

Défi distance RED  
Drummondville, 30-11-2024

Epreuve 2  
2024-11-30 - 8:33

400m Libre  
Commandité par MNP

8 ans et plus  
Liste résultats

Points: AQUA 2024

Rang			Age							Temps	Pts	
<b>8 - 10 ans, Garçons</b>												
1.	BOUAKKAZ, Badis		10	Sher						<b>6:16.75</b>	178	
	50m:	42.03	42.03	150m:	2:18.77	47.52	250m:	3:52.91	46.86	350m:	5:28.41	47.97
	100m:	1:31.25	49.22	200m:	3:06.05	47.28	300m:	4:40.44	47.53	400m:	6:16.75	48.34
2.	MANAHOV, Anthony		10	C.N. Chambly						<b>7:03.16</b>	126	
	50m:	48.40	48.40	150m:	2:36.44	54.12	250m:	4:24.44	54.84	350m:	6:11.00	53.11
	100m:	1:42.32	53.92	200m:	3:29.60	53.16	300m:	5:17.89	53.45	400m:	7:03.16	52.16
<b>11 - 12 ans, Filles</b>												
1.	WANG, Emily Zihan		12	Club de Natation SAMAK						<b>5:04.07</b>	440	
	50m:	33.48	33.48	150m:	1:49.08	38.31	250m:	3:07.72	39.37	350m:	4:26.15	39.37
	100m:	1:10.77	37.29	200m:	2:28.35	39.27	300m:	3:46.78	39.06	400m:	5:04.07	37.92
2.	MORIN, Romy		11	Sher						<b>5:17.70</b>	385	
	50m:	36.38	36.38	150m:	1:57.78	40.94	250m:	3:19.14	40.54	350m:	4:39.66	40.06
	100m:	1:16.84	40.46	200m:	2:38.60	40.82	300m:	3:59.60	40.46	400m:	5:17.70	38.04
3.	ZENG, Shirley		12	Club de Natation SAMAK						<b>5:18.35</b>	383	
	50m:	35.44	35.44	150m:	1:55.93	40.98	250m:	3:17.51	40.75	350m:	4:39.42	40.37
	100m:	1:14.95	39.51	200m:	2:36.76	40.83	300m:	3:59.05	41.54	400m:	5:18.35	38.93
4.	SONG, Yige		12	Club de Natation SAMAK						<b>5:26.77</b>	354	
	50m:	37.74	37.74	150m:	2:00.89	42.16	250m:	3:24.43	41.42	350m:	4:46.87	41.36
	100m:	1:18.73	40.99	200m:	2:43.01	42.12	300m:	4:05.51	41.08	400m:	5:26.77	39.90
5.	LORD, Roslyn		12	Club Natation Bois Francs						<b>5:31.40</b>	339	
	50m:	37.63	37.63	150m:	2:02.94	43.06	250m:			350m:	4:52.31	41.49
	100m:	1:19.88	42.25	200m:	2:45.26	42.32	300m:	4:10.82		400m:	5:31.40	39.09
6.	CLERMONT-GRONDIN, Adèle		12	C.N. Chambly						<b>6:09.28</b>	245	
	50m:	42.89	42.89	150m:	2:18.24	48.26	250m:	3:52.46	46.01	350m:	5:25.76	46.59
	100m:	1:29.98	47.09	200m:	3:06.45	48.21	300m:	4:39.17	46.71	400m:	6:09.28	43.52
7.	VINET, Juliette		11	C.N. Chambly						<b>6:30.45</b>	207	
	50m:	44.61	44.61	150m:	2:22.21	48.91	250m:	4:02.34	49.96	350m:	5:42.96	51.09
	100m:	1:33.30	48.69	200m:	3:12.38	50.17	300m:	4:51.87	49.53	400m:	6:30.45	47.49
8.	LASANTÉ, Olivia		12	Requins de Drummondville						<b>6:42.34</b>	189	
	50m:	43.87	43.87	150m:	2:25.14	51.42	250m:	4:08.03	52.25	350m:	5:54.78	53.49
	100m:	1:33.72	49.85	200m:	3:15.78	50.64	300m:	5:01.29	53.26	400m:	6:42.34	47.56
9.	EHLERMANN, Lana Lou		11	C.N. Chambly						<b>6:44.28</b>	187	
	50m:	47.23	47.23	150m:	2:31.17	52.12	250m:	4:17.47	53.67	350m:	6:00.14	50.24
	100m:	1:39.05	51.82	200m:	3:23.80	52.63	300m:	5:09.90	52.43	400m:	6:44.28	44.14
10.	VAILLANCOURT, Camille		12	Requins de Drummondville						<b>6:47.33</b>	183	
	50m:	42.37	42.37	150m:	2:28.75		250m:	4:13.42	51.93	350m:	5:57.95	50.92
	100m:			200m:	3:21.49	52.74	300m:	5:07.03	53.61	400m:	6:47.33	49.38
11.	EL ASRI, Sofia		11	C.N. Chambly						<b>7:00.76</b>	166	
	50m:	46.78	46.78	150m:	2:36.10	54.04	250m:	4:24.88	53.91	350m:	6:11.51	53.89
	100m:	1:42.06	55.28	200m:	3:30.97	54.87	300m:	5:17.62	52.74	400m:	7:00.76	49.25
12.	OLASSA, Ève		11	C.N. Chambly						<b>7:08.55</b>	157	
	50m:	47.17	47.17	150m:	2:37.15	54.82	250m:	4:26.78	54.43	350m:	6:16.84	54.55
	100m:	1:42.33	55.16	200m:	3:32.35	55.20	300m:	5:22.29	55.51	400m:	7:08.55	51.71

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Epreuve 2, Filles, 400m Libre, 11 - 12 ans

Rang			Age					Temps	Pts
13.	MOREAU, Mikaela		12	Requins de Drummondville				<b>7:25.52</b>	139
	50m:		150m:	2:44.37	57.61	250m:	37.69	350m:	6:31.69
	100m:	1:46.76	200m:			300m:		400m:	7:25.52
									53.83

11 - 13 ans, Garçons

1.	LOGHIN, Oliver		13	Club de Natation SAMAK				<b>4:53.82</b>	376		
	50m:	32.85	150m:	1:46.96	37.02	250m:	3:01.71	37.69	350m:	4:17.39	37.90
	100m:	1:09.94	200m:	2:24.02	37.06	300m:	3:39.49	37.78	400m:	4:53.82	36.43
2.	DO, Olivier		12	Club de Natation SAMAK				<b>5:00.69</b>	351		
	50m:	33.15	150m:	1:48.77	38.23	250m:	3:05.66	38.08	350m:	4:23.97	38.83
	100m:	1:10.54	200m:	2:27.58	38.81	300m:	3:45.14	39.48	400m:	5:00.69	36.72
3.	AISSA, Anas		12	Club de Natation SAMAK				<b>5:01.89</b>	347		
	50m:	34.33	150m:	1:50.01	38.40	250m:	3:07.03	38.49	350m:	4:24.21	38.71
	100m:	1:11.61	200m:	2:28.54	38.53	300m:	3:45.50	38.47	400m:	5:01.89	37.68
4.	HOANG, Hayden		12	Club de Natation SAMAK				<b>5:02.22</b>	346		
	50m:	33.84	150m:	1:51.19	39.31	250m:	3:07.91	37.79	350m:	4:25.48	38.31
	100m:	1:11.88	200m:	2:30.12	38.93	300m:	3:47.17	39.26	400m:	5:02.22	36.74
5.	LIU, zirui		12	Club de Natation SAMAK				<b>5:07.38</b>	329		
	50m:	33.80	150m:	1:51.43	39.51	250m:	3:11.23	39.27	350m:	4:28.75	39.28
	100m:	1:11.92	200m:	2:31.96	40.53	300m:	3:49.47	38.24	400m:	5:07.38	38.63
6.	MAJEAU, Édouard		13	Sher				<b>5:17.84</b>	297		
	50m:	34.74	150m:	1:55.05	40.79	250m:	3:17.08	40.55	350m:	4:39.10	39.97
	100m:	1:14.26	200m:	2:36.53	41.48	300m:	3:59.13	42.05	400m:	5:17.84	38.74
7.	OCHMAN-ARSENAULT, Benjamin		12	Club de Natation SAMAK				<b>5:25.99</b>	276		
	50m:	34.66	150m:	1:56.03	41.22	250m:	3:19.99	42.19	350m:	4:45.41	41.94
	100m:	1:14.81	200m:	2:37.80	41.77	300m:	4:03.47	43.48	400m:	5:25.99	40.58
8.	PERRON, Henri		12	Sorel Tracy Natation				<b>5:30.13</b>	265		
	50m:	37.07	150m:	2:03.17	43.44	250m:	3:28.07	42.17	350m:	4:52.00	41.05
	100m:	1:19.73	200m:	2:45.90	42.73	300m:	4:10.95	42.88	400m:	5:30.13	38.13
9.	BREAU, Félix		13	Club de Natation SAMAK				<b>5:42.41</b>	238		
	50m:	37.39	150m:	2:03.74	43.57	250m:	3:31.39	43.58	350m:	5:00.89	45.11
	100m:	1:20.17	200m:	2:47.81	44.07	300m:	4:15.78	44.39	400m:	5:42.41	41.52
10.	DROUIN, Anthony		13	Club de Natation SAMAK				<b>5:47.96</b>	226		
	50m:	40.52	150m:	2:09.44	45.47	250m:	3:37.67	44.64	350m:	5:05.53	44.01
	100m:	1:23.97	200m:	2:53.03	43.59	300m:	4:21.52	43.85	400m:	5:47.96	42.43
11.	FEDDAG, Rayan		11	Club de Natation SAMAK				<b>5:51.82</b>	219		
	50m:	37.30	150m:	2:05.70	44.27	250m:	3:36.39	45.70	350m:	5:08.56	46.38
	100m:	1:21.43	200m:	2:50.69	44.99	300m:	4:22.18	45.79	400m:	5:51.82	43.26
12.	VILLENEUVE, Loïc		13	C.N. Chambly				<b>6:16.72</b>	178		
	50m:	42.11	150m:	2:20.48	49.54	250m:	3:57.82	47.89	350m:	5:35.59	49.21
	100m:	1:30.94	200m:	3:09.93	49.45	300m:	4:46.38	48.56	400m:	6:16.72	41.13
13.	BORDONARO, Leo		11	C.N. Chambly				<b>6:26.06</b>	166		
	50m:	43.12	150m:	2:20.79	49.50	250m:	4:00.30	49.34	350m:	5:40.49	50.05
	100m:	1:31.29	200m:	3:10.96	50.17	300m:	4:50.44	50.14	400m:	6:26.06	45.57
14.	MAAROUFI, Mohamed Anas		13	Requins de Drummondville				<b>6:32.42</b>	158		
	50m:	39.54	150m:	2:18.37	50.74	250m:	4:04.13	52.55	350m:	5:46.87	51.69
	100m:	1:27.63	200m:	3:11.58	53.21	300m:	4:55.18	51.05	400m:	6:32.42	45.55

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Epreuve 2, Garçons, 400m Libre, 11 - 13 ans

Rang			Age					Temps	Pts
15.	MANAHOV, George		11	C.N. Chambly				<b>6:48.20</b>	140
	50m:	45.72 45.72	150m:	2:30.38 53.23	250m:	4:14.01 52.76	350m:	5:59.20 52.48	
	100m:	1:37.15 51.43	200m:	3:21.25 50.87	300m:	5:06.72 52.71	400m:	6:48.20 49.00	

13 - 14 ans, Filles

1.	NAULT, Laurence		14	Club Natation Bois Francs				<b>4:44.13</b>	539
	50m:	31.69 31.69	150m:	1:42.35 36.12	250m:	2:55.02 36.45	350m:	4:08.65 36.83	
	100m:	1:06.23 34.54	200m:	2:18.57 36.22	300m:	3:31.82 36.80	400m:	4:44.13 35.48	
2.	HUANG, Vinciane		13	Club de Natation SAMAK				<b>5:01.91</b>	449
	50m:	33.97 33.97	150m:	1:48.38 37.79	250m:	3:06.55 39.45	350m:	4:24.54 38.39	
	100m:	1:10.59 36.62	200m:	2:27.10 38.72	300m:	3:46.15 39.60	400m:	5:01.91 37.37	
3.	YU, Chloe		13	Club de Natation SAMAK				<b>5:02.50</b>	447
	50m:	34.24 34.24	150m:	1:49.89 37.87	250m:	3:07.86 39.09	350m:	4:24.84 38.30	
	100m:	1:12.02 37.78	200m:	2:28.77 38.88	300m:	3:46.54 38.68	400m:	5:02.50 37.66	
4.	DINU, Maria Ioana		13	Club de Natation SAMAK				<b>5:04.51</b>	438
	50m:	35.46 35.46	150m:	1:53.05 38.88	250m:	3:10.14 38.49	350m:	4:27.48 38.54	
	100m:	1:14.17 38.71	200m:	2:31.65 38.60	300m:	3:48.94 38.80	400m:	5:04.51 37.03	
5.	BOISSONNEAULT, Mathilde		14	Club Natation Bois Francs				<b>5:05.48</b>	434
	50m:	32.73 32.73	150m:	1:48.22 38.42	250m:	3:07.55 39.48	350m:	4:27.58 39.66	
	100m:	1:09.80 37.07	200m:	2:28.07 39.85	300m:	3:47.92 40.37	400m:	5:05.48 37.90	
6.	BLAIS, Marianne		13	Club Natation Bois Francs				<b>5:10.69</b>	412
	50m:	34.12 34.12	150m:	1:50.78 39.17	250m:	3:10.57 40.06	350m:	4:30.91 40.20	
	100m:	1:11.61 37.49	200m:	2:30.51 39.73	300m:	3:50.71 40.14	400m:	5:10.69 39.78	
7.	TSANG, Chloe Oi Yan		13	Club de Natation SAMAK				<b>5:12.76</b>	404
	50m:	34.26 34.26	150m:	1:51.72 38.88	250m:	3:10.15 39.24	350m:	4:34.60 44.80	
	100m:	1:12.84 38.58	200m:	2:30.91 39.19	300m:	3:49.80 39.65	400m:	5:12.76 38.16	
8.	RAMDANI, Sara		14	Club de Natation SAMAK				<b>5:18.46</b>	383
	50m:	35.92 35.92	150m:	1:56.09 40.51	250m:	3:17.15 40.19	350m:	4:39.08 41.42	
	100m:	1:15.58 39.66	200m:	2:36.96 40.87	300m:	3:57.66 40.51	400m:	5:18.46 39.38	
9.	BOMBARDIER, Cecile		13	Sher				<b>5:20.53</b>	375
	50m:	34.23 34.23	150m:	1:55.95 41.71	250m:	3:18.88 41.49	350m:	4:40.96 40.43	
	100m:	1:14.24 40.01	200m:	2:37.39 41.44	300m:	4:00.53 41.65	400m:	5:20.53 39.57	
10.	RHEAULT, Clémence		13	Sorel Tracy Natation				<b>5:28.91</b>	347
	50m:	37.31 37.31	150m:	1:59.99 42.36	250m:	3:24.81 41.95	350m:	4:49.24 41.81	
	100m:	1:17.63 40.32	200m:	2:42.86 42.87	300m:	4:07.43 42.62	400m:	5:28.91 39.67	
11.	AUDY, Alice		13	Club de Natation SAMAK				<b>5:30.13</b>	343
	50m:	35.48 35.48	150m:	1:59.35 43.32	250m:	3:25.33 43.26	350m:	4:50.05 41.72	
	100m:	1:16.03 40.55	200m:	2:42.07 42.72	300m:	4:08.33 43.00	400m:	5:30.13 40.08	
12.	LALIBERTE, Sofia		14	Club de Natation SAMAK				<b>5:34.33</b>	331
	50m:	35.36 35.36	150m:	1:59.39 42.97	250m:	3:26.45 43.65	350m:	4:52.09 42.33	
	100m:	1:16.42 41.06	200m:	2:42.80 43.41	300m:	4:09.76 43.31	400m:	5:34.33 42.24	
13.	MARTEL, Annaève		13	Requins de Drummondville				<b>6:04.12</b>	256
	50m:	39.29 39.29	150m:	2:12.39 47.65	250m:	3:46.88 47.16	350m:	5:20.78 46.57	
	100m:	1:24.74 45.45	200m:	2:59.72 47.33	300m:	4:34.21 47.33	400m:	6:04.12 43.34	
14.	SOLTANI, Elissa		13	Sher				<b>6:09.92</b>	244
	50m:	40.39 40.39	150m:	2:12.55 46.57	250m:	3:48.68 48.20	350m:	5:23.92 47.33	
	100m:	1:25.98 45.59	200m:	3:00.48 47.93	300m:	4:36.59 47.91	400m:	6:09.92 46.00	

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Drummondville, 30-11-2024

Epreuve 2, Filles, 400m Libre, 13 - 14 ans

Rang			Age					Temps	Pts
15.	ROY, Alissia		14	C.N. Chambly				<b>6:11.30</b>	241
	50m:	41.91 41.91	150m:	2:18.17	49.14	250m:	3:53.66 46.34	350m:	5:28.82 48.31
	100m:	1:29.03 47.12	200m:	3:07.32	49.15	300m:	4:40.51 46.85	400m:	6:11.30 42.48
16.	RASOLOFO, Leona Jade		14	Requins de Drummondville				<b>6:25.40</b>	216
	50m:	39.95 39.95	150m:	2:14.91	48.19	250m:	3:52.04 48.28	350m:	5:35.00 51.93
	100m:	1:26.72 46.77	200m:	3:03.76	48.85	300m:	4:43.07 51.03	400m:	6:25.40 50.40
14 - 15 ans, Garçons									
1.	NAULT, Xavier		15	Club Natation Bois Francs				<b>4:15.23</b>	575
	50m:	27.36 27.36	150m:	1:30.03	32.10	250m:	2:35.85 32.94	350m:	3:42.31 33.27
	100m:	57.93 30.57	200m:	2:02.91	32.88	300m:	3:09.04 33.19	400m:	4:15.23 32.92
2.	BOUAKKAZ, Idris Iyed		15	Sher				<b>4:37.82</b>	445
	50m:	29.90 29.90	150m:	1:39.50	35.45	250m:	2:51.53 35.91	350m:	4:04.19 36.07
	100m:	1:04.05 34.15	200m:	2:15.62	36.12	300m:	3:28.12 36.59	400m:	4:37.82 33.63
3.	SHABALIN F, Gregory		15	Club de Natation SAMAK				<b>4:42.83</b>	422
	50m:	30.54 30.54	150m:	1:40.65	35.64	250m:	2:53.60 36.68	350m:	4:07.10 36.64
	100m:	1:05.01 34.47	200m:	2:16.92	36.27	300m:	3:30.46 36.86	400m:	4:42.83 35.73
4.	DERAKHSHANNIA, Arad		14	Club de Natation SAMAK				<b>4:46.38</b>	407
	50m:	31.95 31.95	150m:	1:43.78	36.73	250m:	2:57.46 36.75	350m:	4:10.90 36.71
	100m:	1:07.05 35.10	200m:	2:20.71	36.93	300m:	3:34.19 36.73	400m:	4:46.38 35.48
5.	CHANG, Michael Jingqi		14	Club de Natation SAMAK				<b>4:51.19</b>	387
	50m:	32.31 32.31	150m:	1:44.99	36.87	250m:	3:01.07 37.99	350m:	4:16.03 37.31
	100m:	1:08.12 35.81	200m:	2:23.08	38.09	300m:	3:38.72 37.65	400m:	4:51.19 35.16
6.	YE, brayden cho yin		14	Club de Natation SAMAK				<b>5:05.32</b>	335
	50m:	34.11 34.11	150m:	1:50.40	38.79	250m:	3:08.48 38.97	350m:	4:27.08 39.48
	100m:	1:11.61 37.50	200m:	2:29.51	39.11	300m:	3:47.60 39.12	400m:	5:05.32 38.24
15 - 16 ans, Filles									
1.	FERNET, Sarah		15	Requins de Drummondville				<b>5:04.33</b>	439
	50m:	33.15 33.15	150m:	1:48.82	38.23	250m:	3:07.71 39.62	350m:	4:26.90 39.16
	100m:	1:10.59 37.44	200m:	2:28.09	39.27	300m:	3:47.74 40.03	400m:	5:04.33 37.43
2.	ZUNIGA-SOLIS, Daniela		15	Requins de Drummondville				<b>5:12.80</b>	404
	50m:	33.42 33.42	150m:	1:49.33	38.86	250m:	3:09.43 40.34	350m:	4:32.19 41.51
	100m:	1:10.47 37.05	200m:	2:29.09	39.76	300m:	3:50.68 41.25	400m:	5:12.80 40.61
3.	LALIBERTÉ, Camélia		16	Club de Natation SAMAK				<b>5:58.68</b>	268
	50m:	38.65 38.65	150m:	2:07.90	45.71	250m:	3:40.90 46.46	350m:	5:14.32 46.38
	100m:	1:22.19 43.54	200m:	2:54.44	46.54	300m:	4:27.94 47.04	400m:	5:58.68 44.36
16 - 17 ans, Garçons									
1.	SOARE, Victor		16	Club Natation Bois Francs				<b>4:27.46</b>	499
	50m:	27.73 27.73	150m:	1:32.17	33.37	250m:	2:41.18 35.08	350m:	3:53.26 35.91
	100m:	58.80 31.07	200m:	2:06.10	33.93	300m:	3:17.35 36.17	400m:	4:27.46 34.20
2.	DUONG, Elven		16	Club de Natation SAMAK				<b>4:38.81</b>	441
	50m:	30.80 30.80	150m:	1:38.11	33.98	250m:	2:49.16 36.10	350m:	4:02.56 37.23
	100m:	1:04.13 33.33	200m:	2:13.06	34.95	300m:	3:25.33 36.17	400m:	4:38.81 36.25
3.	LÉVEILLÉE, Justin		16	Requins de Drummondville				<b>4:56.54</b>	366
	50m:	31.89 31.89	150m:	1:46.83	38.41	250m:	3:04.64 38.95	350m:	4:21.38 37.79
	100m:	1:08.42 36.53	200m:	2:25.69	38.86	300m:	3:43.59 38.95	400m:	4:56.54 35.16

Défi distance RED  
Drummondville, 30-11-2024

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Epreuve 2, Garçons, 400m Libre, 16 - 17 ans

Rang				Age					Temps	Pts		
4.	LEFEBVRE, Charles			16	Club de Natation SAMAK				<b>5:08.75</b>	324		
	50m:	33.37	33.37	150m:	1:50.70	39.15	250m:	3:10.01	39.77	350m:	4:29.03	39.56
	100m:	1:11.55	38.18	200m:	2:30.24	39.54	300m:	3:49.47	39.46	400m:	5:08.75	39.72

17 ans et plus, Dames

1.	MATHIEU-GAGNON, Chloé			17	Requins de Drummondville				<b>4:53.49</b>	489		
	50m:	31.75	31.75	150m:	1:46.27	37.80	250m:	3:02.16	37.85	350m:	4:17.84	37.55
	100m:	1:08.47	36.72	200m:	2:24.31	38.04	300m:	3:40.29	38.13	400m:	4:53.49	35.65