

gara 7 Donne, 400m Stile Libero 11 anni e più vecchi
10.05.2025 - 15:25 Risultati

RT	4:09.29	Rigamonti Flavia	AST	Austin (USA)	06.06.2008
RM 17 +	4:23.41	Oestringer Cherele	SUI	Tenero	25.05.2013
RM 15 - 16	4:30.58	Landoni Annalisa	ITA	Locarno	26.06.2005
RM 13 - 14	4:39.41	Decataldo Giulia	ITA	Tenero	07.05.2016
RM 11 - 12	5:00.86	Vismara Anna	SUI	Tenero	06.05.2017
V24 17 +	4:32.06	Bertschi Amélie	SUI	Tenero	11.05.2024
V24 15 - 16	4:33.66	Razakarivony Soannah	SUI	Tenero	11.05.2024
V24 13 - 14	4:47.90	Possamai Layssa	ITA	Tenero	11.05.2024
V24 11 - 12	5:07.21	Lim Kezia	SUI	Tenero	11.05.2024

Pointi: FINA 2023

Rango	An								Tempo		Pt.	
11 - 12 anni												
1.	Valsesia Ylenia			13	Mendrisiotto Nuoto				5:04.37	468		
	50m:	35.48	35.48	150m:	1:53.16	39.07	250m:	3:10.67	38.93	350m:	4:27.83	38.71
	100m:	1:14.09	38.61	200m:	2:31.74	38.58	300m:	3:49.12	38.45	400m:	5:04.37	36.54
2.	Pellanda Esmeralda			13	Nuoto Sport Locarno				5:07.54	454		
	50m:	34.52	34.52	150m:	1:53.11	39.56	250m:	3:11.81	39.25	350m:	4:29.88	39.04
	100m:	1:13.55	39.03	200m:	2:32.56	39.45	300m:	3:50.84	39.03	400m:	5:07.54	37.66
3.	Cavegn Gianna			13	Region Ostschweiz				5:09.15	447		
	50m:	32.32	32.32	150m:	1:50.26	39.75	250m:	3:09.93	40.04	350m:	4:28.92	40.28
	100m:	1:10.51	38.19	200m:	2:29.89	39.63	300m:	3:48.64	38.71	400m:	5:09.15	40.23
4.	Spagnolo Ludovica			13	Tecri Nuoto				5:12.88	431		
	50m:	36.73	36.73	150m:	1:57.12	39.78	250m:	3:16.42	39.39	350m:	4:34.69	38.56
	100m:	1:17.34	40.61	200m:	2:37.03	39.91	300m:	3:56.13	39.71	400m:	5:12.88	38.19
5.	Provenzani Giulia			13	Tecri Nuoto				5:16.61	416		
	50m:	34.80	34.80	150m:	1:56.20	40.99	250m:	3:18.08	40.72	350m:	4:37.83	39.20
	100m:	1:15.21	40.41	200m:	2:37.36	41.16	300m:	3:58.63	40.55	400m:	5:16.61	38.78
6.	Fortina Nicole			13	Mendrisiotto Nuoto				5:18.11	410		
	50m:	35.84	35.84	150m:	1:57.22	40.90	250m:	3:18.46	40.57	350m:	4:39.49	40.04
	100m:	1:16.32	40.48	200m:	2:37.89	40.67	300m:	3:59.45	40.99	400m:	5:18.11	38.62
7.	Andreoli Elena			13					5:22.71	393		
	50m:	35.22	35.22	150m:	1:57.44	41.19	250m:	3:19.96	41.00	350m:	4:42.94	41.23
	100m:	1:16.25	41.03	200m:	2:38.96	41.52	300m:	4:01.71	41.75	400m:	5:22.71	39.77
8.	Brambilla Allegra			13	A-Club Swimming Team				5:24.16	387		
	50m:	35.74	35.74	150m:	1:58.01	41.36	250m:	3:21.33	41.61	350m:	4:44.14	41.02
	100m:	1:16.65	40.91	200m:	2:39.72	41.71	300m:	4:03.12	41.79	400m:	5:24.16	40.02
9.	Maggioni Victoria			13	A-Club Swimming Team				5:25.95	381		
	50m:	36.43	36.43	150m:	1:59.08	41.59	250m:	3:23.32	41.93	350m:	4:46.32	40.71
	100m:	1:17.49	41.06	200m:	2:41.39	42.31	300m:	4:05.61	42.29	400m:	5:25.95	39.63
10.	Müller Davina			13					5:27.80	375		
	50m:	35.49	35.49	150m:	1:57.95	42.43	250m:	3:22.86	43.25	350m:	4:46.87	42.15
	100m:	1:15.52	40.03	200m:	2:39.61	41.66	300m:	4:04.72	41.86	400m:	5:27.80	40.93
11.	Mina Olivia			13	Turrita Nuoto				5:36.07	348		
	50m:	37.87	37.87	150m:	2:03.43	43.34	250m:	3:29.70	43.21	350m:	4:55.67	42.99
	100m:	1:20.09	42.22	200m:	2:46.49	43.06	300m:	4:12.68	42.98	400m:	5:36.07	40.40
12.	Rusca Sara			14	A-Club Swimming Team				5:39.58	337		
	50m:	38.58	38.58	150m:	2:05.95	43.49	250m:	3:32.95	43.24	350m:	4:59.55	42.94
	100m:	1:22.46	43.88	200m:	2:49.71	43.76	300m:	4:16.61	43.66	400m:	5:39.58	40.03
13.	Sarotti Clarissa			13	Tecri Nuoto				5:46.78	316		
	50m:	40.02	40.02	150m:	2:10.81	45.80	250m:	3:38.48	43.61	350m:	5:05.68	42.98
	100m:	1:25.01	44.99	200m:	2:54.87	44.06	300m:	4:22.70	44.22	400m:	5:46.78	41.10

gara 7, Ragazze, 400m Stile Libero, 11 - 12 anni

Rango					An					Tempo	Pt.	
14.	Benetti Anika				14	A-Club Swimming Team				5:48.63	311	
	50m:	38.45	38.45	150m:	2:06.77	44.67	250m:	3:37.82	46.25	350m:	5:08.21	45.25
	100m:	1:22.10	43.65	200m:	2:51.57	44.80	300m:	4:22.96	45.14	400m:	5:48.63	40.42
15.	Masdea Noemi				14	Lugano Aquatics				5:56.52	291	
	50m:	39.30	39.30	150m:	2:09.86	45.70	250m:	3:42.74	46.16	350m:	5:14.45	45.76
	100m:	1:24.16	44.86	200m:	2:56.58	46.72	300m:	4:28.69	45.95	400m:	5:56.52	42.07
16.	Ranieri Deniz				14	A-Club Swimming Team				5:56.71	291	
	50m:	40.37	40.37	150m:	2:12.57	46.67	250m:	3:44.48	46.45	350m:	5:15.06	44.95
	100m:	1:25.90	45.53	200m:	2:58.03	45.46	300m:	4:30.11	45.63	400m:	5:56.71	41.65
17.	Maniglio Maria				13	Lugano Aquatics				5:57.25	289	
	50m:	38.06	38.06	150m:	2:08.18	46.05	250m:	3:41.62	48.12	350m:	5:14.86	46.41
	100m:	1:22.13	44.07	200m:	2:53.50	45.32	300m:	4:28.45	46.83	400m:	5:57.25	42.39
18.	Capellupo Gaia				13	Tecri Nuoto				5:57.68	288	
	50m:	40.65	40.65	150m:	2:12.72	45.93	250m:	3:44.46	45.53	350m:	5:13.96	44.61
	100m:	1:26.79	46.14	200m:	2:58.93	46.21	300m:	4:29.35	44.89	400m:	5:57.68	43.72
19.	Cantoni Emma				13	Tecri Nuoto				6:03.34	275	
	50m:	40.25	40.25	150m:	2:12.58	46.39	250m:	3:46.37	47.16	350m:	5:19.17	46.44
	100m:	1:26.19	45.94	200m:	2:59.21	46.63	300m:	4:32.73	46.36	400m:	6:03.34	44.17
20.	Halili Lona				14	Schwimmklub Bern				6:06.47	268	
	50m:	39.04	39.04	150m:	2:10.73	46.57	250m:	3:46.15	47.89	350m:	5:21.17	46.94
	100m:	1:24.16	45.12	200m:	2:58.26	47.53	300m:	4:34.23	48.08	400m:	6:06.47	45.30
21.	Padè Kesia				13	Turrita Nuoto				6:24.98	231	
	50m:	43.70	43.70	150m:	2:21.03	50.11	250m:	3:58.56	48.13	350m:	5:37.88	49.52
	100m:	1:30.92	47.22	200m:	3:10.43	49.40	300m:	4:48.36	49.80	400m:	6:24.98	47.10

13 - 14 anni

1.	Carrolo Caterina				11	Tecri Nuoto				4:38.55		611
	Record della Manifestazione											
	50m:	32.16	32.16	150m:	1:42.14	35.11	250m:	2:52.74	35.21	350m:	4:04.27	35.62
	100m:	1:07.03	34.87	200m:	2:17.53	35.39	300m:	3:28.65	35.91	400m:	4:38.55	34.28
2.	Monighetti Gaia				11	Turrita Nuoto				4:45.40		568
	50m:	33.76	33.76	150m:	1:45.65	35.82	250m:	2:58.09	36.06	350m:	4:10.66	36.07
	100m:	1:09.83	36.07	200m:	2:22.03	36.38	300m:	3:34.59	36.50	400m:	4:45.40	34.74
3.	Mariotti Rebecca				11	Lugano Aquatics				4:46.59		561
	50m:	32.43	32.43	150m:	1:44.56	36.40	250m:	2:58.24	37.25	350m:	4:12.10	36.84
	100m:	1:08.16	35.73	200m:	2:20.99	36.43	300m:	3:35.26	37.02	400m:	4:46.59	34.49
4.	Söllner Lilly				11	Region Ostschweiz				4:46.77		560
	50m:	32.52	32.52	150m:	1:45.40	36.79	250m:	2:59.53	37.07	350m:	4:12.26	36.02
	100m:	1:08.61	36.09	200m:	2:22.46	37.06	300m:	3:36.24	36.71	400m:	4:46.77	34.51
5.	Hirsch Frida				11	Region Ostschweiz				4:46.83		559
	50m:	32.53	32.53	150m:	1:45.08	36.88	250m:	2:59.15	37.18	350m:	4:12.86	36.62
	100m:	1:08.20	35.67	200m:	2:21.97	36.89	300m:	3:36.24	37.09	400m:	4:46.83	33.97
6.	Baumgartner Vida Isabella				11	Region Ostschweiz				4:48.17		552
	50m:	32.30	32.30	150m:	1:45.29	36.98	250m:	2:59.68	37.38	350m:	4:13.77	37.02
	100m:	1:08.31	36.01	200m:	2:22.30	37.01	300m:	3:36.75	37.07	400m:	4:48.17	34.40
7.	Ramel Anne				11	Schwimmklub Bern				4:51.15		535
	50m:	34.70	34.70	150m:	1:49.07	36.89	250m:	3:03.15	36.16	350m:	4:15.35	35.79
	100m:	1:12.18	37.48	200m:	2:26.99	37.92	300m:	3:39.56	36.41	400m:	4:51.15	35.80
8.	Del Bello Paula				12	Region Ostschweiz				4:51.19		535
	50m:	33.04	33.04	150m:	1:46.47	37.23	250m:	3:01.27	37.55	350m:	4:15.72	36.52
	100m:	1:09.24	36.20	200m:	2:23.72	37.25	300m:	3:39.20	37.93	400m:	4:51.19	35.47

gara 7, Ragazze, 400m Stile Libero, 13 - 14 anni

Rango				An				Tempo	Pt.
9.	Zurbriggen Ava			11	Schwimmklub Bern			4:52.31	528
	50m:	32.32	32.32	150m:	1:45.95	37.29	250m:	3:00.31	37.28
	100m:	1:08.66	36.34	200m:	2:22.97	37.02	300m:	3:38.21	36.82
10.	Bärlocher Giulia			11	Schwimmklub Bern			4:53.43	522
	50m:	34.24	34.24	150m:	1:49.69	37.58	250m:	3:04.55	36.46
	100m:	1:12.11	37.87	200m:	2:27.36	37.67	300m:	3:41.87	35.10
11.	Florinta Sofia			11	SS-8 Chisinau			4:57.74	500
	50m:	33.29	33.29	150m:	1:49.21	38.41	250m:	3:05.85	36.42
	100m:	1:10.80	37.51	200m:	2:27.45	38.24	300m:	3:44.48	36.84
12.	Bonke Elisabeth			12	Region Ostschweiz			4:58.30	497
	50m:	35.08	35.08	150m:	1:51.97	38.31	250m:	3:08.66	36.37
	100m:	1:13.66	38.58	200m:	2:31.18	39.21	300m:	3:46.15	35.78
13.	Meneghetti Margherita			11	Lugano Aquatics			4:58.59	496
	50m:	34.65	34.65	150m:	1:49.71	37.90	250m:	3:05.81	37.70
	100m:	1:11.81	37.16	200m:	2:27.78	38.07	300m:	3:44.26	36.63
14.	De Ciechi Federica			12	Tecri Nuoto			5:00.86	485
	50m:	34.43	34.43	150m:	1:50.73	38.42	250m:	3:07.48	38.07
	100m:	1:12.31	37.88	200m:	2:29.11	38.38	300m:	3:45.82	36.97
15.	Scarfone Sara			11	Mendrisiotto Nuoto			5:01.66	481
	50m:	35.01	35.01	150m:	1:51.11	38.56	250m:	3:07.77	38.06
	100m:	1:12.55	37.54	200m:	2:29.52	38.41	300m:	3:46.54	37.06
16.	Tamagni Elena			11	Lugano Aquatics			5:01.70	481
	50m:	33.39	33.39	150m:	1:48.80	38.22	250m:	3:05.99	38.42
	100m:	1:10.58	37.19	200m:	2:27.58	38.78	300m:	3:45.25	38.03
17.	Nicola Nora			11	Sport Club 12 sd - I			5:06.66	458
	50m:	34.95	34.95	150m:	1:52.23	39.28	250m:	3:11.54	38.98
	100m:	1:12.95	38.00	200m:	2:31.37	39.14	300m:	3:51.00	36.68
18.	De Conto Sveva			12	Lugano Aquatics			5:07.00	456
	50m:	35.07	35.07	150m:	1:52.36	38.98	250m:	3:10.58	38.97
	100m:	1:13.38	38.31	200m:	2:31.27	38.91	300m:	3:50.22	37.81
19.	Possamai Layssa			11	Rari Nantes Venezia			5:07.81	452
	50m:	31.79	31.79	150m:	1:47.96	39.27	250m:	3:08.11	40.86
	100m:	1:08.69	36.90	200m:	2:27.83	39.87	300m:	3:48.22	38.73
20.	Mazza Melissa			11	Lugano Aquatics			5:09.32	446
	50m:	33.64	33.64	150m:	1:52.43	40.07	250m:	3:13.27	38.99
	100m:	1:12.36	38.72	200m:	2:33.12	40.69	300m:	3:53.41	36.92
21.	Rosa Rebecca			11	Tecri Nuoto			5:10.94	439
	50m:	34.34	34.34	150m:	1:51.50	39.14	250m:	3:11.43	40.61
	100m:	1:12.36	38.02	200m:	2:31.45	39.95	300m:	3:51.66	38.67
22.	Giambrone Susanna			11	Mendrisiotto Nuoto			5:19.55	404
	50m:	37.21	37.21	150m:	1:58.14	41.03	250m:	3:20.76	40.06
	100m:	1:17.11	39.90	200m:	2:38.90	40.76	300m:	4:02.27	37.22
23.	Pedemonti Marina			12	Lugano Aquatics			5:20.25	402
	50m:	35.33	35.33	150m:	1:55.30	40.62	250m:	3:17.52	41.56
	100m:	1:14.68	39.35	200m:	2:36.20	40.90	300m:	3:58.99	39.70
24.	Grosswiler Andrina Lea			12				5:20.29	402
	50m:	36.51	36.51	150m:	1:56.96	40.52	250m:	3:18.97	40.86
	100m:	1:16.44	39.93	200m:	2:37.58	40.62	300m:	4:00.32	39.11
25.	Zhang Giorgia Linqi			12	Rari Nantes Venezia			5:21.18	398
	50m:	35.31	35.31	150m:	1:55.94	41.37	250m:	3:18.42	40.89
	100m:	1:14.57	39.26	200m:	2:37.50	41.56	300m:	4:00.47	39.82

gara 7, Ragazze, 400m Stile Libero, 13 - 14 anni

Rango	An	Tempo	Pt.
26. Asietti Virginia	12 Nuoto Sport Locarno	5:21.94	395
50m: 35.08 35.08	150m: 1:54.95 40.90	250m: 3:17.42 41.68	350m: 4:41.24 41.59
100m: 1:14.05 38.97	200m: 2:35.74 40.79	300m: 3:59.65 42.23	400m: 5:21.94 40.70
27. Gazzola Aurora	11 Tecri Nuoto	5:35.47	349
50m: 36.80 36.80	150m: 2:01.07 42.79	250m: 3:27.54 43.42	350m: 4:53.52 43.40
100m: 1:18.28 41.48	200m: 2:44.12 43.05	300m: 4:10.12 42.58	400m: 5:35.47 41.95
28. Grob Liv	12	5:41.14	332
50m: 36.70 36.70	150m: 2:00.36 42.61	250m: 3:28.92 44.90	350m: 4:58.66 44.99
100m: 1:17.75 41.05	200m: 2:44.02 43.66	300m: 4:13.67 44.75	400m: 5:41.14 42.48

15 - 16 anni

1. D'Iorio Micol	09 Turrita Nuoto	4:31.56	659
50m: 32.27 32.27	150m: 1:42.28 34.94	250m: 2:50.69 33.79	350m: 3:58.94 33.95
100m: 1:07.34 35.07	200m: 2:16.90 34.62	300m: 3:24.99 34.30	400m: 4:31.56 32.62
2. Fontana Sofia	10 Turrita Nuoto	4:32.71	651
50m: 32.54 32.54	150m: 1:41.61 34.54	250m: 2:50.25 34.24	350m: 3:59.56 34.53
100m: 1:07.07 34.53	200m: 2:16.01 34.40	300m: 3:25.03 34.78	400m: 4:32.71 33.15
3. Porzio Camilla	10 Tecri Nuoto	4:42.05	588
50m: 31.65 31.65	150m: 1:43.51 36.52	250m: 2:56.14 36.20	350m: 4:07.88 35.72
100m: 1:06.99 35.34	200m: 2:19.94 36.43	300m: 3:32.16 36.02	400m: 4:42.05 34.17
4. Benelli Lou Anna	10 Schwimmklub Bern	4:43.12	582
50m: 33.00 33.00	150m: 1:44.75 36.12	250m: 2:57.75 36.58	350m: 4:09.30 35.38
100m: 1:08.63 35.63	200m: 2:21.17 36.42	300m: 3:33.92 36.17	400m: 4:43.12 33.82
5. Ongaro Alyssa	09 Rari Nantes Venezia	4:44.23	575
50m: 32.29 32.29	150m: 1:43.93 36.09	250m: 2:56.88 36.30	350m: 4:09.47 35.68
100m: 1:07.84 35.55	200m: 2:20.58 36.65	300m: 3:33.79 36.91	400m: 4:44.23 34.76
6. Frisk Christina	10 Region Ostschweiz	4:47.48	556
50m: 33.21 33.21	150m: 1:47.03 37.08	250m: 2:59.07 35.38	350m: 4:11.78 36.99
100m: 1:09.95 36.74	200m: 2:23.69 36.66	300m: 3:34.79 35.72	400m: 4:47.48 35.70
7. Kuriger Liana	10 Region Ostschweiz	4:48.07	552
50m: 33.77 33.77	150m: 1:46.54 36.38	250m: 3:00.17 36.74	350m: 4:13.36 36.60
100m: 1:10.16 36.39	200m: 2:23.43 36.89	300m: 3:36.76 36.59	400m: 4:48.07 34.71
8. Scole' Chiara	09 Sport Club 12 sd - I	4:49.33	545
50m: 32.32 32.32	150m: 1:44.93 36.54	250m: 2:59.35 36.90	350m: 4:13.35 36.67
100m: 1:08.39 36.07	200m: 2:22.45 37.52	300m: 3:36.68 37.33	400m: 4:49.33 35.98
9. Andreani Elisa	09 Mendrisiotto Nuoto	4:50.45	539
50m: 32.70 32.70	150m: 1:43.80 35.63	250m: 2:57.90 36.78	350m: 4:13.97 37.39
100m: 1:08.17 35.47	200m: 2:21.12 37.32	300m: 3:36.58 38.68	400m: 4:50.45 36.48
10. Obert Anna	10 Sport Club 12 sd - I	4:56.38	507
50m: 33.19 33.19	150m: 1:47.39 37.72	250m: 3:03.51 37.90	350m: 4:18.91 37.34
100m: 1:09.67 36.48	200m: 2:25.61 38.22	300m: 3:41.57 38.06	400m: 4:56.38 37.47
11. Wohlgensinger Florina	10 Region Ostschweiz	4:59.89	489
50m: 33.43 33.43	150m: 1:49.93 38.15	250m: 3:05.96 37.98	350m: 4:22.87 38.40
100m: 1:11.78 38.35	200m: 2:27.98 38.05	300m: 3:44.47 38.51	400m: 4:59.89 37.02
12. De Simone Marta	10 Tecri Nuoto	5:00.87	485
50m: 34.59 34.59	150m: 1:50.49 38.25	250m: 3:07.54 38.34	350m: 4:24.19 38.27
100m: 1:12.24 37.65	200m: 2:29.20 38.71	300m: 3:45.92 38.38	400m: 5:00.87 36.68
13. Croci Torti Sveva	09 Mendrisiotto Nuoto	5:03.65	471
50m: 33.94 33.94	150m: 1:49.48 38.61	250m: 3:07.73 39.44	350m: 4:25.94 38.88
100m: 1:10.87 36.93	200m: 2:28.29 38.81	300m: 3:47.06 39.33	400m: 5:03.65 37.71

gara 7, Ragazze, 400m Stile Libero, 15 - 16 anni

Rango	An	Tempo	Pt.
14. Capuano Sara	09 Mendrisiotto Nuoto	5:03.70	471
50m: 34.10 34.10	150m: 1:49.56 38.14	250m: 3:06.91 38.93	350m: 4:25.52 39.31
100m: 1:11.42 37.32	200m: 2:27.98 38.42	300m: 3:46.21 39.30	400m: 5:03.70 38.18
15. Asietti Cecilia	10 Nuoto Sport Locarno	5:05.05	465
50m: 33.81 33.81	150m: 1:50.60 38.84	250m: 3:09.20 39.13	350m: 4:27.20 38.83
100m: 1:11.76 37.95	200m: 2:30.07 39.47	300m: 3:48.37 39.17	400m: 5:05.05 37.85
16. Somenzi Elena	09 A-Club Swimming Team	5:10.23	442
50m: 35.63 35.63	150m: 1:53.02 39.42	250m: 3:12.37 40.16	350m: 4:32.74 40.53
100m: 1:13.60 37.97	200m: 2:32.21 39.19	300m: 3:52.21 39.84	400m: 5:10.23 37.49
17. Gobbi Letizia	09 Csm Swim Team A.S.D.	5:18.30	409
50m: 34.00 34.00	150m: 1:52.61 40.06	250m: 3:15.14 41.55	350m: 4:38.67 41.09
100m: 1:12.55 38.55	200m: 2:33.59 40.98	300m: 3:57.58 42.44	400m: 5:18.30 39.63
18. Bischofberger Aline Laraina	10	5:19.29	405
50m: 34.21 34.21	150m: 1:53.84 41.23	250m: 3:16.85 41.52	350m: 4:40.74 42.05
100m: 1:12.61 38.40	200m: 2:35.33 41.49	300m: 3:58.69 41.84	400m: 5:19.29 38.55
19. Sganzerla Emma Vittoria	09 Csm Swim Team A.S.D.	5:22.80	392
50m: 36.71 36.71	150m: 1:57.37 40.68	250m: 3:20.01 41.82	350m: 4:43.16 41.41
100m: 1:16.69 39.98	200m: 2:38.19 40.82	300m: 4:01.75 41.74	400m: 5:22.80 39.64
squal. Mantegani Sofia	09 Lugano Aquatics	4:44.86	
<i>204 - Inizio della partenza prima del segnale di partenza</i>			
50m: 31.99 31.99	150m: 1:43.22 35.86	250m: 2:55.37 36.24	350m: 4:08.76 36.85
100m: 1:07.36 35.37	200m: 2:19.13 35.91	300m: 3:31.91 36.54	400m: 4:44.86 36.10

17 anni e più vecchi

1. Ablovatskaia Alexandra	08 SS-8 Chisinau	4:33.33	646
50m: 31.28 31.28	150m: 1:40.17 35.00	250m: 2:50.23 35.24	350m: 3:59.66 34.59
100m: 1:05.17 33.89	200m: 2:14.99 34.82	300m: 3:25.07 34.84	400m: 4:33.33 33.67
2. Losapio Giulia	03 Tecri Nuoto	4:34.05	641
50m: 30.77 30.77	150m: 1:39.71 34.97	250m: 2:49.79 35.24	350m: 4:00.19 34.83
100m: 1:04.74 33.97	200m: 2:14.55 34.84	300m: 3:25.36 35.57	400m: 4:34.05 33.86
3. Rossi Elisabetta	07 Mendrisiotto Nuoto	4:34.11	641
50m: 31.33 31.33	150m: 1:40.35 34.92	250m: 2:50.30 34.68	350m: 4:00.73 34.85
100m: 1:05.43 34.10	200m: 2:15.62 35.27	300m: 3:25.88 35.58	400m: 4:34.11 33.38
4. Frige' Camilla Maria Pia	08 Tecri Nuoto	4:36.70	623
50m: 30.58 30.58	150m: 1:40.20 35.25	250m: 2:51.12 35.70	350m: 4:02.35 35.69
100m: 1:04.95 34.37	200m: 2:15.42 35.22	300m: 3:26.66 35.54	400m: 4:36.70 34.35
5. Vogt Nathalie	07 Schwimmclub Thalwil	4:37.24	619
50m: 32.75 32.75	150m: 1:43.96 35.83	250m: 2:54.76 34.72	350m: 4:03.85 34.08
100m: 1:08.13 35.38	200m: 2:20.04 36.08	300m: 3:29.77 35.01	400m: 4:37.24 33.39
6. Guanzati Flaminia	06 Tecri Nuoto	4:38.49	611
50m: 30.73 30.73	150m: 1:40.05 35.22	250m: 2:52.08 36.27	350m: 4:04.18 36.01
100m: 1:04.83 34.10	200m: 2:15.81 35.76	300m: 3:28.17 36.09	400m: 4:38.49 34.31
7. Geniets Amélie	04 Schwimmclub Thalwil	4:42.73	584
50m: 32.13 32.13	150m: 1:44.16 36.31	250m: 2:56.81 36.14	350m: 4:08.62 35.89
100m: 1:07.85 35.72	200m: 2:20.67 36.51	300m: 3:32.73 35.92	400m: 4:42.73 34.11
8. Milan Emma	08 Mendrisiotto Nuoto	4:45.25	569
50m: 32.57 32.57	150m: 1:43.72 36.14	250m: 2:57.22 36.67	350m: 4:11.09 36.64
100m: 1:07.58 35.01	200m: 2:20.55 36.83	300m: 3:34.45 37.23	400m: 4:45.25 34.16
9. Scarfone Sofia	07 Mendrisiotto Nuoto	4:45.82	565
50m: 32.66 32.66	150m: 1:44.39 35.72	250m: 2:57.15 36.33	350m: 4:11.00 36.87
100m: 1:08.67 36.01	200m: 2:20.82 36.43	300m: 3:34.13 36.98	400m: 4:45.82 34.82

gara 7, Donne, 400m Stile Libero, 17 anni e più vecchi

Rango	An				Tempo				Pt.
10.	Balsamo Elisa			08				4:46.03	564
	50m: 32.04	32.04	150m: 1:42.77	35.79	250m: 2:56.45	36.94	350m: 4:11.00	37.42	
	100m: 1:06.98	34.94	200m: 2:19.51	36.74	300m: 3:33.58	37.13	400m: 4:46.03	35.03	
11.	Mancuso Sara			08	Tecri Nuoto			4:48.56	549
	50m: 32.47	32.47	150m: 1:44.80	36.66	250m: 2:58.47	36.72	350m: 4:12.28	36.60	
	100m: 1:08.14	35.67	200m: 2:21.75	36.95	300m: 3:35.68	37.21	400m: 4:48.56	36.28	
12.	Bonanomi Svetlana			06	Tecri Nuoto			4:50.82	537
	50m: 34.54	34.54	150m: 1:47.86	36.78	250m: 3:01.29	37.13	350m: 4:14.53	36.89	
	100m: 1:11.08	36.54	200m: 2:24.16	36.30	300m: 3:37.64	36.35	400m: 4:50.82	36.29	
13.	Lanini Amanda			08	Nuoto Sport Locarno			4:54.26	518
	50m: 33.58	33.58	150m: 1:47.23	37.09	250m: 3:02.10	37.83	350m: 4:18.50	38.49	
	100m: 1:10.14	36.56	200m: 2:24.27	37.04	300m: 3:40.01	37.91	400m: 4:54.26	35.76	
14.	Lupica Sophie			07	Lugano Aquatics			4:58.08	498
	50m: 34.21	34.21	150m: 1:48.94	37.72	250m: 3:04.68	37.96	350m: 4:20.62	38.21	
	100m: 1:11.22	37.01	200m: 2:26.72	37.78	300m: 3:42.41	37.73	400m: 4:58.08	37.46	
15.	Ryser Dominique			08	Turrita Nuoto			4:59.35	492
	50m: 34.17	34.17	150m: 1:50.04	38.44	250m: 3:06.34	37.99	350m: 4:22.83	38.30	
	100m: 1:11.60	37.43	200m: 2:28.35	38.31	300m: 3:44.53	38.19	400m: 4:59.35	36.52	
16.	Gillieron Jessica			08	Mendrisiotto Nuoto			5:04.72	466
	50m: 33.57	33.57	150m: 1:51.14	39.10	250m: 3:09.08	38.69	350m: 4:27.09	38.71	
	100m: 1:12.04	38.47	200m: 2:30.39	39.25	300m: 3:48.38	39.30	400m: 5:04.72	37.63	
17.	Montorfano Carlotta			08	Mendrisiotto Nuoto			5:08.32	450
	50m: 34.32	34.32	150m: 1:51.36	38.85	250m: 3:10.23	39.57	350m: 4:29.88	39.76	
	100m: 1:12.51	38.19	200m: 2:30.66	39.30	300m: 3:50.12	39.89	400m: 5:08.32	38.44	
18.	Grandi Federica			06	Sport Club 12 sd - I			5:11.56	436
	50m: 34.81	34.81	150m: 1:53.22	39.55	250m: 3:13.18	39.69	350m: 4:33.18	39.78	
	100m: 1:13.67	38.86	200m: 2:33.49	40.27	300m: 3:53.40	40.22	400m: 5:11.56	38.38	
19.	Vailati Margherita			07	Csm Swim Team A.S.D.			5:24.84	385
	50m: 34.74	34.74	150m: 1:54.61	41.08	250m: 3:18.37	42.42	350m: 4:43.76	42.88	
	100m: 1:13.53	38.79	200m: 2:35.95	41.34	300m: 4:00.88	42.51	400m: 5:24.84	41.08	
20.	Roncari Martina			06	Sport Club 12 sd - I			5:29.49	369
	50m: 36.28	36.28	150m: 1:59.61	42.40	250m: 3:25.05	43.16	350m: 4:50.51	42.47	
	100m: 1:17.21	40.93	200m: 2:41.89	42.28	300m: 4:08.04	42.99	400m: 5:29.49	38.98	