	Joao Pedro Monteiro	M	203021	08	BUZIOS-Coruche	17:26.62	529	
	50m: 29.95	300m: 3:17.13	550m: 6:12.45	800m: 9:09.29	1050m: 12:06.16	1300m: 15:05.01		
	100m: 1:02.34	350m: 3:51.91	600m: 6:47.92	850m: 9:45.09	1100m: 12:42.31	1350m: 15:40.71		
	150m: 1:35.92	400m: 4:26.55	650m: 7:23.41	900m: 10:20.42	1150m: 13:18.14	1400m: 16:16.88		
	200m: 2:09.31	450m: 5:01.53	700m: 7:58.53	950m: 10:54.35	1200m: 13:53.75	1450m: 16:52.24		
	250m: 2:42.81	500m: 5:36.95	750m: 8:33.57	1000m: 11:30.43	1250m: 14:29.48	1500m: 17:26.62		
2.	Tomas Alexandre Santos	M	200575	07	BUZIOS-Coruche	17:32.62	520	
	50m: 29.45	300m: 3:18.91	550m: 6:14.73	800m: 9:12.03	1050m: 12:10.24	1300m: 15:09.87		
	100m: 1:01.73	350m: 3:53.71	600m: 6:49.75	850m: 9:47.65	1100m: 12:46.14	1350m: 15:46.12		
	150m: 1:35.52	400m: 4:28.74	650m: 7:25.32	900m: 10:22.93	1150m: 13:22.13	1400m: 16:22.06		
	200m: 2:09.88	450m: 5:03.94	700m: 8:00.77	950m: 10:58.70	1200m: 13:57.76	1450m: 16:57.90		
	250m: 2:44.36	500m: 5:39.22	750m: 8:36.50	1000m: 11:34.13	1250m: 14:33.65	1500m: 17:32.62		
3.	Leonardo Gomes Silva	M	210802	08	Rio Maior	18:51.86	418	
	50m: 32.39	100m: 1:09.14	200m: 2:24.18	400m: 4:55.25	800m: 9:58.78	1500m: 18:51.86		



Campeonato Distrital de JUV, JUN, SEN)
Tomar, 19 e 20 de Novembro de 2022

Prova 3, Masc., 1500m Livres

Prova 3	Masc., 1500m Livres					Juvenil B
16/11/2024 - 9:06						Resultados
Rec Nac 25m Open	14:39.82	Jose Paulo Lopes	POR	Abu Dhabi (UAE)	20/12/2021	
Rec Nac 25m Juv B	15:55.78	Rui Silva Pereira	POR	Tomar	14/01/2023	

: 23:05.00

Pontos: AQUA 2024

Lugar	Nome	Sexo	Licena	Ano	Clube	Tempo Final	Pts	Obs
1.	David Filipe Pacheco	M	205810	10	BUZIOS-Coruche	16:47.01	594	
	50m: 28.52	300m: 3:13.44	550m: 6:02.34	800m: 8:52.69	1050m: 11:43.35	1300m: 14:34.52		
	100m: 1:00.25	350m: 3:47.00	600m: 6:36.27	850m: 9:26.99	1100m: 12:17.83	1350m: 15:08.24		
	150m: 1:33.26	400m: 4:20.83	650m: 7:10.33	900m: 10:00.91	1150m: 12:51.78	1400m: 15:41.88		
	200m: 2:06.32	450m: 4:54.58	700m: 7:44.39	950m: 10:34.98	1200m: 13:26.60	1450m: 16:15.70		
	250m: 2:39.53	500m: 5:28.36	750m: 8:18.35	1000m: 11:09.25	1250m: 14:00.50	1500m: 16:47.01		
2.	Daniel Filipe Jorge	M	210798	10	Rio Maior	18:16.03	461	
	50m: 31.36	300m: 3:31.86	550m: 6:36.28	800m: 9:41.55	1050m: 12:46.88	1300m: 15:52.10		
	100m: 1:06.28	350m: 4:08.23	600m: 7:13.27	850m: 10:19.25	1100m: 13:24.13	1350m: 16:29.56		
	150m: 1:42.24	400m: 4:45.00	650m: 7:50.45	900m: 10:55.95	1150m: 14:00.82	1400m: 17:05.93		
	200m: 2:18.32	450m: 5:22.59	700m: 8:27.92	950m: 11:32.88	1200m: 14:37.62	1450m: 17:41.27		
	250m: 2:55.19	500m: 5:59.49	750m: 9:04.68	1000m: 12:09.88	1250m: 15:14.77	1500m: 18:16.03		
3.	Tiago Frazao Barra	M	214568	10	Rio Maior	18:34.49	438	
	50m: 32.14	300m: 3:37.90	550m: 6:46.21	800m: 9:54.32	1050m: 13:01.51	1300m: 16:08.89		
	100m: 1:08.08	350m: 4:16.05	600m: 7:23.78	850m: 10:31.72	1100m: 13:38.83	1350m: 16:45.76		
	150m: 1:45.03	400m: 4:54.06	650m: 8:01.57	900m: 11:09.44	1150m: 14:16.22	1400m: 17:22.75		
	200m: 2:22.36	450m: 5:30.61	700m: 8:38.90	950m: 11:47.14	1200m: 14:53.77	1450m: 17:58.82		
	250m: 2:59.80	500m: 6:08.45	750m: 9:16.76	1000m: 12:24.83	1250m: 15:31.34	1500m: 18:34.49		
4.	Lourenco Vicente Geada	M	213355	10	Torres Novas	19:17.76	391	
	50m: 33.68	300m: 3:45.27	550m: 6:59.56	800m: 10:14.72	1050m: 13:31.74	1300m: 16:47.04		
	100m: 1:11.48	350m: 4:23.98	600m: 7:38.89	850m: 10:53.98	1100m: 14:11.15	1350m: 17:25.28		
	150m: 1:49.84	400m: 5:02.64	650m: 8:17.56	900m: 11:33.90	1150m: 14:50.21	1400m: 18:03.53		
	200m: 2:28.29	450m: 5:42.06	700m: 8:56.89	950m: 12:13.12	1200m: 15:29.28	1450m: 18:41.50		
	250m: 3:06.91	500m: 6:21.22	750m: 9:35.75	1000m: 12:52.31	1250m: 16:08.55	1500m: 19:17.76		
5.	Lourenco Manuel Palmeiro	M	215507	10	BUZIOS-Coruche	21:24.57	286	
	50m: 37.20	300m: 4:10.25	550m: 7:48.81	800m: 11:26.39	1050m: 15:04.88	1300m: 18:41.00		
	100m: 1:18.30	350m: 4:54.00	600m: 8:32.65	850m: 12:10.38	1100m: 15:48.98	1350m: 19:23.16		
	150m: 2:00.68	400m: 5:37.40	650m: 9:16.21	900m: 12:53.91	1150m: 16:32.62	1400m: 20:04.68		
	200m: 2:43.30	450m: 6:21.13	700m: 9:59.05	950m: 13:37.84	1200m: 17:15.44	1450m: 20:46.30		
	250m: 3:26.60	500m: 7:05.36	750m: 10:42.66	1000m: 14:21.16	1250m: 17:58.75	1500m: 21:24.57		
6.	Vicente Jose Carrilho	M	215508	10	BUZIOS-Coruche	22:19.69	252	
	50m: 36.42	100m: 1:18.72	200m: 2:48.43	400m: 5:47.40	800m: 11:53.86	1500m: 22:19.69		

Prova 3 Masc., 1500m Livres Infantil B

16/11/2024 - 9:06

Resultados

Rec Nac 25m Open	14:39.82	Jose Paulo Lopes	POR	Abu Dhabi (UAE)	20/12/2021
Rec Nac 25m Inf B	17:11.29	Andre Vilas Ruivo	DNMG	Leiria	03/03/2013

Pontos: AQUA 2024

Lugar	Nome	Sexo	Licena	Ano	Clube	Tempo Final	Pts	Obs
1.	Afonso Ferreira Cruz	M	211280	12	CLAC-Entroncamento	26:37.86	148	
	50m: 42.54	100m: 1:31.02	200m: 3:14.22	400m: 6:48.62	800m: 14:00.75	1500m: 26:37.86		

Prova 3 Masc., 1500m Livres Infantil A

16/11/2024 - 9:06

Resultados

Rec Nac 25m Open	14:39.82	Jose Paulo Lopes	POR	Abu Dhabi (UAE)	20/12/2021
Rec Nac 25m Inf A	16:13.14	Andre Vilas Ruivo	DNMG	Campo Maior	30/03/2014

Pontos: AQUA 2024

Lugar	Nome	Sexo	Licena	Ano	Clube	Tempo Final	Pts	Obs
1.	Martim Maria Salvador	M	211307	11	Nautico Salvaterra Magos	19:52.23	358	
	50m: 31.88	300m: 3:43.94	550m: 7:02.40	800m: 10:24.98	1050m: 13:48.19	1300m: 17:14.70		
	100m: 1:08.49	350m: 4:23.43	600m: 7:43.09	850m: 11:05.04	1100m: 14:29.58	1350m: 17:55.23		
	150m: 1:45.88	400m: 5:02.54	650m: 8:22.76	900m: 11:45.56	1150m: 15:10.74	1400m: 18:35.87		
	200m: 2:25.51	450m: 5:42.28	700m: 9:03.56	950m: 12:26.17	1200m: 15:52.15	1450m: 19:15.45		
	250m: 3:05.12	500m: 6:22.07	750m: 9:44.13	1000m: 13:07.50	1250m: 16:33.24	1500m: 19:52.23		