

Défi Calac - 11 ans et plus  
LaSalle, 1- - 3-11-2024

Event 10  
2024-11-02 - 10:08

400m Freestyle

11 years and older  
Results

Points: AQUA 2024

Rank					Age					Time	Pts	
<b>11 - 12 years, Girls</b>												
1.	SINGH, Amodée				11	Cote Saint-Luc Aquatics				<b>5:46.15</b>	298	
	50m:	38.19	38.19	150m:	2:06.90	45.09	250m:	3:35.80	44.22	350m:	5:04.27	44.40
	100m:	1:21.81	43.62	200m:	2:51.58	44.68	300m:	4:19.87	44.07	400m:	5:46.15	41.88
2.	CAZA, Charlotte				12	Club Aquatique Calac Lasalle				<b>6:59.54</b>	167	
	50m:	45.90	45.90	150m:	2:32.83	53.99	250m:	4:20.15	53.81	350m:	6:08.49	54.19
	100m:	1:38.84	52.94	200m:	3:26.34	53.51	300m:	5:14.30	54.15	400m:	6:59.54	51.05
<b>11 - 12 years, Boys</b>												
1.	SILVERWOOD-YOUNG, Owen				12	Dorval Swim Club				<b>6:11.81</b>	186	
	50m:			150m:			250m:			350m:		
	100m:			200m:			300m:			400m:	6:11.81	
2.	BOYKO, Tomas				12	Club Aquatique Calac Lasalle				<b>6:12.00</b>	185	
	50m:	41.83	41.83	150m:	2:16.13	45.92	250m:	3:55.25	49.98	350m:	5:31.17	47.30
	100m:	1:30.21	48.38	200m:	3:05.27	49.14	300m:	4:43.87	48.62	400m:	6:12.00	40.83
<b>13 - 14 years, Girls</b>												
1.	WENER, Jady				14	Cote Saint-Luc Aquatics				<b>4:58.60</b>	464	
	50m:	33.78	33.78	150m:	1:49.92	38.05	250m:	3:05.63	37.56	350m:	4:21.71	38.14
	100m:	1:11.87	38.09	200m:	2:28.07	38.15	300m:	3:43.57	37.94	400m:	4:58.60	36.89
2.	ANDERSON, Lillian				14	Cote Saint-Luc Aquatics				<b>5:02.80</b>	445	
	50m:			150m:			250m:			350m:		
	100m:			200m:			300m:			400m:	5:02.80	
3.	BRAUN, Kate				14	Cote Saint-Luc Aquatics				<b>5:11.36</b>	409	
	50m:	34.72	34.72	150m:	1:54.24	39.73	250m:	3:14.60	40.30	350m:	4:32.86	38.62
	100m:	1:14.51	39.79	200m:	2:34.30	40.06	300m:	3:54.24	39.64	400m:	5:11.36	38.50
4.	CONVIE, Lucy				14	Cote Saint-Luc Aquatics				<b>5:16.10</b>	391	
	50m:	35.22	35.22	150m:	1:55.97	40.82	250m:	3:16.32	39.76	350m:	4:37.09	39.83
	100m:	1:15.15	39.93	200m:	2:36.56	40.59	300m:	3:57.26	40.94	400m:	5:16.10	39.01
5.	TANNY, Leora				13	Cote Saint-Luc Aquatics				<b>5:17.37</b>	387	
	50m:			150m:			250m:			350m:		
	100m:			200m:			300m:			400m:	5:17.37	
6.	COROVINA, Elizaveta				13	Cote Saint-Luc Aquatics				<b>5:24.80</b>	361	
	50m:	37.22	37.22	150m:	1:59.00	41.31	250m:	3:22.08	41.50	350m:	4:44.67	40.82
	100m:	1:17.69	40.47	200m:	2:40.58	41.58	300m:	4:03.85	41.77	400m:	5:24.80	40.13
7.	AN, Cathy				13	Club Aquatique Calac Lasalle				<b>5:26.10</b>	356	
	50m:	35.72	35.72	150m:	1:57.73	41.79	250m:	3:21.60	41.74	350m:	4:45.70	41.98
	100m:	1:15.94	40.22	200m:	2:39.86	42.13	300m:	4:03.72	42.12	400m:	5:26.10	40.40
8.	BRUNET, Tess				14	Cote Saint-Luc Aquatics				<b>5:29.25</b>	346	
	50m:	37.20	37.20	150m:	1:59.27	41.46	250m:	3:24.26	42.23	350m:	4:49.51	43.00
	100m:	1:17.81	40.61	200m:	2:42.03	42.76	300m:	4:06.51	42.25	400m:	5:29.25	39.74
9.	BOULANGER-BERTHIAUME, Zoe				13	Club Aquatique Calac Lasalle				<b>5:34.56</b>	330	
	50m:			150m:			250m:			350m:		
	100m:			200m:			300m:			400m:	5:34.56	

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Event 10, Girls, 400m Freestyle, 13 - 14 years

Rank			Age					Time	Pts
10.	TASSE, Megan		13	Cote Saint-Luc Aquatics				<b>5:36.38</b>	325
	50m:	37.44 37.44	150m:	2:03.50	43.45	250m:	3:28.97 41.41	350m:	4:54.97 43.15
	100m:	1:20.05 42.61	200m:	2:47.56	44.06	300m:	4:11.82 42.85	400m:	5:36.38 41.41
11.	SVIATNENKO, Ivanna		14	Cote Saint-Luc Aquatics				<b>5:45.50</b>	300
	50m:	38.33 38.33	150m:	2:07.05	44.43	250m:	3:36.82 44.78	350m:	5:04.14 43.77
	100m:	1:22.62 44.29	200m:	2:52.04	44.99	300m:	4:20.37 43.55	400m:	5:45.50 41.36

13 - 14 years, Boys

1.	SFESTAROF, Harald		14	Cote Saint-Luc Aquatics				<b>4:55.66</b>	369
	50m:	31.53 31.53	150m:	1:44.85	37.37	250m:	3:01.98 39.07	350m:	4:18.58 38.25
	100m:	1:07.48 35.95	200m:	2:22.91	38.06	300m:	3:40.33 38.35	400m:	4:55.66 37.08
2.	GUERETTE, Takuro		13	Club Aquatique Calac Lasalle				<b>5:26.87</b>	273
	50m:		150m:		250m:		350m:		
	100m:		200m:		300m:		400m:	5:26.87	
3.	BERNIER, Nehemiah		14	Dorval Swim Club				<b>5:33.79</b>	257
	50m:	37.92 37.92	150m:	2:03.16	43.42	250m:	3:30.10 43.29	350m:	4:55.69 42.67
	100m:	1:19.74 41.82	200m:	2:46.81	43.65	300m:	4:13.02 42.92	400m:	5:33.79 38.10
4.	ZHANG, Yuze		14	Dorval Swim Club				<b>5:42.51</b>	237
	50m:	39.34 39.34	150m:	2:06.12	43.87	250m:	3:35.44 44.91	350m:	5:02.03 43.04
	100m:	1:22.25 42.91	200m:	2:50.53	44.41	300m:	4:18.99 43.55	400m:	5:42.51 40.48
5.	LIU, Mark		14	Club Aquatique Calac Lasalle				<b>5:44.45</b>	233
	50m:	39.27 39.27	150m:	2:08.42	44.89	250m:	3:37.04 43.69	350m:	5:04.34 43.20
	100m:	1:23.53 44.26	200m:	2:53.35	44.93	300m:	4:21.14 44.10	400m:	5:44.45 40.11
6.	KUCHINSKY, Simon		13	Cote Saint-Luc Aquatics				<b>5:48.94</b>	225
	50m:	38.38 38.38	150m:	2:03.62	43.30	250m:	3:32.34 44.02	350m:	5:04.98 46.55
	100m:	1:20.32 41.94	200m:	2:48.32	44.70	300m:	4:18.43 46.09	400m:	5:48.94 43.96

15 years and older, Women

1.	KUDINOV, Catherine		15	Cote Saint-Luc Aquatics				<b>4:50.61</b>	504
	50m:	33.23 33.23	150m:	1:46.95	37.21	250m:	3:00.89 36.55	350m:	4:14.77 36.92
	100m:	1:09.74 36.51	200m:	2:24.34	37.39	300m:	3:37.85 36.96	400m:	4:50.61 35.84
2.	GIBEROVITCH, Ella		15	Cote Saint-Luc Aquatics				<b>4:53.84</b>	487
	50m:	33.46 33.46	150m:	1:48.08	37.38	250m:	3:02.66 37.14	350m:	4:17.95 37.49
	100m:	1:10.70 37.24	200m:	2:25.52	37.44	300m:	3:40.46 37.80	400m:	4:53.84 35.89
3.	LAROSE, Elishka		15	Cote Saint-Luc Aquatics				<b>4:55.07</b>	481
	50m:	34.10 34.10	150m:	1:49.71	38.33	250m:	3:06.16 38.37	350m:	4:21.54 37.16
	100m:	1:11.38 37.28	200m:	2:27.79	38.08	300m:	3:44.38 38.22	400m:	4:55.07 33.53
4.	BOUCHER DEROUIN, Cendrine		19	Club Aquatique Calac Lasalle				<b>5:11.35</b>	409
	50m:	35.32 35.32	150m:	1:53.07	39.04	250m:	3:12.32 39.55	350m:	4:32.02 39.86
	100m:	1:14.03 38.71	200m:	2:32.77	39.70	300m:	3:52.16 39.84	400m:	5:11.35 39.33
5.	BACHER-SPITZER, Zahavit		17	Cote Saint-Luc Aquatics				<b>5:14.17</b>	399
	50m:	35.34 35.34	150m:	1:54.18	39.87	250m:	3:14.92 40.18	350m:	4:34.78 39.91
	100m:	1:14.31 38.97	200m:	2:34.74	40.56	300m:	3:54.87 39.95	400m:	5:14.17 39.39
6.	BOUCHER DEROUIN, Kassandra		16	Club Aquatique Calac Lasalle				<b>5:19.82</b>	378
	50m:	36.02 36.02	150m:	1:55.84	40.42	250m:	3:16.19 40.23	350m:	4:38.62 41.36
	100m:	1:15.42 39.40	200m:	2:35.96	40.12	300m:	3:57.26 41.07	400m:	5:19.82 41.20

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Event 10, Women, 400m Freestyle, 15 years and older

Rank			Age					Time	Pts
7.	TOURANGEAU, Lyvia		16	Club Aquatique Calac Lasalle				<b>5:22.53</b>	368
	50m:	37.76 37.76	150m:	1:57.72	40.37	250m:	3:20.50 41.50	350m:	4:42.90 40.98
	100m:	1:17.35 39.59	200m:	2:39.00	41.28	300m:	4:01.92 41.42	400m:	5:22.53 39.63

15 years and older, Men

1.	PAULINS, Sebastian		26	Cote Saint-Luc Aquatics				<b>3:53.02</b>	755
	50m:		150m:		250m:		350m:		
	100m:		200m:		300m:		400m:	3:53.02	
2.	UYANGA, Temuun		17	Cote Saint-Luc Aquatics				<b>4:26.66</b>	504
	50m:	29.69 29.69	150m:	1:35.74	33.46	250m:	2:43.59 33.95	350m:	3:53.55 35.00
	100m:	1:02.28 32.59	200m:	2:09.64	33.90	300m:	3:18.55 34.96	400m:	4:26.66 33.11
3.	RUSCITO, Marcus		16	Cote Saint-Luc Aquatics				<b>4:38.96</b>	440
	50m:	30.94 30.94	150m:	1:41.52	35.55	250m:	2:53.18 35.80	350m:	4:04.91 35.82
	100m:	1:05.97 35.03	200m:	2:17.38	35.86	300m:	3:29.09 35.91	400m:	4:38.96 34.05
4.	CHOUBANE, Sami		15	Club Aquatique Calac Lasalle				<b>5:29.78</b>	266
	50m:	38.96 38.96	150m:		250m:		350m:	4:52.59 41.31	
	100m:	1:20.97 42.01	200m:	2:46.94		300m:	4:11.28	400m:	5:29.78 37.19