

Défi Calac - 11 ans et plus
LaSalle, 1- - 3-11-2024

Epreuve 15
2024-11-03 - 9:44

400m 4 nages

11 ans et plus
Liste résultats

Points: AQUA 2024

Rang			Age							Temps	Pts	
11 - 12 ans, Filles												
1.	SINGH, Amodée		11	Cote Saint-Luc Aquatics						6:39.46	272	
	50m:	41.58	41.58	150m:	2:24.32	51.88	250m:	4:09.53	56.46	350m:	5:54.24	46.11
	100m:	1:32.44	50.86	200m:	3:13.07	48.75	300m:	5:08.13	58.60	400m:	6:39.46	45.22
13 - 14 ans, Filles												
1.	WENER, Jadyne		14	Cote Saint-Luc Aquatics						5:36.22	456	
	50m:	36.85	36.85	150m:	2:03.40	44.18	250m:	3:35.16	48.99	350m:	5:01.22	36.90
	100m:	1:19.22	42.37	200m:	2:46.17	42.77	300m:	4:24.32	49.16	400m:	5:36.22	35.00
2.	AN, Cathy		13	Club Aquatique Calac Lasalle						6:00.29	371	
	50m:			150m:			250m:			350m:		
	100m:			200m:			300m:			400m:	6:00.29	
3.	COROVINA, Elizaveta		13	Cote Saint-Luc Aquatics						6:17.54	322	
	50m:	42.51	42.51	150m:	2:20.78	47.66	250m:	4:02.38	55.77	350m:	5:38.34	40.98
	100m:	1:33.12	50.61	200m:	3:06.61	45.83	300m:	4:57.36	54.98	400m:	6:17.54	39.20
4.	BOULANGER-BERTHIAUME, Zoé		13	Club Aquatique Calac Lasalle						6:23.62	307	
	50m:	46.08	46.08	150m:	2:25.44	48.79	250m:	4:03.52	52.59	350m:	5:43.74	46.06
	100m:	1:36.65	50.57	200m:	3:10.93	45.49	300m:	4:57.68	54.16	400m:	6:23.62	39.88
13 - 14 ans, Garçons												
1.	BENZACAR, William		14	Cote Saint-Luc Aquatics						5:40.28	328	
	50m:	36.57	36.57	150m:	2:06.16	43.69	250m:	3:34.81	46.60	350m:	5:01.83	39.69
	100m:	1:22.47	45.90	200m:	2:48.21	42.05	300m:	4:22.14	47.33	400m:	5:40.28	38.45
2.	WANG, Yannick Immanuel		14	Dorval Swim Club						6:00.02	277	
	50m:	44.90	44.90	150m:	2:25.06	46.12	250m:	3:56.09	45.60	350m:	5:24.03	39.90
	100m:	1:38.94	54.04	200m:	3:10.49	45.43	300m:	4:44.13	48.04	400m:	6:00.02	35.99
3.	WANG, Elijah Immanuel		13	Dorval Swim Club						6:22.07	232	
	50m:	44.99	44.99	150m:	2:25.10	47.09	250m:	4:04.52	52.96	350m:	5:40.08	43.48
	100m:	1:38.01	53.02	200m:	3:11.56	46.46	300m:	4:56.60	52.08	400m:	6:22.07	41.99
15 ans et plus, Dames												
1.	LEFRANCOIS, Audrey		16	Cote Saint-Luc Aquatics						5:16.13	549	
	50m:	33.99	33.99	150m:	1:52.54	39.66	250m:	3:17.38	45.30	350m:	4:40.46	35.78
	100m:	1:12.88	38.89	200m:	2:32.08	39.54	300m:	4:04.68	47.30	400m:	5:16.13	35.67
2.	KUDINOV, Catherine		15	Cote Saint-Luc Aquatics						5:26.65	498	
	50m:	35.62	35.62	150m:	1:58.74	43.52	250m:	3:25.38	44.28	350m:	4:49.88	38.07
	100m:	1:15.22	39.60	200m:	2:41.10	42.36	300m:	4:11.81	46.43	400m:	5:26.65	36.77
3.	WEIGENBERG, Kyla		16	Dorval Swim Club						6:57.57	238	
	50m:	43.90	43.90	150m:	2:32.49	53.93	250m:	4:21.29	56.76	350m:	6:09.74	50.62
	100m:	1:38.56	54.66	200m:	3:24.53	52.04	300m:	5:19.12	57.83	400m:	6:57.57	47.83

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15 ans et plus, Messieurs

1. PAULINS, Sebastian	26	Cote Saint-Luc Aquatics	4:23.42	708
50m:	150m:	250m:	350m:	
100m:	200m:	300m:	400m: 4:23.42	